

# INTSENGWAKAZI

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**OCTOBER-DECEMBER 2006** 

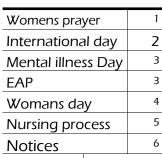
## Womans prayer day

BENEDICTINE HOSPITAL WAS AMONGST OTHER INSTITUTIONS WHO GRACED THE OCCASION. TO MANY HEALTH WORKERS IN THE PROVINCE WOMENS PRAYER DAY WAS A DAY FILLED WITH PRAYER AND DEVOTION.

IT WAS ALSO A DAY THAT THE KWAZU LU NATAL DEPARTMENT OF HEALTH HAS DEDICATED THE DAY PRAYING WOMEN AND WOMEN OF THE CLERGY IN THE DEPARTMENT OF HEALTH...



BENEDICTINE PRAYER TEAM



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### Editors desk

I CAN NOT BELIEVE THAT THE YEAR IS ABOUT TO GET FINISHED. I HOPE ALL YOUR PLANS FOR THIS YEAR ARE ACCOMPLISHED AND IF NOT DO NOT WORRY YOU CAN STILL FULFIL THEM NEXT YEAR. I WOULD ALSO LIKE TO WELCOME THE NEW STAFF MEMBERS WHO HAVE JUST JOINED US HOPE YOUR STAY WILL BE FRUITFULL. I WANT JUST TO WISH ALL THE STAFF AT BENEDICTINE HOSPITAL A GOOD FESTIVE SEASON. IN THIS FOURTH ISSUE WE HAVE ARTICLES ABOUT WOMENS MONTH CELEBRATIONS AND I HOPE YOU WILL FIND IT INTERESTING AND READABLE. TO ALL STAFF OF BENEDICTINE IF YOU HAVE ANY STORIES YOU WANT ME TO PUBLISH YOU CAN SEND THEM TO MY OFFICE (PRO) EXT. 7099 AND I WILL PUT THEM IN THE NEXT ISSUE.

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BENEDICTINE HOSPITAL CELEBRATES INTERNATIONAL DAY AGAINST DRUG ABUSE

ON THE 26TH JUNE 2006 BENEDICTINE HOSPITAL AND SANCA CELEBRATED THE INTERNATIONAL DAY AGAINST DRUG ABUSE AND THE THEME WAS: "DRUGS ARE NOT CHILDS PLAY". THE FOCUS OF THE DAY WAS TO CREATE AWARENESS ON HOW HARMFUL AND DESTROYING DRUG S CAN BE IN A PERSON .AT THE START OF THE DAY PASTOR. MATHENJWA LED US IN PRAYER, OUR PROGRAMME DIRECTOR MR M.G NGOBESE HELD THE CROWD OF NONGOMA COMMUNITY, ALTHOUGH THE WEATHER WAS VERY BAD AND COLD, BUT THE MEMBERS OF THE COMMUNITY AND SCHOOL CHILDREN CAME TO LISTEN. THE ADVENT HOPE CHOIR STARTED THE PROGRAMME WITH A BEAUTIFUL MELODY, AND MR H.D ZUNGU (THE HOSPITAL BOARD MEMBER) WELCOMED EVERYONE THAT WAS PRESENT ON BEHALF OF OUR HOSPITAL MANAGER, AND DR S.V MATHE FROM SANCA GAVE AN INSIGHT ON THE PURPOSE FOR THE DAY. THE OCCASION WAS BLESSED BY THE PRESENCE OF HIS EXCELLENCY THE MAYOY MR J.B KHUMALO, HIS MAJESTRY THE KING Z.G (KA BHEKUZULU), WARD COUNCILLOR MR MABIKA THEY WERE ALSO GIVEN A PLATFORM TO GIVE A WARD TO THE COMMUNITY AND SCHOOL CHILDREN ABOUT DRUGS.

MRS T.P ZWANE FROM PSYCHIATRIC CLINIC AT BENEDICTINE HOSPITAL SPOKE ABOUT THE LINK BETWEEN DRUGS AND PSYCHIATRIC PROBLEMS AND PSYCHIATRIC PATIENTS WERE ALSO GIVEN A PLATFORM TO SHARE WITH THE CROWD THEIR PERSONAL TESTIMONIES. WE ALSO HAD ACTIVE YOUNG PEOPLE WHO PROVIDED ENTERTAINMENT TO THE CROWD, WITH ISICATHAMIYA, CHORAL MUSIC & MUSIC, NOT FORGETING ONOMPILO DOING THEIR THING

SANCA AND BENEDICTINE HOSPITAL WOULD LIKE TO THANK: NOJU HIGH SCHOOL, SIVANANDA HIGH SCHOOL, MAPHOPHOMA PRIMARY AND HIGH SCHOOLS FOR MAKING THEIR LEARNERS AVALIABLE TO PARTICIPATE AND PROVIDING ENTERTAINMENT.

THE FUNCTION WAS CLOSED WITH A VOTE OF THANKS BY MR R.B. SHAMASE AND WE HAD AN AWESOME LUNCH. PHOTOS: LEFT, HONARABLE MAYOR MR B.J. KHUMALO, PASTOR MATHENJWA, MR R.B.SHAMASE RIGHT, MR SHONGWE& PHYSCHATRIC PATIENTS,





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## BENEDICTINE HOSPITAL CELEBRATES INTERNATIONAL DAY AGAINST DRUG ABUSE (INDABA SIXOXA NGEZITHOMBE)





## MENTAL ILLNESS, SOCIAL SERVICES, HIV& AIDS, AWARENESS DAY

On the 27 July 2006 Benedictine Hospital celebrated awareness day at ekubungazeleni clinlc. The aim of this day was to bring health services to the community/people.. Members from the District office, mental health Nurse s, Hiv and Aids councellors, Social workers, and teachers from various schools were present in this event. The day

was full of activities and members of community were given a chance to check health status. People were also given health education on various diseases on how to prevent them or if you have them or affected, how to take good care of yourself. We also had a lady from the area coming out with her Positive HIV status.









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### UHLELO LOKUSIZA ABASEBENZI NGE EMPLOYEE ASSISTANCE PROGRAME

#### 1.IYINI I- EAP ?

IMPILO IYAGUQUKUGUQUKA. NOMA NINI EZIMPILWENI ZETHU KUYENZEKA SIZITHOLE SIBHEKENE NEZINKINGA. EZINYE ZALEZI ZINKINGA SIYAKWAZI UKUZIXAZULULELA ZONA, KODWA EZINYE ZIBA NZIMA, ZIGCINA SEZIPHAZAMISA NASEMSEBENZINI. ABAQASHI ABANINGI BAYAKUQONDA UKUTHI ABASEBENZI BASEBENZA KANGCONO UMA IZIMPILO ZABO ZIHAMBA KAHLE, YINGAKHO KUSUNGULWE UHLELO LWE-EAP. LOLU HLELO LUKUNIKA USIZO LOKUBHEKANA NEZINKINGA ZEMPILO NEZASEMSEBENZINI.

#### 2.YINI INJONGO YE-EAP?

UMGOMO WOMNYANGO WEZEMPILO WUKUBA BONKE ABANTU BAKWAZULU-NATAL BAPHILE NGOKUGCWELE. ABASEBENZI BOMNYANGO BAYINGXENYE EBALULEKILE YABANTU BAKWAZULU-NATAL,KANTI FUTHI UMNYANGO UKHOLWA WUKUTHI ABASEBENZI BAWUMGOGODLA WEZEMPILO. UKUPHILA NGOKUGCWELE KOMNYANGO.

## 3.HLOBO LUNI LWEZINKINGA OLUNGANGIPHAZAMISA EMSEBENZINI ?

 IZINKINGA ZOPHUZO NEZIDAKAMIZWA, UKUKHATHAZEKA OKUKHULU EMOYENI OKUNGADALA UKUBA UNGEZI EMSEBENZINI,IZINKINGA ZOMPHEFUMULO,EZOKUNGEZWANI NABANTU ABATHILE,EZOMNENI NOMA ZABANTWANA,EZOMSHADO,EZEZIMALI,EZASEMSEBENZINI,EZEZEMPI LO.KANYE NEZINKINGA NGEZOMTHETHO.

UMA ZIKUXINA KAKHULU LEZI ZINKINGA ZINGAGCINA Sezibonakala njalo emsebenzini, zigcine seziphazamisa Indlela oziphatha ngayo nosebenza ngayo.

#### 4.NGABANTU ABANJANI ABANGASENZISA UHLELO LWE-EAP?

BONKE ABASEBENZI BOMNYANGO WEZEMPILO,KUNGAKHETHILE UKUTHI BAKULIPHI IZINGA.

EAP PRACTITIONERS- MISS N.O NTINTILI(EAP CO-ORDINATOR), MRS K.V DLAMINI, MRS T.S NKWANYANA, MISS S.S.SIBIYA, MR M.M.ZULU, MRS D.S.NDABANDABA

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## WOMENS DAY AT BENEDICTINE HOSPITAL

IN 11956 ON THE 9 TH AU-**GUST 2006 WOMEN OF SOUTH AFRICA MARCHED** TO PRETORIA UNION BUILD-INGS TO SAY NO TO PASS LAWS. ON THIIS DAY WE **CELEBRATE WOMEN OF** COURAGE, STRENGTH AND WISDOM. BENEDICTINE WOMEN ALSO CELEBRATE THI DAY IN A SPECIAL WAY. THE DAY STARTED WITH THE OPENING PRAYER BY NOMBULELO, AND MARIE FROM COLLEGE WELCOMED **OUR GUEST SPEAKERS AND** PEOPLE WHO CAME TO **CELEBRATE THIS DAY WITH** US WOMEN. THE DRESS THEME WAS "WHITE" WHICH SYMBOLISES PURITY. **NURSING MANAGER GAVE** 

US A MOTIVATIONAL TALK ON WOMANHOOD AND ON HER SPEECH SHE MENTIONED THE IMPORTANCE OF BEING A WOMEN BEING AT HOME, WORKPLACE, OR IN YOUR COMMUNITY AND TO ALWAYS COUNT OUR BLESSINGS.LOVE LIFE FACILITATORS ALSO MOTIVATEDUS AS WOMEN.

WE ALSO HAD FINANCIAL ADVISORR FROM OLD MU-TUAL (BOYCE & LINDIWE) WHO GRACE THE OCCA-SION AND GAVE US SOME FINCIAL EDUCATION

P.R.O GAVE A VOTE OF THANKS.AND WE HAD AN AWESOME LUNCH, HAYI KE AFTER WARDS ZAZIBUYA. Photos: Mrs Mabaso (far right), Mbali and marie dishing food(middle), Amanda,ntokozo,(far left)

HAYI KE INDABA IXOXWA NGEZITHOMBE







#### **BENEDICTINE HOSPITAL**

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Progress means ease, relief, peace, less strife, less struggle and happiness

#### **NOTICES**

- Thanks Giving ceremony at lindizwe sports ground on the 3rd November 2006
- Waiting time survey on the 1st November 2006
- Bureau of Blindness Prevention on the
  November 2006 they will start at
  8h00.
- DR.Lateki (Physcatrist) comes twice a month. Further details contact SR
   Zwane at Physc clinic ext. 7143

## BEST WARDS THAT EXCELLED IN THE NURSING PROCESS AT BENEDICTINE HOSPITAL

MALE MEDICAL 83%AND MALE SURGICAL 80% CAME OUT THE BEST WARDS IN THE NURSING PROCESS. WHEN THE AU-DITS WERE DONE IN AU-GUST 2006. THE RESULTS HAD SHOWN THAT THESE TWO WARDS ARE THE **BEST WARDS IN QUALITY** IMPROVEMENT CARE ON PATIENTS. WE HOPE EVEN OTHER WARDS THAT WERE COMPETING IN THE **NURSING PROCESS WILL** DO BETTER NEXT TIME. KEEP UP THE GOOD Work



MATRON MAPHUMULO HANDING OUT TROPHIE TO UNIT MANAGERS AT MALE MEDICAL AND MALE SURGICAL

