



SUCCESSFUL ANNUAL REVIEW AND OPEN DAY 2012/13

Vision

Bethesda Hospital to be the most desirable hospital to seek help from and to work for

Mission

To develop a people centred district health services in the Bethesda catchment area where all persons have equal access to quality and comprehensive district health services, jobs and entrepreneurial opportunities



Bethesda hospital conducted a successful Annual Review & Open Day event on 27 November which was aimed at informing & reporting back about the performance, progress & developments to surrounding stakeholders of the hospital.

This ceremonial event has been an annual activity where the hospital review its performance & promote health activities and its achievements for the previous financial year. The event was attended by a number of stakeholders including the Jozini Municipal Councillors, Senior Managers from Umkhanyakude District Health led by District M & E Manager Mrs Mthimkhulu, hospital CEO's, Hospital Board Members, Clinic Committee Members, Senior Managers from various government departments on OSS, Business community, NGO's & traditional leaders. On her address Mrs P.S Khumalo commended the partnership & ongoing support by stakeholders which has made the hospital become the institution of choice. The fundamental element of this gathering is that the hospital acknowledge

the Best Performing employees & recognize the service rendered by the retired staff. About 21 retiring employees were issued with Certificate of service and more that 30 employees were honoured with the best performance which sees Miss HH Nxumalo Finance Manager took the employee of the year award 2012/13. Induna Myeni representing the hospital board & Nsinde traditional leadership applauded the hospital achievements and congratulated the hospital management for their quality leadership. Mrs Vilakazi the Batho Pele Champion from Head Office was pleased about the hospital performance & congratulated the hospital on the recent achievements on the Gold Award received from the National Batho Pele Excellence Awards.



REWARDING EMPLOYEE OUTSTANDING PERFORMANCE

The management of the hospital extends gratitude's to everyone supported the event including sponsorship from MATCH, Old Mutual, Capitec Bank & Gabajana trading & Mrs Dlamini from Mosvold. We also want to thank the staff for their contributions to the event which also made impact towards the logistics of the event.



Ms Myeni providing screening & exhibition during the day



Bethesda Choir performing "Isangoma"



Ms Vilakazi Head Office Batho Pele Champion



Prize giving to Best performer



Outstanding Best performing employee received by a General Orderly



Gift to the retiring employee



Prize giving to Best employee for Mkuze Clinic



Prize giving to Best employee goes to PHC Nurse



Prize giving to Best employee for Madonela Clinic



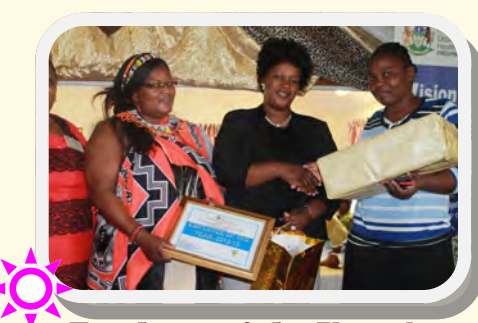
Prize giving to Best employee of the year



Prize giving to Best employee for Nursing College



Prize giving to Best employee for Social Services



Employee of the Year Award went to Ms H.H Nxumalo Finance Manager



Fighting Disease, Fighting Poverty, Giving Hope



Dr Gate received the Excellence Award

MASSIVE ORIENTATION FOR NEW EMPLOYEES

The hospital Human Resources Development in conjunction with the office of the CEO has recently organized an intensive Orientation in-service training to the newly appointed employees. Those include a number of doctors and nurses, managers, officers &



The Group of the Newly appointed staff with Mrs P.S Khumalo during Orientation

health professionals in various components. More than 40 new employees has joined an informative orientation programme. Employer Performance Management Development System was over emphasized. The employed group is the response to the National Health System Priorities that is emphasized on Improved Human Resource Planning, Development and Management. Mrs Khumalo the CEO: Bethesda hospital expressed a warm welcome to the new employees and wished them a happy stay at Bethesda. The induction did not live behind the focus on importance of going beyond the call of duty and respecting the dignity of all clients.

UMKHANYAKUDE DISTRICT HAS DONE IT AGAIN!

uMkhanyakude District Health has done it again on the MEC's Annual Service Excellence Awards 2013/14

which was held at ICC in Durban last Friday 21 February.

It has become a norm that the hospitals within uMkhanyakude District will always shine during the provincial awards. The recent awards sees the recognition award for Dr. Kelly Gate from Bethesda hospital for achieving National Batho Pele Service Excellence Award on the DPSA; certificates of

commendation for Umkhanyakude Health District Office for progress towards achieving Millennium

Development Goals 4 & 5, Reduction of Child Mortality and enforcing Maternal Health; Gold Award for Hlabisa Hospital's Waste Management Innovative strategy and Mseleni hospital on outstanding achievement on the Batho Pele Principles. The recognition award received by Bethesda



hospital through Dr Gate was a remarkable achievement and is the great honour for the hospital said Mrs P.S Khumalo. The KZN Health MEC Dr Sibongiseni Dhlomo congratulated all the winners of that evening including the Head of Department Dr Zungu who has done the remarkable work in leading the administration of the department. Miss M.P Themba District Health Manager expressed her joy towards the achievement of Umkhanyakude on MASEA 2014.



Dr Gate receiving the Award from MEC Dr Dhlomo & Dr Zungu



The hospital Team celebrating the achievements during the award ceremony

Male Medical Circumcision (MMC)

Once again Bethesda Hospital in collaboration with MATCH have successfully held the MMC campaign at Makhathini area (Gugulesizwe Secondary School) on the 5th December 2013. The campaign was a huge success by managing to circumcise more than 75 males from 12 years to 30 years of age. Circumcised males had an awesome opportunity to hear from Brothers For Life who did health education after being circumcised. Some of the health education issued to males was on general behavior in life but more especially with regard to their sexual life and also that they must always use condoms when they engage themselves in sex to decrease number of HIV infection amongst the youth.

According to Mr B.M Gumede Bethesda coordinator for MMC, he was overwhelmed to see such attendance from young pupils from various schools for this service. He told Bethesda news that it is their responsibility to ensure that all males are circumcised and they are looking for more males to come forward for MMC. Male Medical Circumcision is known to reduce HIV/AIDS infection rate, it reduces chances of men getting infected by the HIV by 60% and it also reduces the chances of cervix cancer in women.



“Circumcise now for your better health”



It takes only six weeks to heal.

“Always use a condom and it is safe to do so”



“Amadoda angampela ayasoka”



“In the game of life always play it safe”



For your circumcision at Bethesda hospital, you can visit us at OPD Mon to Fri.

16 DAYS OF ACTIVISM AT JOZINI

Deputy Minister for Police Ms Makhotsu Magdeline Sotyru visited Jozini to say No Violence Against Women and Children Abuse on a national campaign “16 Days of Activism”. This years awareness was a joint partnership between government departments including Bethesda hospital. The hospital multidisciplinary

team was there to ensure that they bring all the hospital services to the people during this campaign. Deputy Minister called on the community to be in the forefront to fight the abuse against women & children. On her address she told Jozini community that the SAPS will intensify their campaign to fight with

criminal at all points. She also officiated the Mobile Police station that will cover the rural areas surrounding Jozini. The mobile station was commended by a number of community members who are struggling to get service since they rely on two police stations.



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Christmas Babies



Maternity staff celebrating Christmas babies

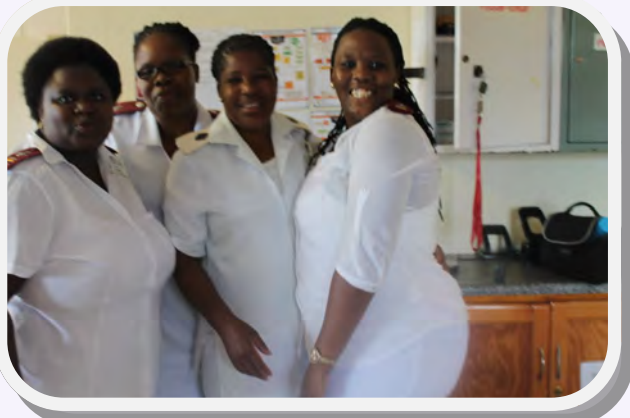


Left: Ms Ntombifuthi Ngwenya who stays at Makhonyeni area delivered the male baby at 09:15

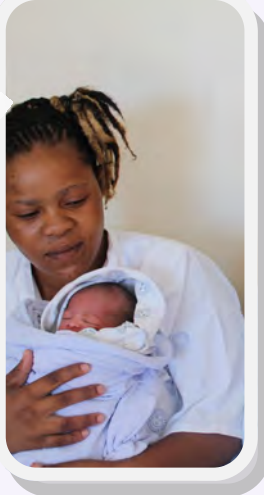
Right: Ms Simphiwe Mngomezulu who stays at Mangwazana area delivered the female baby at 03:55



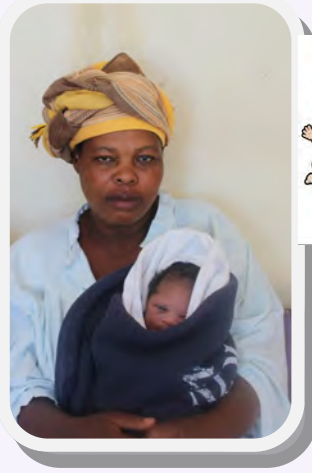
NEW YEAR'S BABIES



Maternity staff celebrating New Year's babies



Miss Samkelisiwe Khumalo from Mthidlwe, Miss Philile Ngcobo from Othobothini and Mrs Thandazile Zulu from Nkukhwini. THEY GAVE BIRTH ON NEW YEARS EVENING.



PUNCH BOXER DONATE FOR MADIBA'S LEGACY



The passing away of Dr Nelson Mandela has touched Mkuze Punch Boxer family through their donation of bowls, food, drinks, & chips to kids at Peads Ward & pregnant mothers at maternity. The partnership between Boxer & Bethesda hospital has been a very favourable one. According to Boxer Manager, they were deeply touched about the passing away of the former president that is known of his love to kids. "When receiving these bad news, we then thought of Peads Ward at Bethesda hospital as the first place to mourn with kids about their loss", said Boxer Manager.



Every child is a national asset... 



"When a man has done what he considers to be his duty to his people and his country, he can rest in peace," Dr Nelson Mandela.



Celebrating Christmas Day



OPD staff celebrating Christmas day

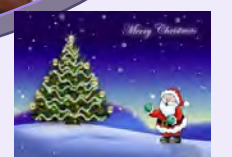


OPD STAFF



PAEDS STAFF CELEBRATING CHRISTMAS DAY WITH KIDS

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MEC DHLOMO WARNS YOUNG PEOPLE AGAINST ADVERSE EFFECTS OF STIs AND PREGNANCIES DURING THIS MONTH OF "LOVE"

During the time whereby many young people will be celebrating Valentine's Day on the 14th of February 2014 (a day that is celebrated worldwide and is associated with "love" and whereby lovers express their love for each other in various ways), the MEC for Health in KwaZulu-Natal, Dr Sibongiseni Dhlomo on the other hand is on an awareness campaign; cautioning young people on the adverse effects of Sexually Transmitted Diseases (STIs) and pregnancies. MEC Dhlomo is driving this awareness campaign as part of the STI/Condom Awareness Week and Pregnancy Awareness Week which runs from the 10th to the 16th of February 2014.



**KZN MEC: Health
Dr Sibongiseni Dhlomo**

The KZN Department of Health is concerned about the increasing rate of teenage pregnancies, despite its efforts and interventions in dealing with this matter. MEC Dhlomo appeals to all young people, parents, teachers, community leaders and the community at large, to work with the Department in curbing the rate of teenage pregnancies. It is most common that young girls go into sexual relationships, especially with older men; for financial gains. These girls end up being pregnant at an early age and in some other cases end up with Sexually Transmitted Diseases. **MEC Dhlomo warns all young girls and says "when you get pregnant whilst still young, you are posing a risk to your health, as your bodies are still not yet fully developed to carry a baby. Being pregnant at such an early age may cause future complications to your bodies and health".**

MEC Dhlomo further warns all young people against the adverse effects of STIs on their health. He indicates that when you engage in unprotected sex, you are at risk of contracting STIs, inclusive of HIV and AIDS. He cautions young boys and girls not to engage themselves in sexual relationships, but rather focus on schooling to build a bright future for themselves. **"Your priority is to get an education and necessary skills to build your future. You are still very young to worry yourselves about relationships. You need to wait for the right time. When you are matured enough to understand what you involve yourselves in, only then can you think about relationships. As Government, we want to produce future doctors, nurses, psychologists, dieticians, therapists and many other healthcare professionals from yourselves; who will go out there and serve our communities. However, as Government we cannot do it alone. We need you to make the right choices and take responsibility for your health"** said MEC for Health, Dr Sibongiseni Dhlomo.

uMkhanyakude Joint Board Meeting

The Senior Management of Umkhanyakude District Health led by Miss M.P Themba, five hospital CEO's Emergency Services District Manager Mr Ngubane, members of the Hospital Boards of the Mseleni hospital, Bethesda hospital, Manguzi hospital, Mosvold hospital & Hlabisa hospital gathered together with the aim of improving services delivery within uMkhanyakude on a District Board Meeting held on the 5th December 2013. The purpose of the meeting was a consultative forum to address various issues & challenges that impact the service delivery on the health system. One of the major issues discussed during the day was the inconvenience caused by the Ambulances which affect the broader community. The meeting took a number resolutions which were aiming to improve the current status.

All hospital boards members applauded the District Managers decision to bring an Obstetric Ambulance that is solely allocated for women and child related services. It was agreed that uMkhanyakude Health District will definitely benefit with new ambulances as the KZN Department of Health's Emergency Medical Services has procured and converted a new fleet of buses and rescue vehicles. Miss Themba reported that the department is committed to bring services to the people by a new CHC at Jozini that is expected to operate in 2015. It is true that the department of health is fighting diseases, fighting poverty and giving hope to KwaZulu Natal citizens.



Members of the hospital board, CEO's of hospitals within uMkhanyakude District, District Manager Miss M.P Themba, Senior Management of five hospitals, PRO's gathered together to improve the district service delivery

LET'S HEAR FROM THE NEW HUMAN RESOURCE OFFICER

My name is Miss Slindile Collins a vibrant, very self-driven young lady and has a positive mind set to life. My recent achievement at tertiary level was the National Diploma in Human Resource Management that I completed at Durban Computer College. I am



MS S.P COLLINS:
HRO

proud to be part of Bethesda hospital makes me feel honoured and it is an exciting opportunity because I once served to this hospital as the In-service Trainee.

I want to dedicate myself in giving back to the community and make people happy at all the times. Being a member of the HR team, I will bring positive attitude in

the office in order to manage HR department. I always value and respect other employees to implement proper outcomes at the end of the day. I believe that there is good reason for all of us to be part of Bethesda community, so let us take pleasure in being part of it and strive to accomplish our mission.

Fighting Disease, Fighting Poverty, Giving Hope

FAREWELLS FOR BETHESDA COLLEAGUES

In the spirit of Ubuntu, the hospital would like to bid a farewell to all employees that have left Bethesda for the good course. It has been great to work with you in various points of service delivery. The hospital will miss you everywhere you go. Some of you are retiring and that is the type of strength that we want to promote to our workers that they all retire at Bethesda because of the excellent service. *"We must use time wisely and forever realize that the time is always ripe to do right". Nelson Mandela.*



Farewell to Nkululeko Ngema (Social Worker)



Farewell to CT Mhlongo (Occupational health Nurse)



Farewell to Mrs N.E Mngomezulu (Psyche Nurse)



Farewell to Mrs T.G Nhleko (General Orderly)



Farewell to Ms M. Myeni (General Orderly)



Farewell to General Orderlies



Farewell to Mrs T. Gumede (General Orderly)



Farewell to Mrs T.R Simelane (Nursing School)



Mrs P.Z Gumede wishing bidding a farewell to Mrs Simelane

**Fighting Disease, Fighting Poverty,
Giving Hope**

NEW DOCTORS



**DR M HANNINGTON:
COMM SERVE**



**DR M TERREBLANCHE:
COMM SERVE**



**DR K FLACK:
COMM SERVE**



**DR L.L HOBE: REGISTRAR,
FAMILY MEDICINE**

NEW APPOINTEES



**MS S.H SITHOLE:
HR PRACTITIONER**



**MR M.G MYENI:
ENROLLED NURSE**



**MR B.Z SIBIYA:
HRO**



**MR X.V MAWELELA:
PROF NURSE**



**MISS S. COTSIOUS:
SPEECH THERAPY**



**MISS N. MAGUBANE:
DIETICIAN**



**MISS L. PERUMAL:
PHYSIOTHERAPIST**



**MR T. NAICKER:
PHYSIOTHERAPIST**



**MISS J.L
RICHARDSON: OCCU-
PATIONAL THERAPY**



**MISS N.A SWEET:
OCCUPATIONAL
THERAPY**



**MRS N.J MPANZA:
PHARMACIST COMM
SERVE**



**MR A.P NSELE:
DENTAL THERAPIST**

NEW APPOINTEES CONTINUES.....



Ms T. Zikhali
OPTOMETRIST



Ms S.R Sishange
PROFESSIONAL NURSE: COMM SERVE

EXTENDED MANAGEMENT DURING THE QUALITY IMPROVEMENT MEETING

The team of extended management led by Mrs P.S Khumalo the CEO of Bethesda hospital who is passionate about improved service delivery during the National Core Standards Quality Improvement Plan that was recently conducted after a national audit.



“Together we can improve the lives of our patients through quality health care”



On

the 30th of December 2013 the daughter of Mr Steven from Pietermaritzburg her father was the AMS pilot. This young lady was born at Bethesda hospital and she came back to visit the hospital where she was born and see the current status.

On her arrival she presented kids with gift which include blankets, toys and carrier bag for pediatric kids. It was a plight of joy to kids when receiving donations from the young lady. The best service rendered by our health professionals is significant to our clients.



Operational Manager PEADS Ms DJ Mngomezulu, M & E Manager Ms T.R Sibisi, Matron Ms W Magagula, Mothers and kids receiving donated gifts from Steven family

This has become a norm that a number of people they always want to gift the newly born just to acknowledge the hospital good performance.

OPHANSI CLINIC WILL NEVER BE THE SAME AGAIN



Mrs Vilakazi observing the painting

The beginning of January 2014 was the Monitoring & Evaluation for the hospital team to ensure that there is the 100% functionality of all clinics. The team lead by Deputy Nursing Manager Mrs T.M Vilakazi visited Ophansi clinic to provide with the on going support to the clinic.



Beautiful Parking for the Ambulance

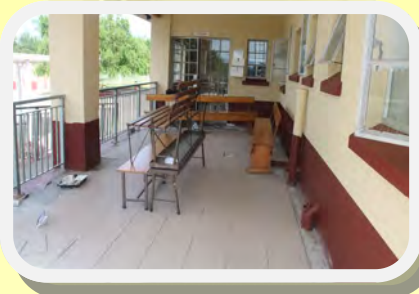
One of the priorities of the hospital is to ensure infrastructure development respond to the peoples needs. On the visit by the hospital team, they witness the current renovation projects which are aimed at improving the institutional character. Those renovations were done through installation of floor tiles, full painting of all buildings including the residence and the 100% cleanup three water tanks. It will be recalled that Ophansi area has a serious water problem. This year the team has indicated that there will be minimal water disruption that use to occur before. They have engaged with the local municipality to ensure that there is water in the clinic for the clinic to run smoothly.



Mrs Manzini O/M & ms B Manukuza PHC Manager during the visit



Happy IPC Manager observing Cleaning Mops



Acting IPC Manager Mrs Ntombela, applauded the work well done by the cleaning staff by ensuring that they maintain the full compliance in terms of IPC. Although there were renovations taking place but the clinic looked in a very good state. Mrs Vilakazi Deputy Nursing Manager & Mrs Ntombela IPC Manager were splendid observing the quality of keeping the clean, colour coded mops in accordance. The team observations concluded that Ophansi will never be the same again.



Committed & united Ophansi Clinic Staff during the hospital visit.

Did you know?



BETHESDA HOSPITAL HAS PURCHASED NEW WASHING MACHINES TO IMPROVE QUALITY OF LINEN & CLEANLINESS OF PATIENTS. The washing equipment has a long life span and has decreased the waiting time to clean the linen of our patients.



Did you know?



BETHESDA HOSPITAL RECENTLY RECEIVED ACCREDITATION FROM HPCSA TO TRAIN FAMILY MEDICINE REGISTRARS, BECOMING THE FIRST RURAL TRAINING SITE IN KZN.

Dr Gloria Mfeka (Family Physician) is now supervising family Medicines Registrars as of January 2014 in partnership with UKZN Family Medicine Department. The affiliation of the hospital with UKZN will be significant to the CPD points and encourage the Medical team to render excellent quality of medical care to patients.



HAST UNIT CELEBRATING CHRISTMAS DAY WITH THE LOCAL CHILDREN

It has been the culture and the norm of HAST unit to celebrate the early Christmas with local children of Ubombo. The unit led by Mr B.M Gumede has done it again this year celebrating the early Christmas with more than 30 children accompanied by their parents. It was a night of joy to children receiving gifts, food

parcels and clothing which was donated from Mkuze Spurs. The families were grateful to be part of the ceremony and were overwhelmed with joy through

Bethesda initiative to give them early Christmas. "We want to commend the donations made by Mkuze Spurs and the contributions made by HAST staff in order for the success of the event," said Mr B.M Gumede.



Fighting Disease, Fighting Poverty, Giving Hope

MONTHLY TRAINING ON HANDWASHING IS A BOOST TO THE HOSPITAL

The Acting IPC Co-coordinator Mrs Ntombela went all out to train all Bethesda staff on a 12 Step hand washing.

According to National Core Standards, it is the compliance & requirement that all staff have a competency on hand washing. This initiative has drawn a number on units within the hospital practicing daily the 12 steps of hand washing. Hand washing is the simplest and most cost-effective way of preventing the transmission of infection. Effective handwashing is known to reduce patient morbidity and mortality from healthcare acquired infections. It causes a significant decrease in the carriage of potential pathogens on the hands. Unfortunately hand hygiene is one of the most neglected practices. Our main aim for the hospital to conduct these training was to promote and sustain improved compliance to the practice of effective hand hygiene.



Ms Mhlongo & Mr Nyawo demonstrating handwashing



OPD staff demonstrating handwashing



Surgical—Skin of hands and forearms must be intact (no open lesions or cracked

skin). Preferably all jewellery must be removed.

- Length of scrub and procedure according to manufacturers instructions usually two to three minutes using a proven anti-microbial.
- Initial wash to below the elbows and final wash ending mid forearm.
- Hands always kept higher than elbows during the procedure, and all steps begin with the hands. Nothing unsterile to be touched during the procedure, e.g. taps.
- Hands and arms dried with sterile towels before donning sterile gown and gloves.

When do you wash your hands?

- Before eating
- Before giving medicines
- After bed-making
- Before and after contact with any patient.
- When hands are visibly dirty
- After visiting the toilet
- Before handling food
- After removing protective clothing.



ACCOLADES

16/10/2013

Iya: eMKUZE CLINIC

Msweli nethimba lakho plz keep it up!!!!

Niwusizo kithini noma sinivusa ebusuku anithethi, nisiphatha ngomusa.

Ngifike ngo 03H50 uNurse Ngobe Kanye noSister Nxumalo bangisiza kakhulu ngiyabonga.

Bekungokwesibili bevukela mina abakaze bethi sengejwayele ngoba phela ukugula akuzifikeli.

KEEP IT UP.

R.B Zulu

PO Box 415

Mkuze , 3965

Mphathi wesibhedlela!

Ngiyabonga ukungiphathela kahle umntwana ikakhulukazi amaNurse. Abantu abanjengani siyabadinga empilweni yethu. Ngizothanda ukubonga kakhulu koDokotela bethu ngeqhaza abalibambayo ngaso sonke isikhathi. Sibonga nentshumayelo esiyithola ekuseni iyasivuselela.

Mina ngiyilo Mama womntwana uSamkelo Gumede owayelimele engozini yemoto ngo November 2013.

Ngibonga kakhulu impatho yenu.

Gumede Jabulile

02/10/2013

Mphathi Sibhedlela!

Ngithanda ukubonga iBethesda Hospital ikakhulukazi kwaTB ward ngiphatheke kahle kakhulu ngihlale inyanga yonke ngigula akekho engike ngambona ehlukenyenzwa iNesi ngincoma nanka amanesi abesiphethe kahle uMkhize, uZungu, Qwabe, Mabunda, Mngomezulu, Mahlinza, Nyawo, Dladla nawo wonke amanye ngikhohlwe izibongo zawo.

Abesifunza uma kungadleki esindlalela imibhede esishitsha okokugqoka ngiyawancoma onke amanesi aseTB, zonke iziguli ziphuma zithokozile, noMetron wabo uyaphila ngiyamncoma kakhulu sihlala endlini eclean ngaso sonke isikhathi noma sizimoshele angeke ubezwe bekuthethisa bayakushitsha nje kuphela, nalawa awasebusuku amanesi ayafana nalawa asemini. Ngiphatheke kahle eBethesda azange bangixoshe bathi angiyi kwesami isibhendlela bangelaphile ngasinda ngicela niqhubeke njalo ningacini ngathi nanini ukuphatha kahle abantu. Bahlengikazi base TB nocleaner bakhona NGIYABONGA ngiswele umlomo elishumi.

Mhlongo N. (Hluhuwe)

Kwa-Shoba Stand no. 80110

Pongola, 3170

Dear Mrs Khumalo

I just wanna appreciate the way the doctors and nurses of Bethesda hospital works. They are very kind to their patients. They give time to communicate with their patients. They don't have that animalism attitude, even if you see that you are mistaken as a patient, but they understand that you are sick. They always understand that as patients we sometimes loose manners because of sickness or illness. I wish this could be a lesson even to other South African hospitals that are still lacking such a good attitude. Doctors & nurses of this hospital makes you feel that you will have a speed recovery and you always feel at home when you are with them. Keep it up, God Bless all Bethesda Staff!

Mfakazeleni L. Simelane (Pongola)

Thank you for taking your time to read our publication and we are looking forward to hear from you.



Editorial Team:

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Should you wish to comment on our newsletter, don't hesitate to contact the Public Relations Office at:

Tel: 035 595 1004 ext 196

Or

Email your comments to:

thandinkosi.zulu@kznhealth.gov.za



**Mr Thandinkosi Zulu:
Public Relations Officer**



BETHESDA HEALTH PROMOTING HOSPITAL



BETHESDA HOSPITAL IS A MOTHER & BABY FRIENDLY HOSPITAL