



## TB & HIV AWARENESS AT MKUZE

More than 600 community members gathered on the TB & HIV/AIDS awareness held at Mkuze town by Bethesda hospital. The hospital team of health professionals collaboration with uMkhanyakude District Health has made it possible for the local people who came in numbers for TB screening and HIV testing. The awareness was conducted on 7 March 2014.

World TB Day, falling on March each year, is designed to build public awareness that tuberculosis today remains an epidemic in much of the world, causing the deaths of nearly one-and-a-half million people each year. TB is a serious disease that can spread easily indoors – especially if it is TB in the lungs! People who are HIV positive often get TB because their immune systems are weak and they cannot fight off the virus easily. You can get TB without being sick. If you leave it untreated, it can lead to death – which is why it is very important to get tested for TB regularly and continue with treatment. Bethesda hospital is proud to state that through primary health care services has succeeded to reach 85% TB cure rate. These results are overwhelming and makes us the best hospital in TB management. The good results have drawn a number of clients from the neighboring hospitals to come and be treated at Bethesda hospital.

The recent campaign has drawn a number of clients that can't make time to the clinics but were afforded a lifetime opportunity to be screened and tested same time without delays. The hospital extends heart warming gratitude's to MATCH our social partner who made it possible by sponsoring the awareness with Gazebos, tables and chairs.



Fighting Disease, Fighting Poverty, Giving Hope



Community members going for TB screening



Community members going for HCT screening



## UMKHANYAKUDE EMERGENCY MEDICINE UPDATE

On the 24<sup>th</sup> May, Bethesda hospital hosted an Emergency Medicine Update at Ghost Mountain Inn at Mkuze, in the Umkhanyakude District. This was the first Emergency Medicine Update to take place in rural KwaZulu Natal, and 24 doctors from Manguzi, Mosvold, Itshelejoba and Bethesda hospital attended the update. The course was organized by Dr Gloria Mfeka, a Family Physician from Bethesda Hospital, and it was a collaboration between Ngwelezana Emergency Medicine Department, UKZN Department of Family Medicine and UKZN Medical Education Partnership Initiative. Lectures were provided by staff from UKZN Department of Family Medicine, Emergency Medicine Department at Ngwelezane Hospital, Paediatric Department at Ngwelezane and Bethesda Hospital. This interdisciplinary approach worked well to provide a very comprehensive update and offered solutions to



*Dr Dube & Dr Hobe in action*



*Dr Hobe during a mock resuscitation*

problems commonly encountered in the rural setting. There was a broad spectrum of topics covered ranging from medical emergencies, trauma, radiology, recognizing the sick child, toxicology, ethics and more. “Our aim was to provide doctors with a systematic approach to emergencies at the time of first contact with the patient,” said Dr Gloria Mfeka (Family Physician at Bethesda hospital). The lectures were accompanied by a practical skills session where the participants were able to put into practice the theoretical knowledge they had acquired. Case scenarios were presented with manikins and additional equipment available for attendees to practice newly learned skills. There was also a practical session for intraosseous line insertion which was conducted by the paediatricians. The participants were provided with a CD containing notes on the topics covered in the lectures to learn from and refer to in the future. They were also encouraged to conduct training at their own institutions and to pass on the knowledge they learned during the course.

The course was concluded with a post course evaluation. “The post course evaluation will help us to plan upcoming events by learning from the feedback provided by the attendees. We extend deepest thanks to UKZN MEPI funding that enabled this update to become a reality, and hope similar updates can continue to take place in rural hospitals so as to improve the skills of doctors working in the rural setting. We also extend warm gratefulness to the superb team of in Bethesda who continued with service delivery while the rest of the team attended the Emergency Medicine Update,” said Dr Mfeka.



*Doctors practicing Intubation skills*

# MEDICAL MANAGER'S CORNER



**The Bethesda News Team recently visited the new Medical Manager Dr T.C Nkabinde after he was recently appointed to provide medical support to the hospital.**

**Mr Zulu: Warm welcome Dr Nkabinde.**  
Dr Nkabinde: Thank you Mr Zulu.

**Mr Zulu: Who is Dr Nkabinde?**

Dr Nkabinde: Im a black South African male in his 30's. I am Married also to a medical doctor and we work together in the same facility.

**Mr Zulu: Where do you come from?**

Dr Nkabinde: I am originally from Pietermaritzburg, but moved to Durban in 2001 to start medicine at UKZN. I have lived in Durban ever since and have a house there.

**Mr Zulu: Share with us your level of education.**

Dr Nkabinde: I matriculated in 2000 at Pietermaritzburg boys college. I graduated with MBChB from UKZN in 2006. I have a Masters Degree in Medicine (Family Medicine) from UKZN - 2013. I am a fellow at the College of Family Physicians as a specialist.

**Mr Zulu: May you please share with us your level of experience in the medical field?**

Dr Nkabinde: I did my internship at Prince Mshiyeni hospital (2007 - 2008). I did my community service in Stanger hospital (2009). I worked at Wentworth Hospital as an MO (2010). I joined the Family Medicine registrar program and qualified as a specialist in October 2013.

**Mr Zulu: What do you enjoy most about Medicine?**

Dr Nkabinde: Medicine for me is a calling. Thus it is a privilege to be able to help people, specifically those who need it most, being the poor. It is also satisfying to be able to see people get better through our different management plans. Dealing with the bio psycho social aspects of medicine I also find very interesting, knowing that I don't just have to



**Dr T.C Nkabinde: Medical Manager**

deal with the disease, but help the individual holistically.

**Mr Zulu: What are your future plans in the current position as the new Medical Manager?**

Dr Nkabinde: I am a clinician at heart, and with being a Family Physician, I have been equipped to also deal with how to manage health systems in order to function optimally. My Aim in the new post is to ensure adequate functioning of our hospital, specifically the medical component. I hope to improve health care delivery not just to the hospital, but also to the outlying community and our clinics through efficient and functional programs. I would hope that when our patients leave Bethesda hospital, they feel like they have received a health care service that is potentially compatible to what they would have received from their private GP or private hospital.

**Mr Zulu: Tell us more about your aspirations?**

Dr Nkabinde: I am a driven person who always enjoys new challenges. I hope to accomplish many aspirations I have personally and in my career in medicine. My goal is to one day retire knowing I have done everything humanly possible with the gift I have been blessed with.

**Mr Zulu:** Thank you very much for joining the moving hospital Dr Nkabinde and we greatly appreciate your appointment in this hospital and we are certain that the community of uMkhanyakude will benefit a lot from you.

## NEW CABINET SWORN TO THE KZN LEGISLATURE

The new cabinet was sworn to the KZN Legislature for another five years to deliver services to the people. During the provincial inauguration the KZN Premier Mr Senzo Mchunu congratulated the newly elected cabinet. “This province is blessed with many capable leaders across all sectors of society who have a vision for a prosperous future. However, what is urgently needed is to choose the right path that will enable all of us to reach our destination. It is for this reason that the ANC-led government has identified Five Priorities that will be the focus over the next five years,” said Mr Mchunu.

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Provincial  
Members of the  
Executive  
Council



**Left to Right Behind:** MEC for Agriculture and Rural Development – Mr Cyril Xaba; MEC for Human Settlements and Public Works – Mr Ravi Pillay; MEC for Finance – Ms Belinda Scott; MEC for Health – Dr S bongiseni Maxwel Dhlomo; MEC for Social Development – Ms Weziwe Thusi; MEC Economic Development, Tourism and Environmental Affairs – Mr Michael Mabuyakhulu  
**Left to Right Front:** MEC for Cooperative Governance and Traditional Affairs – Ms Nomusa Dube Ncube; MEC for Transport, Community Safety and Liaison – Mr Willies Mchunu; KZN Premier—Mr Senzo Mchunuc MEC for Education – Ms Neliswa Peggy Nkonyeni; MEC for Arts, Culture, Sports and Recreation – Ms Ntombikayise Sibhidla-Saphetha

During his address the Premier reminded the KZN people about the five key priorities which were adopted by the Manifesto of the ruling government, those include health for all. “During this term of office we will move with speed to towards the introduction of the National Health Insurance system. There is no turning back. We have seen an improvement in the provision of quality healthcare to our people in our NHI pilot sites in Amajuba, UMzinyathi and UMgungundlovu. We are convinced more than ever before that this is the only system that will eradicate all the inequalities in the provision of healthcare to the people of this province. Building on the achievements of the ANC-led government in the previous term of office, we commit this government to building a healthier nation with programmes to fight diseases such TB, HIV and Aids being strengthened.

This will also involve the establishment of Aids Ward Committees, District and Local HIV and Aids Councils by municipalities across the province. Regular progress reports of these councils on the fight against HIV and Aids will be presented quarterly before the Provincial HIV and Aids Council which is chaired by the premier. In order to make progress in the reduction of maternal and child mortality rates, we will start the process of introducing midlevel workers especially in the management of Mother and Child Health as part of the Primary Health Care programme. We also want to make a serious assault against communicable diseases and social ills through the grassroots mobilization. As part of infrastructure development programme, we will continue to build new clinics and hospitals across the province. We will ensure that these health facilities are staffed with adequate, well-trained and carrying staff,” Continued Mr Senzo Mchunu.

# HPV CAMPAIGN FOR GRADE 4 GIRLS



*Young girls appreciation about HVP Vaccine*



*Profetional Nurse N.S Myeni Giving Vaccine to young girl*



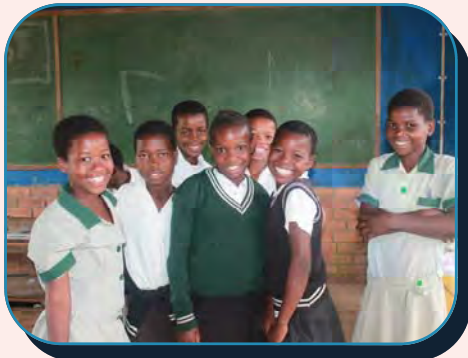
*9 year old girls delighted after getting the dosage from the team*

More than 1126 Grade 4 learners were vaccinated during the Human Papilloma Virus vaccination campaign that took two months around Bethesda catchment area. "The Departments of Health and Education in partnership with MSD (MERCK & Co. Inc) will give a more than R2400 per dose vaccine to girls between the ages of 9 to 12 years to prevent them from acquiring the Human Papilloma Virus which is a precursor to the development of cervical cancer in most women," said Dr Sibongiseni Dhlomo. The initiative by the Department of Health targeted Grade 4 girls who are 9 years and older. Cervical cancer is the commonest cancer among women in South Africa, and in KwaZulu-Natal. Approximately 6742 cases of cervical cancer are diagnosed annually, with more than 50 % of the cases leading to death. The school health team of Bethesda hospital led by



*Sir Mawelela giving vaccine to a young girl*

Mrs Myeni had a successful campaign reaching out to more than 46 primary schools. The hospital want to thank all parents, guardians of the learners and teachers for ensuring that the campaign become the success. Parents and teachers had a significant role during the process for obtaining HPV vaccination consent to all girls in grade 4's and parents must receive the HPV information pack. About 99% of consent forms were immediately returned back to the school which made the job easier for the vaccinating teams. "This HPV Vaccine programme is seen as part of a comprehensive cervical cancer prevention and treatment programme currently being introduced in the province following our announcement of the Phila Ma Campaign," said Dr Sibongiseni Dhlomo MEC for Health in KwaZulu-Natal. The second round vaccine start from 29 September to 31 October 2014.



*Cheerful learners after the vaccination*



*Staff Nurse T.F Danisa Orientate young girls about HPV*



**Prevent Cervical Cancer**

## Basic Life Support (BLS) Training at Bethesda Hospital

**H**ealthcare institutions have an obligation to provide effective resuscitation services and to ensure that their staff receive training and regular updates for maintaining a level of competence appropriate to each healthcare worker's level of function. This requires appropriate equipment for resuscitation, training in resuscitation, managerial support and financial planning. Failure to provide an effective resuscitation service is failure in offering good health care and implies clinical negligence. In an effort to improve resuscitation in Bethesda Hospital and its Primary Health Care Clinics, Dr Cyril Nkabinde and Gloria Mfeka did the Basic Life Support (BLS) Instructor course with Claassen & Claassen Training Centre in Pretoria. UKZN Medical Education Partnership Initiative kindly funded both doctors for the BLS Instructor's course while Bethesda Hospital covered the bill for transport and accommodation expenses.

The BLS course has been approved by the American Heart Association and Resuscitation Council of Southern Africa, and is designed to teach the skills of cardio-pulmonary resuscitation (CPR) for victims of all ages. It includes CPR and use of the Automated External Defibrillator for adult, child and infant patients. This course is presented with videos and is accredited by the HPCSA for 15 CPD points.

Becoming BLS instructors will enable us to establish a BLS Training Centre

in Bethesda Hospital. This means we will be able to conduct BLS Courses in Bethesda Hospital to the benefit of all our staff and patients. Once we have trained the staff at Bethesda Hospital, we intend to extend training to the rest of Umkhanyakude district level hospitals. On 10<sup>th</sup> June we conducted our first BLS Course at Bethesda hospital during which Dr Carin and Johann Claassen were

monitoring to ensure that the BLS Course was conducted in accordance with the American Heart Association and Resuscitation Council of Southern Africa recommendations. I would like to thank MEPI for their financial support in meeting the transport and accommodation needs for Dr Carin and Johann Claassen while coming to Bethesda hospital to conduct the monitoring.

Eight students participated in the course, four doctors and four nurses from Bethesda Hospital. The course length was 6 hours and cost R400 per student. Students received a comprehensive manual three weeks prior to the course which gave them sufficient time for study as there was an Multiple Choice Questions test and practical skills session test. The pass mark for the test was 84%, and seven of the eight students who participated in the course did very well. Dr Carin and Johann Claassen were very impressed with the organisation of the course, the equipment available to conduct training and with Bethesda Hospital in general. They also encouraged us to further our training abilities by becoming Advanced Cardiac Life Support (ACLS) instructors. We have therefore passed the BLS course monitoring and are currently in the administrative process of setting up the Bethesda Hospital Training Centre.

Thank you UKZN MEPI for the support you continue to show Bethesda Hospital! There is still much work to be done and I hope our collaboration will continue in the future.



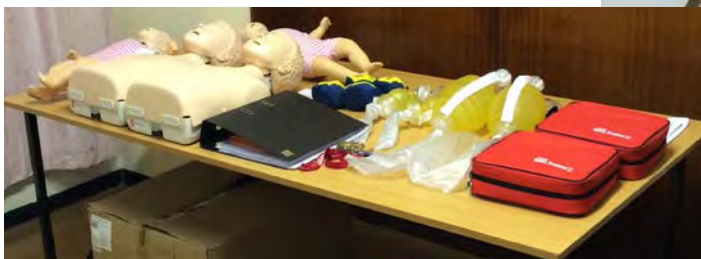
**Dr G. Mfeka**



*Dr Nkabinde; Dr Mfeka; Dr Carin and Johann Claassen*



*Practical skills session for the BLS Course*



*New Equipment for Training Centre purchased by Bethesda hospital*

**Written By: Dr Gloria Mfeka, Family Physician Bethesda Hospital, Family Physician at Bethesda Hospital and honorary lecturer at UKZN**

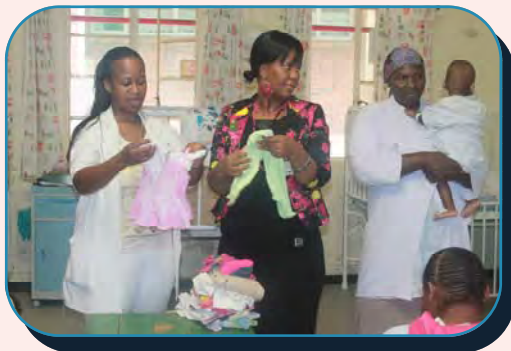
## Bethesda hospital Conducting Waiting Times & Service Times to Improve Service for patients

According to National Core Standards it is the requirement for the institutions to conduct quarterly waiting times and service times. The M & E unit led by Mrs Tholithemba Sibisi did a wonderful job to measure the waiting times and service times of the hospital against the agreed waiting times in order to improve the institutional waiting times. The survey was conducted in 13 March 2014 on more than 165 clients who came from various areas within the Bethesda catchment area. Those include the walk ins and. The survey was conducted on a very busy Thursday of the month on 25 service points. Most of the areas maintained their agreed waiting & service times with a stager improvement on some areas. We want to thank the team of CCG's who performed their best during the survey.



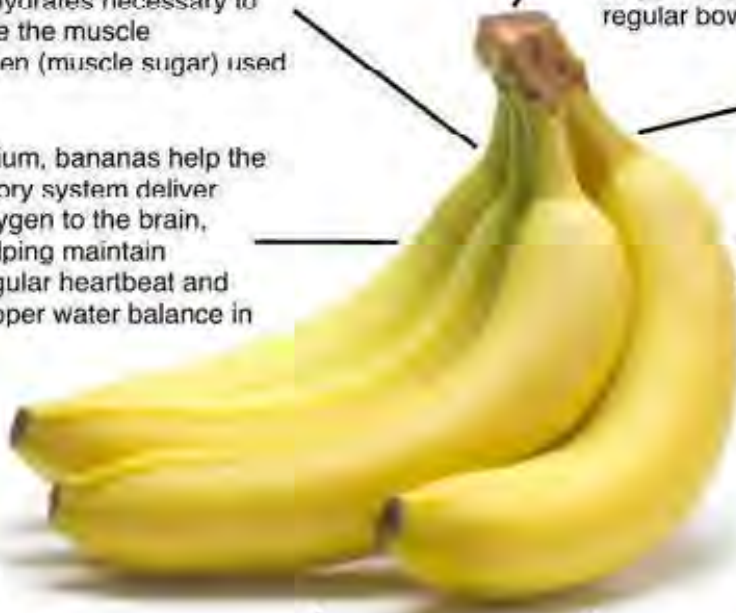
## MISS GRACE LAMOLA DONATE TO PAEDS WARD

Bethesda hospital Pharmacy Manager, Miss Grace Lamola led with example after donating more than 30 clothing and blankets to children and their mothers at Paeds Ward in April this year. My donation to these kids, it is not that I am reach but I want to make meaningful impact to their lives and I for one was blessed with two kids and the warmth is very much important. I am happy to share with you for today and hoping that these clothes will make a difference in mothering of your child's health. Speaking on behalf of the group Mrs Kunene, thanked the Pharmacy Manager for her choice to give them some clothes.



Fighting Disease, Fighting Poverty, Giving Hope

# AMAZING BENEFITS OF BANANAS



**Energy**  
Bananas supply proper carbohydrates necessary to replace the muscle glycogen (muscle sugar) used

**Potassium**  
High in potassium, bananas help the body's circulatory system deliver oxygen to the brain, helping maintain regular heartbeat and proper water balance in

**Bowel Health**  
Bananas are high in soluble fiber which helps stop constipation and helps to restore and maintain regular bowel function

**Increase happiness**  
Bananas release a mood regulating substance called tryptophan which is converted to serotonin in the brain and thus elevates mood & makes us happier!

**Help Smokers Quit**  
Bananas contain B vitamins and other minerals that lessen the effects of nicotine withdrawal both physically and psychologically

**PMS**  
Bananas contain vitamin B6. This vitamin regulates blood glucose levels and helps us in times of stress and helps to suppress cranky moods

**Brain Power**  
Potassium-packed fruit helps learning because it makes the pupils more alert. Students find that they have more brain power and do better on exams when they eat bananas at breakfast and lunch.

**Iron**  
Bananas are rich in iron too, and can help individuals with anemia. Iron rich foods, such as bananas help stimulate production of hemoglobin in the blood and

## OTHER HEALTHY LIFESTYLE TIPS



## How to Whiten Your Teeth with Banana peel



Take a piece of the inside of the banana peel and gently rub around on your teeth for about 2 minutes. The amazing minerals in the peel like potassium, magnesium and manganese absorb into your teeth and whiten them.



# Anti-Cancer Superfruits



Grapes



Mangosteen



Blueberries



Goji Berries



Avocado



Noni



Dragon Fruit



Acai Berries



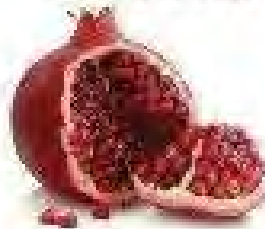
Soursop



Apple



Citrus



Pomegranate



Strawberries



Kiwi

**DRINKING LOT OF WATER IS GOOD FOR YOUR HEALTH**

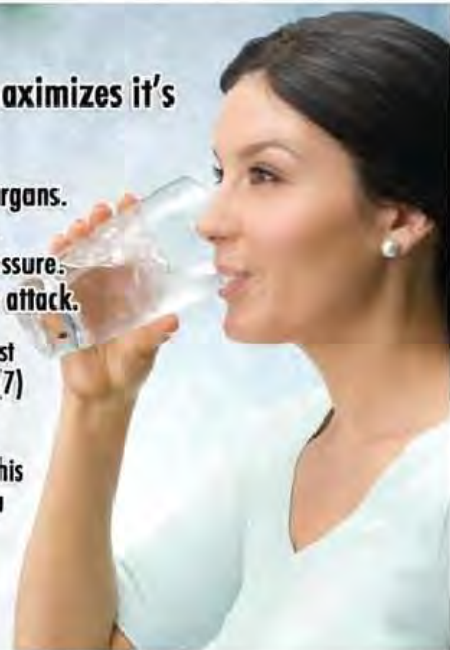
**Drinking water at a at the correct time maximizes it's Effectiveness on the body.**

- 2 glasses after waking up - helps activate internal organs.**
- 1 glass 30 minutes before a meal - helps Digestion.**
- 1 glass before taking a bath - helps lower Blood Pressure.**
- 1 glass before going to bed - avoids Stroke or Heart attack.**

So, since the recommended daily intake of water is at least twelve (12) glasses of water a day, the remaining seven (7) glasses could be taken in between these suggested time.

**NSL Note: 8 glasses of water is not enough to rehydrate this summer or if you are living in tropical countries, or if you have an active lifestyle, etc.**

Source: Adopted From "Correct Time to Drink Water" by Abdul Matin Sattar Khan



# NEW EMPLOYEES



**DR K. Stuart**  
Medical Officer (Comm Serve)



**DR. J. Mudali**  
Medical Officer



**DR. A. Asghar**  
Medical Officer



**DR N. Gill**  
Medical Officer



**B.J Makhoba**  
Radiographer



**T.T Mbaliso**  
Lecturer



**N.N Fakude**  
Facility Information Officer



**D.M Nkosi**  
Occupational Health Nurse



**M.V Ntsele**  
Prof Nurse (Comm Serve)



**T. Hlabisa**  
Prof Nurse (Comm Serve)



**N.T.I Ndabandaba**  
Prof Nurse (Comm Serve)



**M.S Mdletshe**  
Prof Nurse (Comm Serve)



**T.T Mpontshane**  
Enroll Nurse Assistant



**S.R Shabangu**  
Enroll Nurse Assistant



**C.N Myeni**  
Enroll Nurse Assistant



**N.K Nyawo**  
Enroll Nurse Assistant

# NEW EMPLOYEE CONTINEUS. ....



**L.P Nyawo**  
Admin Clerk



**Z.S Myeni**  
Data Capturer



**J.M Maphumulo**  
Driver



**N.S Myeza**  
Senior Dietician



**N.T Simelane**  
Dental Assistant (Intern)



**A.T Ndwandwe**  
Human Resource Officer



**M.J Masuku**  
Supply Chain Clerk Supervisor



**B.P Tembe**  
Support Service Officer



**S.E Myeni**  
In-service trainee  
Food services



**N.N.I Nhleko**  
Human Resource  
In-service Trainee



**T. Masuku**  
In-service trainee  
Secretary



**N.T Myeni**  
In-service trainee: Public  
Management



**L.N Dlamini**  
Finance In-service Trainee

CONGRATULATIONS ON  
YOUR NEW EMPLOYMENT  
AND WISH YOU A HAPPY  
STAY AT BETHESDA  
HOSPITAL





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# EZEMPILO EMBIZWENI YOMPHAKATHI

**I**gxathu lomngango weZempilo liyabonakala ezimbizweni zomphakathi owakhele iJozini. Ngenyanga kaNdasa abasebenzi bezempilo esibhedlela i-Bethesda bahloniphe umphakathi waseZinyokeni ngosizo lweZempilo oluphephile ngesikhathi kunembizo ehlelwe umasipala wase Jozini ubambisene nethimba le-Women's Forum elingaconsi phansi emphakathini ngokunakekela izidingo zabantu. Le Mbizo ibihanjelwe iMeya yakuwo lo masipala ngenhloso yokuhlangabeza umphakathi ngezidingo zawo. Umphakathi uzwakalise enkuluinjabulo ngokuthi kusizakale amanye amalunga omphakathi ngesikhathi ehlinzekwa ngezinto zokuxosha indlala



emakhaya. Iningi lo mphakathi waseZinyokeni uzitholele ukudla kwasendlini, izithombo zemifino ukuze bakwazi ukuziqalela izivande ngohlelo lokuxosha indlala. Lo mcimbi ubuyindumezulu kubantu bakuyo le ndawo kwazise intuthuko abayibuzi bayibona ngamehlo. Kulo mcimbi abantu bathathe ithuba labo ukuzixilonga isimo sabo emnyangweni weZempilo. Izibalo zikhomba ukuthi iningi labantu bayafisa ukwazi ngesimo sabo okwenza kubalekelele kakhulu ngokuthi basheshe bahlinzekwe ngosizo kungakonakali kakhulu. Nakuwo lo mcimbi ithimba lesibhedlela libone abantu abangaphezulu kwamashume amahlanu.



## MMC AT MAJOZINI WENT A SUCCESS



More than 180 males were circumcised at Majozini and the next MMC Camp is on 03 July 2014 at Vukani Bantwana Primary and on the 10th July 2014 is at Cezwana Primary. We invite more males to come and circumcise for their health.

# WOMAN EMPOWERMENT OUTREACH AT MAKHONYENI



Mrs Mchunu present food parcels to households

On June 13, 2014, the Jozini Women’s Forum led by Mrs Mthethwa and Mayor for Jozini Municipality hosted outstanding the Women Empowerment Outreach at Makhonyeni Hall. The event was graced by the first lady Mrs Mchunu the KZN Premier. The event was attended by more than 2000 community members from Jozini. The Mayor handed over the chickens to Jozini Cooperatives that were recently trained by honourable Mrs Mchunu to kick start their poultry farming.

It was a joyous event to members of the Co-opt to receive certificates on a lengthy training on starting a poultry farming which were presented by Mrs Mchunu. His Worship the Mayor for Jozini Cllr Mthethwa presented food parcels to more than 20 households with farming crops that were received from Department of Agriculture through Operation Sukuma Sakhe initiative. Community members were blessed to hear from the hospital PHC Supervisor Ms J.S Nyawo when she shared the health talk on teenage pregnancy, the importance of attending to ANC, the importance of family planning and unsafe abortion. Empowering messages from various government departments were shared to the community those include SAPS, Transport, DSD etc.

“Indeed, Operation Sukuma Sakhe is making impact tto the livelihood on Jozini community members,” said Mrs Mchunu.



Mrs Khumalo handing over amadumbe



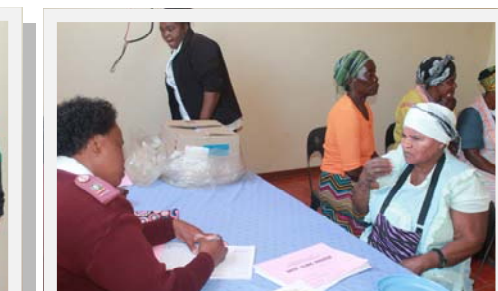
Mrs Khumalo listening to presentations



Jozini Women's Forum Members



Co-opt receiving certificates after training



Health professionals of Bethesda providing health services to the community during the event



## BETHESDA HOSPITAL DID IT AGAIN

The soccer & netball team for Bethesda hospital claim glorious on the "Work and Play" games organized by Manguzi hospital in March this year. The netball team was crowned the champion of the tournament by beating seven teams from various government departments. Indeed the work well done by the soccer team claiming the runner up being defeated by the Manguzi SAPS. The recent games in May 2014 organized by Jozini Municipality together with Workers for Life played at Jozini stadium, Bethesda hospital continued with their glory becoming the Winner of the tournament on a netball team. The netball team won two netball kits with a trophy & one ball. The soccer team for Bethesda took a runner up position and managed to come back home with one soccer kit and medal. The moment of glory was realized after beating 11 strong teams who were know to be the best but Bethesda netball team managed to be the top. Work and Play is becoming an excellent opportunity for government departments to socialize and make meaningful impact in the workplace. It is awe-



### MRS P.S KHUMALO DONATING SOCCER KIT TO BETHESDA HOSPITAL TEAM

The Healthy Life Style for Bethesda has echoed words of gratitude to the Management of the hospital especially Mrs P.S Khumalo, the CEO who recently donated a soccer kit after realizing that the old kit was not in good shape.



Mrs P.S Khumalo



The new soccer kit for was worn for the first time by Bethesda soccer team

# Editorial Team

Thank you for your time to read Bethesda New.  
Hope you were inspired by this volume and  
looking forward to hear from you.

## Editorial Team:

Mr T.K Zulu: Public Relations Officer

Miss N.T Gumede: Public Relations In-service Trainee



Miss N.T Gumede



Should you wish to comment on our newsletter, don't  
hesitate to contact the Public Relations Office at:

Tel: 035 595 1004 Ext: 1106

Or

Email your comments to:  
[thandinkosi.zulu@kznhealth.gov.za](mailto:thandinkosi.zulu@kznhealth.gov.za)



Mr Thandinkosi Zulu:  
Public Relations Officer



## BETHESDA HOSPITAL

BETHESDA HEALTH PROMOTING HOSPITAL

Fighting Disease, Fighting Poverty, Giving Hope