

# INSENGWAKAZI

## WORDS FROM THE MEDICAL MANAGER : Dr. MM MKHANYA

It is with great pleasure to write to you and it is almost the end of the first quarter of the calendar year.

Firstly I would like to welcome new staff members who have joined us in all departments and unfortunately time and space does not allow me to mention everybody in this article, nevertheless I would say we are privileged to have retained Dr Bhagat, Dr Budhoo, Dr Ntshangase and Dr Govender as medical officers in our institution. I would also like to thank Dr Khumalo, Dr Nkwanyana and Dr Ngidi for joining our medical staff. I would sadly bid farewell to all those who left us in different circumstances and we say their teaching, good deeds and hard work will remain as a glow in our minds whenever we are undertaking a challenge.

Homage should be bestowed to Mrs. Ngcobo, a pioneer, a worker, a mother, a nurse and great teacher and leader. LET PEACE BE UPON HER as we will carry her torch forward. On a lighter note Benedictine hospital has been given vote of confidence by district with the following :

1. To chair the district 26 ARV coordinating committee with Dr M.M. Makhanya as

chairperson.

2. To investigate assess prevailing condition and recruit staff for establishment of a TOP Termination of pregnancy facility which meets requirement according to the health act.



We would be glad if the public would involve themselves in discussions through their forums about this matter.

Thanks to the medical staff nursing counselor other supportive staff and most of all our client in ARV clinic to have gone so far during trying times and difficult circumstances.

On the 1st of April Empilweni Clinic must open its doors and its job. The ARV Task group with management will com-

municate with the public through forums and other forms of media as to this effect.

Nongoma clinic is also to start working as a gateway clinic for Benedictine as reality demands it. Management is aware of how greatly challenging this project is taking to account that it was

promised, rendered for building and even an amount of money was approved for but to no

avail. We are going to pursue the matter but in the meantime we are going to proceed with the project in any way capable.

Management request the staff and the public to be patient understanding and accommodating because if we do nothing about this project, we might loose it for health service purpose forever. We would be glad if you could write and communicate with us in any way so as to make our work better and improve quality of our services.

**Benedictine**

**Volume 1, Issue 4**

**“I HAD THE  
BLUES  
CAUSE I HAD  
NO SHOES  
UNTIL UPON  
THE STREET  
I MET A MAN  
WHO HAD  
NO FEET!”**

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## AWARDING OF PHARMACY ASSISTANT BASIC COURSE CERTIFICATES

On the 27th of January 2005 Dr LP Nel visited Benedictine Hospital. The main purpose of his visit was to issue Certificates to 5 staff members who completed a 18 months Pharmacist Assistant Basic Course.

Nel is the Regional Pharmacist / Assessor and Examiner. The recipients of the certificates were CC Mbatha, SP Nyawo, NE Nene ,BJE Mnguni and LT Mkhwanazi.

The Pharmacy Manager Ms N Nhleko and Management of the hospital were there to share the joyous day .



PHARMACY STAFF , PHARMACY MANAGER, MR NEL AND MEDICAL MANAGER

## HYPERTENTION, DIABETS MELLITUS AWARENESS DAY

On the 11th of February 2005 the multi disciplinary team, that includes the following disciplines, Eye sister, Professional nurses from Chronic section, PHC, Dietetics, Social work, and Physiotherapy section from Benedictine Hospital held an awareness campaign hosted at Hlengimpilo Clinic. The main focus was to create awareness about Hypertension (HPT), Diabetes Mellitus ( DM) and all the consequences that occurs due to these cpncomittants, as well as Elderly abuse. Each and every team member had to discuss his or her role with regards to the above. The event was successfully held on the 11th February

2005. Since our community at large is struck by a lot of problems we ended up incorporating HIV/AIDS, Living with disability, and Cognitive problems geriatrics face.



We got funding for he function from the District Office and got a tremendous support from the Hospital Management, and the transport was provided by the hospital. The function



was well attended by the community from the surrounding areas. The entertainment was provided by the Community Health Workers, Mpikana School—Scathamiya and traditional dance, Imbongi from CHW and traditional dance from local primary school.

Presents and food hampers were also given out on the day. After all the message was conveyed across, that appeared because for each and every price a person had to answer a specific question about the subject.

Report submitted by MS Mtshali

## ZOOM IN :FOOD SERVICES

I Spoke to Mrs. BP Ntanzi the Food services Manager and this what she had to say:

We have about 25 staff members and we serve about plus or minus 300 patients –we also have various diets e.g high protein for patients with tuber colossus and diabetic diet etc. we have staff who are skilled in preparing such meals.

Recently we have been joined by a dietician from ITSHELEJUBA hospital Zibuyile Ndamane which was an added bonus for this institution . Though we have problems with food warmers but we really try to keep the food warm by replanting of General ovens fetching food in bulk from the

kitchen and by the time they serve food is already cold .

We have food flow committee where



we discuss problems and progress made by the kitchen .



**MRS . NTANZI**  
**FOOD SERVICES MANAGER**

## WELCOMING OUR NEW CHAPLAIN

Management and staff of Benedictine hospital recently gathered to welcome their new chaplain Rev. Mathenjwa.

Rev will be servicing the hospital with emotional issues:

He reported that his duties are as follows:

Priority one—prevention of HIV / AIDS

1. Religious sector mobilization
2. To ensure that intervention and religious programmes are implemented ,strengthened and co-oriented in partnership with all health facilities and other stake holders within the destined district

3. To network with religious leaders and collect data-base of leaders.

Priority two —care and support

1. To render spiritual services to all health workers and clients.
2. To conduct spiritual upliftment programmes.



**MANAGENT AND STAFF**  
**WELCOMING**

3. **Comprehensive counseling .**

**Priority three—** Human rights

1. To advocate for the vulnerable groups .



**REV. MATHENJWA:**  
**BENEDICTINE HOSPITAL**  
**CHAPLAIN**

**Rev Mthenjwa is available on the Mondays and Wednesdays because on the other days he is based at Nkonjeni Hospital.**

## WORDS OF WISDOM

**UMA UMUNTU ENZA OKUHLE KUWE KULOBE EMATSHENI UKUZE KUNGAPHAZANYISWA YIZIVUNGUVUNGU. UMA UMUNTU ENZA OKUBI KUWE KUBHALE EZIHLABATHINI UKUZE KUPHESHULWE YIZI VUNGU VUNGU ZOZOLO!**

# ARV LATEST UPDATE

Inside Story  
Headline

## CONDOLENCES

According to the Benedictine data the ARV latest statistics are as follows;  
There are 50 males and 129 females who are currently on the ARV problem. There is one child who is currently on the programme.

- 7. TOTAL DISCORDANT 1
- 8. SCREENING TEST KITS USED 355
- 9. CONFIRMATORY TEST KITS USED 125

### VCT

- 1. SELF REFERRED 161
- 2. MEDICALLY 222
- 3. TOTAL TESTED 355
- 4. NOT TESTED 28
- 5. TESTED POSITIVE 125
- 6. TESTED NEGATIVE 230



MANAGEMENT WOULD LIKE TO PASS ITS SINCERE AND HEARTFELT CONDOLENCES TO THE FAMILIES , FRIENDS AND COLEAGUES OF THE FOLLOWING MEMBERS OF STAFF WHO HAVE PASSED AWAY.

- 1. NB NTSANGASE
- 2. BN MPANZA

THEY HAVE LEFT FOOT PRINTS IN OUR HAERTS WE WILL TAKE COMFORT IN KNOWING THAT THEY HAVE GONE TO A BETTER PLACE



... articles by accessing the ...

# ISIPHETHO ESIHLE SENDABA

Ngelinye lamalanga kuLwezi (November) ngonyaka odlule ngike ngavakashela ewodini lezingane ukuyothatha izithombe zewodi. Ekungeneni kwami amehlo ami athathwa inganyane enhle eyayilele embhedeni wezingane ngaze ngabuza kumphathi wewodi ukuthi ubani -ke lona omuhle kangaka . Umphathi wewodi wathi "umncanyana" utholiwe , akanabani .



kakhisimuzi esibhedlela. Nokho- ke kungekho engikakwenza ngalakho.

Kuthe ekuqaleni kwalonyaka ngambuza umphathi wasewodini lezingane ngomncanyana, wangitshela izindaba ezimnandi zokuthi umncanyane usezoba nekhaya , uzothathwa ngomunye wabasebenzi balesibhedlela nokuthi usenegama - ngu-ABENATHI

Impela kwangithinta ukuzwa ukuthi business. Sales figures or earnings

isipho esihle kangaka esivela kumdali asinabani, futhi uzochitha amaholide

# SPORTS UPDATE/EZEMIDLALO



Chairperson of sports and recreation NJN chonco, Captain, R Zulu and Vice Captain BP Mthethwa gave us the following report:

Benedictine attended the district tournament for soccer and netball. The soccer team went in as defending champions . They played 3 games . They won 2 and drew 1 which saw them to the finals. And they won by

two goals, which means they are still the reigning champions.

Unfortunately the netball team did not make it but "akulahlwa mbeleko ngakufelwa".



From L—R: R zulu Captain , NJN Chonco Chairperson and BP Mthethwa Vice Captain

The sports and recreation chairperson also thanked management and staff for their support and hoped that they keep on supporting them.

"keep up the good work

## FROM THE EDITOR'S DESK JUST THE WORDS OF INSPIRATION TO GET YOU THROUGH 2005

I think I need to get married. The problem is I keep forgetting how important he is to me. There was a time when I would not go out without him, when he inspired the things I did, when he made me look forward to a new day and brightened the cloudy ones.

There was a time when the days without him were very, very long and lonely.

But now I am not sure anymore. I don't treat him the way he deserves to be treated.

I know I need him, now more than ever. People, I need to get married to "HOPE". He is all I have to hold on to. Myself and millions around the world.

Watching television, reading the newspaper, listening to the radio half the time what you hear and see are sad stories of things that happen around us everyday—child abuse, rape, poverty, retrenchments, violation of human rights, street kids, AIDS and racism. What happened to all the feel good stories you used to read about in the papers? What hap-

pened to stories that used to inspire people?

Without hope a nation will not succeed. Ever since I could hear. Ever since my brain could process information, my mother has been saying "kuzolunga" - it will be fine. When a person loses a job, loses a loved one or discovers that they are infected with HIV, we always think it's the end of the world and we never try to see beyond that. There is a saying that goes "every happens for a reason"

Hope is anticipated expectation; you are poor, but there is an anticipation that you will be rich; you are lying in bed with a horrifying sickness but there is an anticipation, you will be well again.

Hope does not disappoint but it always lead to anticipation.

The problem is we do not appreciate good things that happen around us. We do not take note of the beautiful sun shining above us everyday or the moon that lights up the very dark night.

Good things happen all the time but

we just choose to ignore them. WE ALL NEED TO GET MARRIED TO HOPE



Here is hoping for the good year ahead of us. MAY YOU GODS KEEP BLESSING YOU AND YOU AND YOU!

## HOW TO REJECT REJECTIONS

### Inside Story

Dear Hiring Manager

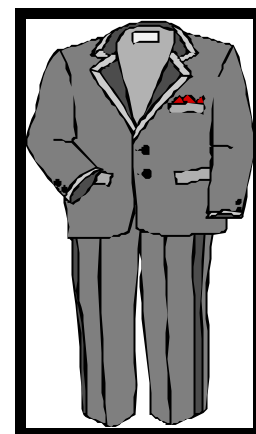
Thank you for your letter of March 16. After careful consideration, I regret to inform you that I am unable to accept your refusal to offer me a position in your department. This year I have been particularly fortunate in receiving an unusually large number of rejection letters. With such a varied and promising field of candidates,

Despite your companies' outstanding qualification and previous experience in rejecting applicants, I find that your rejection does not meet my needs at this time. Therefore, I will assume the position in your department this August. I look forward to seeing you then

Best of luck in rejecting future applicants.

Sincerely, Interviewee.

### Headline



## **EX— MINE WORKERS PROGRAMME**

Zingu 17 Kunhlolanja (February) 2005 , abamele izinlangangano zezi-mayini, izinyunyana , omnyango wezempiilo kanye nabaphathi basesibhedlela iBenedictine bahlangana ukuzoxoxa ngohlelo abaluhlongozayo elizobhekelela ikusasa labantu ababesebenza ezimayini asebehleli ezindaweni zasemakhaya .

Okwandulele lomhlangano ukubona izinga eliphezulu labantu bakwa Non-goma ababesebenza ezimayini abanye babo asebathatha umhlalaphansi naba dilizwa ngenxa yezi zathu ezithile.

Ngenxa yalokho babone kufanele ukuba banakekelwe njengesizwe.

Enye injongo yalomhlangano bekun-gubheka ukuthi iBenedictine inazo yini izidingongqangi zokubhekana naloluhlelo uma lugcina luphumelele.

Okunye okuxoxwe ngakho kulomhlan-gano ukuthi babalelwa ezinkulung-waneni ngezinkulungwane abantu ababe sebenza ezimayini asebe-fudukele ezindaweni zasemakhaya, abanye babo abanezifo ezidalwe ukusebenza kwabo emigodini



SOME OF THE REPRESENTATIVES FROM THE MINING INDUSTRY, UNIONS, DEPARTMENT OF HEALTH AND MANAGEMENT FROM BENEDICTINE HOSPITAL

