



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CEZA HOSPITAL

CEZ'EMTOTI

NEWS

STAY INFORMED

SEPTEMBER 2016

PHARMACY WEEK



Prince Ngqengelele High School learners



PHARMACY WEEK...
READ MORE ON PAGE 2-3



BREASTFEEDING WEEK...
READ MORE ON PAGE 4-5



WELLNESS DAY...PAGE 11-12

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



Learner receiving her gift from Trisha Vello

The theme for this year (2016) Pharmacy week was “use medicine safely”. Pharmacy week started from the 5th to the 11th of September 2016. Pharmacy staff visited some schools around Ceza area to educate learners about pharmacy, health education was also given to patients in OPD and PHC facilities. On the 6th of September 2016 pharmacy staff visited Prince Nggengelele High School where learners were educated on what pharmacists do on daily basis and they were also told what to study if they want to work in Pharmacy; they were also given an opportunity to ask questions. Pharmacy staff also asked learners questions after their talk and prizes were given to learners who answered correctly. Learners were also given snacks during the day. Teachers thanked Ceza hospital pharmacy staff for visiting their school and equip learners on pharmacy career.

PHARMACY WEEK CONTINUES...



Top: Learner receiving his gift from Gugu Ndlovu. Bottom: Sir Shangase and Cela Zungu handing out snacks to Prince Nggengelele High School learners.



BREASTFEEDING WEEK



Dietetics staff, Paeds ward staff and patients

Ceza hospital joins the world in celebrating breastfeeding week. The theme for 2016 breastfeeding week was "a key to sustainable development". All PHC facilities under Ceza hospital were visited by the Dietetics component to educate community about the importance of breastfeeding. Maternity and Paediatric wards were also visited. Health education on breastfeeding was given to all patients in OPD. Clinical and non clinical staff were also trained on exclusive breastfeeding. Pamphlets with breastfeeding information were distributed to patients. Dietetics component also visited supermarkets around Ulundi to train their staff on breastfeeding.



WABA | WORLD BREASTFEEDING WEEK
BREASTFEEDING
A KEY TO SUSTAINABLE DEVELOPMENT

1-7
August
2016

BREASTFEEDING WEEK CONTINUES....



Top left: Dietician Khombi Dlamini educating pregnant women in Maternity ward about breastfeeding. Top right: Stedham clinic during breastfeeding week. Middle left: Esidakeni clinic during breastfeeding week. Bottom right: Medical staff after training on exclusive breastfeeding. Bottom left: Dietician Khombi Dlamini with Boxer supermarket staff during training.

KUQWASHISWE NGOMDLAVUZA WESIBELETHO



Kuqwashiwe umphakathi wakwaCeza ngesifo somdlavuza wesibelesho esesidlangile kulezinsuku. Kunxenxwe abantu besifazane ikakhulukazi laba abaneminyaka engamashumi amathathu nanhlanu kuya phezulu ukuba bahlolole umdlavuza wesibelesho okungenani kanye ngonyaka ukuze sisheshe sitholakale isifo uma kuwu kuthi sesikhona. Abantu banikezwa ithuba lokubuza imibuzo mayelana nomdlavuza baphinde bafundiswa ukuthi yini okumele bayenze noma bayiqaphele ukuze bagweme lesisifo. Lenkulumo efundisayo yayethulwa abahlangikazi base OPD baphinde bafundisa nabasebenzi basesibhedlela ngomdlavuza kwavulwa nethuba lokuthi abantu bayekohlola ngaso lesikhathi.

Top: Patients in OPD listening attentively to speakers. Bottom right: OPD staff addressing patients.



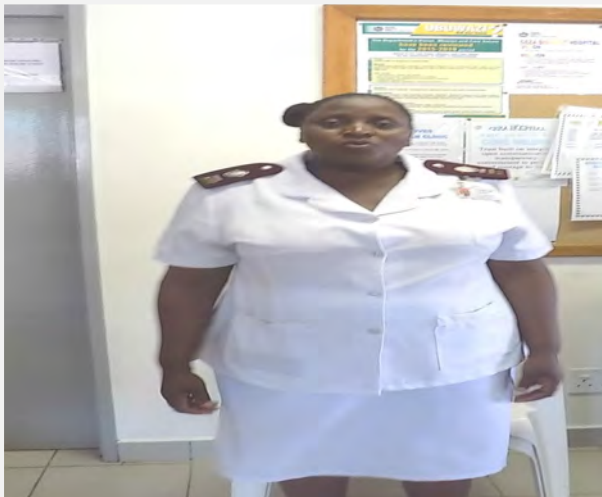
HCT CAMPAIGN STEDHAM CLINIC

Attendees listening attentively to speakers.



On the 09th of September 2016 Stedham clinic conducted an awareness campaign on HCT. People around the clinic came in numbers to attend the event which was supported by Sukuma Sakhe. Guest speaker Mr Q Xulu from the Office of the Premier spoke a lot about prevention. He encouraged community of Stedham to use condoms both males and females, do circumcision which is free of charge in government clinics and hospitals. People were also encouraged to take their medication as directed by the nurse at the clinic and not mix ARV's with izimbiza. Mr N P Diadla from Ceza hospital TB clinic talked about TB and encouraged everyone who attended the event to screen for TB before leaving the clinic. FPD, CCG's and Lay counsellors were also part of the event. A large number of community members were screened for HCT and TB on the day with the assistance of FPD staff.

HCT CAMPAIGN CONTINUES....



Top left: Mr Xulu demonstrating on how to use male condom. Top right: Mr Xulu demonstrating on how to use female condom. Bottom left: Sister Mlotshwa Stedham clinic Operational Manager giving a vote of thanks. Bottom right: Mr Dladla addressing the community on TB issues.



First things first
get tested

KUGUJWE INYANGA YABESIFAZANE



Abasebenzi besifazane basesibhedlela sakwaCeza bathole ithuba eliyinqayizivele lokuvakashelwa inkampani yakwa Old mutual ibaphathele izinto ezinhle ukuzobungaza nabo inyanga yabantu besifazane. Bafundiswe okuningi ngemikhiqizo yakwa Old mutual baphinde bathola nethuba lokuzihlomulela ngemiklomelo enhlobo nhlobo.



Phezulu kwesingenhla: Abasebenzi besifazane belalele izihambeli. **Phezulu kwesokudla:** uZodwa Mncwango emukela umklomelo wakhe kuNkosazane Khanyi Buthelezi. **Phansi kwesokunxele:** Abasebenzi bakwa Old mutual. **Phakathi kwesokudla:** uNothando Ntombela emukela umklomelo wakhe. **Phansi kwesokudla:** uSthembile Ndebele emukela umklomelo wakhe.



WOMEN'S DAY CELEBRATION

A basebenzi basemtholampilo waseDlebe behlangene no Sukuma Sakhe benzele abantu besifazane basendaweni yaseDlebe umcimbi wokugubha usuku lwabo. Lemigubho iqale endaweni yakwaMahleza la abantu besifazane babefundiswa khona ngokunakekela impilo yabo baphinde bangqungquzelwa ekutheni bahlolele zonke izifo isikakhuluka-zi umdlavuza kanye nesandulela ngculazi. Kuthe mhla ziyisishiyagalolunye ku Ncwaba kwabe sekuba nemidlalo ehlukahlukene enkundleni yezemidlalo yasesikole Idlebe lapho abesifazane abaphumelela bazitholela khona imiklomelo efana nemali kanye nezinkomishi. Nakhona lapho kwakusaqhotshekwa nokuhlolela izifo.



Top left: IDlebe school and family health teams with OSS. Top right: Abantu besifazane bejabule. Bottom left: The team that won in netball with Cebo Zulu. Bottom right: FPD was also part of the event.

EMPLOYEE WELLNESS DAY

On the 14th of September 2016 Ceza Hospital had an employee wellness day for all employees to promote healthy lifestyle since the wellbeing of the employees results to excellent service delivery. The following activities were conducted during the day fun walk from Ceza hospital to Esikhaleni and back to Ceza hospital, aerobics, relay, egg race, sack race and soccer. Sidlulisa ukubonga okukhulu kubaxhasi bethu abenza usuku lwethu lwabayimpumelelo okuyilaba abalandelayo: Old mutual (Ulundi), Workerslife, Nedbank, Ford and AVBOB.



Aerobics



Relay



Egg race



WELLNESS DAY CONTINUES....



Egg race



Fun walk



Soccer teams



health
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In The Workplace



ACKNOWLEDGEMENTS



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