



VISION

To be the most desirable hospital to seek help from and to work for.

MISION

To develop a people centered district health service in Bethesda catchment area where all persons have equal access to quality and comprehensive district health service

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MANDELA DAY BEARS FRUITS



The CEO of Bethesda Hospital Mrs. P. S. Khumalo accompanied by Staff members of the Hospital , CWP members and members of the community officially opened the House of Miss Thembelihle Sikhosana of Mandonya (ward 4).

“Poverty is not an accident, like slavery and apartheid, its man-made and can be removed by actions of human beings.” Dr. Nelson Mandela. By these words South Africa’s first democratic president, ignited Bethesda Hospital officials to be patriotic, caring and most of all to be giving. HAST division in charge of containing highly communicable diseases through their TB tracer team identified a patient who is less privileged and without a dignifying shelter.

A mother of three with her children was residing in the most

devastating shack made from stones, sacks and all sort timeworn materials. HAST in collaboration with Serit CWP joined hands in reducing the devastation. Initial HAST collected an amount of R2000.00 with LIMA contributing building blocks anticipated to complete a 3m x 4m decent one room. HAST division tabled the matter to hospital public service week plenary meeting. The intervention of the hospital consensually agreed on more funds to be raised in order

to deliver decent shelter. Indeed the hospitals officials contributed in many ways from monies, grocery, to clothing items, blankets and furniture.

Indeed war against diseases and poverty has been declared by Bethesda officials in collaboration with CWP to the Ndlangamandla family. And hope has been restored not only to the benefiting family but to entire community of ward 4.

.....Continues on page 2



The CEO of the hospital Mrs. P.S. Khumalo commended the collective effort of the hospital staff who dug deep into their pockets to better the lives of their daily clients.

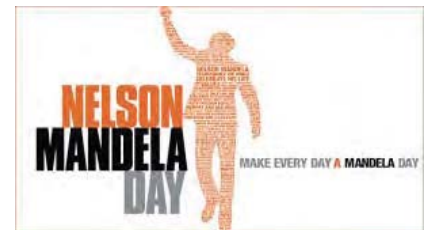
I cannot be without you, without you, without you this Mandonya Community and surroundings is incomplete community, without one single person here, without one single group here, without the region or the country we are not the best we can be.

“I was a drunkard, hopeless and had given up in life. Thanks to

Sir B.M. Gumede and Sir Makhanya who enlightened me with constructive advices and motivation during their regular visit and I have now quitted alcohol,” says Miss Thembelihle Sikhosana. She cried tears of joy and praised God for the change she witnessed in her life.

Annually Bethesda Hospital lend a helping hand in the name of public service week. Furthermore in commemoration of Mandela during Mandela day takes services to the people. However 2015 impacted the Ndlangamandla family.

The local iNduna Mr. Gumede speaking on behalf the community of Mandonya, thanked Bethesda Hospital Staff for alleviating poverty and restoring the dignity to the family. He furthermore emphasised the mere fact, that it is unusual to see public servants this patriotic.



BEFORE



AFTER





**Chief Executive Officer
Mrs. P.S. Khumalo**

MESSAGE FROM... BETHESDA HOSPITAL CEO

As the CEO, I'm humbled by the performance of the team as whole. The numerous accolades that the hospital has received this year, are all attributed to collective effort of dedicated staff. Its' always exciting to jot down some few words to my foot soldiers at the coalface of service delivery. As an institution and employees we can attribute our being here today to God as well. Let us continue to worship through our works, behavior and demonstration of brotherly love to one another. We might not have won institutional Gold award at Premier's Excellence Awards in July 2015, but I am very thankful for we have subjected our hospital into scrutiny, and have been awarded a Bronze.

I must commend Dr. Gloria Mfeka, our family medical specialist for her enthusiasm and commitment to reduce teenage pregnancy through hosting of Zazi Camp at Snethezekile School. The attendance has significantly increased from 130 teenage girls attending Zazi Camp at Snethezekile to 190 teenage girls attending recent Zazi Camp in Njula Combined High School. Currently the hospital service seems to be running smoothly though experiencing some few challenges such as water supply outage which has ever prevailed and remained a stumbling block to service delivery however the effort by management to have contingencies in place is remarkably yielding good results. We still have to do a lot this year, we are preparing for an official launch of new Paediatric Unit. And we are soon will be celebrate 75th anniversary early next year since its official opening on the 4th of July 1940. Hast, Tracer Team and rest of the hospital staff members who are always willing to realise the Department's vision of Fighting Diseases, Fighting Poverty and Giving Hope, with their initiative of building a house to the less privileged.

Lastly let me take this opportunity to acknowledge and welcome all new employees, I have no doubt they will enjoy being part of the team. The support and oversight role of the Hospital Board and clinic Committees have always kept us on our toes as civil servants, we thank them for helping us deliver services responsively.

*Bethesda Hospital is no play field;
nor client exploitation arena..
God Bless You All!*



**FIGHTING DISEASE,
FIGHTING POVERTY,
GIVING HOPE**

Oral Month Awareness



“NO HEALTH WITHOUT ORAL HEALTH”

Health is the basic human right and Oral Health is the significant component of general health. September is declared the Oral Health Month in the Health year calendar. Bethesda has partnered with Match, Mpilonhle in raising awareness on oral hygiene, dental diseases.

On the 1st of September 2015 the campaign started at Jozini Mall facilitated by Bethesda Hospital Dental team. Creches, schools, and shoppers were taught on the following:

What is a healthy Mouth?

- ◆ Bleeding gums
- ◆ Dental Cavities
- ◆ Halitosis
- ◆ Loose teeth

Dental diseases were amongst the issues on top of the agenda, as the communities are overwhelmed by superstitions shadowing dental diseases. The two most general are caries which affects the teeth themselves and periodontal diseases which affect the gums and

jawbone. Plaque is the cause of diseases.

Never the less these diseases are preventable, by brushing regularly twice a day, by using fluoride supplements. Dr. Pradit Dayaram explained into details the importance of visiting a dentist twice a year. Early detection saves teeth and confidence. Prevention is better than cure.



Creche Pupils Enjoying The Jumping Castle At the Oral Month Launch



Dr. Pradit Dayaram addressing the Community At Jozini



Creche, Nethsezeka Primary School, Izibukweni High School Were Amongst The Attendees



Oral Hygienist Teaching On How To Brush Like Dentist.

Blow Jobs can cause Oral diseases

BETHESDA HOSPITAL HOSTS ZAZI

KNOW YOUR STRENGTH



Teenagers attending Zazi Campaign. Willingness to learn and eagerness for empowerment prevailed by attendance of 130 teenage girls.

Bethesda Hospital in collaboration with Mpilonhle Organisation has facilitated a well-attended Zazi campaign at Snethezekile high school. More than 130 teenage girls attended a two day camp. The campaign is the Department of Health's initiative to reduce teenage pregnancy and curb the spread of communicable diseases.

The school Health Team under the supervision of Prn. N.S. Myeni has mobilized learners from Snethezekile and Ezibukweni High School to partake on Zazi Camp. They have collaborated with Community Care Givers to ensure plain sailing of campaign.

The facilitators from different

walks of life gave vibrant lectures to girls to equip them with knowledge. Prn S. Gumede and Prn L. Mabanga of Bethesda Hospital gave a meticulous lecture on STI's and complications of teenage pregnancy that seems to take its toll on teenagers. At the same time show casing our youth friendly initiatives that seek to assist the youth in clinics and eliminate fear of prejudice when seeking assistance with sexual and reproductive health services. Young girls were educated about contraceptives which were made readily available for them to prevent pregnancy and contagious diseases. After a lecture by Sister Stella Gumede the few that are having sexual episodes opted for

contraceptives that best suits them. However emphasis were on dual protection as the use of condoms was highly recommended.

Oral Hygienist Miss Seipati Duma with the support dental assistant's alluded to the importance of good oral hygiene sent the girls back to basics taught by mothers at childhood. Maintaining good oral hygiene is one of the most important things you can do for your teeth and gums. Healthy teeth not only enable you to look and feel good, they make it possible to eat and speak properly. Good oral health is important to your overall well-being. Daily preventive care, including proper brushing and flossing, will help stop problems before they develop and is much less painful, expensive, and worrisome

“I CHOOSE TO WAIT”

“To catch the reader’s attention, place an interesting sentence or quote from the story here.”

than treating conditions that have been allowed to progress.

Career guidance formed part of the issues on top of the agenda. Teenage girls saw it practical as some of the speakers were modeling what they conveyed to them. Dr. Gloria Mfeka the active convener of Zazi Camp empowered girls with everything in her disposal from knowledge, resources and courage. Dr. Mfeka furthermore criticized eagerness of glitz and glamour life that adds no value to young girls. She furthermore mentioned that camps of this nature are the beginning and seek to encourage girls to take charge of their lives without fear or favour.

Screening of communicable diseases such as HIV/Aids and counselling were done during the camp. Snethezekile High School head girl thanked the convener for such a life changing camp. She fur-

thermore thanked the school principals for allowing them such an opportunity of interaction. The girls lamented persuasively for one more day and that would quench their thirst for information.



Professional Nurses Mabanga & S. Gumede Zazi Csmg Enthusiastic



Caption describing picture or graphic.

Drug And Substance Abuse Awareness



Common Drugs found in communities.



Colonel Gumedede explaining the consequences of

Regular cases of substance and drug abuse are common factor of spread of communicable pandemics. Bethesda Hospital in association with South African Police and Non Governmental Organisation were out in full force raising substance and drug abuse awareness in communities. Campaigns started at PHC level, in Mkuze Clinic to be precise. Mkuze Town population is rapidly increasing because job seekers from nearby areas as well as immigrants entering South African borders.

Bethesda Hospital in collaboration with Mkuze SAPS and other stakeholders were curbing the abuse of substance and drugs.

Pamphlets and leaflets raising awareness about the Drug and Substance abuse caught the attention of the youth from neighboring schools as well as the attention of high influx job seekers from nearby areas. Patients queueing for medical attention were not segregated from the awareness. Most defaults are caused by substance abuse.

Bethesda rehabilitation team took the attendees step by step into

realizing, whether are they still using or abusing substance. Mr. Themba Myeni "Social Worker" left no stone unturned in rehabilitating victims of substance abuse. Synchrony and intergovernmental relations prevailed as SAPS and NGO's drove the same message to the youth and community members present.

SAPS delegate Colonel Gumedede stressed participation in constructive recreational activities such as sport, music of different genres, dance of any kind and etc. Boredom was identified as the trap that leads drug and substance abuse. "Stand for something before you find yourself falling far anything," appealing Gumedede to the attendees.

Predicaments of drugs and substance abuse were outlined by every speaker who shared the podium. SAPS referred to it a deliverer to committing crime. A street market price of drugs is unbearable more than a loaf of bread the anxiety for next fix leads to crime. Department of Health scared the youth even more by telling dilemma of retardness, contracting HIV/Aids through irresponsible sexual behaviour when hallucinated .

Hospital Employees were also made Aware of Drug & Substance Abuse

Employee Assistance Program

The working class fall victims of substance and drug abuse in the name of recreational toxication. Bethesda Hospital employees are no immune from trap themselves which is the reason why EAP collaborated with SAPS on the 1st of July 2015 to raise awareness of drug and substance abuse.

The consequences of substance and drug abuse for employees is even severe. Lost of jobs dew to absenteeism. If you haven't started refrain from starting. You can quite just one day at the time, it possible.



"Stand for something before you find yourself falling for anything"

Soka Ndoda

Usekhulumile umlomo ongathethimanga, oNgangez-welakhe iSilo samabandla sithi abesilisa abasoke. Umnyango wezeMpilo nawo unanele, k u m a n j e u p h e z u kombhidlango wokunxenxa abesilisa ukuba basoke ngokwezempilo.

Ucwaningo luqopha ukuthi ukusoka kwehlisa amazinga okusuleleka ngegciwane ngamaphesenti angu-60%. Qaphela lokhu, ukusoka akusho ukuthi lingasetshenziswa ikhondomu. Ikhondomu llona kuphela eliyindlela esezingeni eliphezulu lokuvikela ukusuleleka ngegciwane lesandulela ngculazi Kanye nezinye izifo zocansi. IBethesda iyingxenyeyomkhankaso wokusoka abesilisa abangu 2.5. wezigidi ngonyaka ka-2016.

Kulesisiqephu sonyaka isibhedlela sibambe izinguyaza-

na ezintathu zokuyala ziphinde zeluleke abesilisa ukuthi babambe iqhaza ekwehliseni ukubhebhetheka kwesandulela ngculazi. Lezinguyazana zisoke abesilisa abangu-150 sebonke. Kwinguyazana ebise-Madonela kusokwe abangu-78. Emangwazana ngaphansi kobukhosi bakwaNtsinde bangu 72. Abesilisa abayingxenyeyokusokwa ngabesilisa abaneminyaka engaphezulu kuka -16.

Bayidlanzana abafana ababuyiselwe emakhaya bengasokiwenge ngenxa yeminyaka yobudala engaphansi kwaleyo engumgomo omisiwe oku-16. Amabhobhodleyana amathintanyawo ukusoka ngenhla yobudlelwane bezocansi asengene shi kubo. Kunxuswa kakhulu abesimame ukuba bagququzele abalingani babo kwezothando ukuba basoke, ukubavikela nabo uqobo.

Umnyango wezeMpilo kwaZu-

lu Natal unxusa ukuthi bonke abesilisa abangakasoki, ukuba banikele emtholampilo eseduze nokulapho bezothola khona usizo ngokusokwa ngezempilo okuphephile.

Akunabuhlungu nhlobo, kuthatha imizuzu engaphansi kwengamashumi amathathu. Kube ngamasonto ayisithupha ukuphola, emvakwalokho uyindoda ebambe iqhaza ekwehliseni ukubhebhetheka kwezifo zocansi inqobo nje uma ufaka njalo ikhondomu



iBethesda
yingxenyeyombhidlango
wokusoka
abasilisa abangu
2.5 wezigidi
ngo-2016.



Abesilisa Abebezosoka. Batheleke Ngebhasi Lomnyango Wezempilo



Winter Warm Campaign



Hospital CEO and Mr. Yusurf Handing over blankets to Beneficiaries.

The Department of Health in collaboration with AL-IMDAAD Foundation has handed over 150 blankets, 120 walking sticks and 200 warm hats to under privileged community members within Bethesda Hospital catchment area.

Al-Imdaad foundation donated all these basics with the assistance of Occupational Therapy and Social worker divisions who assisted identified deserving beneficiaries.

Christmas came early to the infants at the Hospital paediatric

ward who also received warm hats from Al-Imdaad.

The professional pilot and coordinator of Al-Imdaad, Mr. Yusurf said it's the first time that the foundation focuses to the Far North rural area and promised that this is the beginning of great things. The foundation provide all sort of immediate reliefs in drastic situations.

The Hospital CEO Mrs P.S. Khumalo authenticated the relationship with gratitude. She

encouraged CCG to always go an extra mile in poverty reduction by continuously reporting cases of destitution.

On behalf of the beneficiaries, Mrs Zungu thanked the Hospital Manager for exposing them to such an opportunity. Moreover she expressed sincere gratitude to the foundation. The cloud of being neglected is gradually moving away from Ubombo Community and surroundings.

1000 Words Told By Pictures



HUMAN PAPILOMAVIRUS CAMPAIGN FOR GRADE 4 GIRLS



The HPV Vaccine programme is seen as part of a comprehensive cervical cancer prevention and treatment programme currently being introduced in the province. The second round vaccine started from 11 August 2015 to 04 September 2015. More than 1400 grade 4 learners vaccinated. The Human Papillomavirus vaccination campaign took one month around Bethesda catchment area.

and education in partnership used a more than two per dose vaccine to girls between the ages from 9 and above to prevent them from acquiring human papiloma virus which is to the develop of cervical cancer.

The initiative by the department of health targeted grade 4 girls from ages ranging from 9-15 years old. Cervical cancer is the most common cancer

amongst woman in South African. Approximately 80% cases of cervical cancer are diagnosed annually. Pnr. N.S Myeni (School Health Supervisor) facilitated a successful campaign; reaching out to more than 45 primary schools targeted with 100% coverage. The hospitals would like to thank all parents, guardians of the learners and teachers for ensuring that the campaign become a success. Parents must receive the HPV Information pack as well upon signing consents.



Caption describing picture or graphic.

The department of health

#ZIBUYILE EMASISWENI



Bebevunule
beconsa
abasebenzi
besibhedlela
iBethesda. Ilowo
nalowo edle
imvunulo yesizwe
sakubo



Umgxabhiso ubuconsisa amathe uhambisana nojeqe.

Bekuvuthuka izinundu insizwa zibhice amabheshu, nezintombi zidle izigege nomakhosikazi edle izidwaba zawo. Ubungafunga ukuthi balubangise odwendweni. Kucace bha ukuthi isibhedlela simiswe izizwe eziyidlanzana, bekukhona ebebevunule imvunulo yesizwe samaXhosa, eyesizwesaMaZulu kanye neyamaSwazi imbala. Kwacaca

nje ukuthi ngale kwesifundiswa kukhona bani?

Kuvuke usinga ngesikhathi kubizwa ingoma eChapel, bayibhikla ingoma abasebenzi kwasobala ukuthi ungam- khipha umuntu emakhaya umlethe emsebenzini kodwa ngeke ubukhiphe ubuntu bakhe kuye. Bekusindwe ngobe-

thole ngezidlo zesintu ebeziphekiwe.

Kuhaywe amahubo okutusa iLembe, kwathoshwa nezithakazelo ukuzasiza imvelaphi yabasebenzi abahlangene ngokulwisana nezifo, ukulwisana nobubha kanye noku- buyisa ithemba.

CHILD HEALTH WEEK



According to health calendar September is health month. Bethesda hospital together with PHC, Mobile teams as well as Outreach teams successfully conducted child health week campaign screening of children from 5 to 12 years old.

Child health week campaign took place in different points from Clinic around, crèches, and some primary schools within Bethesda catchment area. The campaign started 14-18 of September 2015.

The aim of this child health campaign was to catch up immunization to children up to 12 years and unimmunized population, to give health education to the community, promoting of breast feeding, TB screening, and also to give vitamin A for children who missed the opportunity and also HIV screening.

Bethesda hospital initiated the child health week to ensure that children are able to live a healthy life which they are entitled to. As the health promoting hospital child health is our priority.

Early detection saves lives which is why Child health week embark on taking services to the people who are sometimes victims of circumstances such as shortage of funds to get to Primary Health Care services.

Newly Appointed Public Relations Officer

It is such an honour to on board the Department of Health and it's a privilege to be welcomed with warm hands of colleagues. I come from school of thought where two hands claps, within the few months that I have been with Bethesda Hospital it prevailed that indeed divided we fall and together we can do more.

With such magnificent staff and conducive working environment I declare Bethesda my home. I am keen to challenges I promise nothing but improvement to service delivery. No

client shall leave our Hospital dissatisfied. As a custodian of Batho Pele I would stop at nothing in addressing complains. In the name of upholding and maintaining positive good image of the Hospital. This requires everyone's effort and can only be achieved when working together.

Working environment should not be dreary and undramatic, I promise to work hand and glove with EAP in making Bethesda Hospital the enjoyable institution to work

in and contribute in retaining skills of employees that turn to make Bethesda a spring board to green pasture.

I thank you



Mr. F. Nhlonipho Ndlovu

Newly Appointed Employees

- Bethesda Hospital is promoting equal opportunity and fair treatment through the elimination of unfair discrimination, and.
- Implementing affirmative action measures to redress the disadvantages in employment experienced by designated groups, to ensure their equitable representation in all occupational categories and levels in workforce.

SURNAME & NAME

JOB TITLE

Mr F.N Ndlovu—	Public Relations Officer
Mr W.x Hlophe—	Professional Nurse
Ms N.U.B Ngcobo—	Enrolled Nurse
Mrs T.T Zulu—	Lecturer
Ms N.B Ntuli—	Enrolled Nurse
N.N Mngomezulu—	Enrolled Nurse Assistant
S.H Gumede—	Enrolled Nurse Assistant
Ms T.T Mbaliso—	Infection Control
Mr P.N Gwala—	Operational Manager
Dr E.C Williams—	Medical Officer
Ms X.H Masuku—	Help Desk
Mr Z.F Mkhlabangobe—	Queue Marshal
Ms M.N Mhlanga—	Professional Nurse
Ms Z.M Myeni—	Enrolled Nurse
Ms Z.N Myen—	Food Service Aid
Ms G.B Msweli—	Food Service Aid
Ms G.G Myeni—	Food Service Aid
Mr S.E Majola—	Food Service Aid
Ms P.A Nyawo—	Food Service Aid
Ms P.L Gumbi—	Food Service Aid
Ms E.N Gumede—	Enrolled Nurse



Miss. J. C Gumbi

Thank you for your time to read Bethesda News. Hope you were inspired by this volume and looking forward to hear from you.



Mr. F. M Mpontshane

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Miss J.C Gumbi: Public Relations In-service Trainee



Mr. F. N Ndlovu

Should you wish to comment on our newsletter, don't hesitate to contact the Public Relations Office at:

Tel: 035 595 1004 Ext: 3206

Or

Email your comments to:

Nhlonipho.Ndlovu@kznhealth.gov.za



**Silwa Nezifo, Silwa Nobubha,
Sinika Ithemba**

Work And Play



Bethesda Team B



Bethesda Team B with Team B Prasa Metrorail

As part of work and play relations. Moreover increased initiative endorsed by productivity of employees in their province of Kwazulu natal, Bethesda hospital teams went headlock with Prasa Metrorail. a challenge posed by Prasa Metrorail was staged at Mkuze sports Complex on the 29 of August 2015. Despite home ground advantage to Bethesda Hospital, Prasa Metrorail managed to resist conquest. Both team A and B on the male soccer were goalless draws. However team A for old timaz obted for penalties. Bethesda old timaz lost 4:3 on the shootout.

Female netball also formed part of the challenge. Our ladies submitted fully to Durbanites. A good hiding 32:15 sent Bethesda ladies back to the drawing board. Work and Play initiative has played a significant role in enhancing work relations and intergovernmental



Bethesda Team A



Bethesda Netball Team

