



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# Charles Johnson Memorial Hospital

## Charlie J. News

## NEWS

July-Sept 2020

### Launching of a Healthy Lifestyle by MEC for Sports & Recreation Ms. Hlengiwe Mavimbela



**Launching of Healthy Lifestyle : Page 01**



**CJM Hospital Waiting Time Survey : Page 03**



**Provincial Support visit see more on Page 04**

# LAUNCH OF HEALTHY LIFESTYLE.

After the successful launch of District Development Model in the UMzinyathi District, MEC for Arts, Culture, Sport and Recreation Ms Hlengiwe Mavimbela on Thursday, 10 September 2020 visited eQhudeni Area in ward 01 under Inkosi Sithole and Cllr. Zanele Sithole under Nquthu Municipality to launch the Healthy Lifestyle Programme.



She mentioned that this Programme aims to encourage communities to remain active and eat healthy food. The programme seeks to stimulate and enhance coordination of programmes that promotes physical activity, fitness, sport participation and good nutrition. Through active lifestyle the Department of Sport and Recreation wants to target vulnerable groups especially senior citizens, youth and disabled people to promote active living. MEC Mavimbela said since the country was faced by COVID-19

earlier this year it is important for the Department to come to our communities to promote active lifestyle and healthy living.

“It is important for our communities especially senior citizens to remain active in order to boost their immune systems, this is the only way we can beat diseases like Covid-19 and save lives in KZN.” In line with the District Development Model, MEC Mavimbela handed over sport equipment, social relief packets from Social

Development and seed packs from the Department of Agriculture in KZN. The sports packs were donated to the Qhudeni Centre as well as two local schools. The packs include board games, balls, playing cards, skipping ropes, hoola hoops, tennis balls, bibs, whistles, cones and puzzles. MEC Mavimbela said the healthy lifestyles programme will be launched and implemented in all districts in the Province.

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## Project KHAEDU at Charles Johnson Memorial Hospital

During the month of September 2019 CJM Hospital was visited by Khaedu deployment team that developed a report which included gaps that needed the hospital to attend to.

During the week of 28 September – 02 October 2020 the same team visited the institution to do a follow up visit to check what the hospital has achieved and improved from the gaps that were identified in September 2019. This team was led by a Team Leader from the KZN Department of Health who understands the necessary health protocols in terms of the COVID 19 Lockdown level regulations. The above team was led by Ms. N.F. Ngema (DOH) and assisted by the following Team Members:

Ms. J.E. Ngubane (DOH) , Mr. S. Manqele (DOH), Ms. D.P. Mnisi ( DOH), Ms. S.D. Zakhe ( OTP), Ms. G. Phiri ( OTP).

The purpose of their visit was to provide Charles Johnson Hospital within the Umzinyathi District with a consolidated report and feedback on the findings of the Khaedu Deployment teams that visited the hospital during the week 09<sup>th</sup> – 13<sup>th</sup> September 2019. Without only giving a feedback report but the team also conducted interviews with the hospital management on how they managed the spread of COVID-19 and they also conducted hospital walkabout interviewing clients, management queues, and infrastructure.

The benefit of Khaedu programme is to enable deployees to identify challenges that are being experienced at service delivery points, determine the satisfaction level of employees, gather data in



**Khaedu deployment briefing to the hospital management during their second visit to CJ Memorial Hospital**



**Khaedu deployment giving feedback to the hospital management during their second visit to CJ Memorial**

terms of the satisfaction level of service users, and assess the service delivery site in terms of compliance with the accessibility, occupational health and safety standards, determine the management of complaints and compliance to service standards and service charter as regulated by government.

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# LAUNCH OF HEALTHY LIFESTYLE.

CJM Hospital conducted Patient waiting time on the 23<sup>rd</sup> of September 2020, because waiting time is recognised as a key indicator of the functional status of health system. It is a very tangible factor that impacts on patient's perception and experience of care. The hospital utilised the nearby students from Nquthu TVET College and 150 clients were interviewed.

The purpose of conducting this survey was to measure and analyse patient waiting times and to use the analyses to identify specific challenges that require interventions to improve the waiting time spent by patients at our health facility and to provide recommendations for interventions to alleviate long patient waiting time, this survey will also be beneficial to health care providers and users of the hospital in delivering services that meet the Norms and standards regulations applicable to hospital.

This will assist in determining the bottle-necks within hospital unit / components, consulting rooms and in different waiting areas and will help the hospital in developing an appropriate



**CJM Hospital Quality Team and Nquthu Mthashana TVET College students after conducting Waiting time Survey**



**Nquthu Mthashana TVET College during Waiting Time Survey conducted at Charles Johnson Memorial Hospital**

intervention to improve service delivery in waiting time.

## PROVINCIAL OVERSIGHT /SUPPORT VISIT

The Provincial and District Health Team led by Mr. J. Mndebele Chief Director and Mr. L. Langa (Director– Inter-Governmental Relations), District Health Team led by Mrs. P.C. Mbatha ( Acting District Director), Ms. P. Zulu ( District IPC) and Ms. Mnisi ( District –QA) and Mrs. Rose Sibiya ( District –Deputy Director) visited CJM Hospital to check on COVID-19 preparedness and readiness, this includes visiting different wards and sections to check the functionality and compliance of the hospital in terms of COVID-19 guidelines. Amongst the departments that were visited are as follows:

Pediatric Ward

Isolation ward

Maternity ward

Stores Department ( to check stock level on PPE)

Flue clinic

PUI ward

Screening site at the main entrance .

Despite visiting the above sections he also wanted to know about the COVID-19 staffing whether the hospital have adequate staff to fight the pandemic, whether the screening site has adequate Equipment in line with patient volumes. The team also wanted to know whether the hospital have enough PPE's and whether the hospital have dedicated a staff member for management and marshalling of patient queues.

Amongst other things that were enquired about the Joint Operations Committee meeting whether it incorporates all stakeholders



**The oversight team having briefing at the entrance of the hospital during their visit.**

**The Provincial , District and the Hospital team entering the hospital isolation ward for COVID-19.**

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# PHOTO GALLERY



**Launching of Healthy Lifestyle by MEC for Arts , Culture , Sports and Recreation**



**KHAEDU deployment team who have visited CJM Hospital for their second visit.**



**Induction and Orientation for Mthashana TVET College students to conduct Waiting Time**



**Training of volunteers from Mthashana TVET College to conduct waiting time Survey .**



**District and Hospital management team during Peer Review support visit.**



**Provincial , District and the Hospital team during Provincial support Visit .**



# ACKNOWLEDGEMENTS

## EDITORIAL TEAM



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PREVENT COVID-19

## COVID-19

### PREVENTATIVE TIPS

- Wash your hands regularly with soap or an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a flexed elbow or a tissue, then throw the tissue in the bin.
- Clean and disinfect frequently touched objects and surfaces.

### SYMPTOMS

The most common symptoms are:

- Cough
- Fever
- Sore throat
- Shortness of breath

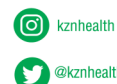
### DON'T PANIC

There is no need to panic - 82% of COVID-19 cases are mild: patients only experience a slight fever, fatigue and a cough. Only about 6% of patients need intensive care. The vast majority of people can stay at home and get better without hospital treatment.

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