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NEW STATE-OF-THE-

New OPD 01

We are proud to inform the public of the opening of the New State-Of-The-Art OPD. This is part of the development which is aimed at improving the standard of service delivery.

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The Hospital is striving for excellence with regards to providing optimal health status to all persons in Ceza area. The availability of state of the art OPD with world class clinical and medical resources will enhance service delivery.

In respect of services that are offered in the new OPD, we have the following facilities; OPD; VCT; Resuscitation; X-ray & ultra sonography ; Eye clinic, Dental clinic etc.

Shortcut (3) to Internet Explorer.Ink

kubuyisa ithemba nakulabo asebephelelwe yithemba, ngendlela noma ngeqophelo eliphezulu eyakhiwe ngalo.

U-Sister in Charge okungu Mrs Shamase ukhombise ukujabula okukhulu ikakhulu-kazi ngoba sebenendawo abaziqhenyayo ngayo.

Izikhalo eziningi ebezidalwa isimo i OPD endala ebiyakheke ngayo, ibingamuniki umuntu ogulawo ithemba, nangokungaphathwa ngendlela eqhakambisa ukuhlonishwa kwesithunzi somuntu.

Lokhu bekuvela kakhulu uma iziguli ezinezifo ezithathelwana kalula njengesifo sofuba zixutshwa nezinye iziguli

Uku-
vulwa
kwayo-

Sinethemba elikhulu ukuthi izinguquko ezintsha ezikhona esibhedlela zizogqakambisa ukuhlonishwa kwamalungelo eziguli namalungelo abantu ngokuphelele. PATIENTS HEALTH IS OUR PRIORITY!!!!



It is always my pleasure to have an opportunity to voice out my words of gratitude to all staff and the community we serve. One set goals to be accomplished, but it takes a considerate one or an observant one to acknowledge the challenges that he/she have to overcome, for his/her goals attainment.

It has been a challenging year for the hospital and the Dept. of Health as a whole, coming from the last financial year with a serious deficit.

Firstly I would like to thank heavenly mighty creator for awarding me with such a wonderful opportunity to be part of this welcoming, challenging and of course interesting family of Ceza. I feel honoured and most privileged to be associated with this Hospital. My name is Mfundo Sbukosezwe Buthelezi. It has been my dream to serve my community with great sense of respect coupled by highest degree of professionalism.

Ngifike esikhathini esingangonyaka, ngingena ezicathulweni zika Musa Mncwabe. Ngenhlanhla ngafica kuno Dadewethu obe yi PR Intern—u Londiwe Dlamini okunguyena owangisiza ukukwazi ukuqonda isikompilo lokusebenzela umphakathi ngendlela eyiyo.

Ngingakubeka ngingahlonizi ukuthi abaphathi besibhedlela nabasebenzi ngokuphelele benza ukusebenza kwami kube engziqhenyayo ngakho, futhi kungikhulisa usuku nosuku.

Kunezinguquko ezikhombisa inqubekela phambili eziphawulekayo, okubandakanya ukwakhiwa kwe OPD entsha esezingeni, futhi ezokwazi ukulekelela ukuphucula izimpilo zabantu

I wish to express my heartfelt gratitude to all of you for your positive contribution and commitments towards improving service delivery throughout this year 2008 under difficult circumstances.

In spite of the shortage of major resources, we managed to sustain service delivery and achieved more than 80% in compliance in all Infection Control and Quality Assurance surveys. And TB cure rate has improved.

I sincerely thank you all for your commitment and dedication.

A special thanks to the team of Doctors which is

Umoya wobunye nokuphokophelela ukwenza izimpilo zabantu zibengcono kwenza usuku nosuku lube yisipho esihlukile emphakathini esiwusebenzelayo.

Ukukhuthala kwabafundi abafundela ubuhle ngokazi ekwenzeni imisebenzi yabo, kunikeza ithemba lokuthi eqinisweni sicija amaqhawe angomuso. Ukuzibandakanya kwabo kwezemidlalo nokubamba iqhaza kunoma yikuphi isibhedlela esikwenzayo kwenza siziqhenye ngabo. " United we stand, Divided we fall" ALUTA

, Dr J Ogungbire.

From August 2008, only four of you were left to cater for quite a number of patients, and you did that with highest degree of excellence.

Dr Ifiorah Osiita; Dr Ngam Eric and Dr Thusini Zinhle The hospital acknowledges your commitment and is very proud.

Lets be alert and ready for Cholera outbreak.

On behalf of Management I would like to wish all staff members Merry Christmas and Prosperious New year.

God Bless you all till we meet in 2009.

Thanks

From the P R O's corner



GUIDELINES FOR SUCCESS

- ⇒ *Be optimistic*
- ⇒ *Learn to get along with people.*
- ⇒ *Make them like you.*
- ⇒ *Respect.*
- ⇒ *Learn to exhibit your patience*
- ⇒ *Think problems through*
- ⇒ *Keep an open mind*

Life is a challenge, meet it



MS BE BEKWA—EAP PRACTITIONER

SINAKEKELA ABASEBENZI NGENDLELA ENOBUNTU -(

Humanizing the work force).

Isibhedlela sakwaCeza siyakuqonda ukuthi izinkinga zomuntu zingakhubaza ukusebenza ngendlela elindelekile komsebenzi. Lokhu kubandakanya.

- ⇒ Isinkinga emshadweni; emindenini noma ebudlelanweni.
- ⇒ Ukuphuza ngokweqile noma ukungalawuleki
- ⇒ Ukusebenzisa izidakamizwa
- ⇒ Isandulela Ngculazi; ingculazi, nezinye izifo ezingalapheki
- ⇒ Izinkinga ekuphathweni kwemali
- ⇒ Izinkinga zomphefumulo; ingcindezi nezinye izinkinga

Loluhlelo lubekelwe bonke abasebenzi besibhedlela nawo wonke ama-clinic angaphansi kwesibhedlela. Abasebenzi abazithola benezinkinga bayakhuthazwa ukuthi bafune izeluleko kumsebenzi wohlelo lwabasebenzi, obhekelela inhlahakahle yabo-EAP.

IYINI I—EAP?

Lolu uhlelo oluba semsebenzini olwakhelwe ukubheka izinkinga, ukuze kuzanywe izixazululo. Lezo zinkinga zingaholela ekutheni umuntu azithole engasawenzi umsebenzi wakhe ngendlela egculisayo.

IZINJONGO ZALOLU HLELO

- ◆ Ukunikeza umsebenzi ukwalulekwa okufanele .
- ◆ Ukuqinisekisa ukuthi izinkinga zabasebenzi zixazululwa kusenesikhathi futhi zigcinwe ziyimfihlo.
- ◆ Ukwedlulisela labo basebenzi kubantu abangabanika usizo ukuyilonalona

IMITHETHO EBEKELWE LOLUHLELO

UKUGCINWA KWEMFIHLO

- * U EAP uyogcina konke okuxoxiwe kuyimfihlo. Uma kudingeka wedluliselwe komunye umuntu ukuze uthole usizo olufanelekile. U EAP uyokwazisa loyo akwedlulisela kuye ngenkinga yakho. Lokhu kuyogunyazwa nyuwe/imvume itholakala kuwe.

UKUNGATHATHI UHLANGOTHI

- * U EAP angeke athathe uhlangothi ekuzameni ukuxazulula inkinga ephakathi komsebenzi nomphathi wakhe.



UKUBAMBA IQHAZA NGOKUZIKHETHELA

- ⇒ Ukubamba iqhaza ngokuzikhethela yikona okusebenza kahle nokusiza umsebenzi ukuthi asheshe athole usizo. Ngakolunye uhlangothi umsebenzi angeke aphoqwe ukuthi abone u EAP.

UKUPHOQWA NGENDLELA ENOKWAKHA

- ⇒ Uma konke sekuzanyiwe ukwelekelela umsebenzi ukuthi enze umsebenzi ngendlela lokhu kubandakanya uhlelo lokufundisa ngomsebenzi, umphathi angakwazi ukuphoqa umsebenzi onenkinga ukuthi abone umsebenzi wohlelo losizo lwabasebenzi.

UKUTHOLAKALA KOSIZO

U EAP uyatholakala e Park Home yase Crises Centre eduze kuka Social Worker. I Extention ithi 5029

WORDS OF WISDOM

"Happiness comes of the capacity to feel deeply, to enjoy simply, to think freely, to risk life, to be needed" -Storm Jameson.

"And in the end it's not the years in your life that count. It 's the life in your years"- Abraham Lincoln .

' Delegates work works, provided the delegating works too" Robert Half.

EZASE PHYSIOTHERAPY SECTION



*Kw*akuhle kudelile mhla uMrs A Zulu eyokwethweswa umnyezane emuva kokuphuthula izifundo zokuba umelekeleli emnyangweni we-Physiotherapy esikhungweni l University of KwaZulu –Natal (Westville Campus).

Lokhu kuthola isitifiketi kuyindlelela esibheke ekutheni bathole ama-Diploma kwezokusetshenzwa kwamathambo ,lokho ukuyobanikeza igunya lokukwazi ukuzinyangela nokucumbambaza amathambo ngabodwana.

Lolu hlelo lokuqeqeshwa kwabasizi bama physiotherapist kwethula umthwalo nengcindezi kuma physiotherapist. Ummama uZulu usebe kulomnyango isikhathi eside, esenza ngokuzikhandla.



HIGHLIGHTS



Umnyango wezempilo esifundazweni sethu siwethulela isigqoko ngokuveza amathuba afuzileli. Ukukhuthala nokuzimisela kuka Mrs A Zulu yikho ukumvunise izithelo ezinhle ayohlala eziqhenya ngazo ngisho nasemndenini wakhe.

Ukuthuthukiswa kwabasebenzi yivangeli elishunyayelwa nangungqongqoshe womnyango kanye nenhloko esabambile.

Okuthokozisa kakhulu ukwazi ukuthi u Mrs Zulu

U Mrs A. Zulu angakwesokudla emi nomunye azakwabo oqhamuka kwesinye isikhungo emuva kokwamukela isitifiketi

Ungumsebenzi osemnkantshubomvu emkhakheni wakwa physiotherapy.

Sinethemba lokuthi uzokuba yisibonelo esihle nakwabanye abasebenzi, ikakhulukazi abasebancane.

Uma kuthiwa ukubekezela kuzala impumelelo kusuke kushiwo into efana na le.

Halala Mrs Zulu Halala !!!!!

*J*gumbi lezokubelethisa laba nehlanhla yokuphumelela ukubelethisa

amawele amathathu. Inhlanhla ifikele umuntu ongenabani, okwathi ngokungenelela kwesibhedlela sibambisene neminye iminyango kahulumeni kwa qhamuka inhlansi yethemba lokuthi lamawele azothola ukunakekeleka ngendlela eyiyo. Sibonga u Dr Mthethwa owabelethisa umama amawele amathathu ngempumelelo.

Unina wamawele ongu – Nkosazana Ms Nozipho Buthelezi ongowokudabuka eNtinini eNquthu. Akasebenzi futhi abazali akasenabo kanti nobaba wamawele akasebenzi. Sibonga impumelelo ekubelethweni kwalamawele. Siwafisela impilo enhle nende.

PHARMACY WEEK

01-07 SEPTEMBER



Pharmacy Manager and Ms Zulu in action teaching clients.



MR MD REDDY– PHARMACY MANAGER



The pharmacy week which started on 01 September to 07 September was successfully observed and the pharmacy team worked exceptionally well in giving information regarding the proper usage of medication etc.

Our gratitude goes to Mr MD Reddy and his dedicated team who have worked tirelessly towards attainment of their goal, which is giving out prescribed medication as well as educating patients on how to take; dispose ; keep their medication as well as possible side-effects.

Disposing old and unwanted medicine safely was emphasized.

Patients response on Pharmacy week 2008

They said they are happy to know—when they should take medicine; how to take precaution in pregnancy and breastfeeding.

They also learnt how to take caution when driving or using machines for some drugs.

They are happy to know side effects of ARV drugs and TB drugs.

Mr MD Reddy; P Zulu; RB Zulu and ES Sithole got positive response from patients.

EMPLOYEE WELLNESS PROGRAMME

Inyanga ka November bekuyinyanga ebekelwe ukunakelela abasebenzi. Ithimba elibhekelele inhlalohle nempilo yabasebenzi elaziwa nge– Wellness Team elibunjwe amalunga aqhamuka emikhakheni ehlukene engingabala u CDC; TB Unit; Social Worker; EAP; Occupational Health & Safety njll.

Inhlosongqangi yalo mkhankaso kwabe kungukuqwashisa ngezimo nezifo ezinhlobonhlobo abasebenzi ababhekana nazo usuku nosuku.

Indlela elindelekile yokusebenza komsebenzi incike kakhulu kwinhlalakahle yakhe umsebenzi. Uma umuntu engaphili kahle enyameni nasemphefumulweni kunzima ukunakekela isiguli ngendlela.

Lokhu kubiza ukuqinisekisa ukuthi abasebenzi basesibhedlela bayanakekelwa.

Lelithimba lakhuthaza abasebenzi ukuthi abangafeli phakathi okwebutho lenkosi, lube usizo lutholakala mahhala nangazonke izindlela.





Isibhedlela sakwa Ceza siyaziqhenya ngeqhaza esilibambile ekugqugquzelweni kokudliwa kokudla okunomsoco. Sikhuthaza ukwakhiwa kwezingadi. Lezingadi zilekelela kakhulu ekusizeni labo abadla amaphilisi ,kanye naleyo mindeni engenabani, lapho ezondla imindeni ehlwempu.



Lezi zingadi zisiza ekwelekeleleni nalabo abadla imishanguzo namaphilisi ngokwehlukana kwawo ikakhulukazi ngoba kumele udle amaphilisi kube



Kukhona namalunga omphakathi alekeleyo ekugqugquzeleni indlela okuyiyo-nayona okumele abantu bazinakekele ngayo ikakhulukazi labo abahaqwe izifo ezingalapheki.



Sinama Support group asiza ukuphekela abahlwempu esilekelelana nomnyango wezenhlalakahle nokuthuthukiswa komphakathi ngokudla nangezinye izindlela.

Omama aba ne Soup Kitchen lapho bephekela khona izingane namalunga omphakathi ongenabani.



Isibhedlela sino Facilitator abazikhandla ngendlela engelinganiswe abaholwa u Ms Nompumelelo Buthelezi abaqinisekisa ukuthi lama Project awafadalali.

Ukubambisana konompilo nama support groups belekelelwa o Facilitator kusinika ukwethemba ukuthi impi yokulwa nezifo, kuliwa nobubha nokunikeza ithemba ezimpilweni zabantu izonqotshwa.



SIYIXOXA NGEZITHOMBE



Uphiko otubhekene nokuphepha kwabasebenzi oluphetwe u Mr Mangoba Khumalo kwaluhlele usuku lokufundisa ngokuvikeleka esikhathini sokuhlaselwa umilo. Isibhedlela sizibona sivikeleke ngazo zonke izndlela. Sly-



Bayababa Shame !!!



YIZO LEZI IZINGQUNQULU EZISHAYA KWASANI. I ZULULAND YONKE IYAZI ,NGISHO UNGABUZA UMBHOBHO



CJM



THULASIZWE

Yibo laba abanye obhanana bethu esiziphushuzela bona. Kuyimanje abasafisi lutho, Kodwa asinankinga yokubapha izifundo zamabhala kwezikanoBhutsuzwayo



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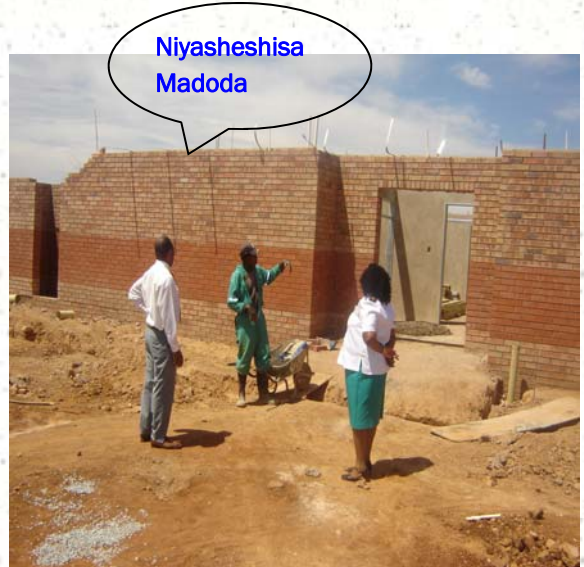
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MAGAGADOLO CLINIC IN CONSTRUCTION

Indawo yase Magagadolo isize yaba nenhlanhla yokwakhelwa umtholampilo osekunesikhathi eside wacelwa. Isicelo somtholampilo sesize safezeka. Indlela inkontileka ewakhayo ewusheshisa ngayo iyisimangaliso. Sinethemba elikhulu lokhuthi nalezizingqinamba ezikhona mayelana nezi-mali zizosheshe zedlule lokho okuzoholela ekutheni umtholampilo uvulwe usebenze ngokushesha, ekuhlinzekeni ngosizo lwezempilo emphakathini.

Kukhona neminye imitholampilo esohlelweni lokuthi yakhiwe, okungumtholampilo waSombimbini nakwa HHemulana ezokwakhiwa maduze nje.