health
Department:
Health
PROVINCE OF KWAZULU-NATAL

BENEDICTINE HOSPITAL

INSENGWAKAZI NEWSLETTER

NEWS

STAY INFORMED

10 October 2016

KUVULWA UMTHOLAMPILO WASO SUTHU

ISilo Samabandla onke evula ngokusemthethweni umtholampilo wasoSuthu zi 08/09/2016. Ingonyama Iphelezelwe yi Ndlunkulu T.J Zulu.

Ungangezwe lakhe ephelezelwa Ngungqongqoshe weze mpilo Kwa Zulu Natal, u Dokotela U Dhlomo , wu Ndlunkulu weSilo T.J Zulu , Umhlonishwa Imeya yaKwaNongoma. Ukhansela S.C Mathaba, Kanye nomphathi womtholampilo D.A Nsele .

Opening of Usuthu clinic ...
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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

Kuvulwa umtholampilo wasoSuthu

Isilo SamaBandla sinikezwa isitifiketi sokubongwa nge ndima ayidlalile ekugqugquzeleni ezokusoka kwi sifundaze sase KZN.

Ithimba lezempilo lasesiBhedlela lalikhona lisebenza Nethimaba lakwa HST likhona ukuzosinikeza inxaso

Ungqongqoshe wezempilo ekhuluma nompha kathi wasoSuthu

Umphakathi wawuphume ngobuningi bawo uzozibonela mathupha

Ngomhla ka 8 August 2016 Isilo SamaBandla I Nkosi Goodwill Zwelithini e phelekezelwa ngu Ngqongqoshe wezempilo uDokotela u Sibongiseni Dhlomo ukuzovula ikliniki yasoSuthu ephansi kwe wadi 15 KuMasipala uNongoma. Leli kliniki libona abantu abawu 11595. Ikliniki Usuthu liseduze ne sigodlo sase Nyokeni futhi lise duzane nesiBhedlela I Benedictine. Ikliiniki laso Suthu linogesi namanzi futhi lakhiwe ngendlela yesimanje. Isilo samaBandla sayala ulusha lwasoSuthu uba liziqoqe futhi liziphathe kahle ngoba leli Kliiniki lizokubasiza ukuba bazi kangcono ngokwempiilo . Ungqongqoshe wezempilo ubese ebonga Ungangezwe lakhe nge nxaso ahlezi eyinikeza ezempilo, konke kwahamba kahle ngoba noMphakathi wasoSuthu namaphethelo wawuphume ngobuningi bawo uzothamela lomcimbi..

PHARMACY WEEK WITH THE THEME "USE MEDICATION SAFELY"

On the 5th to the 9th September 2016 Pharmacy Department hosted pharmacy week. The aim of that campaign was to create awareness to clients on the importance of taking medication correctly. This is the way of educating and informing our community about pharmacy. The patients were educated on why it is important to take their medication. The pharmacy staff under the leadership of the Pharmacist Manger—Miss Nala did health talk to clients at OPD , ARV clinic , and in surrounding schools. The event was a success.

BENEDICTINE HOSPITAL CELEBRATES MANDELA DAY

Hospital Ceo, with OSS Co-coordinator , ANM –OPD, PHC Supervisor

Hospital Ceo, with OSS Co-ordinator , ANM –OPD, PHC Supervisor handing over milk to the grandmother.

On the 18 of July 2016, Benedictine Hospital celebrated their 67 minutes of Mandela Day at KwaBumba area in ward 5 . They visited the Nkosi family , where there is a pensioner who is looking after 8 grandchildren . The mobile team identified this family when they discovered that there was a baby who lost her mother after 14 days after delivery and the father of the child is not known. The PHC mobile team saw that the baby was not getting sufficient formula milk from the grandmother, as she has many grandchildren to look after so PHC team came together and donated for this family formula milk and clothes from their pockets. The child was referred to Department of Social Development for further social assistance.

NDLOZANE CLINIC YOUTH FRIENDLY SERVICE LAUNCH

PHC Manager with clinic committee and officials from various Departments

OM– Ndlozane Clinic talking to young people

OM– Buxedene clinic motivating young people

Young people showcasing talents on music

Youth at Ndlozane clinic came to support the launch

On the 30 of June 2016, Ndlozane clinic launched Youth Friendly services. The aim is to zoom in to young especially those who are sexually active , they also need top access to a variety of reproductive health and HIV services . Ndlozane clinic introduced a "a Happy Hour" to the youth of Ndlozane. They had speakers from Love Life, OM,s from various clinics, and officials from various Departments and NGO,s. The youth was given information on career guidance, importance of knowing one,s health stafus, and to motivate them to study hard so as to succeed in life. They were also encouraged to live a healthy lifestyle, by involving themselves in sporting activities in the area. The youth of Ndlozane came in numbers to support the launch . The OM at Ndlozane clinic thanked all stakeholders who supported and made this event a success. There were youthful activities happening on the day and information sharing.

SOVANE CLINIC HOSTS CAREER EXPO 2016– WITH THE THEME “INKUNZI ISEMATHOLENI”

The slogan for youth friendly services slogan was displayed at the gate

The dignitaries were escorted by drum majorettes from Sovane Primary School

Main Table : Nongoma FM presenters , and Love Life manager , PHC Manager.

Mrs Zulu , community member opening with a prayer

Nongoma FM presenters motivating Sovane youth, on importance of Education and making right choices in life

The community of Sovane came in numbers to support the youth event

Young people showcasing their music talent

Sovane Clinic Event Continues!!- "INKUNZI ISE MATHOLENI"

PHC Manager shared the purpose of the event

Sovane Clinic OM sitting with PHC staff

Sovane youth Role playing a story on the consequences of parents not observing childrens rights

Sovane youth awarded with certificates of attendance during "Happy Hour"

Traditional dance was performed by children from Sovane primary school

Nongoma Love life Manger was the Guest Speaker for the day

On the 5 October 2016 Sovane Clinic organized a careers Expo . This event was organized by the clinic staff , clinic committee and the yout h in Sovane. The aim for the event was to motivate young people to love education as it is the key to success. The youth was taught on various careers they can choose from There was also a young person from the area who is a Teacher by profession and he is graduate , he told young people that they must have goals in life and your background does not determine your future. Young people were motivated and appreciated the knowledge that has been given to them .

MASSIVE M.M.C CAMPAIGN A SUCCESS IN BENEDICTINE HOSPITAL

Odokotela noNesi besoka abesilisa

Izingane zesikole ezazizosoka

Ingane zeskole zaziphume ngobuningi bazo zizosoka

Abesilisa Belindele ukusokwa

Umkhankaso wokusokwa kwabantu besilisa {MMC} owaqala ngezi 12/09/2016 kuya 16/09/2016.lomkhankaso lapho abesilisa bebephume ngobuningi babo nokulapho isibhedlela sethu Benedictine hospital yasoka abesilisa ababalelwa ema 211 okujabulisa kakhulu ukungatholi izikhalazo ngabasokwa kodwa kube yizincomo zodwa lokho okufakazelwa nayithimba lo dokotela nabasebenzi bethu abasezingeni eliphezulu ngokuqeqeshelwa ukusokwa kwabantu besilisa.lomkhankaso waba yimpumelelo konke kwenzeka ngendlela neyaba impumelelo enkulu

Nokumanje basanxuswa abesilisa ukuba baqhubeke nokusoka.

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

BIG UP!HLOLA MANJE CAMPAIGN 2016

Amalunga ompakathi abeyinxenye yoku hlola izifo kulo mkhankaso ka hlolamanje obuqhubeka esikhungweni samatekisi akwaNongoma.

Ithimba lase Zululand District Office, liphume ukuzoxhasa lomkhankaso

Abakwa HST babekhona ukuzolekelela.,

Abahlengikazi bebephume ngezinkani ukuyoqinisekisa ukuthi umkhankaso ka hlolamanje uqhubeka ngempumelelo.

Uqhubeke ngenkulu impumelelo umkhankaso kahlolamanje lapho umphakathi wakwanongoma ubuphume ngobuningi ukuzohlolela izifo ezahlukahlukene inhloso yalo mkhankaso ka hlolamanje wukulekelela umphakathi ekutheni wazi kabanzi ngesimo sezimpilo zawo yingakhoke isibhedlela sethu I Benedictine Hospital iziyele mathupha empakathini edolobheni lakwa Nongoma esikhungweni samatekisi. Umphakathi ulijabulelile leli thuba lalo mkhankaso nokujabulise kakhulu inani lomphakathi ebelihlolea isandulela ngculazi ne ngculazi uqobo {HIV&AIDS}. Isi bhedlela sisebenzisane ngokukhulu ukubambisana nenkampani ezimele u Health System Trust {HST} Kulo mkhankaso.

Team Building– Benedictine Staff Celebrating their Birthdays

Team building is important in an organization as it forms part of employee wellness in the workplace. And it is a way of motivating employees , promotes creativity, improves open communication among employees, breaks the barriers and develops problem solving skills. In the month of August 2016 and September 2016 we celebrated birthdays for Phumeza-HRO, Mr Xulu– Laundry Manager, Zethembe– HRO, Nombuyekezo-PRO.

HEALTHY LIFESTYLE AND SPORTS

Benedictine Netball team playing with Nkandla

Shapa !Benedictine Shapa!

Old mutual as a main sponsor for the event came to support the teams

The trophies that were won by netball and soccer team at Msinga

Benedictine Netball team after winning the trophy

Benedictine Hospital Soccer team after beating Ceza Hospital and Thulasizwe Hospital

Kube wuchungechunge ezinkundleni zemidlalo eMona Sport Ground lapho bekunezimidlalo ezehlukahlukene ebekungunobhuntshuzwayo, umnqakiswano, umdonsiswane wentambo Kanye nezivocavoce. Kwazise phela isiBhedlela sakwaNongoma besimeme izibhedlela ezahlukahlukene okubalwa Itshelejuba, Thulasizwe. Vryheld Kanye neNkandla lemidlalo ibe yimpumelelo enhle kakhulu nalapho kuqapheleke ukubambisana kubasebenzi bezempilo bejabulela llelisasa lezemidlalo lemidlalo ibinxaswe yinkampani yomshawalense yakwa Old Mutual isibhedlela sakwanongoma(Benedictine) ebholeni lezinyawo sidle umhlanganiso kwathi, isibhedlela saseVryheld ebholeni lomnqakiswano sahamba phambili sihlula Itshelejuba. Izinsizwa zasenkandla zizihudulele iBenedictine ngentambo kuwoMdonsiswano wentambo.

BREAST FEEDING WEEK 2016

Pampers staff was educating mothers on how to take care of babies when putting on a nappy and prevention of nappy rash

Miss Mtshali the dietician educating mothers on the importance of breast milk especially to the new born babies

A young mother breastfeeding her baby in the martenity ward

The nurses , ccg,s Dieticians, and hospital staff creating awareness on the street holding plagcards promoting breast feeding to the community

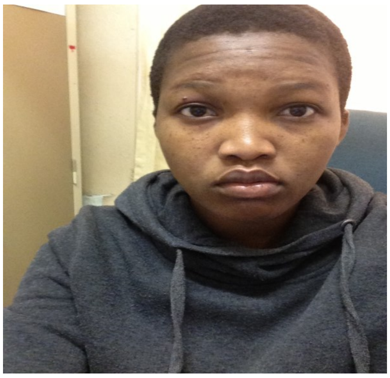
The nurses educating mothers on importance and advantages of breast milk at Queen Nolo-nolo clinic

The District Dietician supported our institution by organizing prizes for the Mothers who participated during the breastfeeding week . The babies were weighed and breastfed .

 # BREAST FEED YOUR BABY !

ACKNOWLEDGEMENTS

Nombuyekezo Zondo-Zulu
PRO
WRITER/DESIGNER



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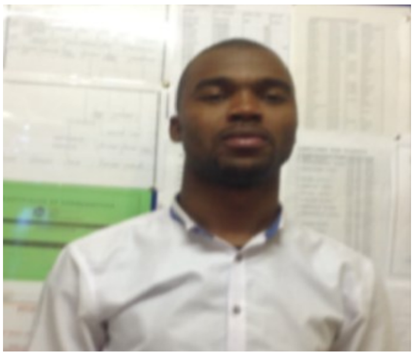

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