

BENEDICTINE HOSPITAL

INSENGWAKAZI NEWSLETTER

(July 2009)



HEALTH
KwaZulu-Natal



MEC FOR HEALTH in KZN VISIT BENEDICTINE HOSPITAL

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Mr. Luthuli from MEC office, MEC For health Dr. Dlomo, District Manger Mrs. Memela, Hospital CEO Mrs. Shamase

The New MEC for Health Dr. Sibongiseni Dhlomo visited Benedictine Hospital, although it was not a social visit, he came to address Benedictine doctors. The employees of Benedictine were waiting with great enthusiasm as for others it was their first time to see the new Health Minister, and when the Minister arrived at the Hospital he met with the employees and he told them that the Hospital has important history as the King of Zulu's was born here.

He also encouraged staff to work hard and emphasized to all Health Workers and staff of Benedictine Hospital that they should prevent the high death rate of mothers giving birth, the high rate of spreading of HIV & AIDS and TB. Queen T.J Zulu was amongst the dignitaries that were accompanying the Minister, as she is also a member of the Hospital Board. She also reminded Nurses that nursing is a calling and it is not like any other profession. It requires for each individual to be willing to help when a patient is ill, be it you are a cleaner, in the Hospital, Pharmacist, Doctors and nurses need to work together.

Welcoming note by Human Resources Manager

On Behalf of Management I wish to thank our staff for their commitment in ensuring that service delivery is sustained even if we are faced with many challenges. First quarter of our year has been characterized by high number of staff who exited the system due to various reasons accompanied by budget constraints which is currently facing the Department. Guys you are all winners, for achieving to provide quality health care to our community. During this difficult time when the whole world is stricken by recession, I pledge you to ensure that we efficiently & effectively utilize all available resources for the benefits of our community.



HR manager of Benedictine Hospital Mr. M. M. Zulu

Let us all stand up and strive for better care under limited resources.” Better care for all is our game ” We will keep our communication open in order to inform our clients of any challenges faced which can hinder us not to render services as promised which is one our Batho Pele principles “REDRESS”.

“Let us all join our hands and fight for success “

Thank You

DID YOU KNOW THAT ..

HR UNIT RECENTLY INSTALLED BIOMETRIC SYSTEM TO THEIR COMPUTERS , THE PURPOSE IS TO REDUCE FRAUDULENT ACTIVITIES AND TO PREVENT RISK OF HAVING ACCESS TO PERSAL NUMBERS. ONLY THE HR MANAGERS TO HAVE ACCESS TO PERSAL NUMBERS. THEIR THUMBS ARE REGISTERED TO ACCESS THE COMPUTER .



HUMAN RESOURCES STAFF, USING THE SYS-



BIOMETRIC SYSTEM



CHIEF HUMAN RE-SOURCE OFFICER , USING THE SYSTEM

BENEDICTINE INTERNS and IN-SERVICE Students FOR THE YEAR 2009



The names of the above randomly are: Nonduduzo Magwaza (Finance), Samukelisiwe Magwaza (Maintenance), Hlobisile Sithole (Human Resources Management and planning), Andile Shongwe (Informatics), Silondiwe Zulu (Human Resources Management), Phumzile Maseko (Human Resources Management), Nqobile Mthethwa (Dietician), Nontobeko Khumalo Admin College), Siqondiso Dlamini (Stores) and Lucky Mdletshe (PRO).

The interns and in-service training Students from different institutions say, “In all posts of the organizations they are looking for people who have experience on the field. The internship programme was introduced by different Government departments to make students coming from tertiary institutions to be employable and marketable with their theory experience and practical work experience. Department of Health is amongst the departments that offers internship programme to young graduates. The Benedictine interns would like to thank all staff members from the top management to the bottom of the organization and we promise to be effectively and productive here in Benedictine Hospital.

Benedictine Hospital should keep up the good work by offering such great opportunities to us and to continuously provide this opportunity to others who will be in need of In-service or interns in this year and to the next coming years.”

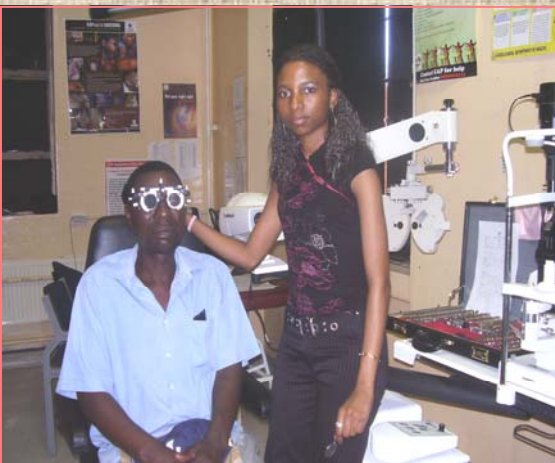
NEW EYE SERVICE AT BENEDICTINE



Optometrist with the OPD Area Manager, staff and



NEW EYE MACHINE DONATED BY ICEE



Optometrist with the patient



Optometrist examining one of staff member

The equipment was donated by standard chartered bank for the hospital. The clinic is doing very well, patients from around Nongoma are benefiting and also Hospital staff are also benefiting as well. Challenges we are facing is the lack of transport to visit other district Hospital (outreach Programme). Number of patients seen on average are 150 per month.

Zooming in Dr. L. Mkhonto's profile

Miss L. Mkhonto qualified in 2006 at UKZN Westville campus(Bachelor of optometry. She worked in private practice from 2007 –2009 February. And she started working at Benedictine Hospital in March 2009 as a contract worker (1 Year contract) under I CEE.

EMPILWENI CLINIC RECEIVES FROM SALVATION ARMY CHURCH

Empilweni clinic is a ARV clinic, It started in April 2004 as VCT clinic and in April 2007 started to issue ARV,s for those clients living with the HIV and AIDS. The Clinic started with few clients, now the number of ARV clients has increased. Due to large of number of clients who are on ARV,s we have clinics which are down referrals. With the help of seven clinics Empilweni clinic is loading less.

There is also gardening project which has started so as to help clients on ARV,s. Before starting ARV,s patients have to undergo ARV session as this takes up most of their time and they end up being hungry. Through the help of the suggestion boxes, clients suggested that what if they can be given food while waiting to start sessions .

The Salvation Army church approached Empilweni clinic as they are people who help people who are in need, on how about if they can come and serve food to the clients who are on ARV treatment, by bringing soup kitchen to the clients twice a week. The idea was warmly welcomed and our clients were very happy as this was their wish for so long. The Hospital would like to extend their sincere gratitude to the salvation army church for what they are doing, as it is well appreciated. Siyabonga!!!!



Mrs. Msibi, the Salvation army church elder was giving a speech to Empilweni clinic on the 11 June 2009 where she mentioned why they came to help the Empilweni clinic. well she also started with prayer.

The gardening project was initiated by the Empilweni staff as to motivate ARV clients to start their own gardening project at their homes and also to provide fresh healthy green vegetables to their clients which will boost their immune systems and CD4 counts.

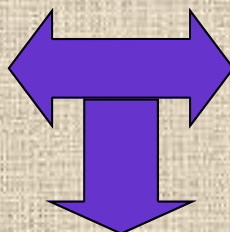


Empilweni patients excitement was written on their faces on the 11 June 2009



“Thank God for what Salvation army has done for us” said by this two ladies

On the left hand we have Ntombifuthi Zulu and Nobuhle Mdletshe on the right hand. The smiles of Empilweni clinic patients who **“had great day”** which shows how happy they are as they are receiving food from Empilweni clinic. “we come early in the morning to get our medication with nothing in our tummy hoping that we will get back at our homes early but that doesn’t happens because we have to go classes on how to take medicine and how to keep ourselves healthy and strong, then we end up hungry, but now all that is in the past, as we are now receiving soup kitchen from Empilweni which help us to be patient and to take our medicine with something on our stomachs. We also thank God that our complaints are looked at and something is done when we complain and we also would like to thank the Salvation Army church and Hospital staff.



HIV councilor Mr. Jiyane giving out oranges to patients and Sister Mthimkhulu dishing food



HIV and AIDS Public Awareness at Benedictine Hospital



Mr. Jiyane doing talking to the community at Gateway clinic



The awareness was also done to OPD patients

Benedictine Hospital stood up again to advise or precaution the community of Non-goma about HIV and AIDS. Mr. Jiyane the councilor of Empilweni Clinic and his colleagues Threw a light in to the dark by elaborating more to people that HIV and AIDS is out there and it kills. He educated patients on the importance of knowing their status by visiting an VCT clinic where pre- counseling and testing is done voluntary. He also warned clients not to engage in un-protected sex as it is one of the ways the virus is transmitted, and also advised pregnant mothers on the importance of doing the HIV test so as to prevent the virus from infecting their unborn babies.

There were giveaways given to patients as there was a question and answer time . The awareness day was a success as the patients were allowed to ask questions about the HIV& AIDS and many of them appreciated the health talk given to them. As one of **Ba-tho-Pele principles Consultation**– citizens should be consulted about the level and quality of public service, where possible should be given a choice about the service that is offered.

More information about HIV and AIDS

South Africa is currently experiencing one of the most severe **AIDS** epidemics in the world. At the end of 2007, there were approximately 5.7 million people living with **HIV** in South Africa, and almost 1,000 AIDS deaths occurring every day .

Vital Statistics Worldwide:

1. Over 22 million people have died from AIDS.
2. Over 42 million people are living with HIV/AIDS, and 74 percent of these infected people live in sub-Saharan Africa.
3. Over 19 million women are living with HIV/AIDS.
4. By the year 2010, five countries (Ethiopia, Nigeria, China, India, and Russia) with 40 percent of the world's population will add 50 to 75 million infected people to the world-wide pool of HIV disease.
5. There are 14,000 new infections every day (95 percent in developing countries).

HIV/AIDS is a "disease of young people" with half of the 5 million new infections each year occurring among people ages 15 to 24.

The UN estimates that, currently, there are 14 million AIDS orphans and that by 2010 there will be 25 million.

BENEDICTINE HOSPITAL KIDZ NEWS



Dr.G.D.NAIDOO

Paediatric ward opening

With July being the birth month of Nelson Mandela ,Benedictine Paediatric staff celebrated the opening of their new ward in true Madiba style . A toy drive arranged by Dr. G.D. Naidoo was initiated to collect toys for the play room in the newly built Paediatric Ward. All Department in the Hospital where invited to donate toys as part of an interdepartmental competition .

The celebration the event the party was held 30 July 2009 12: pm at paediatric ward. The proceedings where opened by pastor Maluleka opened with the word of God (Mark 10,13).

Matron Mthethwa gave the key note address on toys and the importance of play for kids as a means of therapy and to asses disease improvement. Other guest including the paediatric ward staff and representatives from the department who donated toys as well as individual donors.

The guest were taken on a tour of the new play room which boast in excess of 500 toy and educational aids. Prices were awarded to the departments who donated the most toys.3rd place went to X-ray department,2cn place to maintenance and 1st place to Empilweni. Dr Sherpa and Dr Maistry won the prize for the doctors who collected the most toys.

A delicious lunch was then served to the guest, patients, kids and mothers.

“Wow What a Good Relation And Humanity showed by participants to uplift the kids”.

Dr. G. D. Naidoo in her speech thanked all generous sponsor, without whom the event would not have been possible.

“we wanted to create an safe and happy environment where the children could forget about their illness for a while and do what children do best, play!.

We are grateful to the staff at Benedictine hospital for their contribution of toys, as well as to the Doctors many of whom bought new toys and equipment for the room and aided in setting up. I would like to thank my family members for their heartfelt contributions.

A special thank to you Lindiwe Educare Centre,Pre primary school in Pietermaritzburg who included their learners went home and bought toy out of their own toy boxes to donate. We commend Lindiwe on teaching their learners at such a young age the important of giving to those in need.

The children are left with a beautiful room filled with loving toys, thank you for putting a smile on the faces of the sick children." The greatest revelation of a country soul is the way it treats its children” Tata Madiba Nelson Mandela

“Jokes



I want you to know that our friendship means a lot to me. You cry I cry. You laugh I laugh jump out of the window... I look down then... I laugh again

Inspiration

Let us follow our destiny, and flow. Whatever may happen, we master fortune by accepting



Our destiny changes with our thoughts; we shall become what we wish to become, do what we wish to do, when our habitual thoughts correspond with our desires



Destiny is not a matter of chance; but a matter of choice. It is not a thing to be waited for, It is a thing to be achieved. By anonymous

**You can contact us on :
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SERVICE TERMINATION

RETIRED STAFF

1. Dumisa T.A. (CPN) Retired 30/04/2009
2. Ntshangase P.P. (CPN) Retired 30/04/2009
3. Khumalo N.S.B (Staff Nurse) 30/04/2009.
4. Zulu C.G (ENA) ill Health Retired 31/05/2009



Benedictine management and staff appreciates the times they spent with you and wishes you a wonderful stay with your families

RESIGNED STAFF

1. Vilakazi K.D Staff Nurse Resigned 31/05/2009
2. Nkosi K.D (PN) Resigned 31/05 2009
3. Nlkwanyana B. (PN) Resigned 30/04/2009
4. Mthembu S.P. (PN) Resigned 30/04/2009
5. Hlatshwayo M.T. (Staff Nurse) Resigned 30/04/2009
6. Msweli S.M.P (EN) Resigned 26/06/2009
7. Zungu B.T Student Nurse Resigned 30/05/2009

DECEASED STAFF

1. Simelane N.N General orderly Deceased 01/07/2009
2. Msweli N.D (ENA) Deceased 17/05/2009
3. Zulu G.T General Orderly deceased 14/05/2009

MAY THEIR SOULS REST IN PEACE



NEW APPOINTMENTS

July 2009

1. Mdabandaba S.E Prof Nurse (Community service) 01/07/2009
2. Kunene S.M Prof Nurse (Community Service) 01/07/2009
3. Magwaza N.P (Student Nurse) 01/07/2009 01/07/2009
4. Ndaba L.Z (Student Nurse) 01/07/2009
5. Buthelezi T.N (Student Nurse) 01/07/2009
6. Ntshangase X.I (Student Nurse) 01/07/2009
7. Masondo P.M (Student Nurse) 01/07/2009
8. Myeni N.N (Student Nurse) 01/07/2009
9. Ndwandwe T.S (Student Nurse) 01/07/2009
10. Masondo P.C (Student Nurse) 01/07/2009
11. Shandu S.G (Student Nurse) 01/07/2009
12. Mtshali N.Z (Student Nurse) 01/07/2009
13. Langa C.M (Student Nurse) 01/07/2009
14. Khumalo M.N.G (Student Nurse) 01/07/2009
15. Mnyandu N.N (Student Nurse) 01/07/2009
16. Buthelezi M.N (Student Nurse) 01/07/2009
17. Mbuyazi N.P (Student Nurse) 01/07/2009
18. Ntshangase H.P (Student Nurse) 01/07/2009
19. Nkwanyana N.L (Student Nurse) 01/07/2009
20. Dlamini I.L (Student Nurse) 01/07/2009
21. Mhlaba B (Student Nurse) 01/07/2009

BENEDICTINE MANAGEMENT WELCOMES ALL THE NEW STAFF AND WISHES THEM A FRUITFULL STAY !!!

BENEDICTINE HOSPITAL PHOTO GALLERY



Cartoons



PUBLIC RELATIONS OFFICE



Mr. L. T Mdletshe PRO Inserv and Miss N. Qongqo Public Relations Office at Benedictine Hospital

I Lucky Thulani Mdletshe all the way from Mandeni. I am doing my second year in P.R.O degree from the University of Zululand, For now I am here at Benedictine hospital doing my Practical's for six months.

For me it is a greater opportunity to put theory into practice that I have learnt from school and its a good exposure to the working environment, to work with deadlines. I extend big thanks to Benedictine hospital for giving me a chance or opportunity to fulfill my education requirements.

My advice to the readers

The man who makes a success of an important venture never wails for the crowd. He strikes out for himself. It takes nerve, it takes a great lot of grit; but the man that succeeds has both. Anyone can fail. The public admires the man who has enough confidence in himself to take a chance.

These chances are the main things after all. The man who tries to succeed must expect to be criticized. Nothing important was ever done but the greater number consulted previously doubted the possibility. Success is the accomplishment of that which most people think can't be done. Destiny is not a matter of chance; but a matter of choice. It is not a thing to be waited for, It is a thing to be achieved.

I would like to greet the readers of [Insengwakazi Newsletter](#) in this second quarter of the year. I know we are from the winter season and everyone was trying to make him/herself warm in their homes or offices. In the month of July we celebrated lot of things and as we know that in our health calendar the month was Mental illness awareness month, and we celebrated a Birthday for our countries Legend "Tata Nelson Mandela" and as part of this celebration every South African citizen had to do something good for 67 minutes, for the communities we are living in. Thank God that winter time is over and we are looking forward to welcome Spring, as it will be bringing new things in our lives. We are in august and we know this is woman, Month and we know how important the role of a woman is in a home, and in the society as a whole. The magazine is full of interesting stories , the opening of peadiatric ward, the visit by MEC, and for laughter we have cartoons and I hope you will agree with me that you must get yourself a copy. For complaints, compliments please do not hesitate to contact Public Relations Office on ext. 7099. on that note I would like to thank all the staff of Benedictine for the contribution they have made in the success of this issue , and I also live you with a Word of God from Psalm 37 : 3 , when it says we must trust in lord and do good. May the love of God be with you .