



Siyakhuluma

NEWS

January - March 2024

STAY UPDATED

Stakeholders engage through dialogue to prevent Teenage Pregnancy



Sekusile High School learners engaging on health education through images

A majuba District Health school outreach team in partnership with Aurum and HST participated through a dialogue session that was targeting Sekusile High School, grade 8 and 11 learners.

Teenage pregnancy among school girls does not only increase the number of unplanned pregnancies but results in deaths, shattered dreams, poverty and emotional problems. However this is not merely a gender specific problem.

February marked as teenage pregnancy awareness month, is a solemn reminder of the pressing issue that plagues our society.

Dialogue sessions covered the following topics;

- Teenage pregnancy and Contraceptives.
- Mental health case finding and linkage.
- TB Awareness
- Community experience of

the health services.

The group leaders took turns and reported back about their discussions. Youth friendly services and free access to healthcare services also contributes significantly to promotion of preventive measures such as contraception education, access to family planning services and availability of contraceptive methods.

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Smoking harms nearly every organ of the body

Smoking harms nearly every organ of the body

- ◆ Tobacco in all its forms including snuff, hubbly bubbly and electronic cigarettes is harmful to health.
- ◆ Tobacco kills 25 700 South Africans each year as a result of direct use and non-smokers being exposed to second-hand smoke,
- ◆ Cigarette smoking harms nearly every organ of the body, causes many diseases and non-smokers and reduces health of smokers.
- ◆ Tobacco is a major cause of non-communicable diseases (NCDs) like cancer, lung disease, diabetes and heart disease.
- ◆ Tobacco delays recovery from Covid-19
- ◆ Smoking weakens the body immune system, thus increasing the chances of smokers to contract TB and it lowers the response to TB treatment.
- ◆ HIV– positive smokers have a greater risk of lung cancer than other smokers.
- ◆ Smoking reduces the effectiveness of anti HIV treatment drugs (ARVs)
- ◆ Second-hand smoke causes many diseases including stroke, lung cancers and coronary heart diseases in adults.

Electronic cigarettes

- ◆ Electronic cigarettes are harmful to health and have been linked to severe health conditions, including cancers, lung and heart diseases, chest pains , asthma , and high risk of stroke.
- ◆ The risk of respiratory problems caused by e-cigarette and tobacco use are linked worsening COVID-19 outcomes including death.
- ◆ Children and adolescents who start using Electronic cigarettes are more likely to progress to smoking tobacco products.
- ◆ Nicotine exposure during adolescence can harm brain development , including the parts of the brain that control attention, learning , mood and impulse control.

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Ixoxwa Ngezithombe



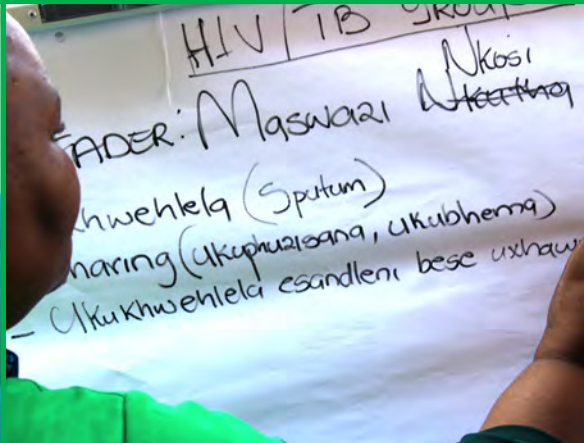
Learners accessing health services



Mrs S Seethal talking about TB



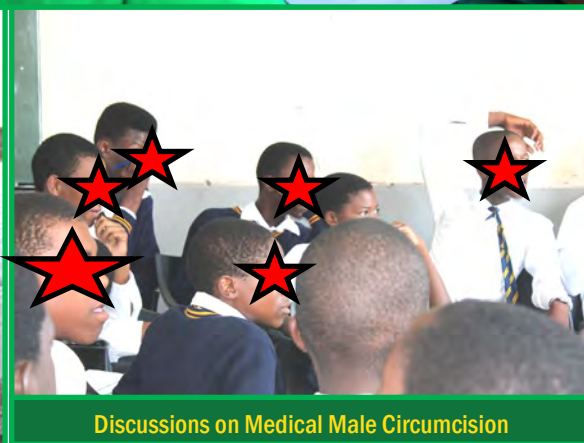
Zamantungwa Khumalo educating Impala High School learners about contraceptives



Q & A session



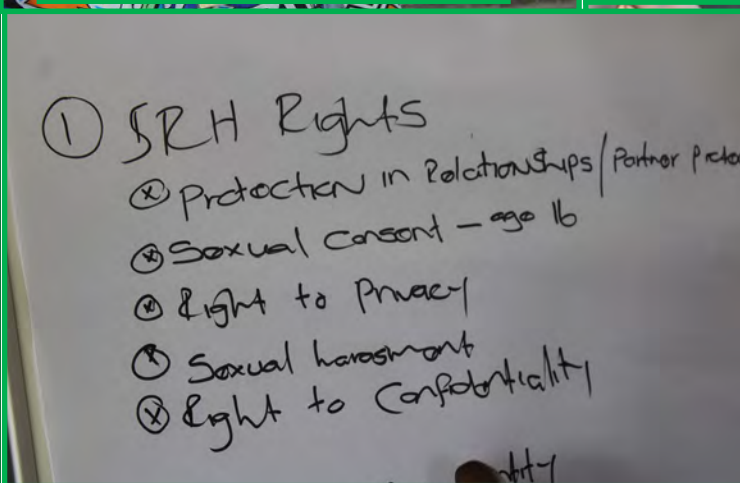
Mrs Z Ntombela, OM of Madadeni Clinic 7



Discussions on Medical Male Circumcision



Mr B Nxumalo talking about MMC



Mr Sanele Madida



School Activation at Sekusile High School



Sister Lihle Simelane



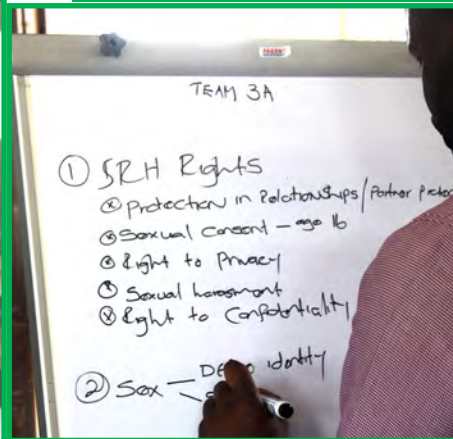
Mr VM Mkhonza Sekusile principal



Mr T Khomola



Mrs KB Moloi allocating responsibilities to the commissions



Mr N Mbatha during Q & A session



Aurum health worker attending a client



Health card games



Health card games



Stakeholders



Substance abuse discussions



Outreach health nurses facilitating health images



Umsebenzi omuhle uyanconywa

👏,nami iam a big fan 😊 just had to share 🙌

View post



MNDOZO OSIZWENI WARD 7 TO WARD 33 NN

Sbonokuhle Zwane · 16h · 🌐

Ngithanda ukuthatha ithuba
ngincome I Niemeyer hospitals yase
Utrecht kuyasetshenzwa laphana ayi

04



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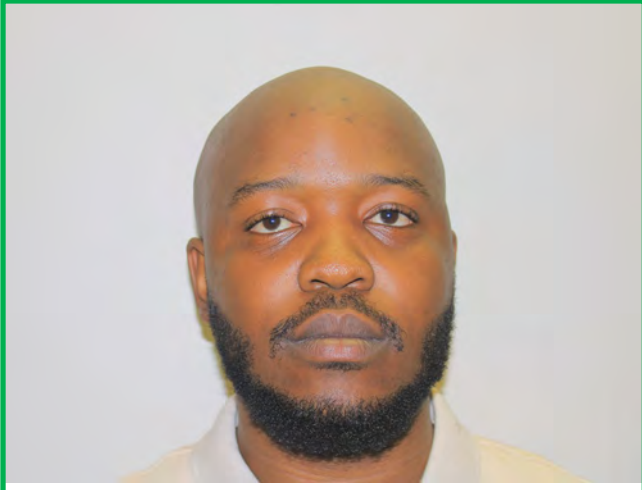
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STAFF APPOINTMENTS



Mr Vusumuzi Miya : Finance In- serve



Dr Sibusiso Mhlongo (Psychologist)



Miss Sibongile Khuzwayo- Finance in serve



Miss Samukelisiwe Mjijako : HR In -Serve



Miss Thobile Zondo : Finance In serve



Miss Buhle Mhlongo Finance In serve



STAFF APPOINTMENTS



Miss Zamokuhle Vilakazi : SCM In serve



Miss April Mthembu—HR intern



Mr T Khomola -Deputy Director : Clinical & Programmes

Siyabonga S Mbanjwa : CDC Coordinator

Andile CP Nyandeni : Human Resource Officer



ACKNOWLEDGEMENTS

EDITORIAL TEAM

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