



BETHESDA HOSPITAL HEALTH PROMOTING HOSPITAL

DECEMBER 2015

VISION

To be the most desirable hospital to seek help from and to work for.

MISSION

To develop a people centered district health service in Bethesda catchment area where all persons have equal access to quality and comprehensive district health service

INSIDE THIS ISSUE:

MEC Support VISIT... 3

Alufakwa..... 4

Graduation.... 5

Isifungo..... 5

New Broom... 6



THIRD INSTALMENT OF ZAZI CAMP

The third instalment of Zazi Camp hosted in Mhlekazi Area plays a significant role in curbing teenage pregnancy around Mhlekazi area. Bethesda hospital collaborated with Mpilonhle NGO in facilitating Zazi Camp at Mhlekazi Area. Positive attendance of four neighboring schools namely Memezi high school, Mdolomba high school, Isandlasenkosi high school and Madlaka high school indicated consensus concern of teenage pregnancy.

A total of 140 teenage girls attended the two days camp that started on 03rd-04th of December 2015. Gratitude goes to Bethesda's female supervisors who stops at nothing in ensuring that Zazi Camp is well facilitated. Medical team, School health team, PHC team, Social worker and Dental clinic all played pivotal role in facilitating

Zazi camp. Young Women empowerment through career guidance was part of the agenda of the camp.

A testimonial by Dr N.S. Khumalo inspired the girls, they all saw it possible to change whatever circumstance they currently facing. She further alluded to the fact that, a girl is saved in Jesus Christ, and all is possible through God. "God can take you from nothing to something" says Dr. N.S. Khumalo. Mpilonhle team representative Ms. Sma educated the girls about HIV and AIDS. She encouraged them to know their HIV/Aids Status "early detection saves life" says Sma. She moreover mentioned that HIV can be managed and treated, since there is no cure discovered yet.

Oral hygienist Ms. Sepati Duma delivered a vibrant motivational speech to

teenagers. The main theme of her speech was "the power to say no". Regardless of one's inferior background, one should say No to unsafe sex, No to drugs, No to abusive relationship and most all No to sugar daddies. Mhlekazi girls shall no perish as they were equipped to be visionary. An expert in midwifery Pnr. S.T. Gumede left no stone unturned educating teenagers about teenage pregnancy. Dealing with teenagers from diverse background, the conveners catered for even those who have started engaging in sexual indulgence, by encouraging use of a condoms. Contraceptives were also introduced to teenage girls to prevent unplanned pregnancy

Mondli Mpontshane
PR Intern





Second Instalment of Zazi Campaign

The second Zazi camp has grown significantly from the first that was held in Sinethezekile high school in July 2015. Sponsors such as department of health's active partners Mpilonhle and Match played a pivotal role in ensuring that campaign is facilitated swiftly. The turn up in attendance has also improved since Zazi camp was held at Njula combined secondary school and was attended by three schools, namely Njula combined, Ifalethu high school and Izwilenkosi high school.

The mobilization of Bethesda hospital facilitators has capsulated school health team, Dental, PHC team as well as medical team. Amongst many other thing the camp seeks to achieve is to curb teenage pregnancy. Currently 11.1% of babies born to mothers within the Bethesda

catchment area, are born from teenage mothers. These teenage mothers are less likely to complete their education. Teenage mothers are more likely to be unemployed and in receipt social grant and anemia and sexually transmitted infections. Foetal complications that occur more common in teenage pregnancies include growth restrictions, infection and higher infant mortality rate.

Children born to teenage mothers are also less likely to be breastfed and more likely to suffer from malnutrition. In Bethesda catchment area 50% of babies admitted with severe acute malnutrition are born to teenage mothers.

Most teenage mothers are preganated by sugar daddies

who lure them with material things. Matron KB Mabika the assistant nursing manager left no stone unturned welcoming girls who were more keen to career guidance part of the camp.

A significant growth in attendance has prevailed in 2nd quarter Zazi camp held at Njula combined secondary school. Improved partnership between Mpilonhle, Mpilonhle and Bethesda in curbing teenage pregnancy is bearing fruits.

Mondli Mpontshane
PR Intern

*“Medical,PHC
and School Teams
are enthusiasts of
Zazi Campaign.”*

TRIED, TESTED AND PROVEN TO BE THE BEST AGAINST ALL THE ODDS.



UMkhanyakude District management together with hospital Management welcoming Health MEC in Bethesda.

Bethesda Management contingency plans come out victorious in the most difficult times of the longest service delivery protest. A week long service delivery protest, convened by disgruntled Ubombo Community who opted to barricade all hospital access roads with stones. On top of the list of their demands was Water, Roads, and electricity.

Hospital staff and patients were held hostage as they were unable to get out of the hospital. The hospital management managed to set up emergency care units in two of the most accessible clinics in Mkuze and Jozini for emergencies.

Dr. Sibongiseni Dhlomo commended the hospital management for their prompt response in remedying the situation. He furthermore mentioned that Bethesda Hospital is under meticulous supervision of Mrs. P.S. Khumalo and everything is going well like well greased machine. Which is why the MEC seldom visit the hospital. The MEC recommended a compilation of a chronological report of what transpired during the devastation.

The Health MEC promised a support visit that would provide relief to challenges facing the hospital sometime next year.

NO STONES FORMED AGAINST BETHESDA HOSPITAL SHALL PROSPER!



health

Department: Health PROVINCE OF KWAZULU-NATAL

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



Mrs. P. S. Khumalo
CEO
Bethesda Hospital

Season's Greetings

All of us as Bethesda Hospital Management extend our warmest wishes for Happy Holiday Season

And a New Year of Peace, Joy and Prosperity.



Alufakwa Lubuya Nesaphulamthetho



Kuhlwe emini kubashayeli abayizephulamthetho, ngesikhathi umnyango wezokuThutha ubambisene nowezeMpilo esifundeni saseMkhanyakude ubambe usivimbamgwaqo eNkonkoni. Uhlola izimoto ukuthi zikulungele yini ukuba semgwaqeni. Abashayeli nabo bebebhekwa ukuthi banazo yini izincwadi zokushayela. Kuphinde kwahlolwa abashayeli ukuthi abacwilanga yini ezinkambeni.

Umnyango wezempilo ubudlala indima yokudonsa igazi kulabo okusolakala ukuthi kunenhlele yokudla amanzi amponjwana. Lombidlango wesivimbamgwaqo wendulela lena esizoba yinsakavukela njengoba sibheke kuzibandlela. Ucwangingo luveza ukuthi izaphulamthetho ezishayela zidle amanzi

amponjwana ziyaphunyuka ngenxa yokuthi igazi alidonswa ngesikhathi, lithi liqamba lidonswa kutholakale ukuthi utshwala sebusile emzimbeni wezaphulamthetho.

Ongumphathi omkhulu kwezokuthutha esifundeni uMkhanyakude, uNksz. Gugu Zuma uthe abasinisi mahleza kulesi sikhathi sokuphela konyaka. Uqhubeke wathi iningi lezingozi lidalwa abashayeli abashayela bedle bephuze utshwala, ubudedengu Kanye nokungabekezelelani kwabashayeli emigwaqeni. Uveze nokuthi amaphoyisa omgwaqo kanye nawakwamasipala ozothi chithi saka ukulwisana nalesi sihlava. Umnyango wezempilo uzoba yingxenywe yazo zonke izivimbamgwaqo.

Balinganiselwa kwabayishumi abalale ezikhindini kulandela ukutholakala ukuthi bashayela bedle amponjwana. Izinhlawulo

zalabo abephula imithetho yomgwaqo nazo zibe yidlanzana. Zibenhlanu izimoto ezingeniswe ezikidi kulandela ukungabi semweni esikahle sokuba semgwaqeni. Lesisivimbamgwaqo singubufakazi bokuthi ngokubambisana kweminyango kaHulumeni kwenzeka kangcono.

Mondli Mpontshane
PR Intern

32 Graduates, 10 Honours & Provincial Top Achiever From Bethesda Nursing Collage.



*“Dedication
and
Commitment
Pays Off”*

Bethesda Hospital Nursing Collage has once again imaged in KZN map of nursing excellency as they produced at least one distinction aggregate for Mr. C.S. Myeni the provincial top achiever in Clinical Nursing Science, Health Assessment Treatment & Care. Ten out of thirty two nurses graduated in honours on their two years Bridging Course in the ceremony that was held in Olympia hall in Pietermaritzburg on the 15th of October 2015.

Graduates are mostly young stars salvaging nursing fraternity currently facing extinction as approximately 50% of nurses registered in nursing council are above the age of 50 years old. The norm of pledging was given its meaning as all conferred graduates pledged before Almighty God and the audience present. Hospital management commends the 100% pass rate with gratitude.

**Nhlonipho Ndlovu
PRO**



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

SILAPHA UKUZOSIZA WENA!



Nkkz. P. S. Khumalo

Umphathi Wesibhedlela

Bethesda Hospital

**Ucingo : 035 595 1004/
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Email :Philile.nyawo@kznhealth.gov.za

**UMnyango wezeMpilo
uzibophezele ukuhlinzeka
ngezinsiza zezempilo
ezisezingeni eliphezulu kuzo zonke
izakhamuzi
zesiFundazwe saKwaZulu
Natali.**

**Uma unemibuzo, imibono noma
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Wezokuxhumana noMphakathi
noma Umpathi Wesibhedlela,
kulemniningwane yokuxhumana
ebhalwe ngezansi kwezithombe
zabo.**



Mnum. F.N. Ndlovu

**Umpathi Wezokuxhu-
mana noMphakathi**

Bethesda Hospital

Ucingo: 035 595 1004

I-

**Email :Nhlonipho.Ndlovu
@kznhealth.gov.za**

SILWA NEZIFO, SILWA NOBUBHA, SINIKA ITHEMBA



Miss. J. C Gumbi

Thank you for your time to read Bethesda News. Hope you were inspired by this volume and looking forward to hear from you.

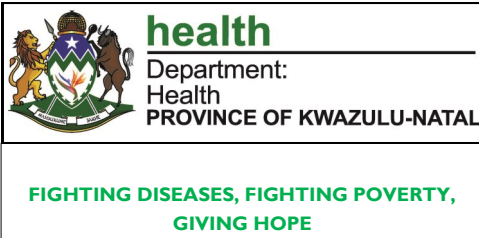


Mr. F. M Mpontshane

Editorial Team:



Mr F.N. Ndlovu: Public relations Officer



New Broom Sweeps Clean

Bthesda Hospital is promoting equal opportunity and fair treatment through the elimination of unfair discrimination, and.

Implementing affirmative action measures to redress the disadvantages in employment experienced by designated groups, to ensure their equitable representation in all occupational categories and levels in workforce.



Ms. S.P Myeni Pharmacy assistance, MS C.T General orderly, MS N.T Nxumalo General orderly, MS N.T Manukuza General orderly, Ms. Dlodlo Pharmacy assistance, Ms. S.T Ndlovu general orderly, Ms. H.N.F Pharmacy assistance, Ms. P.K Dlodlo and Ms. N.N Khuzwayo