



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Church of Scotland Hospital

COSH MAG NEWS

gives you the pulse.....

Edition: July – September 2017

ISIBAYA SAMADODA SIGUBHA USUKU LWAMASIKO



UMnu. Thusini kanye no Mnu. Seme bevunule beconsa ngalolu suku

Usuku Lwamasiko yiholidi lomphakathi lase Ningizimu Afrika eligujwa minyaka yonke ngomhlaka 24 uMandulo minyaka yonke. Ngalolu suku bonke abantu base Ningizimu Afrika bagubha amasiko abo wonkana. Lolu suku lubalulekile ngoba yilapho bonke abantu baseNingizimu Afrika betshengisa ukuzigqaja kanye nokuziqhenya ngamasiko abo anhlobonhlobo.

Isibaya Samadoda sase-COSH sanquma ukugubha lolusuku mhla zingama 21 ku Mandulo 2017 ngenhloso yokufundisana ukuthi amadoda kumele aziphathe kanjani emsebenzini nasempakathini. Lolusuku lwaluhanjelwe izihambeli ezikhethekile esibala kizo uMfu. Xaba, Mfu. Mayisela, kanye no Bhonoza ongusomahlanya. Amadoda ayephume ngobuninga bawo evunule econsa kwazise phela lomcimbi wawuhlelelwe wona abesifazane babengavumelekile, ayekhetha lolusuku ngoba efuna ukubhunga ngezithinta amadoda.

ISIBAYA SAMADODA CELEBRATE HERITAGE DAY PHOTO GALLERY



Mnu. Mthonsi kanye noBhonoza benandisa



Mnu. S Dlamini egiyela ingoma



Mfu. Xaba obeyisikhulumi esikhulu sosuku



Mnu. Mazeka kanye noMnu KP Zwane beqophisana



Mnu S Mhlongo owayebeka amazwi emadodeni



Mnu Seme edlulisa amazwi okubonga



Ababethamele umcimbi bethola okuya ethunjini



Ababethamele umcimbi bethola okuya ethunjini

MHLANGANA CLINIC OPEN DAY



From left Cllr. S. Sithole, Ward Councillor, Inkosi N.E. Mchunu and Dr. F.J. Sikhakhane Umzinyathi District Municipality Speaker Dr. F.J. Sikhakhane.

On the 23rd of August 2017 Mhlangana Clinic hosted an open day where an estimated of +/- 300 community members came to attend the event. The event was well attended by the community. Amongst the invitees were key figures Inkosi N.E. Mchunu, Dr. F.J. Sikhakhane, Umzinyathi District Municipality Honorable Speaker, Mr. M. Sithole, Municipal Ward Councillor, Induna Malembe and Induna M.E. Ximba who is the Clinic Committee Chairperson were present.

The programme of the day was on a high note from start to finish. The event was diverse since we had different speeches from different disciplines. Induna Malembe welcomed all present and the Q.A. Zungu, Operational Manager of the clinic stated the purpose of the day.

A presentation by Mrs. L. Mahlobo from Umzinyathi District Oral Health stressed the importance of keeping your mouth clean. Oral hygiene services were rendered. Miss. M. Mvelase Mhlangana, Clinic Support Service Officer educated the community about the booking system. Mr. J.M. Mazibuko from EMS: Umzinyathi District clarified on how the ambulances operate.

Mr. Sbu Ngcobo from Medi post & Mr. Brian Masimula from Medi Logistics educated the community of Mhlangana about CCMDD programme. It would have not been an event if there was no entertainment from Mhlangana Community Care Givers (CCG's) who gave us an educational songs and Amatsheyitshe local group gave us Indlamu.

An open day basically is an event whereby an institution gives brief information on how it operates and to also give an insight on the services which are available in that particular institution. Regarding operational hours of the clinic, Mhlangana Clinic ensures that it opens on time and closes with the last person who is inside the clinic leaves, even if it's past closing time.

Services that are rendered at Mhlangana Clinic are: Minor ailments, Family Planning, Chronic Disease Management, Immunisation, Counselling, TB Management, HIV/AIDS Management, Mental Health, Ante Natal Care, Post Natal Care, Rehabilitation, Pap Smears, Health Education, Dental Care, Maternity Services, STI Management, Nutrition, Emergency Services, Communicable Diseases, Medical Male Circumcision, Eye Health & CCMDD

TEENAGE PREGNACY AWARENESS



Professional Nurse Zwane addressing the students from Mhlakothi High School.

Teenage pregnancy is defined as a teenage or underage girl (usually within the ages of 13–19) becoming pregnant. Pregnancy has very important consequences for teen girls and teen boys, and their children. Having a baby as a teen makes it much harder for a boy or girl to reach their goals, such as finishing high school, going on to college, getting a good job, or getting married when they grow up, and poses additional challenges to the child as well. Some teen mothers decide to continue their pregnancy and then choose adoption for their baby. Others plan on keeping the baby.

On the 2nd of August 2017 Church of Scotland Hospital Outreach Teams visited Mhlakothi High School to raise awareness on the grossly increasing rate of teenagers who are falling pregnant while they are still doing their higher education as well as the dropping of the pass rate.



Othisa bethula okuphazamisa ukufundisa



Abafundi bethula okuphazamisa ukufunda esikoleni

Think about it. Protect yourself. Don't be a statistic.

MANDELA DAY



Human Resource staff serving patients with breakfast

Mandela Day is an annual international day in honour of Nelson Mandela, celebrated each year on July 18.

COSH Human Resource Staff took their 67 Minutes to celebrate this day by serving patients with a breakfast of assorted sandwiches with Tea & Juice.



No matter how small your action, Mandela Day is about changing the world for the better, just as Nelson Mandela did every day.



ZAZI CAMP



Girls pledging

THEME OF THE DAY: FIGHT FOR YOUR LIFE

- ◆ Zazi camp was conducted at COSH on the 7th – 8th July 2017 in partnership with Msinga L M.
- ◆ No of teenagers (girls) attended 83 Target: 14 -18years, target no 120 girls.
- ◆ Targeted those schools which had high rate of teenage pregnancy from 2014 to date.
- ◆ Target number 5 leaners per high school = 120 girls

Proposed venue

- ◆ Msinga High School but due to financial constrains ended up done at COSH – had to pay R50 per leaners at Msinga High – R 50 x 120= R6000
- ◆ Accommodation: COSH campus dormataries

Catering:

- ◆ No funding for Zazi. Managers , PHC supervisors and CDC staff from COSH donated R 1300
- ◆ LAC members donated R 112.00
- ◆ Municipality – Rice, Beef, Chicken, Juice, Water, Fruits and donated the sum of R300

Topic covered

COSH Management participated in the Camp Mrs Dlomo CEO opened with a prayer and encouraged the teenagers Scripture reading 1 Timothy 4 : 12 Don't let anyone look down on you because you are young but set on example in speech in conduct in love and in moral purity.

ZAZI CAMP

- ◆ Know yourself status, strength, rights capabilities
- ◆ Fight for your life to achieves goals and dreams
- ◆ Prevention of HIV / AIDS and STI
- ◆ Prevention of teenage pregnancy
- ◆ Reproductive Health including benefits of inserting implanon to the young girls.
- ◆ Women and relationships
- ◆ Women and gender based violence
- ◆ Drug and substance abuse
- ◆ Teenagers were interested to test in the next Camp will offer all services eg. preg test, UTT insersion of implanon etc.

Activities

Encouragement from poetry about intombi ebhorayo Nonhlanhla Nguse

Testimonies from other young people : Slindo Ngubane
: Nonhlanhla Nguse

Group work : Sebatso Thulo
: Alice Sithole

Questions and Answers session : Facilitators



Girls at arrival in their school uniform singing together



Ms. DA Sithole facilitating educational games which were played during the camp



Girls doing the activities set out by the camp.



Mrs. TG Madondo-Chairperson of the Hospital after her speech to the girls

UMZINYATHI TRADITIONAL HEALTH PRACTITIONER LAUNCH



Umzinyathi Traditional Health Practitioners posing during the launch

The launch of the Umzinyathi Health District Traditional Health Practitioner (THP) on 24 August 2017 signaled the advancements and cementing of new beginnings especially in the fight against HIV/Aids. Umzinyathi Health District invited Traditional Health Practitioners from all four sub-districts to be part of this structure.

This structure will be working closely with the Department of Health. They will discuss all the legislative framework affecting the health in country. It will assist in putting together traditional healers from their own localities to ensure that they send government messages that affect traditional healers. Also, the structure will assist during awareness creation on health and healing matters. They will also ensure that they advise each other and spread the message of health to all other traditional healers in the wards.



Makhosi KBI Ntombela Umzinyathi THP Chairperson



THP in attendance of the launch for Umzinyathi District

MEN'S FORUM LAUNCH



COSH Men's Forum Members: Mr. M Ngqulunga, Mr. SG Ndima, Mr. N Dlamini, Mr. NH Mahlangu & Mr. N Sithole

On the 25 of July 2017 Church of Scotland Hospital, launched the Men's Forum. Since then the forum has grown from strength to strength.

The idea behind the launch came after it had been realized that men were the sole contributors to family violence due to a lack of knowledge and failing to open up with their issues to seek assistance from professional practitioners.

The forum is aiming to motivate, engage, assist and inspire men to be examples of change in their community and build a society where all people who live in it, are free without fear.

Church of Scotland hospital hosted a successful men's forum launch. We were blessed to have Judge M.I. Madondo, Mr. N.P. Shezi & Pastor J.A.V. Xaba as guest speakers. Judge M.I. Madondo spoke about **Behavior of a Man in the Work Place & Community** while Mr. N.P. Shezi Spoke about **Substance Abuse & Consequences**.

MEN'S FORUM LAUNCH PHOTO GALLERY



COSH Men listening attentively to the guest speakers



Rev JAV Xaba making a demonstration during his speech



Mr. MM Mbatha, Judge MI Madondo & Cllr JV Xaba



Mr. NP Shezi delivering his speech during the event.



Mr. B Shangase delivering his speech during the event



Members of COSH Men's Forum during the preparation.



Distinguished guest during the event.



Guests feasting on lunch during the event.

WORLD RABIES DAY



Nurse NP Madonsela & Sister GN Zwane up-holding a plug card as they led nurses who raised the awareness of rabies during world rabies day

It is celebrated annually to raise awareness about rabies prevention and to highlight progress in defeating this horrifying disease.

28 September also marks the anniversary of Louis Pasteur's death, the French chemist and microbiologist, who developed the first rabies vaccine. Church of Scotland Hospital used this day educating people about the importance of vaccinating the dogs and cats

Today, safe and efficacious animal and human vaccines are among the important tools that exist to eliminate human deaths from rabies while awareness is the key driver for success of communities to engage in effective rabies prevention.

FAREWELLS

Apart from your hard work, dedication and effort to elevating where Church of Scotland Hospital is now currently at, we would like to say thank you so much and may you have a bright future ahead. Church of Scotland will miss you so much.

On the 27th and 30 of October COSH bids farewells to Mr. R.M. Ngcobo (Systems Manager) and Dr. Ing (Paediatric Ward)



Mrs. B. Dlomo Handing over a farewell gift to Mr. Ngcobo



Dr. Ing at her farewell party

NEWLY APPOINTED EMPLOYEES



Zulu F
OT Comm Serve



Mposula Z
Professional Nurse



Shongwe N
Professional Nurse



Bhengu NO
Enrolled Nurse



Mhlongo PN
Health Promoter Trainee



Radebe SM
Health Promoter Trainee



Mthabela N
P/Nurse Comm Serve



Sanele Mabaso
P/Nurse Comm Serve



Zwane W
P/Nurse Comm Serve



Gumede WN
Professional Nurse



Mntungwa KC
Security Officer



Nkosi Z
Clinical Nurse Practitioner



Mdluli B
Professional Nurse



Zulu N
Professional Nurse



Zuma N
Professional Nurse



Khanyile N
Professional Nurse



Khumalo N
Security Officer



Ngubane B
Professional Nurse



Ngobe TM
Security Officer



Ngubane N
Professional Nurse

ACKNOWLEDGEMENTS



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