



IPC

MCWH

OUTREAC
H.TB

ROAD
ACCIDENT
FUNDS

YOUTH
MONTH

SPORTS

THE LATEST EDITION JANUARY-MAY 2018

VISION

Bethesda hospital to be the most desirable hospital to seek Help from and to work for.

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

MISSION

To develop a people centered district health services in the Bethesda catchment area where all persons have equal Access to quality and comprehensive district Health services, Jobs and entrepreneurial opportunities.

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

OUR CORE VALUES

Open communication,
Transparency,
Consultation,
Commitment to performance and service excellence,
Change and innovation



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BETHESDA HOSPITAL COURTESY CODE

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

OUR EMPLOYEES ARE COMMITTED TO:

Respect

We honor and value each individual, preserve the dignity of each patient and protect privacy and confidentiality.

Effective Communication

We keep our patients and fellow associates well informed by expressing a sincere, helpful attitude; listening carefully; being open to other points of view; welcoming and giving feedback and health promotion.

Sensitivity

We show consideration for the needs and feelings of others by appreciating the diversity of those we serve, focusing on others' needs, acknowledging others' concerns and demonstrating calm and patience.

Professionalism

We demonstrate quality in our work by taking initiative, being knowledgeable and accurate, developing our skills and knowledge, being punctual and prepared.

Exceeding Expectations

We respond to patient needs quickly and ensure follow-through, provide exceptional service (and then ask what else we can do), anticipate needs and offer assistance.

Courtesy

We serve everyone with kindness and care by acknowledging others; offering assistance to patients, families or visitors; using courteous language and behavior.

Teamwork

We focus on shared goals and act on opportunities to help others; share information and ideas for team improvement; contribute consistently and dependably as team members; acknowledge and value everyone's contributions

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INFECTION PREVENTION & CONTROL

**HAND WASH IS THE REGULAR
PRACTISED
CULTURE IN BETHESDA**

*Ms. T.T Mbaliso
(IPC Manager) goes viral on the
hospital's facilities conducting a
hand washing campaign through
out the departments. The purpose
of this campaign is to emphasize
the importance of hand hygiene in
the working environment .New IPC
representatives were appointed
and trained therefore each section
in the hospital has its own IPC
representative to perform IPC
duties.*

*Its an important responsibility for
all of us to engage in correct
handwashing techniques &
practices to ensure the health,
safety of our patients that we serve
staff members.*



**IPC MANAGER (T.T MBALISO) DEMONSTRATING
HOW TO WASH HANDS TO VARIOUS
DEPARTMENTS**

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

STOP CHOLERA!!



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

READ MORE ON THE NEXT



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Cholera is the latest discovered outbreak in our local community therefore Bethesda staff launched few campaigns to the community of Ubombo, ward 02 with an aim of to sharing the basics about cholera prevention and treatment.

Various stakeholders of this community such as SASSA, Department of Social development, Ubombo SAPS, Department of Justice were visited by Bethesda staff in order to share health services based on Cholera.

Jozini clinic staff also made efforts to spread health education by hosting a campaign to patients where all the health services and information were shared to patients at the clinic, various stakeholders were also invited as part of the campaign.

Wash
your
hands



Warm
up
food



Boil
water

**PREVENT
CHOLERA!!!**

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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

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**BETHESDA IPC MONITORING
STANDARD PRECAUTIONS IN THE
WARDS
VARIOUS DEMONSTRATIONS WERE
TESTED AGAINST STAFF**



WASH YOUR HANDS



USE HABITANE



WEAR YOUR MASK



WEAR YOUR GLOVES



**WEAR YOUR FACE VISOR &
APRON**

PROTECT YOUR SELF AGAINST GERMS

MATERNAL & CHILD HEALTH



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It was a great experience and honor for Bethesda hospital staff and the advanced midwives to host midwives from the U.K. MCWH, is a program me that specializes in a Women's health and that also includes a mother and child's health. These delegates thoroughly enjoyed the presentations which clarified the hospitals experience, performance and challenges experienced whilst applying the program in the wards as well as at a community level.

The presentations were to highlight the factors on the maternal health which includes :

1. The low birth rate
2. PMTC
3. Still birth rate
4. Early Neonatal Mortality rate.

It was raised as a matter that girls of the community in this area are not well empowered to discuss issues with their families and this leads to lack of communication in the relationships with their partners as well, If girls are

not confident enough to have sexual talks with their parents they will never be able to open up to anyone else but friends with lesser knowledge than parents can ever be.

As Bethesda hospital we run a ZAZI Camp in various communities where adolescents are selected according to their schools as part of the camp. This is where all the Oral hygiene, Anti-Sugar daddy campaigns, Carrier Guidance, Contraceptives, Pap smear, HIV status and counselling talks are rendered at a one on one session, in such care service camps we also include Social work to assist the girls who are dealing with social issues that could lead to teenage pregnancy.

CHALLENGES AROUND PERINATAL MORTALITY

- -Late booking after 20 weeks
- -Un booked patients, treated by traditional healers.
- 44weeks pregnant patients presented to the labor ward as emergency cases.
- -Failure to recognize danger signs in pregnancy.
- -Health access and transportation.
- -Listeriosis
- -Prematurity
- (recent acquisition of CPAP, surfactant and ventilation)
- -Hypotensive disorders of pregnancy.
- -Inability or failure to recognize IUGR.
- -High teenage pregnancy rate.
- -High fertility rate and poor update of contraception.
- Poverty and Lack of women empowerment.
- -Pessuance of syphilis.
- -Male partners not involved in Family planning



**Bethesda staff in traditional attire welcoming the delegates
From U.K**



**Ms Nkonyane(CEO) & Advance
midwife (O/M maternity)**



**The visiting midwives
In the paediatric ward
During the hospital tour.**



MOTHERS DAY



The Williams Family with the mothers in maternity



Such a great experience for the young mothers in the wards where a generous family of "Williams", took A step and visited Bethesda to celebrate a Mothers day with the Post natal moms in the institution. Mrs Williams shared her experiences of motherhood with patients and encouraged the young mothers Into becoming the best parents ever . This family originates from Holland but they are now staying in Bayala , so they spotted a nearest hospital in order to grant their generosity.



PHILA MA



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OUT REACH



BETHESDA TB TRACERS ARE STILL AT IT, AND STILL GOING ON AT A COMMUNITY LEVEL. SILWA NESIFO SOFUBA

STOP TB!!!

READ MORE ON THE NEXT PAGE

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

In 2008/9 the South African National Tuberculosis (TB) program (NTP) implemented a national pilot project, the T.B tracer project aiming to decrease default rates and improve patient outcomes. The current study aim to inform patients by describing the knowledge, attitudes and practices of T.B program personnel involved with tracing activities . Bethesda hospital is still participating in these activities in the local communities and catchment areas under Umkhanyakude / Jozini Municipality where Bethesda hospital is located. On the 11 May 2018 Bethesda T.B tracers visited Jozini town for T.B Screening where all the Municipal Authorities and employees were invited as part of the campaign to encourage and motivate community members to intervene into such practices for their own health. A number of patients were successfully screened .

Then again on the (date), T.B tracers went viral in the local schools, Shopping Centers for the same purpose as mentioned above.

The T.B Campaigns are spread across our communities because T.B is still a challenge in our district so we are giving communities support Initiatives done by the hospital to fight T.B

STOP TB!



**BETHESDA T.B TRACER TEAM
SCREENING T.B AT JOZINI SHOPPING
CENTRE**



**MS MBUTHU (T.B CORDINATOR)
GIVING A HEALTH EDUCATION TO
SCHOOL LEANERS.**

ROAD ACCIDENTS FUND EXTENDS INTERGRATION WITH PATIENTS WITHIN BETHESDA HEALTH FACILITIES



On the 04th April 2018 Road accident fund visited Jozini clinic, located in Jozini with purpose of launching a campaign to inform citizens and patients who are un-aware of how RAF operates. All the municipal authorities around the area were invited as part of the campaign including both the Mayors of Umkhanyakude (Mr) and Jozini Municipality (Mr Delani Mabika). The transport officers were also invited as part of the campaign.

Why RAF is important to our patients and communities?

RAF ensures all the accident victims who have experienced post accident disabilities are able to take care of themselves financially. According to RAF policy act they are called RAF Beneficiaries. Only Road accident victims can be funded by RAF. The ambassadors announced that this is an international company therefore even foreign applications are acceptable as long as there's a communication line between the branches. People must contact their nearest branches for assistance.

How do health institutions get involved

All the medical examinations are performed and the records are kept in our health institutions, and these campaigns are hoping to assist in providing information to the community about RAF & how to access their services.. In most institutions there's a Road accident funds office located within the facilities in order to assist patients who are in need of assistance with the claiming process. The RAF & patient records are safely stored in hospital's

administrative offices. All these routines are performed in order to avoid fraud that is likely to be committed by the officials, says the RAF ambassador (Mr Dumisa Dlamini). Before the patient claims, medical records are supposed to be submitted to complete the task, they are needed to confirm to the victims inability to work anymore.

Why these kinds of campaigns matter to our patients?

These campaigns are hoping to assist in providing information to the community about RAF & how to access their services. On the 3rd May 2018, there was a new program introduced, where RAF granted car seats to people with babies aged from 0-3 years, but these gifts were granted only to patient/ community members who were attending campaigns. Those patients who were present during this campaigns were also gifted with car seats. This emphasizes the importance of using car seats when driving with babies of such age. There will be also upcoming programs will be used to educate Road safety to our communities.



The Road accidents Fund's team with the Mayor of Jozini municipality (Mr. D. Mabika) & the Mayor of uMkhanyakude (Mr Mkhombo) giving away Car seats to patients with babies Aged from 0-3 years old at Jozini clinic.



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LET'S GIVE BACK TO OUR COMMUNITIES.
LET'S SAVE LIVES.



**YOUTH DEVELOPMENT
(MKUZE)**



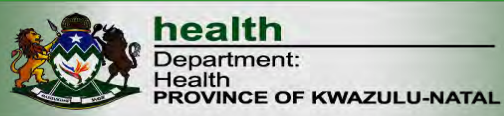
**TEEN AGE MOTHERS IN THE
WARDS**



TEENAGE MOTHERS IN MARTENITY.



IZANDLA ZIYAGEZANA YOUTH CHARITY



ZAZI CAMP



WE ARE HERE TO SERVE YOU!!!

YOUTH MONTH

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

YOUTH MONTH PHOTO GALLERY



YOUTH CAMP, MKUZE



BETHESDA HOSPITAL EMPLOYEES WITH DIFFERENT STAKEHOLDERS



STAFF MEMBERS COMMEMORATING YOUTH MONTH IN SCHOOL UNIFORMS IN THE PEADS WARD.



ACTING PUBLIC RELATIONS OFFICER IN THE MARTENITY DURING THE YOUTH DAY.



IZANDLA ZIYAGEZANA YOUTH MONTH CHARITY (16 JUNE 2018)



MR SMANGA NTSHANGASE WITH
BOTH MEMBERS OF THE FAMILIES
HE PROVIDED WITH FOOD
PARCELS

A generous employee (Food services ordely) and a member of the youth events committee in Bethesda, Mr Simanga Ntshangase and Ms Buthelezi (CCG) distributed food parcels to two of the needy families in a small township called Lindelani at Mkuze. This is the newly introduced activity that is participated by the members in the youth events committee which is led by An acting Public relations officer, Ms S.N Vilakazi.

This committee specializes in assisting with the community development campaigns & Events such as Patients rights campaigns, Charity campaigns ect. This is where the youth month charity activity called Izandla ziyagezana was established and one of the potential employees donated to the needy. Izandla ziyagezana speaks about the need for us to have a sense of community spirit as people, It says community members must play a constructive role towards the development of their communities, It also tells us about the need to give back to our communities, the most important value of “Ukugezana kwezandla” relies on helping those in need around us. Health education was granted by Ms S.N Vilakazi, Family members were encouraged to better healthy lifestyle.

THE 3 SUCCESSFUL YOUTH CAMPAIGNS



Bethesda hospital integrates with a number of stakeholders to make a youth month successful. A number of campaigns regarding Youth friendly services were hosted by this institution and its PHC structure. These campaigns are hosted in directing the aims to improve health system and to build capacity of health care providers. Youth campaigns seeks to address particularly vulnerable groups such as orphans, children, unemployed youth, rural youth sexual active adolescents. During this youth month various stakeholders such as Star For Life, MATCH, Isiphephelo juba, the Department of transport and Jozini SAPS made efforts in making these campaigns the most successful and some of these schools are Mangwazana High school, Ntsinde Secondary School, located at Ubombo (ward 02), Mkuze Primary School, Mtwazi Combined School, located at Mkuze town and Madlaka high school at Umhlekezi area and that was on the 15th June 2018.

As Bethesda Health care facilitators we are looking forward to make even more of a success in our communities through these campaigns. On the 14th June teenage mothers in Gateway clinic and those in the Peads ward were identified as target to be provided with these services. Different types of health based on Carrier guidance, HIV/TB, Breast & Cervical cancer awareness, Financial guidance, Carrier guidance, Oral hygiene and Dual protection were offered by the Junior Campaigns and Events committee that was introduced and is led by the Public relations officer, Ms. S.N Vilakazi., gift packs were provided. The campaign was again extended in recognition of the babies born in June 16 therefore Martenity was offered similar services and gift packs were also provided to teen age mothers.

The objectives of the campaign are :

- Decrease new HIV infections in adolescents.
- Decrease teen age pregnancies and number of deliveries in girls under the age of 18 years.
- Decrease sexual and gender based violence.
- Increase economic opportunities for young people.
- To deliver HIV /Aids health education, testing and counselling.
- To Identify scholars with social issues which maybe effective to their success.
- To provide other health services and education, such as TB Screening, bookings for MMC and cervical cancer screening

(pap smear).





ZAZI

KNOW YOUR STRENGTH

2018



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**BETHESDA
PROMOTES
A POSITIVE WAY
OF LIFE
TO YOUNG
GIRLS OF
MAMFENE
COMMUNITY**

**MJINDI HIGH
SCHOOL**

**NTENGA
PRIMARY
SCHOOL**

**IGUGULESIZWE
HIGH SCHOOL**

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



FOR P
ST

It is more inspiring when health promoters puts more efforts in encouraging women & girls to draw their inner strength and aim to better way of life in rural areas such as uMkhanyakude and its catchment areas, Bethesda management and the Out reach team participates regularly in such campaigns aimed to grow a positive influence to young women during this youth season.

On the 20th June 2018 another Zazi campaign was hosted by Bethesda team to the local girls of Mamfene area with the same aim to assist with programs such as carrier guidance, Children & Women's health (PHILA MA) , Teenage pregnancy , Oral hygiene , Social services & HIV/AIDS/TB Screening and counselling. 150 girls were recruited from three different schools, Mjindi high school, Ntenga Primary School and Igugulesizwe High school. Stakeholders (star for life) were available as part of the campaign including Ubukhosi bakwa Gumede , the local traditional authorities of Manfene area.

Inkosi u Gumede delivered his motivation to young girls with pride .



Also we would like to extend our gratitude to the leadership of school that have granted permission & parents that have allowed their children to be part of the event. Their efforts made this event a success



Ms. K.B. Mabika (program me coordinator) addressing the girls during the Zazi camp.

ZAZI



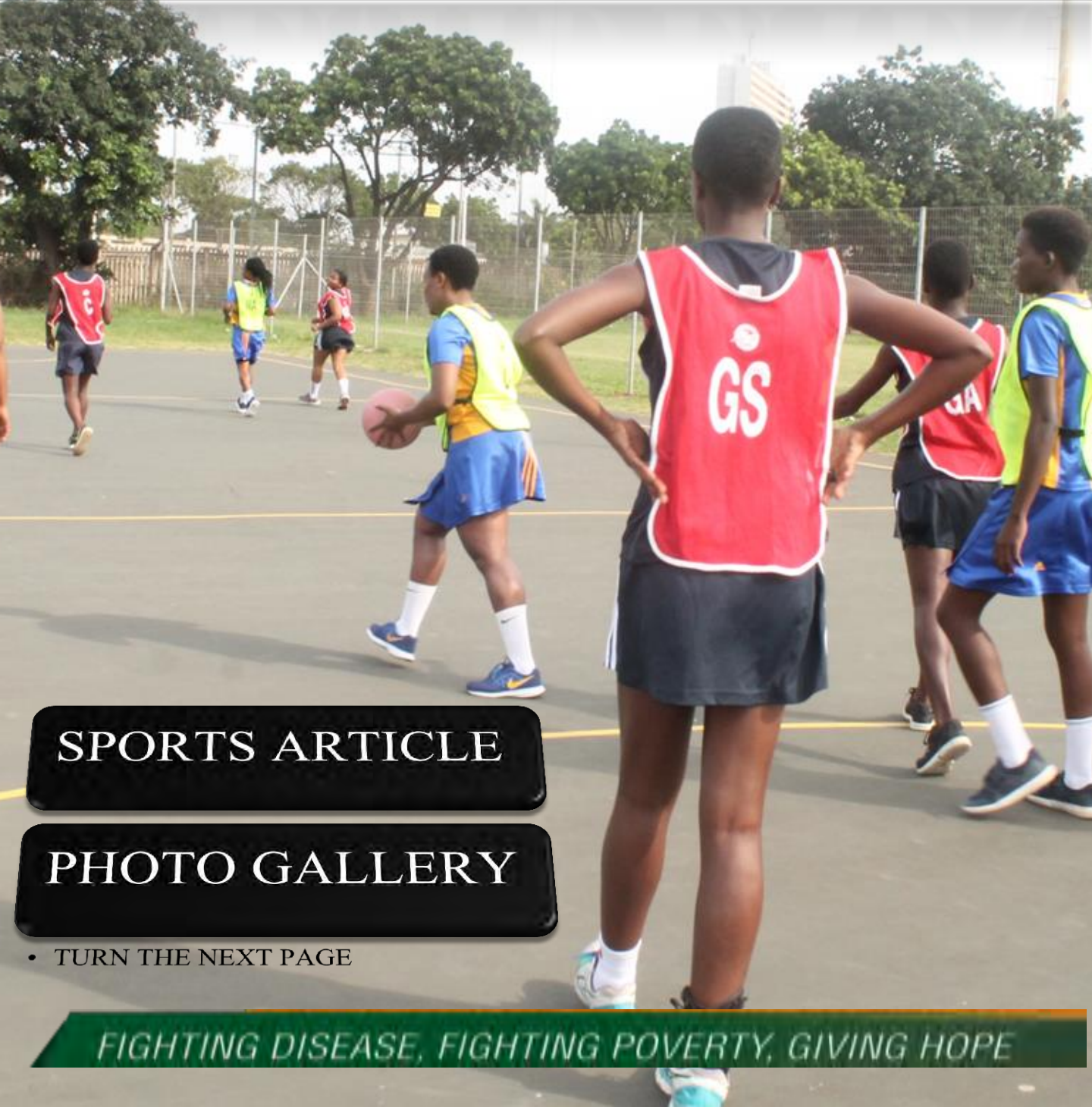
Ms. T. Mvundla (right) with the girls on zazi camp.



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EZEMIDLALO



SPORTS ARTICLE

PHOTO GALLERY

• TURN THE NEXT PAGE

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



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HEALTHY LIFE STYLE

Bethesda sports team had been giving so much effort in work and play activities lately. These activities are performed well in order to reach healthy life style goals to an extent that in our institution we have introduced an activity called "the biggest loser" which is a trending exercising activity to those who wish to loose weight in a healthy form of a practice. On the 28th May our sports teams both the netball and the soccer players enrolled in competition , playing against Ukhozi F.M sports team, and they have also enrolled in the district games against all the 4 district hospital's in Umkhanyakude. these employees have also created time and enrolled in a very big match, called the stakeholders tournament where they had to play against the local stakeholders which are the department of education, police services, Umhlekazi community team and as well as Pongola Municipality. Its an exciting culture to live upon especially nowadays because such activities encourages the youth in the local communities to have better hobbies to focus on rather than the drug and substance abuse etc.. During these tournaments our hospital usually gives the health talks to community members, health talks such as healthy life style guidance, financial guidance and other health talks, Through these sports games we are also able to provide health services such as screening depending on a type of a game.

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BETHESDA SPORTS TEAM



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Bethesda sports team with Ukhozi F.M Dj
(Zim-dollar) before the game played with
Ukhozi F.M

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Ukhozi
luhamba phambili!

SPORTS GALLERY



BETHESDA VS MKUZE SAPS

**BETHESDA VS
DEPARTMENT OF EDUCATION**



BETHESDA VS UKHOZI FM

BETHESDA HOSPITAL



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WE ARE HERE TO HELP YOU!

The Department of Health is committed to providing a quality health care to all citizens of the Province of KwaZulu-Natal.



Ms. S. Nkonyane
Chief executive Officer
Bethesda Hospital
Tel: 035 595 3100

**if you have any queries,
suggestions,
compliments
or complaints**

please contact the
**Public Relations Officer
or Chief Executive Officer**
of the Hospital whose contact details
appear underneath their photographs.



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Fighting Disease, Fighting Poverty, Giving Hope

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



ACKNOWLEDGEMENTS



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MR P.N GWALA
EDITOR
ACTING M & E

Thank you for your time to read Bethesda News. Hope you were inspired by this volume and looking forward to hear from you. We open to new suggestions.

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