



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# CEZA HOSPITAL

# CEZ'EMTOTI

# NEWS

STAY INFORMED

JANUARY-MARCH 2020

## STAFF TRAINED ON COVID-19



**Staff listening attentively to presenters**



**STAFF TRAINED ON COVID-19...**  
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## COVID-19 TRAINING



Mthobisi Mtshali Laboratory Manager and Dr S L Cele Clinical Manager addressing staff.

**C**eza hospital staff and Community Health Workers were trained on covid-19 on the 25th of March 2020. Staff was encouraged to do the following to minimise the chances of getting corona virus:

1. Wash hands frequently with soap and running water at least for 20 seconds or use 70% alcohol-based hand sanitizer.
2. Avoid touching nose, eyes and mouth with unwashed hands.
3. Clean and disinfect objects and surfaces that are frequently touched.
4. Avoid close contact with anyone who has a fever and cough.
5. Keep your distance. Maintain 1 metre distance between yourself and other people.
6. Avoid consumption of raw or uncooked animal products.



MS NOMAGUGU SIMELANE-ZULU  
MEC FOR HEALTH

**Siyayinqoba**  
**I-CORONA**  
**VIRUS**  
COVID-19

## TEENAGE PREGANCY WEEK

**C**eza hospital PHC facilities conducted different activities during teenage pregnancy week. The aim for these awareness campaigns was to educate teenagers about the risks of getting pregnant at an early stage and educate them about different methods of contraceptives. All clinics have youth friendly services in their facilities to accommodate teenagers because it was discovered that the other main cause of teenage pregnancy is the lack of information about sexual and reproductive health and rights, inadequate access to services to youth. Teenagers were warned not to engage themselves in steady relationships. SAPS also talked about sexual violence and child early and forced marriages. Teenagers were encouraged to set real, meaningful goals for their future. We would like to thank HST, SAPS, Department of Education and Department of Sports & Recreation for supporting all the events.



# TEENAGE PREGNANCY GALLERY



Gateway clinic hosted teenage pregnancy awareness dialogue at Ivungu High School.

## TEENAGE PREGANCY WEEK CONTINUES...



Top picture: Learners from Mathole High School during teenage pregnancy awareness campaign that was hosted by IDlebe clinic. Bottom left& right: Learners from Nsabekhuluma High School during the teenage pregnancy awareness campaign that was hosted by Ezimfabeni clinic.

# TEENAGE PREGNANCY WEEK CONTINUES...



Top left& right: Ndumiso Ndlela with learners from Mnyamana Memorial High School during teenage pregnancy awareness campaign that was hosted by Magagadolo clinic.



Bottom left& right: Mdumela High School learners during the teenage pregnancy awareness campaign that was hosted by KaHhemulana clinic.

## UQEQESHO LWABELAPHI BENDABUKO

sibhedlela wakwa Ceza sibe noqeqesho lwabelaphi bendabuko. Umphathi sibhedlela wamukela abelaphi bendabuko wabe esebacela ukuba uma kufika abantu bezocela usizo kubo bakwazi ukubona umuntu odinga ukwelashwa kwasentshonalanga. Waphinde wabazisa ngohlelo lokuthi umndeni nomndeni kumele kube nomuntu ozobhekelela impilo yawo wonke amalunga omndeni njengokuthi uma kukhona odla amaphilisi esifo esiyimbelesela uyawalanda yini emtholampilo oseduze aphinde awadle ngendlela, uma kunengane iyayithola yini yonke imigomo ngesikhathi esifanele. Abelaphi bendabuko baziswe ngohlelo lokuhambela emakhasi kwabasebenzi bezempilo. Kuzohanjelwa nakubo abelaphi bendabuko ngoba kumele basebenzisane nabasebenzi bezempilo ukulekelela umphakathi.



**Kwesokunxele: Umnumzane S P Zulu ongumphathi wesibhedlela ethula inkulumo yakhe kubelaphi bendabuko. Kwesokudla: Abelaphi bendabuko belalele izikhulumi.**

# CEZA VISITED KWANONDAYANA



Ceza hospital visited Buthelezi Tribal Authority (KwaNondayana) to educate Izinduna on health issues. The theme of the day was “Phila ndoda uvikele umndeni wakho”. They were educated about the importance of visiting clinics on regular basis even if they are not sick just for check ups. Importance of Male Medical Circumcision (MMC) was also emphasized by Mr Xolani Sibisi. Ms Ntombenhle Buthelezi HAST coordinator talked about TB and how it can be prevented. She also demonstrated ways of coughing and sneezing in front of other people to protect them. “Not taking your TB medication correctly can lead to MDR, if there is someone with TB at home everyone need to be screened for TB”, said Ms Buthelezi.





# EMPLOYEE FINANCIAL WELLNESS

**O**n the 19th of February 2020 Metropolitan visited Ceza hospital to educate employees on financial management. Staff was given a chance to ask questions for clarity after the presentation that was very informative and eye opening. Prizes were also given to employees who answered questions correctly that were asked Metropolitan representative Mr Mabheki Dlamini. EAP thanked Metropolitan for availing themselves to assist staff.



Top left: Mr Bheki Dlamini Metropolitan Ulundi Branch Manager addressing employees. Top right: Bheki and Zethu Mthethwa from Maintenance announcing winners. Bottom left: Bheki with Khanyi Simelane who won an apron.

# LONG SERVICE AWARDS

**C**eza hospital hosted Long Service Awards ceremony for employees who have served for Department of Health for 20 and 30 years. They were given certificates of appreciation from the Head of Health. Human resource department would like to thank everyone who made this day a success especially the sponsors.



Awardees enjoying their day



# LONG SERVICE AWARDS CONTINUES....



**Top left: Bishop P L Manqele who graced us with the word of God. Top right: Ushers Velly Lukhele, Mandisa Sibisi and Nhlanhla Mdunge. Bottom left: Osingabo. Bottom right: Mrs Ngcobo handing over a gift to guest speaker Mrs Daphney Memela.**

# ACKNOWLEDGEMENTS



**LONDIWE DLAMINI**  
WRITER & PHOTOGRAPHER



**MR S P ZULU**  
EDITOR



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CONTACT DETAILS

**Physical Address:** Echibini Area  
CEZA 3866  
**Postal Address:** Private Bag  
X200 CEZA 3866

**Web Address:**  
[www.kznhealth.gov.za](http://www.kznhealth.gov.za)

E-mail: Lon-  
diwe.dlamini2@kznhealth.gov.za

**SWITCHBOARD:**  
035 832 5000

**SWITCHBOARD FAX NUMBER:**  
035 832 0027/57