



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

CHARLES JOHNSON MEMORIAL HOSPITAL

CHARLIE. J. NEWS

NEWS

JULY-SEPTEMBER 2022

ISIBHEDLELA KUBANTU



HOSPITAL CEO (MR. B.R. KHUMALO) HOSPITAL MANAGEMENT AND STAFF MEMBERS WHO DEDICATED THEIR TIME TO TOOK THE HOSPITAL TO THE PEOPLE OF QHUDEDENI (WARD 01).

According to the hospital management and the local leadership of Qhudeni area in ward 01 the area is a hard to reached with health social illness and ailments. The community is being forced to

pay R170 to access health service from CJM Hospital. It is for these reasons that the hospital management and the local leadership decided to take the hospital to the people . Without taking health services

to the people another reason was to educating , engaging and informing the public through outreach teams on health and social ills matters. All communities should receive equal Health services.

01

Taking the hospital to the people (ISIBHEDLELA KUBANTU)

CJM Hospital took all health care services to the people of Qhudeni which is one of the deep rural areas of Nquthu northern part of KwaZulu-Natal. This exciting and innovative community-based primary healthcare programme is commonly known as **“Taking the hospital to the people”** **“Isibhedlela Kubantu.”**

17th of September will not be the same as about almost 200 people’s lives were taken care of and the hospital staff including medical doctors, Nurses, Operational Managers and Allied staff were able to save lives of many citizens of that area.

Mobile health units and Primary Health Care staff were also available to offer a wide range of health care services; the hospital CEO (Mr. B.R. Khumalo) was also on hand to address and assist the hundreds of community members who came for assistance of health services.

In keeping with the objective of the programme the following health services were provided TB, COD-19, Prostate and Cervical Cancer screening, HIV and AIDS testing, Eye testing, Dental, Physiotherapy and Speech Therapy services. Number of clients was able to receive walking sticks and Spectacles. This event was also attended by local traditional leadership who were to ensure the safety of the staff members and the community.

The community and traditional leadership were extremely pleased to have to have such programme of bringing health services to their local community. According to the hospital CEO (Mr. B.R. Khumalo) said “this is



The hospital deputy manager nursing assisting community members during



The community members waiting to be registered to receive health services .

what Primary Healthcare is about. We want to encourage people to prevent diseases and get used to the idea of getting screened and tested for diseases, so that they can be picked up early, making it easier for the community to be treated or managed. We are very happy with the turnout, especially because all of these are patients who would have ordinarily had to walk a long

distance to visit healthcare facilities, but they are here and happy to receive medical attention right on their doorstep. The community of the area they pay R140 of transport to receive hospital services and the clinic is too far and if it’s raining they cannot received any health service because the area is not reachable when it’s raining”



CJM HOSPITAL COVID-19 THANKS GIVING AND HERITAGE DAY CELEBRATION

CJM Hospital hosted a successful COVID-19 thanks giving and Heritage Day on 20 September 2022.

In opening with the purpose of the day Mr. B.R. Khumalo (The hospital CEO) said the management took this initiative to give a big thanks to all hospital staff members for dedicating themselves and working tirelessly on the frontline to care for people in need, and our support staff working behind the scenes in the fight against COVID-19. The hospital management were truly inspired by your personal commitment in making a difference in these unprecedented and challenging times of this pandemic.

Your approach in this yielded positive outcomes in our community and you were able in finding ways to address issues, to do things differently, and make continuous improvement.

Guest speaker Bishop T. Xaba said CJM hospital has achieved victory to conquer Covid-19 and victory to be united during this pandemic. We have achieved this because you understood the context of team work and you worked together to achieve this. We have reached the milestone of dedication and to be patient, we have worked endlessly.

He encouraged workers to keep up the good work. By



STAFF MEMBERS WHO ATTENDED COVID –19 THANKS GIVING AND HERITAGE DAY CELEBRATION.

being patient it helps you to understand your strength and weakness.

During the spread of this pandemic people were terrified and some of them were practising a lot of traditional methods with the hope that it will work out for them. Other people died because of their religious beliefs others have resistance. You have survived because of God's grace.

We need to reach our goals regardless of any challenges. The thing that leads to success is to know who you are. In his speech he mentioned five keys **The first one was teamwork** which stands for teaching us that we cannot be part of the team if we are not teachable and if we refuse to be taught, we won't

succeed. Second key is **executing duties** that's needs to be executed as a team member we must play our role, the only way to execute our duty is to believe in our self.

Third key is **accountability**, as the member of the team we need to be accountable. Fourth key is **to manage**, we must manage our self and your duties.

Fifth key is **organization**, we have a role to play in our team we must establish trust with each other to achieve project goals.

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World Breastfeeding week

World Breastfeeding Week is celebrated every year across the world from **August 1 — August 7**. This global campaign aims to raise awareness about breastfeeding and its advantages. CJM Hospital Dietetics Department also hosted this awareness in Labour Ward to give health education to pregnant mothers to breastfeed since the breastfeeding **aims to highlight the huge benefits that breastfeeding can bring to the health and welfare of babies and benefits to maternal health**, focusing on good nutrition, poverty reduction, and food security.

Ms. Tegan Scorgie emphasizes those four to six weeks this period is the most critical time for building baby's immune system. As your little one grows, your breast milk adapts to their needs, providing nutrients that are perfect for their developmental state.

The early weeks of breastfeeding are often the most difficult. **Some women experience issues with milk supply, which can be too high or too low. Others have painful or cracked nipples. Some women develop mastitis, a potentially severe breast infection.**

The **cross-cradle hold** is ideal for early breastfeeding. Sit up straight in a comfortable chair with armrests. Bring your baby



Ms. Tegan Scorgie and Ms. Snenhlanhla with Breastfeeding mothers during breastfeeding week

across the front of your body, tummy to tummy. Hold your baby in the crook of the arm opposite the breast you're feeding from — left arm for right breast, right arm for left.

Ms. Snenhlanhla Khumalo the hospital have a written breastfeeding policy that is routinely communicated to all health care staff, Train all health care staff in skills necessary to implement this policy, Inform all pregnant women about the benefits and management

of breastfeeding, Help mothers initiate breastfeeding within an hour of birth, Show mothers how to breastfeed, and how to maintain lactation even if they should be separated from their infants, Give breastfeeding newborn infants no food or drink other than breastmilk unless medically indicated, Practice rooming to allow mothers and infants to remain together 24 hours per day, Encourage breastfeeding on demand, Give no artificial teats or pacifiers to breastfeeding infants.

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**GROWING
KWAZULU-NATAL
TOGETHER**

National Month for the Deaf people

September marks National Deaf Awareness month, the CJM Audiology Team conducted a deaf awareness campaign on the 22nd of September 2022. The national month of deaf people was celebrated under the theme of “ **Champions of Change.**” **Building Inclusive communities for all**

The topics that were addressed was to how best can we promote the right of persons living with disabilities in community of Nquthu local municipality. Dark Blue was the Colour that was significant for the deaf people.

A dynamic talk was done at the OPD department by **Mrs. Trisha Govender (Audiologist Supervisor), Ms. Lusanda Dlamini (Comm. Serve Audiologist) and Mr. Thamsanqa Zulu (Contract Audiologist)** their health education was based on what is hearing loss, what are the causes of hearing loss, how to prevent hearing loss, signs and symptoms of hearing loss, the correct method of cleaning the ear and much more.

Patients were interactive and asked questions, demonstrations were done using diagram of the ear and pamphlets were handed out.

The Audiology Department aims at identifying hearing loss as early as possible in childhood to ensure that individuals are able to overcome their challenges leading to successful adults of the world.



Mrs. Trisha Govender conducting Health Education about during National Month for the Deaf people .



Mr. Lusanda Dlamini conducting Health Education about during National Month for the Deaf people .



Mr. Thamsanqa Zulu conducting Health Education about during National Month for the Deaf people at Outpatient Department



PHOTO GALLERY



Bishop T. Xaba the guest speaker of the day addressing staff members during the event.



Ms. T.Y. Dube applauding staff members for their positive inputs during COVID-19 pandemic.



Mr. B.R. Khumalo (Hospital CEO) welcoming all members who were present during the event.



Ms. A.D. Nkosi addressing staff members about the purpose of the day during the event.



Sotho girls performing traditional dance during COVID-19 thanks-giving and heritage day celebration.



Surgical ward staff performing traditional dance during COVID-19 thanks-giving and heritage day celebration.



PHOTO GALLERY



Mr. Sifiso Gwala (District Optometrist) assist clients with eye testing .



The hospital management with the Pharmacy Manager at the dispensary mobile station.



Mrs. Nonhlanhla Zungu (PHC Supervisor) assisting an elderly client during the event at Vulindlela Tribal Court



Registration area during taking the hospital to the people at Vulindlela Tribal Court



Medical manager (TIW Khumalo) attending clients of e Qhudeni area .



The hospital deputy manager nursing and the hospital CEO all the proceedings are in order .



ACKNOWLEDGEMENTS

Important and recommended tips to communicate with a deaf person.

- Deaf people are individuals just like every one else.
- When communicating with them , get their attention
- Don't yell
- Make sure that you maintain eye contact to make sure that you understand what she /he is trying to say
- If possible there must be a professional trained interpreter to assist with sign language.
- Maintain eye contact whilst communicating
- Use normal lips movement



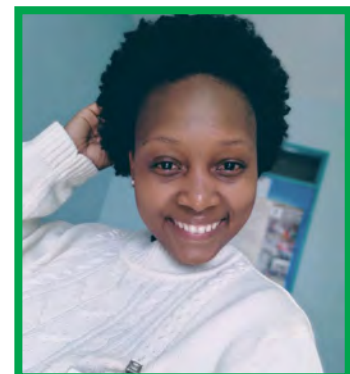
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