

# **Charles Johnson Memorial Hospital**

### **Charlie J. News**

## **NEWS**

July -September 2025

Prince Nhlanganiso Zulu accompanied by uNdlunkulu kaMazibuko-Mncube and uNdunankulu Mr. Sizwe Sibiya during Isibaya Samadoda





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#### ISIBAYA SAMADODA AT MBOKODWEBOMVU TRIBAL COUNCIL.

Charles Johnson Memorial Hospital hosted a second successful men's kraal formal event, called Isibaya Samadoda. This event was held at Mbokodwebomvu Tribal Council under uNdlunkulu kaMazibuko-Mncube. Addressing the gathering, Prince Nhlanganiso Zulu urged all men to respect and take care of women in their lives and refrain from any form of abuse.

He further encouraged men to look after their health by visiting health care facilities for regular check-ups, screening and treatment in order to detect and manage their health conditions that affect their lives and well-being, including HIV/AIDS, Diabetes and high blood pressure

Amongst other things that he touched are the issues of Tuberculosis where he emphasized the significance of adherence on taking T.B medication as prescribed by medical practitioners. Also encouraged men to test for diabetic since diabetic is one of the killing disease with complications.

He also informed attendees about special services created specifically for men in all health facilities. Among other challenges faced by men attended the event at Mbokodwebomvu and government departments were the issues of poverty. Gender based violence and unemployment.

In his speech he encouraged men and young men to stay away from substance, alcohol and women abuse. Substance abuse lead to mental illness and alcoholism affect the family and society. The event was of a great success as it was attended by different Government Department (Department of agriculture, Health, Social Development and of Economic Development.)



Prince Nhlanganiso Zulu addressing men's during Isibaya Samadoda At Mbokodwebomvu Tribal Council in ward 03 at Nguthu Local Municipality.



Mr. Njilo from Department of Agriculture and Rural Development addressing men's during Isibaya Samadoda At Mbokodwebomvu Tribal Council in ward 03.



Mr. S. Sibiya ( uNdunankulu )addressing men's during the men's kraal awareness at Mbokodwebomvu Tribal Council.



Mr. Trevor Mazibuko from Department of Health addressing men's during Isibaya Samadoda At Mbokodwebomvu Tribal Council in ward 03.









#### **Traditional Medicine Day 2025**

South Africa is celebrating African Traditional Medicine day on 29 August 2025. This day raise awareness about the significant role of traditional medicine in improving health and well-being of people across the continent and beyond. It is estimated that over 80% of people globally, especially in developing regions use traditional medicine for primary healthcare.

The event was observed under the theme: "Strengthen the evidence base for traditional medicine"

On the 27<sup>th</sup> of August 2025, Nquthu Local Municipality and the Department of Health commemorated African Traditional Medicine Day include the reaffirmation of a commitment to integrate traditional medicine into national health system.

The event was attended by Department of Health representatives from uMzinyathi Health District and Charles Johnson Memorial Hospital, Nquthu local Municipality, KZN Ezemvelo wildlife, Chairperson of the Nquthu Traditional Medicine Practitioners Council, traditional health practitioners, and other dignitaries.

Amongst other things that were highlighted during this event was that traditional medicine plays a critical role in healthcare and it remains a trusted and essential form of healthcare.

The commemoration emphasized several key priorities:

- integration of safe and effective traditional medicine into national health system;
- strengthening regulatory and referral pathways;
- respecting indigenous knowledge and ensuring benefit-sharing and

Fostering collaboration between traditional and biomedical practitioners.











#### **DEAF AWARENESS DAY**

The month of September marks International Deaf awareness month and serves to promote the positive aspects of deafness as well as social inclusion. It is time to celebrate Deaf identity, promote deaf culture and advocate for equal access to communication and services for the deaf and hard of hearing. This is why CJM Hospital celebrates this month by providing a complete campaign on discussing hearing loss causes, treatment and communication methods to the community of Nquthu Sub- District.

Pamphlets were distributed and many individuals raised pertinent questions about how to better understand hearing loss and were also able to refer their family members to the Audiology Department.

#### **Charles Johnson Hospital Commemoration of Pharmacy Month.**

As we celebrate Pharmacy Month in September 2025 under the theme "Think Health, Think Pharmacy - One Profession, Many Roles". Charles Johnson Memorial Pharmacists and Pharmacist Assistants embarked on a Journey to educate curious young minds highlighting the diverse services pharmacists provide in all healthcare sectors and to educate the learners and the communities on the values of the pharmacy profession.

During their engagement they visited the following high schools: Sihayo, Ekucabangeni and Ubongumenzi. Leaners from grade 10-12 who have chosen mathematics and Physical Science as their major subjects were encouraged as this a common and important subject combination for future studies in Science. The Pharmacists used the moment and engagement to show their value by educating the learners about their expanded role. In public health, such as disease preventing medication management and also emphasized their crucial role in managing education related issues and preventing the misuse of critical drugs like antibiotics.



Learners from uBongumenzi High School attending Career Guidance during Pharmacy Awareness Month.





Pharmacy Team who have been conducting Pharmacy Career guidance during Pharmacy Awareness month.











#### Alzheimer's Day Awareness 2025 at Mndaweni Residence

Alzheimer's Awareness Month in 2025 was observed in September, culminating in World Alzheimer's Day on September 21. This global campaign by organizations like Alzheimer's Disease International (ADI) aimed to raise awareness, challenge the stigma surrounding dementia, and advocate for more support and research to help those affected by Alzheimer's and other dementias.

On September 22, 2025, the Departments of Social Development and Health gathered at Mndaweni Resident and Masotsheni Community Hall to commemorate Alzheimer's Disease Day, to increase public understanding, reduce stigma, encourage early diagnosis and treatment, and promote support for people living with dementia and their caregivers.

September 2025 marked the 14th anniversary of World Alzheimer's Month, the international campaign to raise awareness and challenge stigma. Every year, people from all across the world take part in advocacy, fundraising, and awareness-raising events for World Alzheimer's Month, with many working to raise general awareness and call for further support for those most affected in their communities.

The month of activity showed a truly global, regional, national, and local level response to promote dementia awareness and what we can do to help support those living with the disease, both now and in the future. Only through increased awareness will more people seek out information, advice, and support, with the potential to improve diagnosis rates, encourage further research — including in areas such as risk reduction — and handle the growing demand for access to treatment and care.

World Alzheimer's Month has never been more important. The impact of this campaign continues to grow, but the stigmatization and misinformation that surround dementia remain global issues. It is important that we present a positive, sometimes challenging, but consistent message about World Alzheimer's Month across all associations, groups, and organizations around the world — amplifying the voices of people living with dementia, their carers, and their families.



Ms Nompumelolo Gasa from Department of Social Development addressing the community during Alzheimer's Awareness day at Mndaweni Residence.



Ms S.P. Nkosi from Department of Health addressing the community during Alzheimer's Awareness day at Mndaweni Residence.



Community Members who have attended the awareness day at Mndaweni Residence.









### **PHOTO GALLERIES OF EVENTS**





Pictures taken during Isibaya Samadoda held at Mbokodwebomvu Tribal Council in ward 03 under Nquthu Local Municipality.



Ms. L.F. Khuzwayo welcoming all the guests during Traditional Medicine day.



Ms. Mndaweni welcoming all the guests during Alzheimer's day.

Community members during Alzheimer's day .



Charles Johnson Memorial Hospital conducted Pharmacy career guidance and teenage pregnancy awareness at Sihayo High School during Pharmacy Month



Charles Johnson Memorial Hospital conducted Pharmacy career guidance and teenage pregnancy awareness at Bongumenzi High School during Pharmacy Month







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### **HERITAGE DAY PHOTOS**



Heritage day photos for Operating Theatre staff celebrated during Heritage day 2025



Heritage day photos for Pharmacy staff celebrated during Heritage day 2025









# HOSPITAL MANAGEMENT HERITAGE DAY CELEBRATION







## **ACKNOWLEDGEMENTS**

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