KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

Church Of Scotland
HOSPITAL

COSH MAG NEWS

November 2023

In health services, we lead others follow.

OCCUPATIONAL THERAPY DAY

SAMPLE PHOTO

In promoting and celebrating world OT DAY,COSH celebrated in style under the theme "Function for Independence, Adding life to days".

ISIBHEDLELA I-COSH EMKHANKASWENI WOKUQWASHISA NGESIFO SOMDLAVUZA.

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GROWING KWAZULU-NATAL TOGETHER

A Message from the Acting CEO

Right: Mr. Nhlanhla Shezi

Acting CEO

Ngibonga ithuba lokuthi kengithi qaphuqaphu kulengosi engiyinikwa umxhumanisi wesibhedlela kany nomphakathi esiwakhele.

Lonyaka esikuwona bekuwunyaka wezivuvaba Kanye namagingxiginxi kunzinma ukuya phambili kodwa ngokubambisana sisonke sikwazile ukufinyelela lapha sikhona njengamanje.

Kuningi esikwazile ukukuzuza yize izimali bezingavumi. Sibaqashe ngokuphelele abasebenzi abaningi ababeqashwe ngesikhathi sobhubhane (Covid-19) kuhle kudelile emndenini yabo. Kanti bakhona nabanye abaqashwe ezikhaleni ebezikhona. Ngiyazi umgodi ubumkhulu ubungeke ugcwale ngosuku olulodwa ngakhoke ngicela sikwamukele lokho.

Asifikanga ke sonke kulesisikhathi sokuvala unyaka abanye basishiyile, ngabe badlulile emhlabeni noma bathole amadlelo aluhlaza. Ngithi kulabo abasishiyile emhlabeni engathi imiphefumulo yabo ingalala ngokuthula bese kuthi abasasele bavuke bazithintithe ngoba kuzogijinywa ngo 2024.

Isiqubulo sethu sangonyaka ozayo sizothi "SHESHA MSEBENZI KULATE"

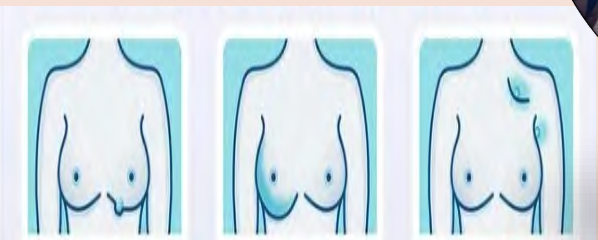
Ezintweni ebeziyizinselelo sikwazile ukudlula kuzona kube kunzima nokho. Hhawu kodwa inkinga yamanzi nogesi isho ukusikhipha imimoya sibe singeke siphelelwe amandla.

Basebenzi abahle nengibathandayo ngiyazithoba phambi kwenu ngithi ake sakhe umoya wokuzwana Kanye nokuzwelana ssiphinde sazisane. Nokukhumbula injongo yokuba semsebenzini kuyokwenza ube lula umsebenzi wethu sonke.

Sengivala, ngiyanifisela ninemindeni yenu ukuphumula okuhle ngesikhathi sikaKhisimusi kanye noNcibilijane size siphinde sibonane.

Okumhlophe.

UMKHANKASO WOKUQWASHISA NGESIFO SOMDLAVUZA



NGAPHEZULU: Ezinye zezimpawu zomdlavuza webele okubalwa: Izigaxa ebelen, ukuvuvukala kwebele Kanye nokuvuvukala eduze

Ngesikhathi I Ningizimu Afrika ibungaza inyanga ka Mfumfu njengenyanga yesifo somdlavuza, isbhedlela I *COSH* ayisalanga ngaphandle yafasa amateku yangena emgwaqweni isuka esibhedlela e COSH ilibangise e Msinga Mall lapho ebihlose khona ukufundisa iphinde iqwashise ngesifo somdlavuza ngaphansi kwesiqubulo esithi "*Early detection is a better choice*".

Umphakathi wase Msinga ngomhlaka 18 kuMfumfu 2023 ube usuthola ithuba lokuhlomula ngolwazi mayelana nesifo somdlavuza nokuvele ukuthi sesiqede abantu abaningi ngenxa nje yokuswela ulwazi Kanye nokudembesela ekutholeni usizo NgokukaDokotela Njoko othule isifundo sezempilo,uthinte indaba enkulu yokuzijwayeza ukuhlolela umdlavuza umuntu engakaguli ngoba abantu abaningi abafika esbhedlela benesifo somdlavuza,bafika ususabalele kakhulu nokwenza kube nzima ukuthi usheshe ulapheke,futhi kudala ukuthi abanye bagcine ngokudlula emhlabeni ekubeni bebengasizakala ukuba basheshe babonakala ukuthi sebenaso lesi sifo.

Ube esenxusa kakhulu abantu beslisa ukuba nabo bazijwayeze ukuhlolela umdlavuza njengoba besasilele kakhulu ekuhloleleni izifo,waphinda wanxusa kakhulu abantu besilisa ukuba bayeke ukufihla ukugula kodwa abaphume bayothola usizo ngoba lukhona futhi lumahhala emtholampilo.

uNksz Ntombifuthi Mkhize ongomunye wabantu abake bahlaselwa somdlavuza webele wasinqoba ukhuthaze abantu ukuthi abazikhathaze ngezimpilo zabo,balisebenzise ithuba elifana naleli lokuhlolela umdlavuza kuseneskhathi nokuyinto anesiqiniseko sokuthi iyona eyamsiza yena wakwazi ukusinqoba lesifo singakasabalali ngale kokuthi aze agule kakhulu futhi asuswe ibele.

Uphethe ngokucela nemindeni yalabo abahlaselwe ilesifo ukuba babeseke kakhulu ekulweni nalesi sifo nathi yena kwamulekelela kakhulu ikakhulukazi ukwesekwa umama wakhe ongasekho nathi waba nomthelela kakhulu ekutheni asinqobe lesi sifo.

Usuku lube seluphetha ngokuhlolela umdlavuza emphakathini ezimotweni ezingomahamba nendlwana.

KWAJIZA INTERGRATED HOSPITAL SERVICES- *ISIBHEDLELA KUBANTU*

In answering a call by the provincial department of health which stated that services should be Brought closer to where people live. on the 6th of November 2023, Church of Scotland Hospital took *Isibhedlela kubantu* to the community of KwaJiza in ward 6 where the community got to benefit from a one stop shop health service and social services from the department of home affairs.

Kwajiza is a community situated in the outskirts of Umsinga and was identified as a highly populated community without a Primary health facility and this community is no exception from socio economic ills facing most rural communities in the province.

mobile team which service the area saw an urgent need for clinical services to be brought to the area as they can only offer limited services and often left with no choice but to refer patients to the hospital which is a financial challenge for most of these patients and sadly this includes the elderly and the physically challenged .

The hot sun did not stop the community who came in numbers to rip the services which included Men's clinic, various ailments and all clinical allied departments were present and this shows that this was highly anticipated by the community.

Councilor Dladla appreciated the campaign stating that it is long overdue as his community have been struggling with essential health services for a very long time and have to travel to Tugela Ferry which means they have to strain their budget on transport just to receive basic services because the mobile clinic only comes in certain days.

he further pleaded that the department fast track the building of the clinic in the area as the community have reached consensus with regards to where the clinic should be built.

ACEO Mr. Shezi also came to witness this life changing event and applauded all employees for the job well done and encouraged everyone to apply the *Batho Pele* principles so that everyone play their part in achieving a universal health nation.

Above: Patients lined up to register before being directed to relevant stations.

Above: Pharmacy department patiently waiting to dispense much needed medication.

Below: Mens clinic

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MHLANGANA COMMUNITY DIALOGUE

As the whole country battles the fight against the scourge of teenage pregnancy, on the 17th of October 2023, Mhlangana Clinic conducted a community dialogue which comprised of neighboring primary school pupils and grade 8 & 9 from the Neighboring high schools. Nurse Sokhela stated that as a clinic they saw an urgent need for them to get out to the community and teach these young boys and girls about the outcome of teenage pregnancy as it does not only affect their future but their health as well.

Nurse Sokhela also stated that at Mhlangana clinic they have had a 14 year old girl who came to the clinic at 18 weeks pregnant and when asked why she came this late to the clinic, her response was that she was not aware that she is pregnant as she did not think that someone her age could fall pregnant until she saw her stomach growing and in this regard it is noted that her health and that of her child could be in great jeopardy.

Parents also took part in the dialogue and voiced out their views on the matter and the main assumption that stood out was that most teenagers fall pregnant because they lack parental guidance as most parents do not stay with their children because of work related reasons.

Some of these teenagers end up being left with their grand parents or in the worst case scenario they get left alone which makes it easier for them to engage in sexual activities.

Lack of Sexual education was also identified as a major contributing factor for teenage pregnancy as most of the learners agreed that parents do not want to talk to them about sex and they end up getting misinformed by their peers.

Love life was also part of the initiative and gave a very wise education talk to not only the minors but also to the parents as well, such as that parents should take note of their children's change in behavior as this can also be a sign that they are now engaging in sexual activities, furthermore parents were encouraged to have a friendly relationship with their children as this helps when children want to talk about difficult topics like sex.

PHOTO GALLARY 1

Isibhedlela kubantu at kwaJiza

Health services during the National Department of Water & Sanitation imbizo

Isibhedlela kubantu at kwaNdaya

Location

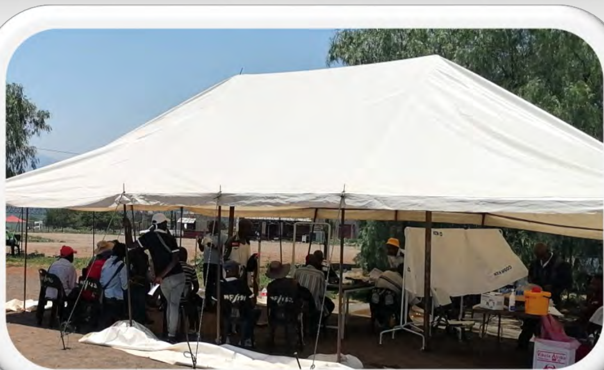
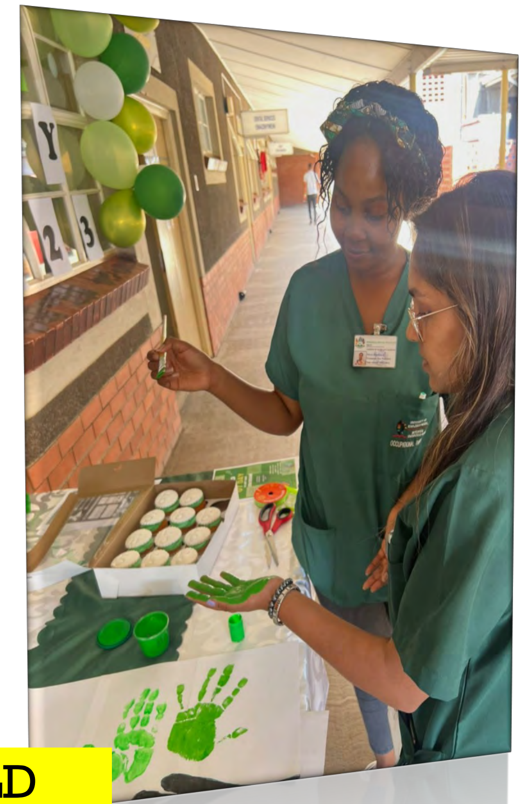


PHOTO GALLARY 2



FUN ACTIVITIES DURING THE WORLD OCCUPATIONAL HEALTH DAY

CANCER AWARENESS DAY

NEW APPOINTMENTS

Mr.Nhlanhla Dumakude
Interim: Systems Manager

Mr. Mzwandile Mnyandu
Chief Artisan

Mr. Silwayiphi Dlamini
Finance Manager

Miss. Fikelaphi Sikhakhane
Infection & Prevention
Control

Mrs. Thulisile Mntungwa
Monitoring & Evaluating

Mr. Thami Mhlongo
Health & Safety Officer

Miss. Sibongile Ndlovu
Operational Manager
Ethembeni Clinic

Mr. Smilo Nxele
Public Relations Officer

Mr. Siyabonga Nxele
Operational Manager
Mawele Clinic

ACKNOWLEDGEMENTS

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ACEO

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