



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# BENEDICTINE HOSPITAL INSENGWAKAZI NEWSLETTER

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IT,S A WONDERFUL DAY OH YES, THE QUADRUPLETS GO HOME! INDEED CHILDREN ARE A BLESSING FROM GOD, 27 YEAR OLD MOTHER OF QUADRUPLETS TESTIFIES TO THAT



**THE** BIRTH OF QUADRUPLETS ON THE 13 SEPTEMBER 2015 , WAS INDEED A GREAT MIRACLE . THE 4 BABIES AND THE MOTHER HAVE BEEN TO HOSPITAL SINCE THEIR ARRIVAL. THE QUADRUPLETS HAVE BEEN LOOKED AFTER BY THE MARTENITY STAFF, AND ENSURED THAT THEY ARE GAINING WEIGHT AND THEY ARE GROWING. THE QUADRUPLETS RECEIVED ATTENTION FROM ALL OVER KZN AND GAUTENG. PEOPLE WERE SHOWING THEIR KIND GESTURES BY DONATING BLANKETS, TOILETRIES FOR THE BABIES, FOOD FOR THE MOTHER, WASHING POWDERS, NAPPIES, PREMS, RECEIVING BLANKETS, ETC. THE HOSPITAL STAFF ALSO CONTRIBUTED MONIES , CLOTHING FOR THE BABIES, BLANKETS, WE ACKNOWLEDGE ALL DONATIONS RECEIVED. SEE MORE PICTURES ON PG 3

## CEO'S DESK



MRS G.T SHAMASE– HOSPITAL CEO

The management would like to take this opportunity to thank the staff and patients for their perseverance during the water crisis affecting Nongoma sub-district. It has not been easy at all but there is light at the end of the tunnel. We need your prayers so when the drilling and installation of a borehole is made we get water that will bring the 12 month, suffering to an end.

Our gratitude goes to the hospital board that has been very supportive throughout the year. Doctors recruited from the first world stayed the length of their contracts and rendered quality patient care without complaining we thank you for understanding.

Commitment displayed by all managers and supervisors in ensuring good service delivery did not go unnoticed.

Working with the traditional healers, faith healers and Izangoma in reducing deaths of the under five children from malnutrition was exciting and brought hope to all

Wishing you all the best during the festive season!

# THE JOURNEY OF THE QUADRUPLETS



MIDWIVES WITH THE MOTHER OF THE QUARUPLETS AND THE CEO



QUADROPLETS IN THEIR CRIB AFTER BIRTH



QUADRUPLETS AND THEIR MOTHER RETURNING FROM N.P.A



MOTHER OF THE QUADROPLETS AND NUSERY STAFF PREPARING TO GO HOME



MOTHER OF THE QUADROPLETS WITH THE DONATIONS RECEIVED FROM HOSPITAL STAFF AND INDIVIUALS AROUND KZN AND PRETORIA



THE QUADRUPLETS ARRIVED AT HOME TRANSPORTED BY EMRS BUS ACCOMPANIED BY MARTENITY STAFF

## QUALITY IMPROVEMENT , HEALTH CARE RISK WASTE COLLECTION CAR



BENEDICTINE HOSPITAL RECEIVED THIS NEW VEHICLE SPECIALLY DESIGNED FOR THE COLLECTION OF HEALTH CARE RISK WASTE. THIS WAS AN QUALITY IMPROVEMENT ACHIEVEMENT FOR WASTE MANEGEMENT AS WE WERE USING GOVERNMENT VANS TO COLLECT WASTE IN CLINICS AND HOSPITAL. THE CAR IS DESIGNED IN A WAY THAT IT HAS A STORAGE SPACE , AND THE STORAGE IS CONSTRUCTED USING STAINLESS STEEL MATERIAL , AND THERE IS A FUNCTIONAL DRAINAGE SYSTEM AS SHOWN IN THE PICTURE. THE VEHICLE TRANSPORTS HEALTH CARE RISK WASTE, USED NEEDLES AND INFECTIOUS HEALTH CARE RISK WASTE FROM THE HOSPITAL AND CLINICS

## BREAST FEEDING WEEK AT BENEDICTINE



DIETICIAN ADDRESSING STAFF ON THE IMPORTANCE OF BREAST MILK



STAFF SINGING SONGS OF BREAST FEEDING



BENEDICTINE STAFF SENSITIZING COMMUNITY ON THE IMPORTANCE OF BREAST MILK



STAFF MARCHING TO CANAAN COMMUNITY CREATING AWARENESS

ON THE 1-7 AUGUST IT WAS A BREASTFEEDING WEEK, THIS WAS AIMED AT SENSITISING PREGNANT MOTHERS, BREASTFEEDING MOTHERS, AND MOTHERS WITH CHILDREN ON THE IMPORTANCE OF BREASTMILK. THE MRCH WAS ORGANIZED BY OUR DIETICIAN MISS MBATHA, AND SR J MATHENJWA WHO ARE (MBFI) TRAINERS. ON THE 6/07/2015 THE ORGANIZERS WENT TO NONGOMA FM TO CREATE AWARENESS TO THE COMMUNITY OF NONGOMA AND A SHORT DRAMA WAS PALYED ON AIR WITH THE EMPHASIS ON THE IMPORTANCE OF BREASTFEEDING. THERE WAS ALSO A QUESTION AND ANSWER TIME FROM THE MEMBERS OF NONGOMA COMMUNITY .. ON THE 7/11/2015 THE DIETICIAN AND SR MATHENJWA ORGANIZED A BREAST FEEDING MARCH WHICH STARTED IN THE HOSPITAL ASSEMBLY POINT AND ENDED UP AT CANNAN AREA. THE DIETICIAN ADRESSED STAFF ABOUT THE BENEFITS OF BREASTFEEDING WITH THE EMPHASIS ON THE SUPPORT OF BREAST FEEDING WOMAN IN THE WORKPLACE. THE E.A.P PRACTIITIONER ALSO JOINED IN TO THE CAMPAIGN IN SUPPORT OF STAFF BREASTGFEEDING AND MARKETING THE SERVICES OF THE E.A.P TO EMPLOYEES. THE DAY WAS A SUCCESS

## **CELEBRATING WOMENS DAY IN A DIFFERENT STYLE, PHAMBILI MBOKODO, YASE BENEDICTINE PHAMBILI!!**

9 AUGUST 1956 IS THE HISTORIC EVENT WHERE STRUGGLE FOR FREEDOM AND WOMENS RIGHTS IN SOUTH AFRICA TOOK PLACE. IT WAS MORE THAN 20 000 WOMEN OF DIFFERENT RACES MARCHED TO UNION BUILDINGS TO DELIVER PETITIONS AGAINST THE CARRYING OF PASSES. THIS WAS A DEFINITE TURNING POINT IN THE ROLE OF A WOMEN IN THE STRUGGLE TOWARDS A NON-RACIAL AND NON-SEXIST SOUTH ARRICA.

E.A.P OFFICE WORKING WITH THE EVENTS COMMITTEE PLANNED THE EVENT TO CELEBRATE THE ROLE OF WOMEN IN THE LIBERATION STRUGGLE,. THE AIM OF THE EVENT WAS TO MOTIVATE WOMEN IN THE WORKPLACE, CREATE AWARENESS, ENCOURAGE POSITIVE LIVING , TO EMPOWER WOMEN TO KNOW THEIR STRENGTH AND WHO THEY ARE. THE EVENT WAS FULL OF ACTIVITIES AS THERE WERE MANICURES AND MASSAGES DONE , MOTIVATIONAL TALKS AND HEALTH WERE DONE. FASHION DESIGNERS SHOWCASED THEIR ATTIRES, AND GAVE TIPS TO WOMEN ON HOW TO DRESS APPROPRIATELY AND FEEL CONFIDENT, THERE WAS ALSO ENTERTAINMENT FROM VARIOUS ARTISTS AROUND NONGOMA . HEALTHY LIVING WAS ALSO ENCOURAGED AND THE PHYSIOTHERAPIST SHARED SOME EXERCISES YOU CAN DO AT HOME WHILST DOING HOUSE CHORES.. DRESS CODE WAS RED AND BLACK SEE PICTURES BELOW

### **HOSPITAL EVENTS COMMITTEE**



### **CEO WITH THE STAFF ENJOYING THE MUSIC**



# IXOXWA NGEZITHOMBE BAKWETHU!!!



## FAREWELL FUNCTION FOR EX-NURSING MANAGER— MRS A NONDIZE, TILL WE MEET AGAIN



ON THE 5 AUGUST 2015 BENEDICTINE HOSPITAL STAFF AND CLINICS BIDDED FAREWELL TO MRS A NONDIZE. HER LAST DAY WAS ON THE 31 July 2015. NURSING STAFF THANKED MRS NONDIZE FOR HER CONTRIBUTION SHE HAS MADE TOWARDS THEIR SKILLS DEVELOPMENTS, CHANGING NEGATIVE ATTITUDES INTO POSITIVE, THE TRANSFORMATION SHE CAME WITH IN TAKING NURSING PROFESSION TO HIGHER HEIGHTS, THE RESPECT SHE HAS SHOWN TO HER NURSING MANEGEMENT AND STAFF, GOOD LEADERSHIP QUALITIES SHE HAS POTRAYED IN THE NURSING PROFFESION. MRS NONDIZE HAD EXCELLENT COMMUNIICATION SKILLS AND SHE WAS A CARING PERSON . IT WAS A VERY SAD MOMENT FOR THE STAFF BECAUSE SHE WAS EVERYONES FRIEND IN THE HOSPITAL . WE WISH MRS NODIZE ALL THE BEST IN HER FUTURE ENDERVOUS!!!!



## MEET OUR NEW NURSING MANAGER



MRS P.S MCHUNU- NURSING MANAGER



Mrs Patricia Mchunu is no stranger to Benedictine hospital . She has been working as monitoring and evaluation unit as the M&E supervising Data management and information in the hospital. She has been now promoted to head the nursing management unit. Benedictine management congratulates her on her achievement and wishing her all the best

## OPD STAFF EXCELL IN TREATING CLIENTS WITH RESPECT AND CONSIDERATION



OPD WAS THE UNIT WITH MANY COMPLAINTS. THEY WERE MOSTLY BAD STAFF ATTITUDES . AS PART OF THE QUALITY IMPROVEMENT ON THE COMPLAINTS RAISED BY OUR PUBLIC , THE HOSPITAL MANEGEMENT TOOK IT UPON THEMSELVES TO RECTIFY THE SITUATION AT OPD AND CHANGE THE WAY THE PUBLIC SEES IT. THE HOSPITAL CEO MADE A DEAL WITH THE OPD STAFF THAT IN SIX MONTHS IF THERE ARE NO NEGATIVE COMPLAINTS FROM OPD THEY WILL BE AWARDED A CERTIFICATE . INDEED THE OPD STAFF CHANGED THEIR ATTITUDES , AND STARTED TO TREAT PATIENTS WITH RESPECT AND DIGNITY, AND THE UNIT HAS BEEN TRANSFORMED SINCE THEN. AFTER MANEGEMENT SAW IMPROVEMENT THROUGH CLIENT SURVEY S CONDUCTED MANEGEMENT DECIDED TO MOTIVATE THE STAFF TO CONTINUE SHOWING COURTESY TO CLIENTS BY AWARDING CERTIFICATES TO THE UNIT. THE EVENT TOOK PLAC E ON THE 22 OCTOBER 2015

**I.P.C HAND WASH CAMPAIGN AT BENEDICTINE**  
**THEME: CLEAN IS SAFER CARE PROGRAMME “NO**  
**ACTION TODAY NO CURE TOMMORROW”**

ON THE 5 MAY 2015 IT WAS THE GLOBAL HAND WASH DAY AND BENEDICTINE HOSPITAL TOOK A STEP IN PARTICIPATING ON THE HAND WASH CAMPAIGN. THIS WAS TO RAISE AWARENESS AMONGST THE HOSPITALA STAFF AND COMMUNITY OF NONGOMA. ALL DERPATMENTS WERE INVITED TO PARTICIPATE IN THE EVENT TO KICK OFF THE ADVOCACY OF MAKING HAND-WASHING WITH SOAPS A TO DAY IMPORTANT HABIT. IT WAS ENOURAGED THAT HAND HYGIENE AT RIGHT TIME S SAVES LIVES. THE STAFF PARTICIPATED TO THIS CAMPIAGN AND THE CEO WAS AMONGST THE STAFF DOING HAND WASH . THE COMMUNITY OF NONGOMA SHOWED INTEREST AND PARTICIPATED IN THE 12 STEPS OF HAND WASHING. EVERY STAFF IN THE HOSPITAL PRACTISED THE 12 STEPS OF HAND WASH



**KUGUJWA USUKU LWAMASIKO**  
**NEZITHETHE E BENEDICTINE HOSPITAL**



“GABI, GABI, GABI, SOBAGA-  
 BISELA, SOBASHAYA NGEN-  
 GOMA”

**HE BE USUSTHU, HE BE USUTHU, BABENGAPHI? BABENGAPHA  
 THINA SINGAPHA X2. ABASEBENZI BASE-BENEDICTINE BABE-  
 VUNULE BECONSA NGOMHLA KA 25 SEPTEMBER 2015. KWA-  
 KUSINWA , KUGUJWA USUKU LWAMASIKO NEZITHETHE ZAK-  
 WANTU. ABASEBENZI BABECOBELANA NGOLWAZI LOKU-  
 BALULEKA KOKUZAZI LA UPHUMA KHONA NEMVELAPHI  
 YETHU. UYAZIBONELA NAWA EZITHOMBENI**

YOU CAN CONTACT US @ BENEDICTINE HOSPITAL, VRYHIED MAIN RD, P.O BOX 5007, NONGOMA 3950,  
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 FOR ANY SUGGESTIONS , COMPLIMENTS, COMMENTS OR QUERIES PLEASE DO NOT HESITATE TO CONTACT THE OFFICE OF THE PRO –MRS N ZULU SHE WILL GLADLY ASSIST YOU

**HLOLA MANJE TB,HCT CAMPAIGN A SUCCESS IN NONGOMA TOWN ON THE 16 SEPTEMBER 2015,**



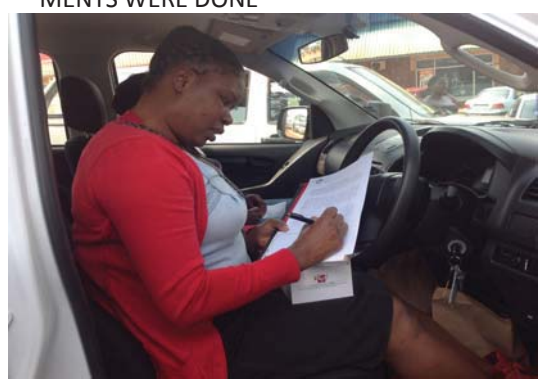
PHC STAFF TREATING CLIENTS



SCREENING OF TB, HCT, MINOR AILMENTS WERE DONE



COMMUNITY OF NONGOMA CAME IN NUMBERS



HIV COUNSELLOR DOING HCT

BEST WISHES TO ALL THE BENEDITINE HOSPITAL STAFF AND CLINICS , MAY YOU ENJOY THE HOLIDAYS WITH YOUR FAMILIES IN PEACE , AND REMBER THAT A SAVIOUR IS BORN , AND DRIVE SAFELY HOME THOSE WHO WILL BE TAKING JOURNEY, AND TO OUR PATIENTS WE WOULD LIKE TO WISH THEM SPEEDLY RECOVERY .

