



CEZ'EMTOTI

NEWS

STAY INFORMED

DECEMBER 2021

KZN LEGISLATURE VISIT



Team observing vaccination site



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KZN LEGISLATURE VISIT

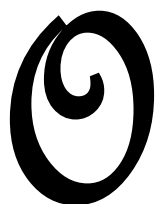


Ceza hospital was honoured to be visited by KwaZulu-Natal legislature as part of functionality programme. The main purpose of the visit was to assess the functionality of covid-19 sites and render support. Dr. Bulelani Gebashe presented the hospital profile which included cold chain logistics, vaccine preparation, vac-

inating procedure, communication and information, safety and security, infrastructure and hotspot areas around Ceza. Team went to vaccination site and pharmacy to observe that all procedures are followed. Challenges and successes of vaccination programme was also shared with the members of legislature. Members of legislature said that hard work done by staff is noticed.

Top left: Mrs T.G. Msibi Assistant Nursing Manager explaining vaccination procedure to legislature members. Top right: Miss Fikile Sithole Pharmacy Manager explaining cold chain and storage of covid-19 vaccine to members of legislature. Bottom left: Team members observing how patients and visitors are handled in the main gate.

NUTRITION WEEK



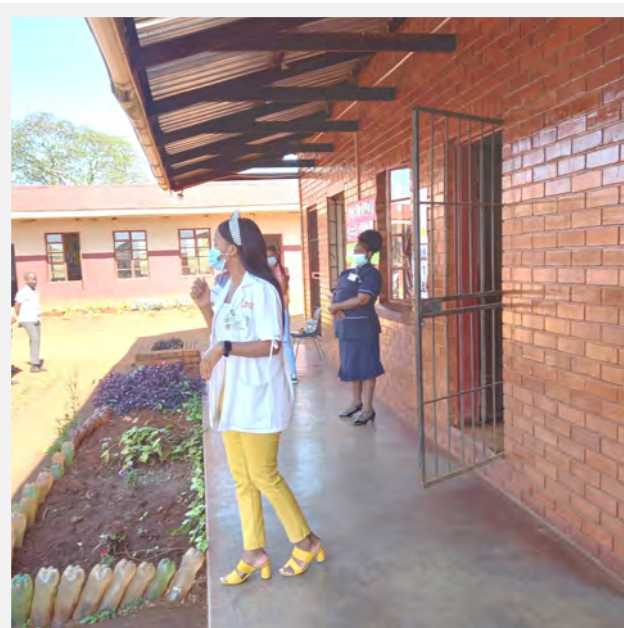
On the 13th of October 2021 our Dietetics Department embarked on nutrition awareness around the hospital. Different activities were carried out which included visiting Ceza Primary School to educate learners and educators on the importance of healthy eating. The theme for this year was “Eat more vegetables and fruit every day”. Miss Sithole our Dietician said that the theme aims to raise awareness of the nutritional and health benefits of eating more vegetables and fruit as part of a diversified, balanced and healthy diet and lifestyle. Learners were encouraged to limit foods such as sweets, chips, biscuits and sugary drinks. They were also encouraged to request their parents to put vegetables and fruits in their lunch boxes because it will protect them against diseases. The school was applauded for having its own vegetable garden. Learners were asked questions after presentation and there were prizes for correct answers.



Ceza Primary School learners listening to speakers.



NUTRITION WEEK GALLERY



Top left: Lindo Khoza and Thando Nkosi showing learners different types of vitamins. Top right: Zoleka Sithole Dietician handing a gift to a learner. Bottom left and right: Dietetics component educating learners about importance of healthy eating.



KWAZULU-NATAL PROVINCE
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KwaZulu-Natal Department of Health



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CEZA GATEWAY CLINIC NUTRITION WEEK



Umtholampilo wase Gateway ufundise iziguli ebezihambele emtholampilo ngeviki lokuqwashisa ngokudla okunomsoco ngokubaluleka kwakho. Isiqubulo sakulonyaka besithi “Yidla izitshalo nezithelo nsuku zonke”. Umeluleki ugcizelele ukubaluleka kokuba nezivande emakhaya ukuze kube lula ukuthola izitshalo ezinomsoco ngale koku khipha imali ephaketheni. Umphakathi wabe usunikwa ithuba lokubuza imibuzo ngokunjalo nabo babuzwa imibuzo base bezihlomulela ngezitshalo nezithelo.



Kwesingenhla: uNkk Nobuhle Buthelezi ongumeluleki wezokudla emtholampilo efundisa iziguli ngokubaluleka kokudla ukudla okunomsoco.

CEZA GATEWAY NUTRITION WEEK CONTINUES...



Ngemumva kokwethamela inkulumo iziguli eziphendule kahle imibuzo zabe sezizitholela izitshalo nezithelo.

GLOBAL HAND WASHING DAY

Ceza hospital celebrated global hand washing day on the 15th of October 2021. This day is celebrated to maintain global promotion, visibility and sustainability of hand hygiene in health care and to bring people together in support of hand hygiene improvement around the world. Infection Prevention and Control (IPC) Manager visited different components within the institution to remind them about the importance of washing hands regularly especially during this time of covid-19 pandemic. The 2021 Global Hand washing Day theme is “Our future is at Hand-Let’s move forward together”.



Top left and right: Mr Bonginkosi Masondo IPC Coordinator reminding covid-19 team about the importance of washing hands and use of hand sanitizer.

GLOBAL HANDWASHING DAY CONTI...



Mr Bonginkosi Masondo IPC Coordinator educating Pharmacy staff about the importance of hand washing.



16 DAYS OF ACTIVISM

On the 02nd of December 2021 Ceza hospital hosted 16 days of activism against women and children event. The main focus on the day was sexual harassment in the workplace. Ms. Simelane Social Worker said that; “Sexual harassment is defined as any unwanted conduct, which is sexual in nature, and can be physical, verbal or non-verbal. The conduct must affect the dignity of the person affected or create a negative or hostile environment. Sexual harassment is relevant in a workplace if granting sexual favours becomes a condition of employment, or refusal to do so affects employment decision, or if it unreasonably affects the employees’ work or creates a hostile environment”. Forms of sexual harassment and sexual favouritism were discussed at length. Policy on sexual harassment was also read out to employee by Human Resource Manager. Employees were given the opportunity to ask questions.



Staff listening attentively to speakers.

16 DAYS OF ACTIVISM GALLERY



Mr P L Mangele PHC Manager, Ms. P Hlekwayo Human Resource Manager, Ms. N Simelane Social Worker and Ms. S Mtshali EAP addressing staff.



CEZA GATEWAY CLINIC COMMEMORATED WORLD AIDS DAY

On the 01st of December 2021 Ceza Gateway clinic employees took a walk around the institution with lit candles in commemoration of World Aids Day. Employees and patients were educated about equitable access to HIV services. It was also stressed that people living with HIV are at high risk of covid-19 complications so they are encouraged to access covid-19 vaccination. “Stigma and discrimination are barriers to HIV testing and treatment, we need to change our attitudes, learn the facts and discover ways to stop HIV stigma”; said Sister Langa Operational Manager Gateway clinic.



Ceza Gateway clinic walking around the institution singing AIDS awareness songs.

UMKHANDLU WASONDINI UVAKASHELE ISIBHEDLELA

Imeya yomkhandlu wasOndini uMnu Wilson Ntshangase, iSekela leMeya uNkk Thembelihle Madela, uSomlomo woMkhandlu wasOndini uMnu Senzosenkosi Buthelezi bahambele isibhedlela sakwaCeza ngenhloso yokuzobungaza nokupha izipho izingane ezizalwe ngomhlaka 01 ku Masingana 2022. Imeya kamasipala wasOndini ibongele bonke abazali abatete kahle izingane zabo ngosuku lokuqala kunyaka omusha. “Lolusuku lubaluleke kakhulu kithi sonke njengoba sazi ukuthi usuku lokuqala onyakeni omusha. Sithanda ukuhalalisela bonke abazali abathe baletha emhlabeni abantwana abangahle babe abaholi bakusasa”; Mnu Ntshangase



Photo supplied by Ulundi Municipality Communications Department

Umpathi wodokotela Dr. Bulelani Gebashe ekanye nomkhandlu wakwamasipala wasOlundi benikezela izipho komama abatetile.

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LONDIWE DLAMINI
WRITER & PHOTOGRAPHER



MR S P ZULU
EDITOR



KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA

CONTACT DETAILS

Physical Address: Echibini Area
CEZA 3866
Postal Address: Private Bag
X200 CEZA 3866

Web Address:
www.kznhealth.gov.za

E-mail: Lon-
diwe.dlamini2@kznhealth.gov.za

SWITCHBOARD:
035 832 5000

SWITCHBOARD FAX NUMBER:
035 832 0027/57



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KwaZulu-Natal Department of Health



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