

DR PIXLEY KA ISAKA SEME MEMORIAL HOSPITAL

PixleyNews

YOUR LINK TO INTERNAL NEWS

AUGUST - DECEMBER 2023





















FROM THE CEO'S DESK

Greetings to Staff, Senior Management, Middle management as well as our valued stakeholders, the public. We are excited to present to you our quarter 3 of 2023 Newsletter.

This quarter has seen a lot of activities in our facility, ranging from the Launch of the Women's forum which is aimed at empowering women at the workplace. We encourage all women in the facility to utilize this platform to engage on all social as well as work related issues.

In this quarter, we also celebrated Trauma Day by testing our helipad capabilities. A patient (Care bear) was brought in by a Netcare 911 Helicopter, which landed on our helipad and further brought down to the ED by the S.T.A.R.T Rescue team using a rope technique. This celebration came right in time, as we prepared for the festive season.

From the CEO as well as the Staff Wellness Team, we were excited to share our hospital with young people during the Bring a child to work day. This day was dedicated to children of DPKISMH staff, Career guidance was provided through the various disciplines and we hope that the children were inspired to take up a career in the Health Sector. The facility also celebrated Quality Day where we honored and recognized staff who excelled in various areas in the facility.

By far, the highlight of this quarter has to be the Official Opening of Dr Pixley Ka Isaka Seme Memorial Hospital by President Ramaphosa. This saw a lot of VIP's descending on our facility. There was a lot of Media interest, both locally and nationally. We are very proud of the President, Premier, MEC and other dignitaries for officially opening this facility. This is what we've all been waiting for and we were excited for the president to showcase our facility. "If the public wants to see the future model of NHI, this facility fits that criteria and will be a formidable facility for NHI" said the President.

We hope that all stakeholders will enjoy this edition of our newsletter, we encourage all staff to share newsworthy stories with the Public Relations Office. The purpose of these features is to create awareness and share the successes of the quarter.

Overall, it is such an honor to lead the DPKISMH Family, let us continue aiming for excellence.













PRESIDENT CYRIL RAMAPHOSA OPENS DR PIXLEY KA ISAKA SEME MEMORIAL HOSPITAL

On Friday 24 November, President Ramaphosa officially opened Dr Pixley Ka Isaka Seme Memorial Hospital.

"There can be no more befitting a name for this facility than that of the great Dr. Pixley Isaka Ka Seme, a man who was the moving spirit behind the formation of the African National Congress, the oldest liberation movement in the African continent." Said Ramaphosa.

President Ramaphosa has described the hospital as "better than state-of-the-art", the best in the country, and a model for the future of healthcare service delivery.

KZN MEC for Health, Nomagugu Simelane, said the hospital was built in response to the growing pressing healthcare needs of the approximately 1,5 million residents of KwaMashu, Inanda, Ntuzuma and the surrounding communities in the North of eThekwini.

The commissioning of the 500-bedded hospital was implemented in a phased in approach from August 2021. The hospital offers an impressive range of services including critical care, Internal Medicine, Surgical, Orthopaedic, dental, physiotherapy, occupational therapy, psychological services, dietetics, audiology, social work and many more.

DPKISMH will relieve pressure from Mahatma Gandhi Memorial Hospital and Addington Hospital, and will cater for inpatients at a regional level, with referrals from surrounding district level facilities.

This hospital is also the first government hospital in the province of KZN to adopt an insourced model in components such as Security, Cleaning, Laundry and Food Services.

Dr Pixley Ka Seme's life embodied service, fortitude and commitment to the betterment and upliftment of the human condition. His life was lived in service of others, which is the motto of the

healthcare sector.











EVENTS

DPKISMH NEWLY LAUNCHED WOMENS FORUM TO EMPOWER WOMEN IN THE WORKPLACE

DPKISMH Women closed off women's month on a high note. The long awaited official launch of the women's forum saw women staff from all categories in various departments gather in the institutions Auditorium to celebrate one another and strategize on the activities and plans of the newly launched forum.

Painting a picture by providing the events background and purpose, Mrs Zamile Magwaza stated that such a platform provides space where women can tackle challenges that may hinder women from achieving their vision at work. "We will not only be about challenges, we will encourage growth and development, celebrate and cherish women's achievements. Most importantly we will learn and enjoy fixing each other's crowns as Queens instead of criticizing one another." She said.

Head Office Diversity Manager, Ms Zanele Hlatshwayo had no doubt that the newly launched forum will help improve the life of workers at DPKISMH. Hlatshwayo further clarified the exact mandate of the womens forum which is to promote womens empowerment and gender equality within the public service workplace through the implementation of the womens forum eight principles of action plan. She also encouraged women to support one another and ensure that they are empathetic towards one another because women carry a lot on their shoulders over and above their work expectations.

Amongst other guests we had Mrs Biyela who focused on building women and emphasized on their significance at home and in the workplace.

The event was indeed exceptional as women left on a high note, looking forward to shaping their programme as the women's forum.

























INNOVATION

ORTHOPAEDIC BACKLOG MARATHON

The Inanda, Ntuzuma, KwaMashu (INK) area has a high prevalence of trauma and violence, resulting in a high volume of Orthopaedic patients in the facility. The average waiting time for surgery is about 6 months to a year due to trauma cases. Which results in distressed patients and an increase in the average length of stay of patients, further limiting the Regional care beds available for District Hospitals in the North of eThekwini.

With the 56 bedded ward being above full capacity of over 100%, leading to Orthopaedic patients being nursed in other departments such as the Surgical and Medical wards. The Orthopaedic Team, led by Dr. Phakamani Mthethwa went on a backlog marathon with the aim of minimizing the number of Orthopaedic patients waiting for surgery.

On the weekend of 20 - 22 October a Multidisciplinary team joined hands in tackling the Orthopaedic Backlog, 2 Theatres were opened with a total of 19 patients successfully operated.











AWARENESS

TRAUMA DAY WITH HELICOPTER LANDING ON HIGHLY SPECIALISED ROOFTOP HELIPAD



On Wednesday 25 October, the Emergency Department commemorated Trauma Day with a simulation of an emergency landing. Netcare 911, IPSS, Specialized Tactical Accident Rescue Team - S.T.A.R.T. and other Medical service providers were invited to support in the execution of the landing.

The Netcare 911 helicopter did its official maiden flight on the specialized rooftop helipad and the S.T.A.R.T. Rescue members executed a "working from a height" rescue roping exercise. The Rescue team took the patient (Care bear) from the helipad into a rescue basket and brought the patient down to the ground using a rope technique. The aim of the simulation was to showcase the pre Hospital Emergency capabilities.

Over 100 staff members attended the event. Preceding the simulation, a Trauma Fashion Show was done various exhibition stations were visited by attendees. Stations included awareness on how to respond to someone choking, what to do should one be exposed to snake bites, how to conduct CPR as well as displays of the Lucas 2 device, which provides mechanical chest compressions to patients in cardiac arrest. The device is used as an alternative to manual CPR because it provides consistent compressions at a fixed rate through difficult transport conditions and eliminates the physical strain on the person performing CPR.

The spirit amongst attendees and the overall atmosphere was phenomenal. The event was indeed a success.



















BRING A CHILD TO WORK DAY

During the September Holidays the DPKISMH Staff wellness team hosted bring a child to work day. The team hosted over 40 children from the ages 12 – 18.

The purpose of this event was to provide children of working staff with the various opportunities available under the Health Department as majority of the children were ready and preparing to choose their final subjects that will shape their career path. Further the event was to provide a glimpse on what their parents do on a daily basis at work.

The children said they were thrilled to have the opportunity to interact with professionals and to learn about the numerous career options available to them. Departments that presented were Physio, Dietetics, Pharmacy, Radiology, Clinical Psychology and a tour to view the Dental and Radiology Departments.

The CEO, Dr J. Mthethwa congratulated the children on such an opportunity provided to them. Engaging with the children, the CEO said, "It is important that we instil a mind-set that children can choose their own career."

After the tour the team then engaged with the children to find out the difficulties they face with having parents who are Professionals in the Health sector. Amongst other issues the following were listed, No availability of time for kids, High academic expectations from kids as well as parent peer pressure which leads to children being depressed. The Staff wellness Team assured the children that these challenges will be communicated with the parents via the Women and Men's Forum in the facility.















QUALITY DAY: REWARDING EXCELLENCE



World Quality Day is celebrated every year around the world in November. The day was designed to increase worldwide awareness of the important contribution that quality makes towards both organisational and national growth, and prosperity.

DPKISMH celebrated Quality Day on the 09th of December, under the theme "Realizing your competitive potential." Eight (08) Departments presented Quality Improvement Plans. The Ethekwini Health District Quality Team assessed and confirmed that all projects presented were exceptional however, the Theatre department scooped the first place award for their outstanding project on Improving day of Surgery Cancellations in the Operating Theatre.

Staff were acknowledged for their excellent contribution to service delivery. All departments who had received an excellent result in the first Ideal Hospital Assessment were awarded with certificates. Department who stood out with compliments were also awarded.

















DONATIONS

On the 20th of December the Umhlanga Women's Association led by Dr. Kajal Nandlal donated 60 Christmas Gifts for children and psych patients.





The DPKISMH Social Work Department proceeded to the KwaMashu Child Welfare Society to handover the Christmas gifts donated by the Umhlanga Women's Association earlier that day.

Excitement gleamed in the children's face as they received their wonderful toys.

SOCIAL WORK DEPARTMENT DONATES CLOTHING TO THE PHOENIX SHELTER FOR THE ABUSED.

As part of the observation of the 16 days of activism against the abuse of women and children, on December 13 the Social Work Department took to the Phoenix shelter for the abused to donate pre-loved clothing that was collected from DPKISMH staff. The social work department ran a clothing drive throughout the month of November, various departments supported the drive by donating various pre loved garments.

















Health Corner with: Dr. N. Ndwandwe Clinical Manager: Dental



Spring, flowers and sunshine are the common things that come to mind when we think of September. In Dentistry, the month comes with the excitement of celebrating Oral Health month whilst raising awareness of oral diseases and promoting good oral hygiene.

Oral health is a fundamental part of overall health. There is no health without Oral health. Good oral health speaks to your quality of life. It provides the ability to effectively chew and taste all the awesome food nature has provided. It affords us the capability to laugh and have conversations over life's "oh so many" debacles, and of course, to smile, an expression that transcends all languages.

This month let us shine the focus on dental caries.

Dental caries, also known as tooth decay, remain the most commonly seen oral conditions in our dental clinics.

According to WHO, dental caries is the most common non-communicable disease worldwide. When severe, dental caries cause pain and infection and affect ones general health.

According to The Global burden of disease study in 2019, untreated dental caries in permanent teeth is the most common health condition.

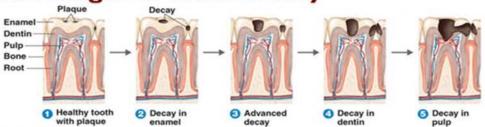
So how does one get dental caries?
The caries process is based upon the presence of a tooth, plaque and sugars over time. Plaque forms and sticks onto your teeth. This plaque contains bacteria, which metabolize sugars and release acid. This acid attacks your teeth. It breaks down the hard tissue of your teeth (enamel and dentine) and leads to cavities.

With progression, the inner soft part of the tooth, known as the pulp, is reached. At this stage, one may experience extreme temperature sensitivity and severe toothaches with possible swelling of the gum.

The good news is, tooth decay is treatable but more importantly, it is preventable If diagnosed early enough, a restoration or filling may be done. If the caries have progressed to your pulp, root canal treatment may be performed or an extraction done.

Prevention remains the ultimate choice.

The Stages of Tooth Decay















Compliments at Dr Pixley Ka Isaka Seme Memorial Hospital





Akhona Mbanda



"Ngiyabonga ngempatho yakulesbhedlela. Isihlobo sami siphatheke kahle kakhulu. Inhlanzeko ngiyinika 100%."



Nkosingiphile Mdima



"Ngiphatheke kahle kakhulu eOrtho 3. Ukube kuya ngami ngabe ngiphinde ngibuye ngizohlala namaNurse."



Sumaya Shabudien



"The nurses in Day ward are caring and efficient. They were clear in explaining the procedure i was going to undergo and prepared me with kindness."



Hlengiwe Mdanda



"Ngijabulile kakhulu ukuthola abasebenzi abanothando nabakhuthele ngalendlela. Abasebenzi baseDay ward banempatho, bakusiza bejabulile futhi behleka."



Jeewan Mothi



"Nurses and Doctors are very friendly and helpfull. Treatment was excellent."



Shaun Pillay



"God Bless the staff of DPKISMH, The service is exceptional."



Wayner Mc Neil



"Nurses and Doctors are friendly, they make you feel at home. "



Happiness Njapha



"The hospitality in this hospital is amazing. Keep up the good work."



Zanele Maphumulo



"Big ups to the Dental Clinic staff for their professional behavior. T he treatment I received is out of t his world. Keep up the good w ork."













OFFICIAL OPENING OF DPKISMH

24 NOVEMBER 2023









































QUALITY DAY REWARDING EXCELLENCE

09 DECEMBER 2023

































OFFICIAL LAUNCH OF WOMEN'S FORUM

25 AUGUST 2023



















KwaZulu-Natal Department of Health







AKNOWLEDGEMENTS



DR. J.M MTHETHWA **CHIEF EDITOR**



Ms. N. Ndaba Writer, photographer & designer

Kindly share all your newsworthy stories with the Public Relations Office for a feature in our next issue.

Until next time, Danko means Thank you. '')



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