



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# CHARLES JOHNSON MEMORIAL HOSPITAL

## CHARLIE. J NEWS

## NEWS

SEPTEMBER 2024

### ISIBHEDLELA KUBANTU / TAKING SERVICES TO THE PEOPLE.



THE COMMUNITY OF MACHITSHANE AREA CAME IN NUMBERS FOR ISIBHEDLELA KUBANTU.



MEET THE NEW CEO. P.2



POSITIVE STORY. P.3



NUTRITION DAY. P.5

## Meet new CJM Hospital CEO Mr. R.S.M. Ngcobo.



**CJM Hospital new Chief Executive Officer  
Mr R.S.M. Ngcobo**

The management and the Hospital board members of Charles Johnson Memorial hospital (CJM Hospital) is proud to announce Mr R.S.M. Ngcobo as the new Chief Executive Officer (CEOs) of CJM Hospital. Mr Ngcobo resumed his duties at CJM Hospital on the 09<sup>th</sup> of September 2024.

His expertise and strategic vision will play a vital role in advancing hospital healthcare system, promoting equity, and improving access to quality healthcare services for all community members of Nquthu Sub-District. One of his roles is to drive the mandate to deliver premium healthcare services and this position carry a great responsibility in ensuring the delivery of excellent healthcare services to the people of Nquthu.

This new development of appointing Mr R.S.M. Ngcobo is particularly timely as uMzinyathi Health District gears up for the impending rollout of the National Health Insurance (NHI) Insurance. "As we ready ourselves for the implementation of the NHI, it is imperative that we have capable leaders at our healthcare facilities, underlining the significant stages of preparation the healthcare system is undertaking.

During the hospital board meeting the board expressed that they believe Mr Ngcobo's extensive experience and commitment to the healthcare industry, coupled with his unique combination of skills and leadership qualities, positions him well to take CJM Hospital to even greater heights.

### A GOOD STORY TO TELL FOR MISS NOBUHLE MKHIZE

Miss Nobuhle Mkhize, an 18 year old lady who delivered premature female neonate on the 04/06/2024.

The management of the CJM Hospital will like to thank all members of the Special Care Baby Unit and CJM staff for their hard work and commitment.



**MS. Nobuhle Mkhize who delivered premature baby.**

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## Mr. Lindokuhle Nkala's Journey to recovery

Mr Lindokuhle Nkala, a 30 years old male client was admitted in T.B. Ward for about 07 months until his full recovery in July 2024.

On the day of discharge , he thanked the staff for their commitment , hard work and dedication to their wok. On his discharge date, the T.B. ward staff members celebrated his journey to recovery and he was presented with gifts

The hospital management would like to thank all staff members ( clinical and non-clinical staff) who contributed to the patient's journey to full recovery.



Mr. Nkala with the patients from T.B. Ward



Mr. Nkala accompanied by the ward doctors.  
( Dr. N.N.N. Khumalo and Dr. J.N. Myeni.



The patient Mr Lindokuhle Nkala thanking the health care workers



Mr Nkala accompanied by his grandmother during his farewell party.



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## CJM HOSPITAL TOOK HEALTH SERVICES TO THE COMMUNITY OF MACHITSHANE AREA IN WARD 05 UNDER NQUTHU MUNICIPALITY.

In an effort to strengthen access of healthcare services to the people, Charles Johnson Memorial Hospital took Isibhedlela Kubantu (Hospital to the people) through to the community of Machitshane area in ward 05 on the 29th August 2024.

The programme attracted more than 360 community members both elderly people and the youth. This area was identified as one of the deep rural and most deprived area because of its physical and geographical environment. Through this programme the hospital provided health promotion materials to the community and the community members were screened for different medical conditions.

All clinical staff from the hospital were available to assess clients and medications were prescribed since the hospital pharmacy



Charles Johnson Memorial Hospital Staff members rendering health care services during Isibhedlela Kubantu at Machitshane area under Nquthu Local Municipality.



Community members waiting to receive health care services during Isibhedlela Kubantu

department was also on site. Patients with Chronic diseases like diabetes and blood pressure were also assisted.

HIV and TB screening and testing was done to all eligible clients. Clients who needed walking sticks and wheelchairs were also provided with these devices.

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# CJM HOSPITAL NUTRITION DAY 2024

Charles Johnson Memorial Hospital commemorated National Nutrition Week 2024 Commemoration on the 10<sup>th</sup> of October 2024 at Mhlungwane Clinic, as part of continued efforts to raise awareness about the importance of nutrition, healthy eating habits and active lifestyle to improve overall health. National Nutrition Week is commemorated annually during the month of October to raise awareness about the importance of nutrition to promote better health and to educate individuals and communities about healthy eating and making informed nutritional choices. The theme for 2024 campaign is **“Eat right for a better life!”**, which serves as a clarion call for people to prioritise healthy eating, balanced nutrition, and make informed food choices for improved health outcomes.

Mr Dlamini from Department of Agriculture emphasises the importance of growing home vegetables which forms part of “one home one garden” and that healthy eating does not necessarily mean buying expensive food. He also encourages the community members to ensure that everyone has access to safe and sufficient food. The event was organised in collaboration with Umzinyathi Health District and other stakeholders.

This year’s activities are specifically aimed at raising awareness around the significance of nutrition while confronting the escalating crisis of hunger and malnutrition, particularly in rural and under-served communities.

The influential stakeholders who attended the commemoration were department of Health department of Agriculture, Department of Social Development, Department of Education, SASSA and Assupol Trust.



CJM Hospital staff and Community members who have attended Nutrition day at Mhlungwane clinic.



Umzinyathi District clinics receiving certificates for maintaining good standards for gardening project.



Well maintained garden at Mhlungwane Clinic during Nutrition Day at Nquthu Sub-District

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# Nutrition Day Photo Gallery



Galaxy S23

Community members who attended Nutrition Day at Hlathi-Dam clinic



Vegetables stalls during Nutrition day celebration at Hlathi-Dam clinic



Well maintained garden at Mhlungwane Clinic during Nutrition Day at Nquthu Sub-District



Umzinyathi District clinics receiving certificates for maintaining the best for gardening projects.



Ms. F.R.N. Mbatha addressing the community members at Inkosi Thathezakhe clinic during Nutrition day.



Physiotherapy Department issuing walking sticks and wheel chairs to the community of Machitshane area.



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# PHOTO GALLERY



The invited guests who attended Nobuhle Mkhize's celebration who was discharged after spending three months in the ward.



Mrs. T.P. Ndlovu ( Deputy Manager Nursing ) and Dr. Nxumalo complimenting the staff at Maternity ward .



Mrs. Masimula ( Operational Manager T.B. Ward ) giving Mr. Lindokuhle his present on his discharge day



Dr. T.I.W. Khumalo and Dr. Mzimela ( O&G Specialist from Newcastle Provincial Hospital) were part of the celebration.



Dr. Myeni who complimented the staff members for their hard work and dedication



Mrs. Masimula ( Operational Manager T.B. Ward ) giving Mr. Lindokuhle his present on his discharge



## Deaf Awareness Campaign

Hearing loss is a global disability that affects more than 360 million people worldwide. These individuals are capable of living a normal lifestyle equal to their hearing peers through early intervention, management and treatment. An individual can be born with hearing loss or acquire hearing loss through various causes such as trauma and accidents, exposure to high level noise, chronic medications etc.

Charles Johnson Memorial Hospital hosted its annual Deaf Awareness Campaign on the 26<sup>th</sup> of October 2024. The Audiology department gave health education on the causes, signs and symptoms as well as the effects of hearing loss on daily living and normal development.

The management and treatment options of hearing loss were also discussed and patients were asked questions to ensure the education and training received was well executed. Patients were given health education pamphlets.



# ACKNOWLEDGEMENTS

## EDITORIAL TEAM / DETAILS



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