



# INSENGWAKAZI NEWSLETTER



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## MEC FOR HEALTH VISITS BENEDICTINE HOSPITAL

**O**n the 5th of October 2007 Benedictine hospital was visited by MEC for Health Ms Neliswa Peggy Nkonyeni and her delegation on their way to opening of Hlengimpilo clinic. Mrs. Shamase Benedictine CEO, District Manager, EMRS Manager, Hospital Board, Benedictine management, staff and various department stakeholders around Nongoma welcomed the MEC with warm hands. CEO briefed MEC about challenges that are fac-

ing the hospital and she noted them and the MEC was taken for hospital rounds around the hospital. Joy was written in the face of Benedictine staff as to some it was the first time to see the MEC, some even shook hands with her to show respect and gratitude they have for MEC. The MEC complimented the hospital on the maintenance of grounds that they were well maintained and cleanliness in the wards, and she even went to the psychiatric ward

where she was asked by a patient to sing along and dance. Although there was not enough time for her to spend the whole day with us, she appreciated the good work she saw whilst taking rounds and encouraged staff to keep up the good work. She then proceeded with her delegation to Hlengimpilo clinic, to start the event and to open the clinic officially, as the community was also waiting for her.

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**GET OVER A BAD ATTITUDE**

- Try to focus on the good things in life rather than the bad
- Avoid arriving at negative conclusions before you have found all the facts
- The best way to have a good attitude is to think positive and be positive

## Indaba siyixoxa ngezithombe



Mec, with Benedictine staff



Mec, shaking hands with dental clinic staff



Mec, with a patient at medical ward

## MEC VISIT SNAP SHOTS



**Mec, with psychiatric patient**



**Mec at physio department**



**Mec taking rounds**



**Mec, opening hlengimpilo clinic**



**Mec, giving school kits**



**Mec, on arrival at the clinic**

## Cultural Day at Benedictine/Sigubha usuku lwamasiko



**Students doing cultural dance**



**Matron Mthethwa taking us back**



**Nursing college teachers**

**S**

Benedictine hospital ihlangene ne kolishi lama nesi lagubha usuku loku khumbula amasiko nezithethe zakowethu. Lomcimbi wawubanjelwe eLarge Lecture Hall, ngomhla ka 27 September 2007. Umgomo wosuku wawuthi” Azibuyele Emasisweni” . Lapho izikhulumi zosuku zazisibuyisela emuva lapho sisuka khona. UMatron Mthethwa wasikhumbuza ngendlela ekwakuphilwa ngayo mandulo, indlela zokugqoka kanye nendidi zokudla ezazidliwa mandulo. U Miss Mtshali onguthisha lapha ekolishi yena wagxila kakhulu kubasebenzi bezempilo ukuba abazame ukusebenzisana nomphakathi abawusizayo ekuqondeni amasiko wabo . Hayi ke nabafundi babengazibekanga phantsi besina beshaya nendlamu. Umcimbi waphetha ngesidlo

## CEO, S DESK/ EZIKAMPHATHI



I would like to take this opportunity to express my heartfelt gratitude for the high level of commitment shown by each and every one to ensure high quality service delivery. The well deserved excellent results achieved by institution speak for themselves well done.

My heart goes out to our beloved brothers and sisters who are sick , I wish them well .

My condolences goes out to all the relatives and friends of our soldiers who have fallen during the course of 2007. we remember them for their dedication and the love of humanity. We will sing their praises as we practice our noble proffession and service.

Most importantly I wish you and your families a prosperous new year. God bless you all take care!

Mrs. G.T Shamase  
Benedictine Hospital C.E.O

## PROs DESK/ EZIKASOMLOMO

W elcome back all staff members of Benedictine hospital and readers of insengwakazi newsletter, yet another year to learn new lessons in life and hopefully to make all your dreams come true. I would also like to take this opportunity to thank you readers for the support you have given to make this magazine a success and inputs, comments and suggestions you have given me they have been very helpful. As you all know that I was not working alone last year, I was with Miss Lerato Sibiyi who was a PR intern and now she is full-time employed at community health care department at Benedictine Hospital as a clinical support officer, her contributions in the Public Relations Office have not gone unnoticed and the skills you have obtained whilst you were in the PR office they will be off great use in your PR career "ALL the Best Ntombazane! . In this issue we have interesting articles for you to read and for you to be informed on what is happening in your institution. I have just introduced a new column on nursing campus news, hope you will enjoy reading it as it is all about what is happening at college. Okay now I think I had my fair share about the magazine, so for further enquiries don't hesitate to contact me on EXT 7099, and if a patient wants to lodge a complaint show them the suggestion box in your department and give them forms and pens to write, or take them to my office , I open from 7h30 to 16h00, Monday to Friday. Ngiyabonga

## **BENEDICTINE RECIEVES SECOND BEST STALL AWARD ON QUALITY DAY**

On the 29 November 2007 , Zululand district hosted Quality day for all district 26 hospitals. I must say that the starndard of the event was so high,as all the hospital stalls were displayed beautifully. Each hospital was displaying all their quality improvement projects they have embarked on the year 2007. Benedictine was amongst the best 3 hospitals who won and the team worked tirelessly in making sure that everything is in place . GOOD WORK GUYS! Hayi ke its not for me to talk too much , but pictures will say it all



**Benedictine stall**



**Mrs Sibiya, Mrs Mabaso , Mrs Mchunu after receiving certificates**



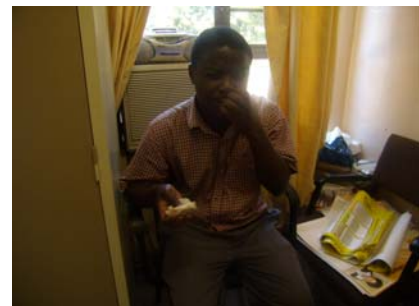
**Staff from benedictine attended the event**



**Onompilo displayed their work**

## **Good Samaritans in the hospital**

"Blessed is the hand that giveth than the hand that receive" I would like to extend my gratitude to the staff of Benedictine who helped Mr Sandile from Limpompo province, who had no money to go back home. A donation of money was made by each staff so as for Mr Sandile to get back home safe. Thank you very much for your contributions Matron Nzuzza, Matron Nyawo, Mr P.Z Ngcobo, Matron Nkwanyana, Miss Qongqo and other staff members . May the Lord bless you



**Mr Sandile from limpompo after receiving money to go home**

## Nursing Campus News

### WOLA! WOLA! STUDENTS WOLA I

Do you know how best are the tutors of Benedictine campus?  
Can you believe this??

- Group 7/05 got 100% pass rate in may/June 2007 exams
- Group 7/04 want to break record, they all want to be Benedictine Hospital Professional nurses “eish but that will depend on the contract”

Do you want to know who is the President of the SRC at college, “ Phela siphethwe yimbokodo”

- Her name is Samke Khuumalo and she is from Hluhluwe, the place of pineapple, surrounded with beautiful game reserves and if you have an interest of visiting the place please do not hesitate to contact her on samke2002@yahoo.com.
- We also have the most Funky , Vibey student at the college , and her name is Simphiwe “C-MY” , if you need fashion advice feel free to contact her she can be very useful especially to staff who do not wear uniform . Contact her on CM+BILO@mwandl.co.za
- Ukuba uno vo ofuna ukulidlulisa feel free to contact PRO office on ext 7099, and to those who will be writing exams good luck guys . See you in the next issue

### Choice on Termination of Pregnancy service is done at Benedictine

CTOP iyenye yezinto ezenziwayo kulesikhungo sempilo I Benedictine Hospital, Sixoxisane no Mr R Zulu oyena owenzayo lo msebenzi



Mr R Zulu—Professional Nurse

Q: Umuntu onjani ovumelekile ukuba ahushule isisusu

A: Umuntu wesimame okhulelwe onenyanga ezintathu ukuya phansi

Q: Uqale nini ukuwenza lo msebenzi futhi uzizwa njani ngawo

A: Ngigale ngo September 2007, kona kuyasebenzeka kodwa indawo yokusebenzela engekho

Q: Ingaba lokuhushula isisu singakuthatha nje ngezinye indlela zokugwema ukukhulelwa

A: Cha, kodwa kungenye yezindlela esiza umuntu osenkingeni uma ngaba engahlelanga ukuba nomntwana

Q: Niqala nini ukusebenza

A: Siqala ukusebenza ukusukela ku 7h00to 16h00, mondays-fridays

Q: Ingaba owakho umyalezo uthini kubantu abasha /noma umphakathi uma ucabanga ukukhipha isisu

A: kumina kuyinto elungile uma uyenza ngokusemthethweni kunokuba bayikhiphele bona ngendlela engalungile , bebeka izimpilo zabo encupheni

PRO– ngibongile kakhulu mntwana ngesikhathi sakho sikufisela okuhle ngomsebenzi wakho. Sithemba kananjalo ukuba abafundi balemagazine bacacelwe yindlela osebenza ngayo.

## **BENEDICTINE HOSPITAL**

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### New Appointments

1. Zungu S.J.– Lay Counsellor
2. Zulu L.J.—District site mentor
3. Mchunu G.O.T - Data capturer
4. Dr.Moepi S.H.- Principal Medical officer
5. Dr Paladi T.L.- Principal Medical Officer
6. Dr Makheda N.C - Prinipal Medical Officer
7. Dr Mathebula P. - Principal Medical Officer
8. Dr. Mercier A.E - Principal Medical Office
9. Mthembu C.E - PN
10. Mzila S.D- PN
11. Zulu J.V - CPN
12. Nkosi Z.S - Pharmacist Assistance
13. Xaba N.G - Reprographic
14. Ngwenya S..E - Records Officer
15. Thabede S.B - Safety Officer
16. Mtshali L.A— General Support Officer
17. Ntimbane Z.S— Security
18. Shabala L– EAP Practitiner



Benedictine Management would like to welcome all staff who have joined us and we hope you will have a fruitfull stay

## **SPORTS/ EZEMIDLALO**

**Sports awards 2007 held at sisters lounge/ hayi ke basebenzi lezi zizintsizwa nezintombi ezidle ubhedu kwezemidlalo ku nyaka ka2007 /indaba siyixoxa ngezithombe**



**Ceo awarding the disciplined player**



**Nursing Manager awarding the best netball player**



**Ceo, awarding the best coach of the year**



**Mr Masondo awarding player of the year**



**Mr Masondo awarding goal scorer of the year**



**Mr T.D welcomed and thanked players for attending**