



ADDINGTON NEWS

WHENEVER THERE IS A HUMAN BEING, THERE IS AN OPPORTUNITY FOR KINDNESS.

May–December 2023

WOMEN'S DAY CELEBRATION



Our lovely competitors , with the winner Mrs Nasreen Hoosen who won a well-deserved Spa Day.

On August 8, 2023, Addington staff marked Women's Day with a meaningful celebration organized by the Social Worker Department. This event honored the historic 1956 protest against unjust apartheid laws, during which 20,000 women marched to the Union Buildings in Pretoria, chanting "Wathint' abafazi, Wathint' imbokodo!" - meaning : " You strike a Woman, You strike a Rock."

The day was filled with engaging activities, including modeling, and was further elevated by the presence of the Addington senior management team. It was a truly remarkable occasion that highlighted the strength and resilience of South African Women, and it was an honourable tribute to Women's Day celebrated annually on the 9th August, in South Africa.

HERITAGE DAY CELEBRATION



Addington Hospital celebrated Heritage Day, on the 29th September 2023, with an event designed to honor our diverse cultural heritage and foster unity among employees. Attended by staff from various departments, this gathering provided a platform for individuals of all backgrounds to come together as one.

The day was marked by enthusiastic participation from all employees, reflecting the event's success in engaging and exciting our team. Dr. Ndlangisa, our CEO, extended a warm welcome to everyone present, and the event was further distinguished by the presence of the entire senior management team.

Our guest speaker, Dr. Maseeha Ansermeah, delivered an inspiring address on the beauty of diversity, adding depth to the occasion.

Matron Ndhlovu expressed her appreciation to the event committee for their exceptional efforts in organizing the celebration and advocated for the institution to hold such events as a regular practice to strengthen our collective spirit.

This Heritage Day celebration was a testament to our commitment to inclusivity and unity, reinforcing the importance of coming together to celebrate our shared values and diverse backgrounds.



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Addington QUALITY DAY CELEBRATION



On the 22nd November 2023, Addington Hospital proudly celebrated Quality Day, an event that received strong support from both the Provincial DOH and Ethekewini Health District Office. The day featured presentations on various quality improvement projects, showcasing the hospital's commitment to excellence and innovation in patient care.

The top three presenters were recognized and awarded by the District Quality Management team for their outstanding contributions. Additionally, the event included the presentation of Service Awards and Departmental Awards, with special acknowledgment given to staff members who received the most compliments.

Guest speaker Dr. W.H. Chiya delivered a concise and informative address on the importance of quality in healthcare, enhancing the day's focus on continuous improvement. This celebration underscored Addington Hospital's dedication to attaining and maintaining high standards and recognizing the exceptional efforts of our staff.





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INTERNATIONAL NURSES DAY



(Above) Addington Hospital nursing staff commemorate international nurses day.

International Nurses Day, observed annually on May 12, honors the vital contribution of nurses to healthcare. First celebrated by the International Council of Nurses (ICN) in 1965, the date of May 12 was later chosen to coincide with the birth anniversary of Florence Nightingale, the pioneer of modern nursing. Addington Hospital commemorated this significant day with a special event, during which Mrs. Ndhlovu, Deputy Nurse Manager, led the recitation of the Nurses' Pledge. In her address, Mrs. Ndhlovu acknowledged and celebrated the dedicated efforts of our nursing staff at Addington. The occasion was captured in photographs, serving as a lasting tribute to this important celebration of nursing excellence.

(Right) Beatrice street Clinic, lead by the Operational Manager - Sr Mvelase, also commemorated Nurses' day . The Nursing staff were given a small token of appreciation from ABSA Bank.



DRUG AWARENESS DAY BY SOCIAL WORK DEPARTMENT



Drug awareness day was held to educate patients and employees, at Addington, on the impact of drug use and to emphasize the theme: “PEOPLE ARE NOT THE PROBLEM, DRUGS ARE THE PROBLEM.” This theme highlights the issue that individuals who use drugs often face stigma and discrimination, which can exacerbate their situation and push them further into substance abuse.

The event featured a presentation on statistics indicating that drug use often begins with alcohol consumption in adolescents as young as 12, progressing to more harmful substances like cocaine by ages 15 or 16. Some of these individuals may eventually become drug dealers or recruit others into drug use. It is crucial to prevent drug use among youth and to provide comprehensive support for those already struggling with addiction.

An attendee shared his personal journey with drug addiction, noting the difficulties he faced in overcoming it. He emphasized that support from family, friends, and the community was instrumental in his recovery, demonstrating that stigma and judgment are counterproductive.

One of the key messages from the day was the importance of parental involvement. Speakers stressed that parents should regularly engage with their children, particularly regarding their experiences at school, where they face challenges such as bullying and peer pressure that could lead to drug use. While the statistics primarily highlight youth as the most vulnerable group, it is also important to recognize that adults can struggle with addiction and require support.

The event included various activities aimed at helping employees manage stress and promote well-being. It was emphasized that regular exercise can be an effective way to alleviate anxiety and stress, which is crucial given the demands faced both at work and home.

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INDUCTION WEEK

The Human Resources Department recently hosted an induction program for new employees. The programme is aimed at welcoming, encouraging, and integrating newly recruited staff into the workplace. This induction is designed to familiarise new staff to the department of health, to enhance their confidence and to facilitate their swift adaptation to their roles, ultimately contributing to higher productivity and effective performance. Additionally, a well-executed orientation fosters better employee retention and strengthens communication between new staff and their supervisors.



The orientation was well-attended by management from various departments, each presenting to the new employees. Dr. Ndlangisa, CEO, inspired the team with a motivational address, emphasizing the importance of dedication and excellence in their roles.

Representatives from Human Resources, Nursing, Medical, Finance, Systems, and Monitoring and Evaluation provided concise presentations to familiarize the new staff with their respective areas. The Public Relations Officer highlighted the significance of applying the Batho Pele principles in all interactions with patients, underscoring the hospital's commitment to excellent service delivery.

Coordinated by the Human Resources Development team, the orientation included meticulously prepared presentations from all departments to ensure a comprehensive introduction for the new employees.

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WORLD AIDS DAY



(Above - Addington Hospital HAST unit and Nursing management)

On the 3rd December 2023, Addington Hospital marked World AIDS Day with an impactful event hosted by the HIV & AIDS / STI / TB (HAST) unit. The occasion brought together patients, staff members, stakeholders, and community representatives to reflect on the critical importance of raising awareness about HIV/AIDS and supporting those affected by the disease.

The event featured compelling speeches and personal testimonies from individuals sharing their experiences with HIV/AIDS, providing powerful insights into the realities of living with the condition.



Dr. Essa (pictured left) highlighted the progress made in the fight against HIV/AIDS while emphasizing the ongoing need for advocacy and support for individuals living with the virus.

The celebration was further enriched by the presence of Matron Ndhlovu, who delivered an address on the significance of early detection and treatment. Her remarks emphasized the importance of proactive health measures in managing HIV/AIDS effectively.



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Nelson Mandela Day

In alignment with Nelson Mandela's enduring legacy, which emphasizes the principles of humanity, dignity, and justice, our Social Work Department embraced the spirit of Ubuntu on Mandela Day. In an effort to contribute to a more compassionate and equitable world, they organized a special initiative to support our patients.

On this significant day, the Social work department provided bread & soup to individuals in our care, offering not just sustenance, but a gesture of solidarity and kindness during a challenging period of financial uncertainty. The response from our patients was deeply appreciative, highlighting the importance of community and empathy in these difficult times.

This act of service reflects the values embodied by Madiba and reaffirms our commitment to nurturing humanity and fostering a supportive environment within our hospital. Through such efforts, we honor Mandela's legacy and strive to make a meaningful dif-



SENIOR MANAGEMENT PARTICIPATE IN THE MANDELA DAY 67 MINUTES



Above : Dr Aron (Senior Manager : Medical Services), Dr Green (Medical Manager) and CEO, Dr Ndlangisa, with the laundry supervisor.

ference in the lives of those we serve.

On July 18, 2023, the Addington Hospital Senior Management Team participated in a meaningful act of service in honor of Nelson Mandela International Day. In alignment with Mandela's legacy of selfless service and positive societal impact, members from various directorates—including Medical Management, Systems Management, Finance Management, Nursing Management, and secretarial staff—dedicated 67 minutes to assisting in the

sorting of linen within our Laundry Department. This initiative was not merely a symbolic gesture but a reflection of Mandela's profound contribution to global humanity and justice. By engaging directly in this hands-on activity, the team demonstrated a commitment to the principles of service and community that Mandela championed. The experience not only provided practical support to the Laundry Department but also fostered a deeper connection among staff and a greater appreciation for the vital roles that contribute to our hospital's operations. Through this act of service, we hon-

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PHOTO GALLERY



Prematurity day organised by ADH paediatrics unit



Paediatric staff with a mother of a premature baby



World Radiography day celebrated on the 8th of November 2023.



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EXCELLENCE
success will follow

Quality Day Award Winners



Nursing management during World Aids Day



PHOTO GALLERY



Addington soccer team at the sport tournament



Netball team representing Addington



Addington soccer team presenting the cup to management



Addington netball team with ADH management

#WearBlueforDiabetes
& Know the 5

World diabetes day on 14 November commemorated by Dietetics



Events committee members during Heritage day



ACKNOWLEDGEMENTS

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