ADDINGTONIC NEWSLETTER

NEW ACTING CEO AT ADDINGTON

We CARE

Dr Rice Nkosinathi Mokoena took reigns as the new Addington Acting Top Dog on May25, 2010.

his is following the retirement of the then Addington Hospital Manager, Dr J. E. Hurst who retired in May 2010.

Dr Rice Nkosinathi Mokoena has extensive managerial experience in the Public Health Environment. He has broad knowledge of the public health sector and strong organisational ability.



Dr Rice Nkosinathi Mokoena Acting Addington CEO

Dr Rice Nkosinathi Mokoena has worked at Eshowe Hospital as a Hospital Manager. Prior to being the Eshowe Hospital Manager, Dr Rice Nkosinathi Mokoena has worked as a Medical Manager at Kwa-Ceza and Eshowe Hospital. Before joining Addington Hospital he was working at the Ethekwini Health District Office.

Dr Rice Nkosinathi Mokoena was born and breed in Soweto. He has a Bachelor of Dental Science that he obtained at the University of Medunsa, Project

Management that he obtained at Varsity College and

Advanced Management and Development

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Programme from SAMDI that he passed with distinction and currently finishing MBA.

"Management is not a one man thing".

That's what he said.

He is known for having the ability to utilize the resources available at his disposal for the betterment of the institution.

Addington Hospital Staff gave him warm welcome and will support him all the way.

Teamwork is what makes us succeed.







NEW ADDINGTON ONCOLOGY UNIT





ONCOLOGY PATIENT WAITING AREA

ONCOLOGY RADIATION AREA

Addington Oncology Department is the first of its treat such patients. Its now takes kind in Africa.

ddington Hospital has the advanced Oncology Department in the rest of Africa. Addington cancer patients receive the advanced cancer treatment for the first time ever. The advanced new technology in the Oncology Department offers patients with treatment that is accurate and more effective than ever before.

The advanced technology is capable of treating one hundred and twenty (120) patients a day of which in the

past it took over three months to twenty (20) minutes to plan treatment compared to three (3) days that it took in the past.

Addington Patients for the first time receives quality service promptly and timously. Patient waiting time has been reduced dramatically.

The Cancer Patients Waiting Area is comfortable. Patients rest in the comfortable chairs at the waiting area watching the big flat screen TV while waiting for treatment. The Oncology Department is decorated with beautiful South African colours which makes the place even more attractive. Each Consulting Area is named

named after the KZN Zulu Places e.g. Nkandla, Nguni etc. There are two Treatment Rooms and both have the two Radiation Machines called the Rapid Arc. Both these two machines arrived from United States of America. When patients lie on the treatment beds for radiation, their eyes are glued at the giant illuminated beautiful South African Nguni Cattle pictures.

The cancer patients are referred from the surrounding hospitals to receive treatment at Addington. There is an on going training to the Oncology Staff regarding the usage of these sophisticated machines. Some of the staff will be sent to overseas for advanced training.

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NEW CUBICLE DISPENSING SYSTEM AT PHARMACY

The Addington Main Pharmacy introduces a **New Cubicle Dispensing** System.

he Pharmacy Manager, Mr. Sanil Persad is introducing the turnaround Strategy of the Cubicle Dispensing System. This strategy is attempting to reduce the Patient Waiting Time at the Main Pharmacy and the number of Patient Lost Files

There would be eleven (11) Cubicle for dispensing patient medication. (10) cubicles would be in the front of the Main Pharmacy Building and one (I) at the back.

In order to achieve this the Pharmacy Manager, Mr. Sanil Persad is planning the following:

- Patients must sit in line with their files.
- Patients with disabilities. wheelchair, and cancer patients will be given



ADDINGTON MAIN PHARMACY DEPARTMENT

special stickers on arrival. These patients will queue at Cubicle II (currently window 5)

- Patients with one prescription that has 3 items or less must follow the EXPRESS CUBICLE (currently window 7) queue. ENT, EYE clinic, Casualty and ANC patients may also follow this queue. Patients referred from MOPD or CHOPD pharmacy to collect one or two items will also follow this queue
- All other patients must follow the normal queue
- The pharmacists at each cubicle will be calling 5 patients
- The pharmacist will take your file and dispense your medicine whilst you wait at the cubicle.
- If you are sent to the doctor for a query, you must return to the same cubicle to collect your medicines.

What is different;

- Security will be available to assist and direct patients to the appropriate queues and cubicles
- 9 Cubicle (currently window 8) will be available for enquiries.
- Files will NOT be posted. (Cannot collect later)
- You must sit in line and move as the queue progresses.
- The Express Cubicle is designed for prescriptions that can be dispensed rapidly, thus preventing long waits for a few items

prescription WITH LESS THAN 3 ITEMS)

- NO lost files
- Queries will be picked up
- immediately when you present your file to the pharmacist.

To continue in page 4

NEW CUBICLE DISPENSING SYSTEM AT PHARMACY CONT...

- You must collect your own medicine or a family member must be authorized to collect on • Will apply their knowledge and • your behalf (pre-authorization must be done in advance at the enquiries cubicle)
- Many cubicles will be operating (depending on the number of pharmacists)
- You will receive your medication within a few minutes of handing in your file

Pharmacist Responsibility;

• Will strive to ensure quality service in the shortest possible time (lengthy delays are due to the | • shortage of pharmacists)

- offer advice that is in your best interest and within their scope of practice
- Will persevere to give off their best under challenging conditions (continuous shortage of pharmacists).

Patient Responsibility;

 Adherence to new procedures to enable speedy processing of prescriptions

- Co-operating with staff to resolve queries speedily and prevent
- unnecessary delays.
- Ensure that you are in the correct queue - enquire with security on arrival
- Understanding of EXPRESS Cubicle (presently window 7) and Cubicle II (presently window 5)these are for specific purposes and must be respected as such.
- Co-operation to enable smooth and efficient service delivery Keep to your appointment dates

ADDINGTON CASUALTY OFFERS EXCELLENT SERVICE

Addington Casualty Department offers excellent service to patients.

he Addington Management came with a turnaround strategy that has eased the congestion at Casualty Department.

For sometime Addington Casualty Department was known to be congested due to unavailability of beds to admits patients in the Wards. This resulted in prolonged patient waiting time. Patients had to wait unacceptable long hours at the Casualty Unit



ADDINGTON CASUALTY UNIT

before being admitted. This is now something of the past since the Management had came up with a turnaround strategy. The Management has identified Wards for admitting patients Immediately to the Wards. The following Wards

have been identified viz:

- Ward I4A
- Ward I4B
- Family Medicine i.e. \$ 7 and

The identification of these Wards have eased congestion at the Casualty Department. The patients are now admitted immediately in the Wards.

The Patient Waiting Time has been reduced dramatically and the patient complaints has reduced. The Casualty Staff is pleased with this arrangement because the working conditions has improved

ADDINGTON HOSPITAL STAFF CARES

he Addington **Department of Social** Development ensured that the Paraplegic Patient, Miss Velile Khumalo felt at home while at the care of Addington Hospital for a period of +- 6 Months.

This young beautiful girl was rescued by Hospital Staff after being allegedly abused and neglected by her maternal grandmother.

She was admitted at as a social case at Casualty Department. The patient Miss Velile Khumalo had unfortunately missed her transport and therefore remained for the weekend and was transferred to Ward 13 B. Sister Howell of Ward 13 B examined the Patient's bedsores/lesion. Subsequently it was referred to the laboratory for pus swap. The results indicated that there was severe infection and the patient required treatment.

The background information of the patient;

In 2006 she was diagnosed with TB of the spine. Subsequently she underwent an operation. In 2009 the Patient's mother demised and she was then in the care of the maternal grandmother. The child alleged that she was unable to resume her schooling. She contends that she was receiving a Care Dependency Grant since the family had poor support



system. The child alleges that her grand mother use to leave her alone in the house without proper supervision when going to work. She contends that she was neglected, verbally and emotionally abused by her grand mother. The child refused totally to return to her maternal grandmother's care.

The Department of Social Development requested the assistance of the Association for the Physically Challenged and was advised that the patient was not in their area of operation. Subsequently the Social Development was referred to Association

for Persons with Physically Disabilities. The Social Worker, Miss Shantal Bechoo took total management of the case for patient's investigation and alternative care.

In March 2010 the Department of Social Development was advised that there were no institutions that could accommodate the patient. The means for placement of the patient was also unsuccessful. They then decided that the patient should return to the care of her maternal grandmother.

The Social Worker for Ward 13 B, Mrs. S Vanmali totally objected to that decision as the child was to return to an environment of further abuse and neglect in view of the past allegation by the patient. A meeting was held to discuss and assess the patient's condition. Mrs. S. Vanmail fervently persuaded that the patient's admission was to be secured at an institution for long term care.

In April 2010 Addinton Department of Social Development was advised that the patient placement was successful at Ethembeni Home for the Disabled in Hillcrest. The patient was delighted on hearing these news. The Hospital Staff organized a party and gifts were offered to the patient. The Department of Social Development would like to place on record their sincere thanks to the Staff at Ward 13B and particularly to Sister Howell who allowed patient treatment, recovery and close supervision of the patient in the Ward. Thanks again to the Social Worker, Shantal Bechoo who persevered to secure placement for the patient. The staff in 13B should also be commended since they were very supportive.

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ADDINGTON CUMPUS CULTURAL DAY



AUDIENCE WATCHING THE CULTURAL DIVERSITY PERFORMANCE OF THE STUDENTS

Addington Campus Students stakeholders. group 01/09 collaborated and presented various sketches and drama to depicts their cultures.

The group 01/09 integrated their cultures to demonstrate that there are more similarities than Differences. When preparing for this outstanding event the students became more aware of the South African Cultures. This made students to be more aware of the diversity of patients that they care for in the hospital. Students will be more culturally respective and culturally sensitive towards patients, staff and other various

The event commenced with a poem that goes like this;

"Diversity"

Our hairstyles are not the same We are of different races We talk in different languages We live in different places, In different situations We walk at different paces, But we smile the same way when We see each other's faces.

In this big country of South Africa Every leaf is different on the tree Every cloud has a different shape Even people in the same family

Are unique We all look different, but we have The same hearts We are different yet the same We wear different clothes styles, Hats and different shoe laces Our skin tones are different But in song we sing the same verses,

English, Zulu, Xhosa Afrikaans, Tamel and Hindu All the languages of the globe we Are the human race of South Africa Students depicted the similarities in culture as they played the drama of the traditional Zulu wedding and Indian wedding. The play was Awesome. It showed that South Africa is indeed a rainbow nation.

ADDINGTON CAMPUS CULTURAL DAY CONT...



TEENAGE PREGNANCY PLAYED BY GROUP 01/09 STUDENTS



INDIAN WEDDING AS SHOWED BY GROUP 01/09 STUDENTS



ZULU WEDDING PLAYED BY GROUP 01/09 STUDENTS

ADDINGTON CAMPUS SOCIAL PATHOLOGY STORY IN PICTURES.

























ADDINGTON NURSING CAMPUS EVENT





GROUP 1/2008 STUDENTS

AUDIENCE LISTINING







STUDENTS PRESENTING

Group 1/2008 Students held their Social Pathology Event where they were talking about their experiences.

roup 1/2008 researched various topics and shared current information with their peers. They demonstrated leadership and confidence and felt

PROGRAMME DIRECTOR

comfortable to share their own personal expediencies with the group thus enabling them to heal in a controlled environment.

The Social Science HOD, Mrs. M. A Sissing assisted in preparing students for this amazing event. The students related their experiences in such a way that was touching the inner part

STUDENTS IN DIALOGUE

of oneself. The mood in the audience was so high such that every one was keen to listen to the Presenters.

Topics covered were Drug Abuse, Termination of Pregnancy and Abortion and Single Parents and the likes. It was a very interesting events and the guest appreciated.

ADDINGTON SUPPORTS WORLD CUP

Kenako, Its Time; 32 Teams and 64 Games in the African Soil for the first time ever

Cup is awesome at Addington Hospital since the kick off.

The Excitement of the Fifa World overwhelming. This is depicted in the way that the staff have decorated the Wards, Departments and the Offices. In doing this Addington Hospital divided all Wards and Departments according to the World Cup Teams that are partaking in the Fifa World Cup.

The feeling for the Fifa World All the Wards and Departments took decided that Departments and Wards of their choice to decorate their Departments and Wards.

> prize were given. Stores received Third service to our institution. Prize, Ward 3"A "received Second Prize and Ward 10 "B" and 7"B" got The feeling of caring for the patients has First Prize. This exercise created unity to the Institution especially to the staff. All employees are excited and are all behind the World Cup especially Bafana Bafana but as an institution we

> part in this exercise. The Wards and should choose each World Cup Team Departments used colours for Teams and decorate it using flags, colours of that team.

This excitement has extended to the Cup in the Addington Hospital Staff is First prize, Second prize and Third patients that are accessing health care

> increased enormously in the institution because of this world cup. The following photos shows how the Staff have decorated their Departments and Wards:

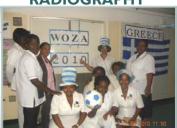


Patriotism and Enthusiasm showed by The Registry Department

ADDINGTON SUPPORTS WORLD CUP



SOCIAL DEV





WARD 4B

WARD 5B

WARD 8 B

PHYSIOTHERAPY









WARD 7 A

WARD 5A

WARD 5 A

PHYSIOTHERAPY









WARD 7A

WARD 5 A

WARD 2 B

STORES









MAINTENANCE

MAINTENANCE

CSSD

REVENUE

ADDINGTON SUPPORTS WORLD CUP CONT...



MAINTENANCE

TRANSPORT

MATRON'S COMPLEX OPERATING THEATRE



MAINTENANCE

WARD 3 B

OPERATING THEATRE OPERATING THEATRE



WARD 8 A

NURSING COLLEGE

WARD 2 A

SOCIAL DEV



SOCIAL DEVELOPMENT

PAUL F. WILLIAMS

SOCIAL DEVELOPMENT

We BELONG





Allow me to introduce to you the Public Relations Intern, Mr. Njabulo Dlamini

Mr. Njabulo Dlamini is an intern in the Public Relations Department. He joined the Public Relations Department in March I, 2010.

Mr. Njabulo Dlamini has a Degree in Public Relations that he obtained at the DUT in the year 2009.



MR. NJABULO DLAMINI

He is young energetic and dedicated young man. He goes all out in trying to satisfy the client.

Mr. Njabulo Dlamini has good writing and communication skills. The communication skills is evidenced in his routine work which is mainly about liaising with the internal and external publics. Njabulo does this exceptionally well.

Njabulo Dlamini has written the following article where he depicted his good writing skills. I guess that after reading you will agree with me on this. From the Editor, Mr. F. N. Zuma(PRO)

ADDINGTON CELEBRATES NURSES DAY

t has been a routine that Addinton Nurses Celebrates the Nurses International Day.

In celebrating this day the Nursing Manager in collaboration with the Nursing Operational Managers nominates the best nurse from each Ward. The nominated nurse is commended for going an extra mile.



The Nominated Nurses that went an extra mile in caring for the patients. It was a memorable day they will never forget in their life time.

The Nursing Manager, Mrs. A. Chinniah praised all the nominated nurses and informed them that they are highly regarded by the management and the institution as a whole. This kind of acknowledgment boots the morale of the Nurses.

The Acting Medical Manager, Dr Clive Rangiah applauded all nominated nurses for going an extra mile in caring for those that are unable help themselves. They were all given a token of appreciation.

Visit our website at: www.kznhealth.gov.za, alternatively log to addintonhospital@kznhealth.gov.za or email the Addington Hospital PRO, Mr. F. N. Zuma at; francis.zuma@kznhealth.gov.za