



ADDINGTONIC

“Pride of Addington Staff”
July-October 2005



A big applause for Addington Hospital-Dr ML Mhlongo

The official opening of two new Satellite pharmacies, a remarkable move by Addington



Cutting the ribbon is Dr M. L. Mhlongo, General Manager KZN Health Dept with Mrs Chiniah, Nursing Manager; Mr Pretorius, the Finance and Systems Manager; Ms S Ishwar, Pharmacy Manager; Mr Shabalala, Manager Pharmaceutical Services ; Rev Cele and Dr D.K Naidoo, Medical Manager

THE 5th of September 2005 was the official opening of the Satellite pharmacies in Addington Hospital. This came as a relief to many patients, as the waiting times for medicine will be dramatically reduced.

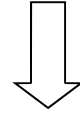
The event also marked Addington’s commitment to service optimisation for patients. We have re-enforced our commitment stated in our mission statement to provide a quality patient focused health service. Our collective efforts to seek answers to a question, “How can we continue to make things better for our patients?” are a result of this initiative. The initiative has a direct impact on our patients, as many have expressed their appreciation for this move. We have taken head on two challenges. (1) Congestion of our main pharmacy, which was a cause of frustration for our patients due to long waiting time

for medicine, (2) Dispense medicine within accepted time limit despite the growing number of patients accessing our pharmacy. Our trend for developing a people first culture continues, and an unwavering support for such a significant move, is being received from all corners. We will continue seeking ways to improve our service, so we meet patient’s needs beyond their expectations. Many will agree that this is not an easy task, but our emphasis on service excellence allows us to find innovative ways to deal with what many view as the “most difficult challenge”. Dr M. L. Mhlongo, the General Manager Health Services Cluster, officially opened the satellite pharmacies. “We need to share this moment with every member of staff and the department”, he said. He congratulated Addington Hospital for having successfully translated its vision into strategy, and ultimately into action.

Listing a number of achievements by Addington, he also acknowledged that there are times when the authorities “get hard on Addington”, but also reassured that it is not really that we do not acknowledge the good work done by Addington Hospital”. He encouraged the hospital to enhance its open communication with other stakeholders, so they too are informed of the work that is being done.

Present during the event was the ever-entertaining eThekwin District Manager, Mr Msiza. It is a major milestone for all of us at Addington hospital, to be recognized for the work that we do. We have committed ourselves to fly to higher grounds, and to improve on every area to achieve the most for our customers.

Inside this issue:



New Pharmacy opening in Poly Clinic/MOPD	Page 1
COHSASA Re-Accreditation	Page 2
<ul style="list-style-type: none"> HIV Counsellors Abet Graduation 	Page 3
Pharmacy wins PSSA competition	Page 4
Opening of new pharmacies in Pictures	Page 5
Health Awareness Day in Pictures	Page 6
Abet Graduation in Pictures	Page 7
Accreditation and Service Excellence	Page 8
Pharmacy continues	Page 9
<ul style="list-style-type: none"> New look in Medical Library Nutrition Week Pharmacy wins PSSS 	Page 10
<ul style="list-style-type: none"> Take A girl Child to Work campaign Pick n’ Pay Store donations 	Page 11
<ul style="list-style-type: none"> Soccer Team wins tournament Sadaam Maake of Kaizer Chiefs Soccer team wins again Ladies soccer team becomes second in the tournament 	Page 12

Addington Scoops Another COHSASA Accreditation Award



FROM THE RIGHT: Prof. Whittaker, Managing Director (COHSASA); Mrs Chinniah, Nursing Manager (Addington Hospital); Mr Pretorius, Finance and Systems Manager (Addington Hospital); Prof R. W Green-Thompson, Superintendent General (KZN Dept of Health; Mr S Govender, Human Resource Manager (Addington Hospital); Dr J Hurst, Hospital Manager (Addington Hospital); Dr Naidoo, Medical Manager (Addington Hospital)

FOR the second time around, Addington Hospital still emerges as one of the highly recognized institutions in the public health service, thereby maintaining its reputation for quality service. This was witnessed by more than 200 people, amongst whom were the representatives from Head Office, e Thekwini District Office, and external stakeholders. Prof Whittaker, COHSASA 's (Council for Health Services Accreditation of Southern Africa) Managing Director, presented the institution with yet another COHSASA Accreditation certificate on 27 September 2005. Giving a key note address, Prof Whittaker, highlighted that

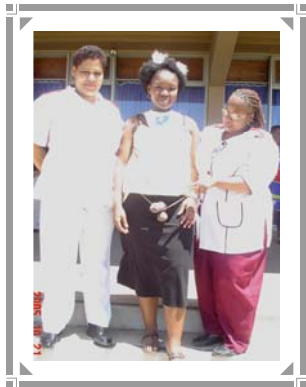
the biggest mistake that institutions make, is lowering their efforts and standards of quality service, therefore, he urged Addington to live up to its set quality standards, and remain an example to other institutions. "You are at higher energy levels, and it is easy to drop. What will keep you going though, is passion", added Prof Whittaker. The KZN Superintendent General, Prof. Green - Thompson congratulated Addington on this achievement, but quickly warned that such achievements come with challenges and responsibilities. One of the challenges is to prove whether or not, accreditation is a paper work exercise, or quality which transcends to service excellence. "Prof" emphasized that patient care is very critical and, "our nursing staff

are the custodians of that compassion". He added that Addington hospital can be used as benchmark for other institutions in the department. The function was run concurrently with the individual service excellence awards, when the staff who performed beyond their line of duty are honored for their dedication. Not only did the event feature speeches on accreditation and service excellence, but entertainment was part of the event. Rounds of applause and whistles were heard when the Addington female choir and the famous and talented Andre Audie entertained the packed Centenary Hall with music. The function ended in Paddington Hall, where refreshments were served. Among the visitors were, Mr. Msiza, Dr Mhlongo, and members of the local print media.



Dr Hurst welcoming the guests

10 Day—HIV and AIDS Counsellors in traditional colours



Sr Booth and Sr Enock with one of the learners in between

From the 10th to 21 October was the 5th HIV and AIDS Counsellors training which ended with the variety of traditional presentations showing lifestyle of different traditions. The theme included, birth, marriage, death, and religious rituals. The importance of these presentations is to make the counsellor aware of cultural backgrounds that their clients may come from, and to respect their beliefs and counsel them effectively. The HIV and AIDS Counsellors training was started in 2003 when Stella Ntimbane from the Goldfield Mines was called to train the trainers which would eventually equip Addington hospital with 15 qualified trainers for the course. These first learners who pioneered this training in Addington were from various clinical departments; including, Charge Nurses, Physiotherapists, Social Workers, Psychologists and others.

After training, learners are awarded a certificate valid for two years. The non clinical staff also get a chance of being educated on HIV and AIDS, the main aim being to equip them with the knowledge and in turn educate their communities about the AIDS pandemic. SsitStr S

ABET Graduation, A Successful story of elders in grade 1,2 and 3 and 4



“Many Adult South Africans have little or no schooling and many suffer the humiliation and daily struggle associated with being functionally illiterate in a society dominated by literate people”.

THESE were the words of Mr Vilakazi the Human Resource Manager at the office of the Premier, in his speech during the ABET Graduation Ceremony at Addington Hospital on Thursday 29 September 2005. In

the introductory stage of his speech, Mr Vilakazi reflected on the statement which he extracted from the recent statistics, which states that, in Kwazulu Natal alone, there are 1.9 million people who are illiterate. These findings are worrying in the province. However, the provincial government has committed itself to uplifting the living standards of our society, One of those commitments is Adult Based Education and Training, (ABET), which was also discussed as top priorities during the Provincial Human Resource Development summit attended by the Human Resource Development Practitioners from all Provincial Departments.

Highlighted was a success story of Elizabeth Khathazile Ngcobo, which touched many people. Mrs Ngcobo joined Addington in 1970 after finishing her stan-

dard 7. She was always encountering difficulties when applying for better positions in the hospital. Today Mrs Ngcobo is one of the ABET graduands and was delighted to be awarded an ABET certificate. “I hope that your graduation today would better not only your lives, but also would be helpful to other individuals as well”, Mr Vilakazi added. He then congratulated the learners and added that the struggle to emancipate the illiterates continues. Joy and excitement was seen in the faces of all learners. They sang songs containing lyrics that praised ABET programme and the coordinators. Had it not been for ABET, Elizabeth Ngcobo would still be in the darkness of illiteracy.

We all agree, “you are not too old to learn”

Experiential Learning for the Matric Learners

ADDINGTON Hospital is committed to close working ties with the neighbouring high schools in Durban. Recently, learners from these schools, who are also interested in the health care field were accommodated in the hospital, just to observe clinical professionals in action.

We have taken in seven learners from New Forest High School doing their experiential learning for four days in various departments of the hospital.

Thanks to the following departments for accommodating them:

X-Ray, Poly Clinic, Trauma and Casualty, Radiography, Physiotherapy, Maternity Ward, Audiology & Speech Therapy, Occupational Therapy.



The learners on the picture are Siobhan Smith, Prudence Mbanjwa, Nothando Hadebe, Samkelisiwe Mkhize, Tharushka Pillay, Ndumiso Hadebe, and Nhlakanipho Hlophe

Addington’s involvement in educational programmes range from Adult Based Education And Training (which was also celebrated recently during Abet Graduation Ceremony), Work Experience programme, and also National educational Campaigns, such as “Take A Girl Child To Work”,

and many other educational programmes. The learners enjoyed their work experience in Addington and wished to extend their appreciation to the management team, and clinical staff they worked with during this project.

Hard Work Bears Fruits for Addington's Pharmacy

The shows were particularly successful because: they allowed the patients to perceive the pharmacist in a more professional, yet human manner. They provided an environment that was conducive to absorbing the information imparted to the guests, as it is a well-known fact that ordinarily the patient in a pharmacy waiting room is sick or frustrated. They provided interactive lectures with question and answer sessions.

Many patients braved "Katrina" like winds to attend the function on 7/9/05 as it provided an entertaining, social outlet for the geriatric patient J who is usually cooped up in a retirement home. (Mixing the entertainment with the educational part of the show prevented information overload and every attempt was made to make our "Glamorous granny" contestants feel special!

It provided a stage for the children to show off their talents whilst educating others in an entertaining yet effective manner they provided a team building exercise for the staff and the community with the very effective networking efforts.

The next attempt to improve service delivery to the Addington Hospital community:

The official launch of the two **satellite pharmacies** on 5 September 2005 by Dr Mhlongo- General Manager eThekweni District. This move has successfully decongested the main pharmacy waiting room.

The official launch of the two **satellite pharmacies** on 5 September 2005 by Dr Mhlongo- General Manager eThekweni District. This move has successfully decongested the main pharmacy waiting room.

Patients visiting the satellite pharmacies (pediatric and medical outpatients) do not wait for more than fifteen minutes for their medication. Pharmacists are also able to work very closely with doctors since they are in the same vicinity; hence multidisciplinary collaboration takes place to the benefit of the patient. The other major event was the **Staff Health Awareness Day** on 15/09/05. All Departments in Addington Hospital were invited to participate in the Staff Health Awareness Day function. The emphasis was placed on a holistic approach to healthcare, namely, healthy mind, body and soul. Focus was also placed on non-pharmacological therapies such as, healthy lifestyle which involved good eating habits, reducing stress levels by practicing meditation and exercising as it is crucial that our staff (community) at Addington Hospital



From Left to right: Ms; Dr J. Hurst, Addington Hospital Manager; Ms Ishwar, Addington Pharmacy Manager and Dr D. K Naidoo, Addington's Medical Manager

An independent panel of judges consisting of retired matrons judged the Pharmacy Department as having the best display at the Staff Health Awareness Day function. The Pharmacy Week Committee is extremely grateful to the following people and organizations for their invaluable assistance, support and sponsorships:

Addington Hospital

Dr Hurst- Hospital Manager; Dr D.K. Naidoo- Medical Manager; Mr A Pretorius- Systems and Finance Manager; Mr D Govender, - HR Manager; Dr Devjee- Head O&G,

Mr P Khwela- Engineering Services Manager; Sr Lynn Moodley; Sr Grobelaar; Maintenance Dept; Informatics Dept; Public Relations Dept

The eThekweni District Office

Mr Msiza, District Manager Ms F Mncwango.

DOH Head Office

Ms B Pillay- Health Services Cluster; Mr. K Shawe- Quality Assurance Unit; Mr. D Gooden- Pharmaceutical Services.

External Partners:

Rippon Primary School; Ferndale Primary School; St Theresa's Primary School; Addington Primary School; Al Azhaar Primary School; V.N.Naik School for the Deaf, St Augustine's School; Elaine Jennings and the T.A.F.T.A. dancers; Nicholas's Stars; Akira Boodhai; East Coast Radio; Berea Mail ;Osman's Cash and Carry; Nu Metro@Sun Coast Casino; Pick n Pay; Everfresh florists; Food for Life; Weigh Less; CANSA; Adcock Ingram; Novartis; Roche; Sanofi; Nestle; Sparkport Pharmacy; Aspen Pharmicare; and all other well wishers. On behalf of the Addington's Pharmacy team I wish to extend heartfelt congratulations to all institutional pharmacies on their campaigns despite the critical shortage of staff in the public sector and on strengthening partnerships with the communities we endeavour to serve on a daily basis under exceptionally stressful conditions.

To be continued on Page 9...

ADDINGTON'S EVENTS IN PICTURES

Opening of the new pharmacies—Poly Clinic / MOPD and Children's Outpatients



1. Dr Mhlongo cutting the ribbon with Mrs Chinniah, while Mr Pretorius, Dr DK Naidoo and Ms Ishwar look on.

2. The event was attended by the Head of Pharmaceutical Services, Dr Shabalala. Excellent timing as the Pharmacy was gearing for its Annual Pharmacy Week.

3. The "Addington choir" entertains the audience, such that the District Manager, Mr Msiza could not help but join the choir.

4. The veteran Mr Tommy Cochrane with Sr Daghish conversing about the proceedings of the day.

A retired Mr Cochrane will be missed by Addington Hospital for his creativity in making highly acclaimed plaques for Service Excellence.

5. Dr Mhlongo, again displaying the plaques

6. Journalist taking pictures.

7. Another session of the Addington Choir singing for the guests

8. Mr Pretorius looks like he is sharing the joke with the audience



1. Dr J. Hurst, Hospital Manager (Addington Hospital)
2. From left: Mrs Chinniah, Nursing Manager (Addington Hospital); Mr Msiza (Manager eThekweni District Office); Prof R. W Green Thompson, Superintendent General (KZN Department of Health); Prof. Whittaker, Managing Director (COHSASA)
3. From left: Dr D.K Naidoo, Medical Manager (Addington Hospital) Mr Pretorius, Finance and Systems Manager (Addington Hospital); Mr S Govender, Human Resource Manager (Addington Hospital); Prof. Whittaker; Mrs Chinniah, and Dr J. Hurst displaying Accreditation Certificate.
4. Prof. Thompson with the Addington Choir that sang during the event.
5. Mr Msiza with Ms Ishwar, Pharmacy Manager (Addington Hospital)
6. Prof. Whittaker issuing certificate to the Catering Staff
7. Prof. Whittaker presenting a service excellence certificate Matron Zwane
8. Mrs Chinniah presenting a certificate to Mr Zulu of Maintenance Department
9. Prof Green-Thompson addressing the guests and the staff
10. Addington choir
11. Dr D.K Naidoo accepting a certificate from Prof Whittaker
12. Prof Whitakker presents a certificate to Mr Khwela, Maintainance Manager



1. The Children from Settlers Primary School entertaining the crowd
2. Some ABET graduands with displaying their certificates
3. Another ABET graduands showing off certificates
4. Mrs Ngcobo, showing her trophy and her certificate
5. Another happy ABET learners
6. ABET Learners
7. The dining hall before the Function
8. Rev Cele accepting certificate of appreciation from Mr Govender

Health Awareness Day



1. The Dietetics Department stand



2. Sr Enoch with Mr Canham, the PRO looking at the beautiful stands



3. Occupational Therapy staff were part of the event.



4. Aerobics team entertaining the guests.



5. The maintenance department traditional dancers



6. Entrance well decorated with beautiful sheet



7. Theater staff participating in the day's activities



8. Ladies join the Strongest Link Game

9. External exhibitor from Virgin Active enjoying the event

10. Smiles, kisses and happiness filled the hall.

11. The two ladies from the pharmacy are presented with a trophy by Mrs Chinniah, Nursing Manager after scooping the best stand of the day prize

12. Also art was the order of the day

13. Matron Dobey sharing a joke

**Front Row From Left :**

Mr Solly Hafajee (Chief Pharmacist), Yashica Phunwasi, Rupal Patel, Neerishnie Narainswami, Shaneez Ishwar (Pharmacy Manager), Amor Gokul (Chief Pharmacy,

Middle Row From Left to Right:

Pius Ntuli, Patrick Nala, and Nimrod Kubheka

Back Row from left to Right:

Dennis Mtshali, Ncamsile Thango, Buhle Nsele, Jabulani Zulu, Ridwaan Hoosen Koya

**Insert:** From left to right:

Ms Judith Horne giving a prize to the Pharmacy Manager of Addington, Ms Shaneez Ishwar

Ms Judith Horne, chairlady of the PSSA- KZN coastal branch- presented the 1st prize to the Pharmacy team, who were declared the unanimous winners of the Pharmacy Week Competition, on 11 November 2005 in the presence of a proud and supportive Hospital Management team.

Pharmacy Week Celebrations is an eagerly anticipated annual event at Addington Hospital. Having received 3rd prize (2002) and two consecutive merit awards (2003 & 2004) in the national competition, each year the Pharmacy team attempts to improve on the previous years' successful campaigns by searching for innovative and novel ways to promote the profession. This year was no exception.

The chief judge of the competition Ms Horne indicated that the standard of presentations submitted was exceptional, which made judging a very rewarding and absorbing yet challenging task for the independent panel of judges who hailed from all sectors of the profession.

She then heartily congratulated the jubilant Pharmacy team on the superb achievement and on: Execution of a fun filled yet highly effective campaign, Scoring full marks for focusing on all of the PSSA National Office's key messages, Addressing topical issues such as Klebsiella, Its originality, and community response, Unique HIV and AIDS awareness campaign, Innovative outreach programmes involving the youth, Wide spectrum of sponsors, Creative marketing techniques employed, Exceptional quality and choice of media used in presentations, Extending the campaign beyond the designated Pharmacy Week time frame.

An emotional Ms Horne sincerely thanked the enthusiastic team who obviously made every attempt to uplift the profession of pharmacy by partnering, empowering and supporting the communities served by the institution and invited the team to share their Best Practice ideas with others.

The Pharmacy Week Organization Committee incorporated: **This year's themes:**

Dept of Health and South African Pharmacy Council; Pharmacy and the community- a supportive partnership PSSA: Meet your pharmacist, your medicine specialist.

Batho Pele principles:

Access, Courtesy, Consultation, Service standards, Information, Customer impact

Institutional strategic objectives

Enhanced customer satisfaction, Attraction and retention of talented staff, and Effective communication and co ordination with the relevant stakeholders in the eThekweni district into the campaign.

Events included:

Lectures, Posters, Help desk with pamphlets, Outreach programmes, Art and lucky draw competitions and variety shows, One for the geriatric community of Addington Hospital on 7 September 2005 and the other for the school children in Addington Hospital's catchment area on 8 September 2005.



A retired Mr C Cochrane With Sr Daglish during the official opening of MOPD/Poly clinic Satellite Pharmacies.



This is the new look of the Medical Library



Christoph Lebherz, an exchange student from Germany with Tammy Govender

Addington Pharmacy wins PSSA Pharmacy Week Competition

THE Addington Pharmacy Department won the Pharmacy Week Competition organized by the Pharmaceutical Society of South Africa which took place during the 7th to the 13th of September 2005.

Addington contested the title with the number of institutions among them were: Entabeni Hospital, Greys's Hospital, King Edward VIII, Mahatma Gandhi Memorial Hospital, St. Augustine, School of pharmacy and Pharmacology at the University of KwaZulu Natal.

R1000.00 went to Addington's pharmacy department and the second prize went to King Edward VIII and Mahatma Gandhi Memorial Hospital. The Pharmaceutical Society of South Africa will soon be visiting the winning teams in their institutions and hand over their prizes and also thank them personally and thank them for uplifting the profession of pharmacy in partnering, empowering and supporting the communities that they serve.

STAFF NOTICES

1. All members of staff who have not had routine X-rays and Hepatitis Vaccine, please contact O.H.C ext: 2273 for bookings.
2. Gloves may not be worn in the duty room by any health care worker.
3. Have you updated your discs all those who use the hospital parking?
4. The Departments that are still going to host the Health Awareness Day, Please contact Sr Daglish. Bleep PRO.

New Look in the Medical Library



Praba, the Medical Librarian, and her assistant during maintenance

PRABA Naidoo, the librarian and her two staff Victoria Zulu and Nontanto Mathunjwa, were the driving force behind the newly renovated hospital library.

Naidoo, had passionately put a requisition for the maintenance

to take place in the library.

She told us that the carpets, and paints on the walls were not in good condition, and after the tender was finalized, Mr Steve Heron worked tirelessly to fulfill their dream of a library with a modern look.

At the moment the library is waiting for the Linen Bank Department to produce the curtains.

Naidoo would like to thank Mr Tony Morrison who supported her idea.

Anyone who requires further information about the library facilities can dial Ext: 2081/2 and ask for Praba Naidoo.

Nutrition Week at Addington

WE saw them (Dietetics) in Health Awareness Day and many other health promotions that take place within the hospital, now September 9-13, 2005 marked another Nutrition Week at Addington that was linked to a broader National Nutrition Week.

This event took place in the foyer, on the ground floor.

The Dietetics Department spearheaded this campaign, where much support from the public and the staff.

"This campaign was very successful, as people flocked in numbers and took pamphlets and brochures containing useful information about healthy living", Ms Richelle Watson said.

ing", Ms Richelle Watson said.

The campaign was based on educating the staff and the public about diseases like Heart Diseases, Diabetes, Heart Attack, and Congenital Heart Diseases and also about the dangers associated with smoking and drinking.

This year the organizing team had set up a raffle where people who came to visit the stand listed their names and the one chosen randomly in the final draw walked away with a hamper containing pedometer, recipe book and the other goodies.



These pictures were taken during the Nutrition Week

Take a girl child to work

ADDINGTON hospital is not new to community development initiatives. Obviously, the hospital is not a corporation with a massive Corporate Social Development Programme, due to the nature of our business, with funding to be injected into such programmes. However, this is not a stumbling block from contributing to the welfare of our society. A work experience programme has long been established and benefits more than 40 school going kids a year. Our strategic project, "Effective Communication with other stakeholders", benefits a number of schools in our catchment area.

It was for that reason that when the KZN Health Corporate Communications initiated the "Take a Girl Child to work" project, Addington became the first to run the project this year. Schools from the neighborhood sent at least two learners to be part of this project. The programme of the day included brief discussion on Women Empowerment, a tour of the hospital, and observations of work in various clinics.

"We wish this project could continue so all learners can be involved", said Londiwe Mabaso, Ridge Park College.

Thanks to KZN Health Corporate Communications for material support provided during this project.



Learners from various schools in Durban, posing for a picture with Mr Tyron Khuzwayo, the PR Intern at Addington Hospital, and Mr Wesley Canham, Addington's Public Relations Officer.

Pick 'n Pay store, making a tangible contribution that makes a difference



Above: Mrs L. Ogle ex Matron at Addington receives gifts from Jabu, and Alvin both from Pick n' Pay (the Wheel).

Right: Mrs Ogle, Jabu and Mrs Jenkins also ex-Addington staff posing for a picture during the hand over of tracksuits to kids at Addington Hospital.



as they understand the suffering that some of these kids go through. The contribution is considered as sending a clear message of the value of business relations with its people, and the communities in which the business operates.

"We are thankful to Pick 'n Pay store (the Wheel) for the support given to our kids". Jabu one of the members of staff at Pick 'n Pay expressed her interest in the field of Social Responsibility, and delight in seeing communities benefiting from the contribution the company is making to benefit the needy.

THE Pick 'N Pay through its Social Responsibility Programme donated a number of tracksuits to our kids. The contribution was well welcomed by both parents, and nursing staff.

Speaking during the hand over, Alvin, one of the Project Leaders at Pick 'n Pay, said that this has become a culture in their store



SPORTS CORNER

Editorial

Hat off to Mr Msimang



Mr Msimang comes a long way with soccer and coaching in Addington. In 1999 he pioneered the sport in Addington and gathered staff who were interested in football and formulated a team that is hard to

beat even today. This legacy has lived on since 1999.

People like Mr Msimang really understand the importance of extramural activities and the development of the talents of various individuals. He is one of those people who are passionate about what they do. We really need to respect and honour people like him whilst they are with the institution. He has won so many cup games.

He only had one lose, which was in 2000. We understand that by that time he was still establishing his team, and since then he is always winning the cup games which in my view is an excellent achievement, and nobody will break his record. He even headed the District squad which he also lost one game. We take this chance to honour Mr Msimang and his team for flying the Addington's flag high.

If you have more sports news, or would like to contribute to this corner, please write to us or call the Public Relations Office at 031 327 2967/8/9 or e.mail pro@adh.kzntl.gov.za

Addington Soccer Team Breaks the Record– An Outstanding Performance



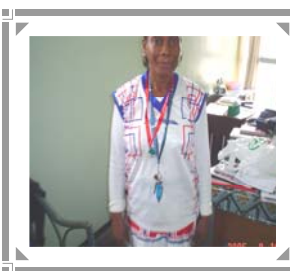
The captain Mr. Khumbulani displays trophies that they won during the District Soccer Tournament

Wandile Langa was the man of the tournament with his goal that made Addington Hospital soccer team proud when they beat Prince Mshiyeni Memorial Hospital team 1-0 in the finals of the District Soccer Tournament that took place on 13 August 2005.

The team managed to break their own first unique record when they

won the tournament without any loss and without any goal scored against them out of five games played, including the final game. In an exclusive interview with the happy captain, Mr. Khumbulani Ernest Mhlongo, The Addington crew asked him about their outstanding performance. The captain mentioned that, the team played according to the guidelines set by the coach, Mr. Msimang, who always insists on good team spirit. Both the coach and the captain believe that the team has improved a lot in their performance compared to last games played. Some of the members of the Addington soccer team were also part of the squad that played in the Provincial Soccer Tournament that was held in Richards Bay on 2 September where the squad lost on quarterfinals by 4-3. The captain said that they were very unfortunate to have not won the match even though they played very well. However, the Addington team is yet again planning to whip all the teams and continue with their good record when they play in the Old Mutual Cup, which will take place later in October this year.

Ladies Netball Team comes second



The Corodinator, Ms Ethel, the Netball team coordinator

THE Addington Hospital's Women's team almost made a mark after being beaten in the final of the District Tournament which was eventually won by the Prince Mshiyeni Memorial Hospital Netball team by 6-3 on August 13, 2005. Although the netball team lost to Mshiyeni, they were somehow relieved to hear the good news that

their soccer team counterparts have won the final beating Mshiyeni hospital soccer team. The medals they received as a second team also served as a consolation after their superb performance.

The Coordinator who work closely with the team and the captain has pointed out that the team needs more time to practice during the week days. The team is also scheduled to play with Hillcrest Hospital Netball team during October this year. The ladies, like gents team, would like to have full support in their next matches. The coordinator and the captain agreed that the team needs to have enough time to practice, because there are matches that are tough and very important matches coming up soon.

No.1 Kaizer Chiefs Supporter-Saddam Maake



Saddam giving out T-shirts to the patients

PRAISES

for Addington Hospital have come from the Kaizer Chiefs fans including the number one fan, and the famous Saddam

Maake, after having received a world class treatment from the hospital's ward 3B.

Admitted in Addington Hospital early August 2005, Saddam had always had hope of speedy recovery. While Saddam was sharing jokes with the staff, he was also giving out t-shirts and caps to the patients and staff as he is part of the SABC SAFA Siyanqoba Campaign. He added that, no matter what happened to him but he will always come back to Durban.

Saddam thanked all the staff that assisted him during his stay in the hospital.

The boys did it again

THE Addington Soccer team again has won the Old Mutual Tournament which was played on Saturday 14, 2005 in Newlands. 8 teams were featured from various departments of the Provincial administration. The teams were: Dept of Education, Dept of Agriculture, Dept of Social Welfare, Dept of Justice, Dept of Economic Development, Dept of Housing and Dept of Labour. Among all these departments, the Department of Health walked away with the trophy after beating Department of Education in the final by 7-6 on average penalty shootout.