



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CJM HOSPITAL

CHARLIE J. NEWS

NEWS

STAY INFORMED

AUG-NOV 2018

OFFICIAL OPENING OF INKOSI THATHEZAKHE CLINIC.



INKOSI THATHEZAKHE NGOBESE , DR SIBONGISENI DHLOMO (KZN HEALTH MEC) AND CCL. P.M. NGOBESE DURING OFFICIAL OPENING OF INKOSI THATHEZAKHE CLINIC.



**OPENING OF INKOSI THATHEZAKHE CLINIC
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OFFICIAL OPENING OF INKOSI THATHEZAKHE CLINIC.

The rural community of Maduladula and surrounding areas at Nquthu, North of KwaZulu-Natal is set to benefit it tremendously on health care services when Provincial MEC for health hands over the world-class Inkosi Thathezakhe Clinic, under Inkosi Ngobese on 16 August 2018. The event was held at Khiphinkunzi Tribal Court.

The clinic will bring much needed relief to 10 615 strong rural community of Maduladula and surrounding community in Ward 08. Previously the residents in some areas had to wait for a Mobile clinic to visit in once a month, in order for them to access health care services. The mobile clinic will be coming from the mother hospital (Charles Johnson Memorial Hospital). The only option for the local residents was to take public transport which is 10km to mother hospital CJM Hospital to access health care services.

But with the opening of Inkosi Thathezakhe clinic file will be never be the same as health care services have now been brought to their own doorstep.

The event attracted more than 2000 community members from Nquthu. The event was held at Inkosi Thathezakhe Tribal Authority Inkosi were excited about the official opening on the clinic as he said that people who were sick they used to dye at homes because they were not able to reach CJM Hospital because of transport and financial problem and the hospital is 10km away from Nquthu town. The MEC appealed to the community members that they must get used to test for different illnesses in their clinics so that they can know their status.

He also appeal to both community and staff members to work together so that there will be no misunderstanding.



Dr. S.M. Dhlomo, Inkosi Ngobese, Hon I. Keeka (member of the Health Portfolio Committee), Cllr. P.M. Ngobese , Cllr. M.R. Ngobese, CJM Hospital CEO (Mrs. M.Z. Khanyile) on their way to the opening of Inkosi Thathezakhe Clinic.

KZN Health MEC (Dr. Sibongiseni Dhlomo) Inkosi Ngobese, Cllr. M.R. Ngobese, Honorable I. Keeka and Mrs Thusi (Clinic Operational Manager) during the opening of the clinic.

HERITAGE DAY CELEBRATION.

On 03 October 2018 Charles Johnson Memorial Hospital celebrated Heritage Day in style under the theme of "The year of Nelson Rolihlahla Mandela" encourages South Africans to tell their stories as part of celebrating. All staff members gathered at the Hospital Great Hall to celebrate their culture. On this day, South Africans across the spectrum are encouraged to celebrate their culture and the diversity of their beliefs and traditions, in the wider context of a nation that belongs to all its people.

South Africans celebrate Heritage Day by remembering the cultural heritage of the many cultures that make up the population of South Africa. South Africa is a country with a great story to tell, a story of struggle and victory and a commitment to work together to foster nation building and social cohesion. On this day South Africans come together to celebrate the rich cultural heritage and diversity that has the power to help build our nation.

We also affirm our diverse cultures and in so doing shape our national character as a "rainbow nation" that is at peace with itself



PASTOR XABA ADDRESSING STAFF MEMBERS DURING HERITAGE DAY 2018



STAFF MEMBERS PERFORMING DURING HERITAGE DAY



CJM HOSPITAL CELEBRATING WORLD DIABETES DAY .

On 14 November 2018 the hospital commemorated world Diabetes Day at Mpumelwani Hall. The event was to raise awareness about diabetes and healthy living to the community of KwaVulamehlo and surroundings. Diabetes is developed when your body does not make enough insulin or use the insulin. Without insulin your body cannot get the energy it needs from your food. **Diabetes** is a disorder where the body does not produce insulin or does not use it efficiently. While it can lead to dangerous complications, but **diabetes** is manageable. is a disease that occurs when your blood glucose, also called blood sugar, is too high. **Diabetes** is a leading cause of blindness, kidney failure, amputations, heart failure and stroke. Living with **diabetes** places an enormous emotional, physical and financial burden on the entire family

The common signs of having diabetes are as follows:.

- You are always thirsty
- You are always tired
- You need to pass urine frequently
- Unwanted weight loss in people younger than 35 years

If the diabetes is not managed very well can lead to heart and kidney disease, blindness and amputation. Diabetes is a life-long condition.

Amongst the speakers were Mr. Thando Mtshali , Dr. M. D. Manana



CJM WORLD RADIOLOGY DAY CELEBRATION .

CLM Hospital celebrated 123 years since Wilhem Conrad Rontgen accidentally discover X-rays , that was on the 08th of November 1895. this day has since become an International World Radiography Day (also known as Rontgen Day) and is celebrated around the globe. The purpose of this day is to raise awareness of radiographic imaging, the role it plays in diagnosis and treatment of patients, and to paint the idea od what radiology is all about to our staff and patients.

CJM radiology staff celebrated the day with their patients this year with black and gold theme. They visited several wards to educate patients and nurses about X-rays, handed out cupcakes and cool drinks to all patients that came to radiology department on that day. The event was a great success as our main goal was to educate our staff and patients more about X-rays and mostly radiation protection. This event will be celebrated yearly with the participation of all hospital department.



Ms. N.S. Hadebe and Ms. Ms. N.M. Kunene preparing for World Radiography Day Celebration.



Ms. P.A. Miya (Diagnostic Radiographer) during world Radiology day



Ms. N.S. Hadebe, Mr. F.M. Skhosana , Ms. N.M. Kunene, Mr. B.T. Ntsele and Ms. P.A. Miya. From Radiology Department.



Ms. N.S. Hadebe, Ms. P.A. Miya and Ms. N.M. Kunene during World Radiographer Day.

PICTURES OF OFFICIAL OPENING OF INKOSI THATHEZAKHE CLINIC



PICTURES OF WORLD DIABETES DAY CELEBRATION



CJM HOSPITAL WOMEN'S FORUM.

Empowered woman empowers other women that are why the CJM Hospital women hosted their forum to empower each other. All women from Charles Johnson Hospital attended this event which took place on the 28th of November 2018 .the aim was to grow, developed and empowers each other as woman. The event was incentive, overwhelming and a total bliss. The Mc of the day conserved everyone's attention and reminded everywoman about their worthy and their dignity; she reminded them on who they really are. She handled the event very well until it the end of the event. This event went very well and its went beyond people's expectations.

Ms. K.K Mhlongo invited the presence of God before the event began, she open the event with prayer. Ms. L.M Ntuli who presented the purpose of the day reminded other woman about the love of God and that God believes in them. She captured everyone's attention when she served the purpose of the day because she emphasized there is nothing that can beats a praying woman. Ms. S.C Sibisi a proudly testimonial of CA breast cancer survival share her story with other woman this proudly woman testify in front of all other woman about her journey living with CA cancer. She is a very strong woman that believes in God', she quote a verse that always inspired her during her journey that says "**Asibheke okwaphezulu siyeke okwasemhlabeni**", she added another verse from the words of God izaga 05vs06 "**Themba kuJehova ngayoyonke inhliziyo yakho unganaki kokwakho ukuqonda**" she said that even though the journey was not easy but She looked up to God for support and solutions she used this verses as her daily bread because she strongly believe that God' promises are YES and AMEN . Financial problems are the main reasons why other people failed to achieve their financial short term goals because people don't know how to draw a plan of using their money ,Ms Z Ngcobo Finance Manager explained to other woman during the woman's forum on what is budget and why it is important for people to do their plan of how they are going to use their money. She added that your credits should not maximize or exceed their income.



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