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A combination of apprehension and excitement, was the experience of staff during the external survey conducted by COHSASA surveyors in the week of 25-29 November 2004.

Addington and COHSASA Accreditation



The management team proudly displaying a certificate of appreciation for their dedication in the preparation for CHOSASA survey. Other service elements were also presented with similar certificates as they wrapped up their preparations for the survey.



Above : Finally, it was time to say, "goodbye" to the friends we've met for a week. The Accreditation Steering Committee members meeting at the Boardroom for a report back from the surveyors.



Hawu Madoda! Dr Hurst, the hospital Manager, presented with a shield and isigodlo for her dedication and passion, and her support to all service elements during the preparations for the COHSASA Survey.



Mrs Chinniah, the Nursing Manager, presented surveyors with certificates and gifts wrapped with love from all staff .

In her closing remarks, Dr Hurst made all staff present, realise the value of being part of the Addington family. "We are a unified cohesive team"... and "you've trusted me and supported me". This is a powerful message which made members of staff realise that some leaders derive their strengths from the cooperation and support of a dedicated team of his or her followers, and that is the essence of teamwork, which is a product of a leader who inspires enthusiasm, rather than fear in his / her team.

Survey is over. Where to from now?
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Above: COHSASA surveyors thrilled as they received certificates of appreciation from Matron Chinniah.

Catching memories of our own Health Awareness Day

Just like we did last year, the Attraction and Retention of Talented Staff (ARTS) team as one of our strategic projects, successfully hosted another Health Awareness Day in September 29, 2004. The turn up (according to Mr S Govender, the Project Manager) "was impressive, with a number of private businesses having taken the opportunity to alert staff on matters of health, but also went on as far as promoting their products to staff". Asked about the purpose of the event Mr Govender said that the aim of this important event



Wow! The Beauty of Addington's Physio Department.

attention to the Prevention and Management of lifestyle diseases, for example, Hypertension, Diabetes, etc.

It was the survival of the fittest, as various departments set up stands for the judges to select the best stand or poster. "We also launched a programme on Weight loss, which saw 36 staff, participating in the programme", Mr Govender said.



was to draw staff. The success of this programme can be measured by the new looks these ladies have earned. In addition, ARTS has now initiated another programme, called the **Weight Gain** program. As the name implies, all those who would like to gain more to shape up those figures will be suitable for this programme. In conclusion, Mr Govender thanked the famous Maintenance Department for its work in helping set up the Hall, and every participant who made this day a success.



Above: A combination of Occupational Health and Sinthando was a perfect match.

Below left: Radiotherapy and Oncology stand.



Winners were presented with trophies and gifts. Seen here is the Medical Manager, Dr DK Naidoo presenting a trophy to one of the winners, Ishana of Dietitics, while at the back Mr Govender looks on.

Below: Dr Naidoo handing over trophies.



The judges of the Day were Mrs Sissing (front), from Addington's College of Nursing, Mrs Sosibo, Nursing Manager Clairwood Hos pital (middle), Dr Mnaka Mkhwanazi from King Edward College Nursing.

Finally the results were announced: Physiotherapy, Oncology and Psychology departments walked away with great prizes.

Addington and COHSASA Accreditation (from page 1)

Where to from now? Documents containing findings by the COHSASA Surveyors will now be taken to COHSASA Data Department for processing. In about six weeks, the documents will be sent back to the surveyors, who will in turn recheck the information, and then send the information to the Head Office of the Health department. After three weeks, the documents will be sent to Addington Hospital for comments, and provide feedback to COHSASA. Finally the report will be sent to COHSASA Technical Committee which will make the recommendation to COHSASA Board on accreditation status.

It was clear from the briefing given by the surveyors that we have all that it takes to win the Accreditation again . "Your QIPs are a first class... just the way you have put them together", said Prof. De Groot. Dr J Hurst indicated that one "unique thing that the surveyors found about us is the strong clinical participation".



Seen here are the members of the Accreditation Steering Committee, in their last day of preparation for the survey.

ABET class-"...seizing the opportunity to better our lives", students say.

The empowerment of those who had missed the opportunity to education is taking place at Addington Hospital. A class of 45 elders have rolled up their sleeves and charged forward towards their own enlightenment. These students who are in their mid 40's and 50's have acceded to the national call of "Education for All", thereby (as many of them would say) "seizing the opportunity to better our lives". The group hopes to achieve high marks in the coming exams. Both levels

1& 4 expressed their thanks to the hospital management, and their supervisors for allowing them an opportunity to attend these lectures. Asked where to, from ABET, many of them see themselves occupying top positions on completion of their studies, while some would like to go on to college and study further.

"Although we are experiencing problems owing to our age, we are determined to get there", said one of the students.



Maximum Security Measures on Site

The revitalisation of security measures in the hospital resulted in the appointment of a new security company called, Community Based Security (CBS). The staff is currently undergoing training and orientation under the direct supervision of Mr Le Cordier and Nick Meyer, the Manager and Assistant of the hospital's security department.



The People

A baby girl is born
Congratulations to Tracy van Niekerk of the X-Ray dept.

A Warm Welcome to Ms Sebe Zulu who has just joined the X-Ray Dept. Wishing you a Happy stay at Addington.

Welcome to Hlengiwe Nojjeza, a new member of the General Orderly Team.

Condolences:

Dr Muriel Richter, a long standing member of the Addington Hospital Board passed away on 02 November 2004. She was a vital member of the Board, campaigning for the Hospital and the patients, and will be sorely missed.

Notice! Notice! Notice!

A request is being made to all staff who speak any foreign language, (including African), and who are prepared to be called upon to translate between patients and doctors, and nurses when the need arises. If you happen to be that person, please provide the Public Relations Unit with the following details:

Name , Language spoken, Department in which you are employed, your telephone extension number.

The request is as a result of the growing number of foreign nationals accessing our services.



Our own arms of protection, Mr Le Cordier(left), the Head of security with Nick Meyer the Assistant Head of security.

Mr LeCordier boasts of maximum security of our premises, and thus commented that, “ we are now able to focus fully on previously neglected areas, and random visits and checks in certain departments have improved. With six



members per shift internally, our access points are well managed by the CBS security personnel”.

The security section appeals to all staff and patients to cooperate with them in their daily work and promise to continue to provide a safe environment for all.