

# INSENGWAKAZI



Volume 3, issue  
6  
18 June 2008

## CEO,s Desk/Ezikamphathi

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**B**asebenzi baseBenedictine, mphakati ohloniphekile, nakuyo I **Hospital Board** ngifisa ukuzwakalisa ukubonga indlela esisebenzisana ngayo nakuba izimo ezisebenzisa phansi kwazo zingakwazi ukusenelisa. Kuyakhuthaza nokho ukuthola izincomo ezibhaliwe nangcingo zingibikela ngempatho enhle abathile abayithole kuso lesisibhedlela. Abanye bazi khulumela bona kanti abanye bekhulumela izihlobo zabo. Kuyisifiso sami ukuthi wonke umuntu odlule e Benedictine aphume enelisekile.

Kubasebenzi ngidlulisa amazwi okunikhuthaza ukuba ningapheli amandla ngenxa yezimali ezingenele emnyangweni, ngiyak-



holwa ukuthi uma sisebenza ngokumbambisana ayikho into engasivimba ukuba siphumelele ekuqhubeni izidingo zezempilo emphakathini wakithi. Ngi khuthaza umoya we

sport, noma yiluphi uhlobo. Ngihalalisela abafana namantombazane ngempumelelo yabonangezindondo nangezindondo ababuya nazo inhle lento ayifuni ukoniwa.

I HCF ibambe iqhaza elikhulu ngakwezaka moya la e-Benedictine siyazi ukuthi impilo yomuntu ayiphelele umoya ungondlekile . Keep it up!

Nakuba sihanjelwe ngoDokotela abangingi muva nje, ngibabaza I Team work engiyibona koDokotela besebenza ngokuzikhandla ukuze umphakathi ungakhonondi. Ngiyabonga kakhulu!

Mrs G.T.SHAMASE

## Nursing Management NEWS

*“ life is not measured by the numbers of breaths we take but by the moments that take our breath away”*

**W**atrons complex celebrated and congratulated paediatric ward for doing well in the nursing process . Paediatric ward scored 93% in the audit conducted April 2008, and it became the best ward amongst all the wards . Paediatric ward would like to thank nursing management for their support and the staff at paed for their dedication and for all the hard work. In that note we would also like to congratulate infection control unit for scoring 91% in the recent survey that was done in June 2008 and that would have not been possible without the support Benedictine staff and management .

Ha lala Peads



Nursing management, Paediatric staff and Dr. Magagula

## CHANGING DIABETIS BUS VISITS NONGOMA

On the e 28 May 2008, Benedic-tine Hospital was visited by changing Diabetes bus from Novo-nodisk pharmaceutical company. The bus was based at Nongoma Multi-purpose centre . The purpose for this bus to come to visit Nongoma was to raise awareness about signs and symptoms of diabetes, healthy diet, foot care and screening of clients. The service was free of charge and they started from 07:00 to 16h00. Dr Thusi from Ngwelezane hospital

came with her team to educate patients on kidney failure, what causes kidney failure, and symptoms. The community came in numbers, and other staff from various departments in Nongoma came to be checked diabetes, and there were also other services rendered , VCT, eye screening, TB screening, dental clinic. 208 patients were

seen and there were also refferals sent to hospital. We would like to thank all the staff members who worked on that day and assisted Novo Nodisk staff to bring health services to our community.

Siyabonga!!

## SNAP SHORTS OF THE DIABETIS BUS-INDABA SIYIXOXA NGEZITHOMBE



Ogogo nomkhulu going inside the bus to be checked



Benedictine nurse with a client



Community members came in numbers



Dr. Thusi giving lecture on kidney failure

## Physiotherapy unit

### Patient receives a "Buggy wheelchair" A Specialised wheelchair for CEREBRAL PALSY CHILD

The buggy wheelchair was ordered by physio department last year August 2007 specially for Mzikayiseni Sibiya a 11 yr old boy from Ngeku village. This wheelchair is a specialized for cerebral palsy patients. This wheelchair supports

head of patient

This wheelchair holds the child in one place with the support of padded cushions , which gives extra support and comfort in sitting

These cushions have space for the Childs legs to remain adapted.

Feeding a cerebral palsy child usually gives a challenge to parents as how to find a position that will be suitable for the child., and with this chair

the mother does not have to worry about positioning the child when feeding.

This wheelchair also has hand-breaks to give the child's helper full control of the chair

Mzikayiseni and mother looked very happy and they thanked the physiotherapy unit for all the work they went through in getting this special wheelchair. Mzikayiseni mother's words " ngiyabonga kakhulu bantabami inkosi inibusise" .

BY: Phscio team



**Mzikayise and mother after receiving**



**Mzikayise, Physiotherapy team and mother looking very happy**

## CEREBRAL PALSY

### WHAT IS CP?

Cerebral palsy is a condition that disables children. It is a disorder of muscle control that causes difficulty in moving and positioning the body. A small part of the brain that controls movements has been damaged early in life before or after child birth , whilst the child was still a baby. The muscles receive the wrong instructions from damaged brain . This makes them feel stiff or floppy . The muscles are not paralysed

### WHAT PROBLEMS CAN BE SEEN?

Sometimes the damage affects other parts of the brain, which may cause difficulty with seeing, hearing, communicating and learning . Cerebral palsy affects the children for life. Each child is affected differently. A child may walk with slightly unsteady balance while another may have difficulty using his hands

### WHAT ARE THE RISK FACTORS?

If the mother has an infection, uncontrolled diabetes or high blood pressure before birth of her child there is a risk that her child may have cerebral palsy. Difficult birth which causes injury to the head of the baby or if the baby fails to breathe properly may also cause cp. After birth if the baby has a head injury of very high fever or brain infections such as meningitis it may also lead to cp. It is therefore very important that pregnant mothers go for regular check ups at the nearest clinic to ensure the health of her unborn baby

### WHAT PREVENTION MEASURES CAN BE DONE NOT TO HAVE A CP CHILD?

- Practice healthy eating habits
- Adequate exercise
- Social support (family )
- Low intake of drugs and alcohol

## Izincomo zomphakathi/ Compliments from Public

### TO: FEMALE MEDICAL WARD—BENEDICTINE HOSPITAL

I would like to appreciate the good nursing care you shown to my sister who was admitted in your ward Ref. section B R/N 2625/08 3/52 ago.

Though her soul rested in peace, but you did all the best. Your tolerance, reassurance caring, cleanliness means all you said to your pledge. May god save you and your families especially as you nurse the highly infections patients. May he keep you well always.

I mean the whole staff at the mentioned ward from Doctor, Manager, all nurses general orderlies, clinical orderlies,. Thank you very much I don't have more wards to express this message. I wick never forget you in my prayers.

Keep it up, you are the best ward and the mirror of the hospital, always to be trusted. I am also going to publish this to the media.

Thank you very much!!!

From the deep of my heart and my family

### TO: MALE SURGICAL AND OPD STAFF

This office will like to applaud hospital employees who took part in saving life of our member Mr. D.T. Zungu

The member was taken to your hospital with multiple gunshot wounds on Saturday 2008/03/21 at about 10H30. The immediate medical attention to the said member helped to sustain life. The good service delivery was shown by Doctor on call, Radiographer OPD staff, Male surgical staff as well as ICU staff members

An extended word of appreciation to be given to Sir Ntsele and Sir Motha who above their tasks as Medical Personnel overlapped to security tasks as they also played an important role and had to take extra-ordinary steps to control access to the patient thus to prevent further attack to their patient

While police will be trying to ensure that people are not admitted to hospital through attacks, while having staff members of your caliber this area preserve more lives

Thank you

SAPS NONGOMA

### UMA UNESINCOMO OKANYE ISIKHALAZO SIBHALELE NOMA USITHINTE NGOCINGO KULE MINININGWANE ENGEZANTSI:

**Public Relations Office**

**Benedictine Hospital**

**Nongoma**

**Tel: 035 831 7099**

### TO: ICU AND PRIVATE WARD

Ngilaliswe e- ICU, Private ward ngafika ngibambekile. Bangisukumela abahlengikazi, omabhala lane , nabobonke abasizi besibhedlela ngezigaba zabo.

Abahlengikazi nabahlengi base ICU abaqhubeke nokunakekela iziguli ngenhlonipho kuhle odokotela basinakekela ngokukhulu ukhlonipha, baqhubeke nokuthanda iziguli zingazizwa zigula zilahlwe, kuyathokozisa lokho.

Bese kumnandi sindawonye sengathi ngeke sisahluhana, okuhle kodwa.

Phambili nokuphatha iziguli zenu kahle, ningadikibali ningadinwa nangomuso niqhubeke nibahle kakhulu ngobuso benu obunganyukubali

Ngiyabonga

S. Gamede (072 825 6924)

P.OBox 2274

NONGOMA

3950

### TO: PAEDATRIC WARD

Ngibonga ukuthi selokhu ngangena esibhedlela ngiphatheke kahke, ngkunakelwa ingane yami ebigula. Ukudla kwalapha esibhedlela kumnandi kuyadleka futhi kutholakala ngesikhathi esifanele. Amanesi ave anempatho enhle nemnandi baqhubeke njalo

Ngiyabonga

### TO: PRIVATE WARD

Okokuqala ngithanda ukubonga izisebenzi ezisebenza khona, okhona bayakwazi ukwenza indawo elala izigulane ihlale ihlale ihlanzekile. Ngidlulisa nokubonga ku DR. Zwane ngesineke anaso nokunakekela, nothando akunika lona uma uyisiguli , ngithi aqhubeke akaqhubeke njalo akwenze nakwabanye.

Ngidlulisa ukubonga wonke amanesi ase private ward , thanks a lot guys ningiphathe kahle bengezizwa ingathi ngisekhaya niphinde nikwenze nakwabanye niqhubeke njalo ngothando. Ngibonile ukuthi niyawuthanda umsebenzi wenu.

Ngiyobonga kakhulu baphathi uma ningidlulisele ukubonga kwami kubasebenzi base private ward.

Yimina ozithobayo

Sikhonzisile A. Mncube

## JUVENILE PEADIATRIC WARD PROJECT

### BEFORE CONSTRUCTION STARTED



### AFTER CONSTRUCTION STARTED



- Juvenile paediatric ward project started on the 29 August 2007. The project costed about 6,920million. The project is supposed to be finished by 17 November 2008.it is a 12 month project funded by Department of Health
- This is an extention of peadiatric ward which will accommodate children from 7 to 18 years.



## NEW APPOINTEMENTS AT BENEDICTINE

1. Nxumalo N.I - WARD CLERK
2. Nxumalo P.I - FINANCE SERVICE OFFICER
3. Ngidi N.B.R - PROFESSIONAL NURSE
4. Ngcobo H.F - SUPPLY OFFICER
5. Mbatha P.P - HUMAN RESOURCE OFFICER
6. Ndlela N.P - HUMAN RESOURCE OFFICER
7. Zungu N.S - WARD CLERK
8. Khoza F.A - WARD CLERK
9. Vaphi L.F - SUPPLY OFFICER
10. Xulu Z.A - SUPPLY OFFICER
11. Mtshali M.S - SUPPLY OFFICER
12. Ntshangase P.N - DATA CAPTURER

**Benedictine management would like to wish all the new employees a fruitful stay**

## DECEASED

1. Mosia S.S - STAFF NURSE
2. Zungu N.P - SECURITY
3. Xulu M.S - SUPPLY MANAGEMENT OFFICER
4. Mtshali S.B - STAFF NURSE

**MAY THEIR SOULS REST IN PEACE**

## PROMOTED

1. Biyela D.M - ARTISAN ELETRICIAN
2. Dlamini S.B - ARTISAN PLUMBER

**- WE WISH THEM ALL THE BEST OF LUCK IN THEIR NEW WORK**

## ABOUT OUR HUMAN RESOURCE DEPARTMENT



**Mr M.M ZULU**  
**HUMAN RESOURCES MANAGER**

**B**enedictine hospital human resources department is divided into 3 sections under leadership of Mr MM Zulu and that is:

**Human Resources practices**—which deals with recruitment , You can contact Mrs Zulu

**Human Resource staff Relations**- which deals with labour issues and you can contact Mrs Dlamini

**Human Resources Development**— which deals with skills development you can contact Mr Mncube

# BATHO-PELE WORKSHOP @ BENEDICTINE 2008



On the 24 & 25 April 2008 Benedictine hospital hosted a two day batho-pele workshop and it was held at sisters lounge. People that were trained were batho-pele champions from different departments who are Batho-pele ambassadors in the wards. Our facilitator was Ms S.M Cebekhulu , Quality Assurance Manager at Nkonjeni Hospital. The first day of the workshop the team started with ice breaking and brainstorming . The team was divided into four groups and they discussed hindrances to effective Batho-Pele implementation , after those lengthy discussions presentation by groups was done. On day 2 the 4 teams also engaged in developing service development improvement plans for the wards and hospital, and after that each group had to do presentation. After presentations were done the Batho-Pele champions in Benedictine hospital were awarded certificates for the successful attendance of Batho-pele awareness , implementation and evaluation work shop. We would like to thank all the ambassodors for their participation in the workshop and this will improve the quality of service at our institution. Many thanks to Ms Cebekhulu for her time and capacitating us on the 11 Principles of Batho-pele and we wish you all the best. SEE PICTURES BELOW!!!



Batho-Pele team on brainstorming session



Batho-Pele champions awarded certificates



Nomcebo & Velile doing group presentation



Batho-pele champions at Benedictine Hospital



Mrs Ndaba from female surgical doing presentation



## SPORTS /EZEMIDLALO

Benedictine Netball Team  
Anisebahle gals!

Bafana ningesabi sizobashaya  
Benedictine Soccer Team



Uzoyisholo  
Wena



**BENEDICTINE  
HOSPITAL "SINAKEKELA  
NGOTHANDO"**

BENEDICTINE HOSPITAL  
P.O BOX 5007  
NONGOMA  
3950

Phone: 035 831 7099  
Fax: 035 831 0740  
E-mail:  
nombuyekozo.qongqo@kznhealth.gov.za



**Benedictine netball team played against utrecht hospital and they won the game. Ah mantombazane niyayenza lento!. Benedictine soccer team also played against Utrecht, prince mshiyeni and they lost the game , but ke bo bhuti bam niyazi nani ukuba u always win in other games. Lokhu was to give others chance. All the best for the next coming season guys.**

## P.R.O,s DESK/EZIKASOMLOMO



**N**dithanda ukubingelela abafundi be magazine insengwakazi ephuma njalo emuva kwezinyanga ezintathu. Isikhathi so

nyaka sesihambile kubanye bethu abafana nami ezinye zezifiso zonyaka zifezekile, ezinye zezifiso azikafezeki. Ngithanda ukusho ukuthi kule magazine siniphathele okwezemidlallo , izinhlelo ezithe zaqhubeka la esibhedlela, isakhiwo esitsha sa se paeds, nokunye okumnandi. Ndithanda nokwamkela abasijoyinile la e Benedictine hospital ngithi siyanamukela , sithemba ukuthi nizoziswa nisekhaya. Ngithanda ukuba singabasebenzi sizikhumbuze njalo ngo Batho-Pele emisebenzini yethu ngizothanda siyibuke lemigomo .

### Batho-pele principles

1. Courtesy
2. Information
3. Openness and transparency
4. Customer Impact
5. Leadership and strategic direction
6. Consultation
7. Service Standard
8. Access
9. Redress
10. Value for Money
11. Encouraging Innovation and rewarding excellence



Let us live , breathe and walk Batho-Pele

Miss N Qongqo P.R.O EXT. 7099