



# ADDINGTON

"THE PRIDE OF ADDINGTON HOSPITAL STAFF"

MEET OUR MANAGEMENT

APRIL - JUNE 2008  
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Dr. J. Hurst

Hospital Manager



Mr. D.K. Naidoo

Medical Manager



Mrs. A. Chinniah

Nursing Manager



Mrs. J.Z. Hlongwane

Finance & Systems Manager



Mr. S. Govender

Human Resource Manager

Last year like any other, the hospital has had a very challenging year . Despite having such challenges we have not been disappointed with the effort being made at our hospital to contribute towards “ a better life for all. “ We Are a piece of every big puzzle through the commitment of our hospital staff .We are still committed in doing our bit to ensure that our hospital patients get what they deserve, a good life . We always hope that through the cooperation and commitment from every staff member in performing their duties over and above their normal duties, will help the hospital to meet client expectations . Quality healthcare remains critical for a healthy, skilled and productive population and new ways will be implemented to achieve these goals . We continue to train, recruit and further improve conditions for health professionals to encourage them to remain at Addington hospital as public servants . We will ensure that our staff members demonstrate the principles of Batho Pele whilst ensuring our service uphold the motto of the Department of health by fighting poverty, hunger and giving hope.

On behalf of management we would like to extend our sincere appreciation to all at the hospital. who remained committed to their patients during the strike period . The OSD did not support everyone. Nursing Management are aware that there are many problems . Through the KZN Nurse Management Forum we have addressed these problems to the powers that be . We hope to get some responses. Keep up the good work as patient care is our business.



Sister Govender from Accident and Emergency Unit standing by the stall set up A&E During Health Awareness Day .



Mangwanani Beauty Spa advertising their Health services during Health Awareness Day at Addington Hospital .

Addington hospital held a health Awareness day on the 10th of April 2008, the purpose of the event was to raise awareness on health issues amongst staff members as they spend their time looking after patients but we tend to neglect ourselves. Staff members were advised on the latest treatments and services provided by alternative providers. The target audiences were all categories of staff members, their families and friends. During the event the hospital displayed a lot of activities from various categories - internal and external participants, where most stands offered information on health; nutritional habits; the need for regular exercise; counseling; and service for drugs/ alcohol abusers etc. The power point presentation on stress management, Employee Awareness Programme and other beneficial programmes were presented to the audiences .

Amongst the **internal participants** were Maintenance Department, Dietetics Department, Physiotherapy , Social Work and A and E Unit etc where as the **External participants were** Virgin Active, Bio oil, Honey jewellers, AMC pots, Angel therapy, Bible Society, Avon cosmetics, SANCA and Mangwanani beauty Spa, etc but all in all 30 departments participated on our Health Awareness Day 2008. The event was well attended. The staff enjoyed what was offered, and even the private companies clearly indicated that their time at Addington was well spent .

Despite having displayed Health promoting materials we had a lot of entertainment ranging from Dancing, Aerobics, Musical items, Modeling and there were prizes up for grabs. The first prize winner on that day went to Speech Therapy Department who displayed the most informative stall of the day; the second price went to Physiotherapy Department and Dietetics took third prize.

The whole event was blessed by the presence of the Hospital Management - Dr. Hurst, Dr. D.K. Naidoo, Mrs. Chinniah and Mr. B.B. Khoza.

“Its not just achieving a goal that matters , but the quality of life you experience along the way “



These are some highlights of stalls that were displayed during Health Awareness Day held at Addington hospital on the 10th of April 2008. Showcasing their beautiful stalls, from left: Oncology Dept, Bio-oil, and Compass waste.



The first prize winner of that day went to Speech and Therapy Department who displayed the most informative Stall on that day . The second prize winner went to Physiotherapy Unit and the third prize went to Dietetics unit .

The management would like to congratulate all the winners for a job well done .

### Motivation

“Happiness is not a station you arrive at , but a manner of traveling “

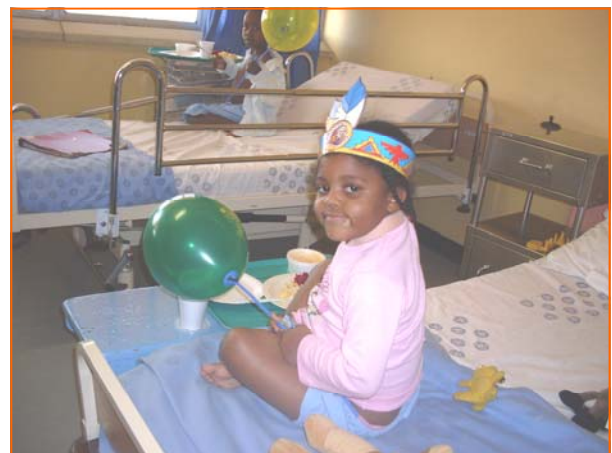
**O**n Thursday 17th April 2008 the children's ward had a visit from Spur management team. The crew from Spur brought toys, balloons, sweets and food vouchers for the kids. The kids had their faces painted, and were given colour-in booklets and the person who coloured in his/her booklet beautifully received a prize.

The children were very excited about the toys they received , for that short moment they forgot that they were in hospital and that they are sick. They felt loved and they realized that there are people out there who care for them whether they are sick or not.

The crew who brought the toys were: Mr. El-T Shabalala Carson City Spur's Operations Manager as well child minders and waitresses: Fikile Khwela, Dudu Jobe and Xoli Mchunu.



**The Wheel Spur management Mr. El-T. Shabalala, Fikile Khwela , Dudu Jobe and Xoli Mchunu visited the hospital to donate some toys to our children's ward.**



## Mission Statement

The Addington Medical Library supports the information and educational needs of the Addington Hospital community.

“ A Library book ... Is not , then , an article of mere consumption but fairly of capital, and often in the case of professional men, setting out in life , is their only capital.”

## Library Staff

Praba Naidoo	Librarian
Nontando Mbhele	Library Assistant
Victoria Zulu	General Assistant

## Library Hours

Monday - Friday 7:45 am - 4:00pm

On behalf of the Library staff, I am pleased to welcome all new students and Addington staff to the Library. The Library has great resources to help you with your studies and we hope to make it an interesting and enjoyable experience.

All Addington staff may join the library. A registration form must be completed prior to checking out material for the first time. We maintain a collection of “core” medical and nursing books and an extensive collection of 107 medical and nursing journals.

Some of our facilities include short - loan collections of books recommended by our lectures, inter - Library loans, reference services and a pleasant area for study purposes. The loan period for our books and videos are two weeks and journals are one week.

Renewals may be made telephonically. Our number is 031 - 327 2082.

A self-service photocopy machine is available for use.

Don't forget to check out the e-Library on the Intranet!  
<http://healthweb.kznhealth.gov.za/elibrary.htm>

Comments and suggestions on the Library services are welcome!

We look forward to seeing you at the library.

With Best Wishes.

**Article By : Praba Naidoo**

## Library pictures with Medical students reading medical Journals



The Nursing Students and hospital Doctors in our Library using our new Journals and books that are available , there are being assisted by Praba Naidoo ( Librarian ) , Nontando Mbhele ( Library Assistant) and Ms. Victoria Zulu.



The Hospital Librarian ( Ms. Praba Naidoo) with new Journals and Medical , Nursing books .



The Librarian Ms. Praba Naidoo, Library Assistant Mrs. Nothando Mbhele and Mrs. Victoria Zulu

Stand a chance to win a copy of “ The Top Ten of Everything “ , by selecting the correct answer to the following question:- Who is number one in top 10 most women’s singles titles at Wimbledon?

1. Billie Jean King
2. Martina Navratilova
3. Steffi Graf

This book is donated by Medibooks, Please collect entry forms at Library

“ A library is not a luxury ,  
but one of the necessities  
of life”.

- Henry Ward Beecher

The Nuclear Medicine Department has acquired a new Siemens Dual Head Gamma Camera. Not only are the images of an exceedingly high quality, but the time required to obtain these images has been reduced significantly, for example, a Mibi cardiac scan which previously took 45 minutes now takes 15 minutes!

Addington patients will benefit from this new equipment in many ways: shorter waiting time taken to scan is improved and most importantly, the quality of the scans are far superior than the old Gamma Camera.

**Article By : Lyn Wade Chief Radiographer.**



**Lyn Wade ( Chief Radiographer), Solona Sagadavan, Charisha Manilall and Vanessa Janse Van Rensburg ( Radiographers) standing next to their new Gamma Camera.**



The Picture of a New Gamma Camera of a high quality that will reduce patients waiting time from 45 minutes to 15 minutes.

The picture of the old Gamma Camera that was used before the hospital bought the new one



# MALARIA DAY

Malaria is a common and life-threatening diseases in many tropical and subtropical countries. In Africa it is estimated that more than a million children die of Malaria each year. Malaria is caused by Parasites called Plasmodium, which are transmitted by some species of Anopheles mosquitoes.

Here are the A,B,C,D and E of Malaria prevention.

## A. Awareness of the Malaria risk.

- If you are planning a trip, find out if there is a risk of getting Malaria in that particular place.
- The risk of getting Malaria is lower during cold and dry season.

## B. Avoidance of Mosquitoes

- Take precautionary measures to prevent mosquito bites in the risk area.
- Remain indoors between dawn and dusk (mosquito carrying malaria bite at night)
- Wear long-sleeved clothing, trousers and socks when going out at night,
- Burn mosquito coils or use mosquito mats indoors.

## C. Compliance (Take your medicine correctly)

- Take only the medicine recommended by a health professional.
- Take your medicine before entering the malaria risk area.
- Continue the medicine while in the area and for 4 weeks after leaving the area.

## D. Early detection of Malaria

- The majority of deaths and cases of complicated malaria result from delayed diagnosis or inappropriate treatment.
- Seek immediate medical attention if you have any “flu-like symptoms” for up to 6 months after leaving a malaria area. e.g. fever, headache, chills and muscular pain.

## E. Effective treatment

- Malaria must be treated as a medical emergency.
- The sooner effective treatment if started, the better the prognosis.



The infection Control Team conducting an awareness during Malaria Day .



Clients and hospital staff visited their stall inside the hospital foyer.



# Service Excellence Awards

The hospital Management would like to congratulate all the hospital Service Excellence Awards winners and finalists for the October–November and January—March Quarter.

The Service Excellence Awards were on the 13th of June 2008. The main objectives of these Awards are to honour those staff members who have worked beyond their call of duty and who have been complimented by the members of the public, the patients and other staff members.

During this occasion staff members were saluted for serving their clients and for promoting the Batho Pele Principles . The Awards were presented in the following categories: Non Clinical , Clinical and Ethics Awards.

The third quarter **Non Clinical Award** won by : Mr. Thulane Dlomo from Workshop. **Clinical Award** went to Dr. Devjee, Sister Ncube & the team and **Ethics Award** was given to Mr. Subban from Security Department.

The Fourth quarter **Non-Clinical award** was won by Mr. Ronnie Govender from Pink Cards, **Clinical Award** went to Mr. Vanderplank from Pharmacy and **Ethics Award** went to Dr. Highley from MOPD. The Hospital Management presented the awards to the winners and certificates were given to all the finalists.



**Picture No 1.** Sister Ncube receiving their clinical Award on behalf of Dr. Devejee and staff for working tirelessly towards maintaining Baby Friendly hospital initiative . **Picture No 2.** Mr. Subban from Security Department receiving Ethics Award. **Picture No.3** . Mr. Vanderplank receiving his Clinical Award for reducing patient waiting time at Pharmacy.

**Picture No. 4.** Mr. Ronnie Govender from Pink Cards Receiving his Non-Clinical Award for helping elderly and crippled patients with smile. The Public Relations Department would like to salute and congratulate all our winners for living the ethos of Batho Pele that leads in fighting diseases and giving hope to our needy patients.

# New Appointments For June and July 2008

Mr. B.S.E. Feeke	Ward Clerk	Miss. M.B. Makhoane	Professional Nurse
Miss. D. Moodley	Gen. Supply Officer	Miss. J.O. Ndokweni	Professional Nurse
Mr. M.J. Bloom	Pharmacy Assistant	Miss. Z.P. Majozi	Professional Nurse
Miss. R.M. Smith	Pharmacy Assistant	Miss. Z.D. Nkomokazi	Professional Nurse
Mrs. D.L. Henry	Professional Nurse	Miss. M.D. Singh	Professional Nurse
Miss. P.N. Khambule	Professional Nurse	Miss. J.N. Luthuli	Professional Nurse
Miss. R.S. Boesack	Professional Nurse	Miss. B.Y. Mbambo	Professional Nurse
Miss. J.A. Van Wyk	Professional Nurse	Miss. G. Nxumalo	Professional Nurse
Miss M.B. Makhoba	Professional Nurse	Miss S.C. Gabela	Professional Nurse
Miss J.D Ndokweni	Professional Nurse	Miss J.N. Mgabi	Professional Nurse
Miss Z.P. Majozi	Professional Nurse	Miss L.H. Mthethwa	Professional Nurse
Miss Z.D. Nkomokazi	Professional Nurse	Miss H. Berger	Professional Nurse
Miss M.D. Singh	Professional Nurse	Miss J.T. Magwaza	Assist. Nurse
Miss I.N. Luthuli	Professional Nurse	Miss Z.C. Goba	Assist. Nurse
Miss B.Y. Mbambo	Professional Nurse	Miss N. Sikhosana	Assist. Nurse
Miss G. Nxumalo	Professional Nurse	Miss M. Nagoor	Assist. Nurse
Miss F,S. Seme	Professional Nurse	Miss M. Naransamy	Assist. Nurse
Miss T.W Ngcobo	Professional Nurse	Miss V.Z.N Magubane	Assist. Nurse
Miss I.N. Ngcobo	Assist. Nurse	Miss G.N.O. Ngcobo	Assist. Nurse
Miss N.S. Ntombela	Assist. Nurse	Miss S.M.N. Gubane	Assist. Nurse
Miss H.F.B. Bhengu	Assist. Nurse		



Addington Hospital Management would like to welcome all the newly appointed staff — hoping that they will enjoy working at Addington and that they will stay with us for many years.

# HUMAN RIGHTS DAY 2008

What is Human Right?

It is the individuals right to a standard of living adequate for the health and well being oneself and of his/ her family, including food, clothing, housing and medical care.

“...the right of everyone to the enjoyment of the highest attainable standard of physical and mental health.” Every individual has the right to enjoy the best attainable state of physical and mental health. Necessary measures are taken to protect the health of the people and to ensure that they receive medical attention when they are sick.

1. Everyone has the right to have access to:

- Health care services, including reproductive health care.
- Sufficient food and water
- Social security, including social assistance - if they are unable to support themselves and their dependants.

2. The state must take reasonable legislative and other measures within it's available resources, to achieve the progressive realization of each of these rights.

3. No - one may be refused emergency medical treatment.

During the talks on Human Rights Mrs. Maureen Mabaso, Assistant Manager, staff relations explained to the Addington staff about their rights and provided information on the Disciplinary and grievance procedures. “We spend most of our time focusing on equipping supervisors, Sectional Heads and Managers on the above issues.”

The employees were given a full explanation on Grievance Procedures to express their dissatisfaction regarding any official act or omission by the employer, which adversely affect them in the employment relationship . During the progress of the event it has been highlighted that although it is encouraged that a grievance must as fast as possible be resolved by an employee closest to the point of origin , sometimes the involvement of a “third party “( in this case Staff Relations) is often effective. Information on the rules and grievance procedure were explained up to the Conciliation and Arbitration stage. All prescripts on Disciplinary Procedure were communicated to the audience.



**Patients and staff given booklets about Human Rights on our stalls during Human Rights Day.**



**The staff visited different stalls to learn more about Human Right.**

## GREAT PERFORMANCE BY ADDINGTON SOCCER AND NETBALL TEAM

The great performance by Addington hospital Netball and Soccer team beating Ladysmith Hospital at their own home ground, indicated that these squads will be unstoppable when meeting other hospital especially their neighboring hospitals. The Addington Hospital netball team beat Ladysmith by 14 –10. We are hoping that this great performance by our Netball team will continue in the coming years.

Even though our Soccer Team drew by 3-3 their performance was superb. Despite the amount of training and the level of fitness- the game had slowed down a lot. We had a wonderful trip to Ladysmith with many memorable moments, still remarkable in our minds we also want to thank the management for being welcoming as everything went very well.



Addington hospital Netball and Soccer Teams that were in action with Ladysmith hospital in Ladysmith on the 22nd of June 2008, where the Netball team won by 14-10, and soccer team drew by 3-3.



### NOTICE

Any staff member who wants to join the Netball and Soccer Team they must contact :

**Mr. Msimanga**

**Ext. 2697**

**Ms. Ethel Ngcobo**

**Ext. 2078**

The strongest supporters of Addington hospital who have travelled all the way to Ladysmith to support their favourite players

## Memorable Moment for Addies Teams



**The Addies Boys were warming up preparing their next game against Edendale Hospital, where they won by 2-0.**



That was the end of the road for Addies Boys when they were beaten on the semi final by Department of Agriculture .



This is Addies Netball team who was beaten on the Finals by Edendale Hospital on the tournament that was held on the 12th of July 2008 at Grey's Sports Grounds. These are the players who made us proud on that day:

**Mandisa Ntanzu , Ella Shabz, Nurse Buthelezi, Zandile Shabalala, Ms. Buthelezi, Thulisile Donnelly and Nelly Ndlovu**

Please forward all your inputs, Comments and Suggestions to :

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16 Erskine Terrace , South Beach

P.O. Box 977, Durban , 4000

Tel : 031 327 2967/8/9

Fax : 031 327 3300

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If you've got any newsworthy information please contact the following Editorial Team:

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