



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

Charles Johnson Memorial Hospital

Charlie J. News

NEWS

July-September 2021

MEET THE NEW CEO FOR CJM HOSPITAL .



**The appointment of new
CJM CEO** Page **01**



**Back care awareness
week** Page **02**



**MEC Mavimbela on 16 Days
of Activism** Page **05**

Mr. B.R. Khumalo the new CEO for CJM Hospital

On the 1st of September 2021, the announcement of Mr. B.R. Khumalo's appointment as the new chief executive officer has been met with joy at Charles Johnson Memorial District Hospital.



Khumalo's appointment was announced to the institution's senior management by uMzinyathi Health District Acting District Director Mrs. P.C. Mbatha and Director Human Resources Manager Mr. Shezi.

The 43-year-old was the CEO of St. Benedictine District Hospital at KwaNongoma in Zululand District since January 2018 after being leading Nursing as Deputy Manager Nursing in eDumbe CHC.

Deputy Manager Nursing Mrs. P.N. Kunene at CJM Hospital expressed their delight with Khumalo's appointment and expressed their optimism that he will lead the hospital to greater heights.

"We look forward to working with him in ensuring that CJM Hospital continues to deliver quality health services to the community," said Mrs. P.N. Kunene who was the acting hospital CEO.

"We are delighted by his appointment, which will offer stability to our institution. We have promised him our entire support in his efforts to move our hospital forward," said Mrs. Kunene.

MR. B.R. KHUMALO THE NEW CHIEF EXECUTIVE OFFICER FOR CJM HOSPITAL.

According to Mr. B.R. Khumalo this is a new beginning because it will allow the institution to return to its roots.

"I am excited about the appointment. I'm looking at the new dawn of Charles Johnson Memorial Hospital, which is patient-centric. CJM Hospital must become the hospital and employer of choice. We will ensure that the highest quality of care is delivered.

"We are not newcomers to hospital administration; we have been doing it for quite some time. All we need to do now is make sure that we work as a team. I am looking forward to working with the executive, the board, organized Labour, Traditional Leaders and every member of the staff towards improving the lives of Nquthu community guided by effective and efficient clinical governance in all programme," said Mr. B.R. Khumalo.

01



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CJM Hospital Back Care Week 2021

Many of us take priority in caring for our nutritional needs, ensuring we get enough physical activity and taking the time to look after our mental health. But what do you do to take care of your back and other joints?

When you hear the phrase 'back care', you probably think about trying not to tweak a muscle while gardening or focusing on lifting with your knees when carrying heavy items. But joint and muscle pain, or musculoskeletal (MSK) conditions aren't only prevalent in our personal lives; they're also extremely common in the workplace.

Since back pain is one of the most common condition faced by Healthcare workers and patients. Charles Johnson Memorial Hospital and Physiotherapy department hosted a back care awareness campaign on the 06th October 2021. The aim of the awareness was to prevent and alleviate back pain to all staff members and patients experiencing it. During the session numerous back care tips were shared, which included posture correction principles with activities of daily living such as standing, walking, sitting, driving, sleeping, working postures and heavy lifting. Exercises were demonstrated and mats were provided during the awareness program.

Audience members were given pamphlets as well as booklets to follow along with the presentation and exercise programs given. Hospital staff members and patients that attended the program were very impressed with the content shared, and were keen on practicing what they have been taught going forward. Refreshments were provided to all present at the end of the event.



Occupational therapist N.P Connolly demonstrating how to lift an object without hurting your back, and also how to seat on a chair without twisting your back



Community Service Physiotherapist S. Naiker demonstrating the incorrect sleeping posture that can lead to back pains



CJM Staff members doing lower back pain exercises

02



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ROAD SAFETY CAMPAIGN

On the 30th of September 2021 Nquthu Pioneer Transport Co-operative Limited has implemented a road safety campaign to eliminate road accidents at Nquthu Long Distance Taxi Rank. This Campaign is an annual event that is hosted in September. This will ensure that long-distance and local taxis are roadworthy.

“When vehicles load at the ranks, we check that the vehicle is in order. Our long distance marshals check that the tyres are in order, the brakes and everything else.” It is Transport Month, and the focus will be on highlighting the importance of road safety in the country. Now, the Nquthu National Taxi Council has launched its campaign which is aimed at encouraging COVID-19 vaccinations for all drivers and rank marshals, as well as promoting road safety, hygiene and a healthy lifestyle”. Said Mr. Ndlovu Chairperson of Nquthu Pioneer Transport Co-operative Limited.

During this awareness 114 public were vaccinated for covid-19. The event started with aerobics to promote healthy lifestyle.

This event was successful as it incorporated different spheres that contributed immensely to the success of the event. It promises to yield good results going forward as far as taking care of lives is concerned, on the road , fighting COVID-19 by vaccinating and frequently exercising and eating nutritious food just to make sure that people live a healthy lifestyle at all times.



Fitness fanatics doing aerobics just to promote a healthy lifestyle



Health Care Workers vaccinating public during Road Safety Awareness

03



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DEAF AWARENESS WEEK

Charles Johnson Memorial Hospital held a Deaf Awareness Week on the 09th September 2021, as this awareness is normally commemorated on this month.

The purpose of Deaf Awareness Week is to draw attention to deaf people, their accomplishments and their issues. Deaf Awareness Week is dedicated to educating the public about hearing loss, deafness, deaf culture and sign language. The aim is to ensure that hearing people understand deafness and the culture of the deaf community.

As we know that living life with hearing loss can come with its challenges, but through advocacy, support, therapies and technology, we can support a world where hearing loss isn't an obstacle.



Audiologist Trish Govender showing the ear diagram and its parts



Audiologist T.P Zulu showing diagrams with hearing aid and sign language



Communication strategies and basic sign languages being displayed by Speech therapist K. Piccione, Junior Audiologist T.P Zulu and senior audiologist Trish Govender



The display of different diagrams that are used by deaf people to communicate. These include basic sign language, easy sign language for basic conversational words and other communication strategies



MEC HLENGIWE MAVIMBELA EMBRACING THE 16 DAYS OF ACTIVISM THAT WAS HOSTED BY MR. B.R KHUMALO WHO IS THE CEO AT CHARLES JOHNSON MEMORIAL HOSPITAL

The 16 Days of Activism for No Violence against Women and Children Campaign is a United Nations campaign which takes place annually from 25 November (International Day of No Violence against Women) to 10 December (International Human Rights Day). Other key commemorative days during this period include World Aids Day on the 1st December and the International Day for Persons with Disabilities, on 3 December of every year.

MEC for Arts, Culture, Sport and Recreation Hlengiwe Mavimbela led the campaign that was held at Ntinini playground under Nquthu sub-district on 26 November 2021. This event was hosted by Mr. B.R Khumalo who is a CEO of Charles Johnson Hospital. In his welcoming speech, he thanked all the structures and partakers in the event which included government departments, service providers, traditional leadership, religious leadership, community members and entertainers. He also highlighted the significance of the event before handing over to the MEC.

“The theme for 2021 is “The Year of Charlotte Manyika Maseko – 16 Days of Activism – moving from awareness to accountability. Given the scourge of Gender-Based violence in the country, which is declared a national address, government is implementing the Emergency Response Action Plan on Gender-Based Violence and Femicide, which was announced by President Cyril in September 2019.

The 16 Days Campaign forms the centre point of government’s comprehensive 365 Days of Activism for No Violence Against Women and Children”. Said MEC Mavimbela.

During the 16 Days period, Government together with civil society and the private sector will host a series of community and sector dialogues and activities to foster a collaborative effort in dealing



Mr. B.R Khumalo welcoming dignitaries and other attendants



Peace walk that started from Ntinini crèche to the place of event



MEC Hlengiwe Mavimbela talking to the journalists on her arrival



Local entertainers dancing for the attendants

ACKNOWLEDGEMENTS

EDITORIAL TEAM



Mr. B.R Khumalo
EDITOR



Mr. S.C. Ngwenya
WRITER DESIGNER



Mr. L.M. Vilakazi
WRITER /PHOTOGRAPHER

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OURSELVES AND OUR LOVED**

PREVENT COVID-19

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