

KUMOJ'ECOSH

SPIRIT OF TOGETHERNESS

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FEBRUARY 2005

COSH CELEBRATES BABY FRIENDLY



FROM LEFT: Mr Human, Mrs Dumakude, Mrs Dube and the MEC of Health, Mrs Peggy Nkonyeni holding awards

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It was a rainy but joyful day at Church of Scotland Hospital on the 21 of January 2005 when the Baby Friendly Award Ceremony was hosted at our hospital.

The aim of the occasion was to stress the importance of breast milk to breastfeeding mothers. COSH was chosen as the venue for the ceremony and

more than a 1000 people from Umsinga and surrounding areas flock in numbers to be part a celebration. The Amakhosi and Mayors of Umsinga area were

amongst our VIPs. Nurses accompanied by local women were eye-catching on their traditional attire. They were

"Nurses accompanied by local women were eye-catching on their traditional attire"

singing songs of praise, ululating, dancing and shouting "phambili ngobisi lwebele" which means forward with breast milk. Dumakude Primary

School traditional dance group and COSH Choir were the entertainers for the day.

This was a not-to-be-missed event because amongst our VIPs, was Khathide "Tshathugodo" Ngobe from Ukhozi FM, who added excitement to the crowds with his poetic praises and Zulu dance. Anne Bear and Ningi Ngcobo (programme director for the day) from Nutrition Directorate were also present.

More than 100 breastfeeding mothers received calendars and umbrellas as gifts to encour-

age them to breastfeed their babies growing minds.

The Minister of Health, Ms Peggy Nkonyeni was the guest speaker for the day. On her speech she congratulated all hospitals that received 100% for their outstanding performance in breastfeeding awareness campaign.

She also commended nurses of maternity ward for being so energetic. The Minister also highlighted the importance of paternal and maternal love from both parents. PHAMBILI NGOBISI LWEBELE!!!!

"THIS MAGAZINE IS FOR YOU PLEASE GIVE INPUT TO KEEP IT ALIVE"

MESSAGE FROM THE HOSPITAL MANAGER



**Mr Hans Human
COSH Hospital Manager**

It is already February and the past two months went like a flash. I hope and trust that you find our new newsletter informative and will use it as an additional communication tool between staff and management. The monthly newsletter will consist of certain standard items as well as items regarding i.e. projects, letters to the editor, et cetera.

During 2004 we introduced

suggestion boxes and with the newly appointed PRO the said boxes will be opened every two weeks. The contents thereof will be evaluated and discussed by a core group of people. Should we experience common problems, suggestions, et cetera management will take the appropriate steps to address such issues as soon as possible. I therefore please urge you to please

make use of the system.

A further tool that will be introduced in March 2005 is a new client survey in order to determine the level of satisfaction with a focus on our in-ward clients. A quarterly staff satisfaction survey will also be introduced. This process will be managed by the PRO and she will report her findings to the EXCO.

Management deemed it fit to have an annual award ceremony. In future it will be held in November of each year. The ceremony that was held on the 17 February was our first effort. Although management tried to consult as

much as possible and used representatives from all of the wards, units, departments, sections, to nominate candidates, it is was still a very subjective process. However I want to congratulate all of the winners of the different categories with their achievements. You surely deserve to win and I am very proud of you.

To the other staff, thank you for the good work. Keep it up and you

can be this year's winners.

For the next round a different system will be used in that an objective evaluation tool will be developed and used and therefore ensuring a more fair system. The system will first be negotiated with labour before the implementation there off.

"Please contribute to our newsletter and make use of all other communication systems that are available to express yourself"

Please contribute to our newsletter and make use of all of the other communication systems that are available to express yourself. We really appreciate constructive criticism. By talking to each other we can make this the best district

hospital in KwaZulu-Natal.

Lastly, when all of us are rendering our services please remember our vision namely to render a five star health services. I can't wait to see the next edition and I wonder what will be the official name

COSH 2005 COMSERVES



THE Management and Staff of Church of Scotland extend a warm welcome to the Community Service Group for 2005. We hope you will enjoy your stay at COSH.

BACK ROW (Left to right): Du Toit van der Merwe (Doctor), Thulani Mtshali (Doctor), Langa Ngubane (Doctor), Xolani Ntshangase (Doctor), Yuvendran Govender (Pharmacist), Jerusha Moonsamy (Physiotherapist), Nureshka Narisamulu (Physiotherapist), Nasreen Ismail (Radiographer), Nolene Naiker (Dietitian).

FRONT ROW (Left to right): Wanda Mbatha (Doctor) Sudhasha Konar (Speech & Hearing Therapist), Taryn Jones (Speech & Hearing Therapist), Cezanne Walker (Occupational Therapist. Tarryn Elixer (Physiotherapist).

IKUPHI IMBIZO NAMHLANJE?



"I CONSI S'AMATHE" ungathi basho njalo lapha uSgaxa, Mahlobo, Makhiseni, Sthembiso no Fana

BEKUSINDWE ngobethole omame bekikiza" when more than 500 Church of Scotland employees mostly health professionals receive awards for their contribution and effort in serving the community of Umsinga with care. The ceremony was held at the hospital dining hall on the 17th February 2005. Mr Human, Mr Ntuli, Ms Dlamini and Mrs Dube presented awards to the staff.

It is for the first time our institution hosts such a remarkable event for the workers.

A cow was slaughtered, "izoso kuphela amazinyo endoda" and men gathered to share "inhloko". This party was planned for the staff for their hard work and also to award those employees who have an outstanding performance

and who excelled in their jobs. There were so many categories ranging from the hospital comedian, best presentable person, cleanest ward, best department in terms of efficiency and effectiveness, a person with good human relations and so on.

In his speech Mr Human thanked all staff for their hard work highlighting the importance of teamwork to achieve better.

The winners received award certificates to rein-

force their excellent behavior. The ceremony was also to celebrate the Baby-Friendly Award that the hospital received on the 21st of January 2005. The ceremony was also attended by Umzinyathi District Office staff, Ms Coka and Mrs Montique.

"It is for the first time the hospital host such a remarkable event for the workers"

NEW APPOINTMENTS JAN / FEB 2005

1. Sabela N. S. (College Tutor)
2. Sibisi K. (College Tutor)
3. Nzuzza G. (Physiotherapist)
4. Ngubane S. (Human Resource Officer)
5. Dlikilili B. (Professional Nurse)
6. Mathe L. (Professional Nurse)
7. Bhengu T. (Data Capturer)

**YOU ARE ALL WELCOME AT
COSH , FEEL AT HOME**



STAFF members together with the management received certificates

CONDOLENCES

THE CHURCH OF SCOTLAND
HOSPITAL STAFF AND MANAGEMENT WOULD
LIKE TO SEND OUR CONDOLENCES TO
MS SOKHELA AND FAMILY FOR LOSING YOUR BELOVED ONES.
MAY GOD GRANT YOU THE STRENGTH TO CARRY ON
. FROM :COSH MANAGEMENT & STAFF

FAREWELL

TO

HUMPHRY MBATHA FROM X-RAY AND MDU
BUTHELEZI FROM REVENUE

WE WISH YOU ALL THE BEST IN YOUR NEW JOBS

VANESSA'S KITCHEN

INGREDIENTS (mix all together well)

1) 125g magarine / butter. 1 # Bake at 180C in a greased cup sugar, 1tsp & vanilla loaf tin for 1 hour essence (mix these ingredients together)

2) Add 2 eggs and beat well.

3) Add 4-5 smashed bananas, handful crushed nuts—optional, 2 cups flour, 1 tsp baking powder, 1 tsp bicarbonate of soda mixed with 1/2 cup boiling water

For more recipes please consult Vanessa at 3060. Staff is allowed to bring their recipes to PR office

THANK YOU LETTER FROM A PATIENT

NGIYANIBINGELELA bahlengikazi baseMehlweni (Eye Clinic) NgingowaseNquthu C.J.M. Hospital. Ngafika ngingaboni lutho lapha ekhaya. Kodwa ngathi uma ngifika avuleka amehlo kwaba sengathi ngiyaphupha. Inkosi inibusise bahlengikazi bami Obhalile Mrs Bella Zulu (eNquthu)

Siyabonga uma kubonakala okuhle okwenziwa abahlengikazi PRO

Important notice

All projects coordinators are requested to inform the PRO – Ms Sibiya of any projects they are planning. This will assist to get publicity and also to submit to the intranet. The PRO will take photos of your projects

SPORTS NEWS

ON Saturday, 19 February 2004, Cosh soccer team played with District Emergency Squad and won 1-0 and went to play finals with Greytown Hospital. Unfortunately our team didn't make it, they lost the game by 2-1.

These tournaments were organized by Emergency department and were held at Greytown Stadium. There were four team including Greytown SAPS soccer team. "The games were good but they were unfortunate that they didn't win. We are planning to work harder and correct our mis-

takes" said the captain of Cosh soccer team, Mr Celimpilo "Sgaxa" Mdletshe. He further said he is undoubtedly sure that they will win the next games. The team would like to thank all staff members who supported them and encourage more support for future games. According to Phumza Danisa our netball captain our netball team were playing with District Emergency Netball team and they won by 16—0. "Besizigwazela ibhece" kusho uPhumza Danisa.



Hleka noS'mojero

LATE one evening I was preparing to go home when I see my manager standing next to the paper shredder with a piece of paper in his hand. "My secretary has gone home for the day, do you know how does this machine works"? He immediately handed a paper to me. I took it, put it on the machine and pressed a start button. As the machine was running he said "this document is very sensitive and is for an urgent and important meeting I have to attend tonight, make me one copy please" OOPS !!!!!!!!



PLEASE GIVE A NAME FOR OUR MAGAZINE

before you are requested to give a name for our magazine. A person who will come with a starring name will receive a 'chocolate cake' Wa-la-la Wa-sa-la!!!!!!!!!!

KUMOJ'ECOSH is an interim name for this magazine there-

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