



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

DR PIXLEY KA ISAKA SEME
MEMORIAL HOSPITAL

PixleyNews

YOUR LINK TO INTERNAL NEWS

DECEMBER 2024 - MARCH 2025



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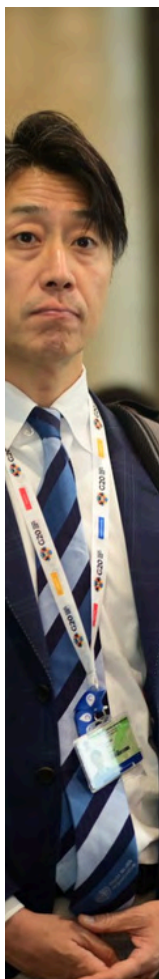
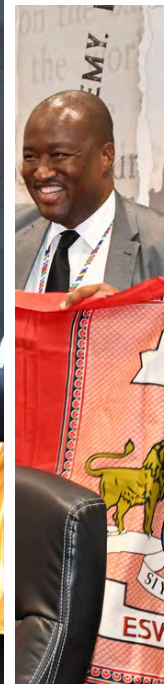
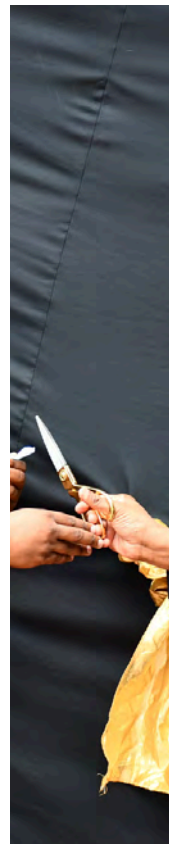
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FROM THE CEO'S DESK

Dear Staff members and the public

As we close this quarter, I am filled with tremendous pride reflecting on the collective impact we have made. This period has been defined by our unwavering commitment to clinical excellence, community partnership, and most importantly, quality patient care. The stories in this edition are a powerful testament to the dedication of every single member of our hospital family.

To that end, I am delighted to extend a warm welcome to the new staff members who have joined us this quarter, we have now grown to 1352 staff compliment. Your talent and passion are a welcome addition, and we look forward to supporting you as you become part of our story. We also extend a formal welcome to our new Hospital Board Members, appointed by the Honourable MEC for Health, Ms. Nomagugu Simelane. We are grateful for their stewardship and confident their guidance will be invaluable as we advance our strategic vision.

Our outreach efforts this quarter have been particularly impactful. The unveiling of the diabetes awareness mural, made possible by Novo Nordisk, has created a lasting landmark for public health education. This initiative was powerfully complemented by our internal focus on Kidney Disease awareness, where our teams worked diligently to educate patients and staff on prevention and management, highlighting the crucial link between these conditions.

Beyond our walls, our partnership with JG Zuma High School, through both the uniform donation drive initiated by our cleaning services staff and the career expo we hosted demonstrates our deep investment in the future of our community. By supporting these learners, we are nurturing the next generation of leaders and possible healthcare professionals.

A significant highlight was the privilege of hosting the G20 Health Working Group for a site visit. This was a stellar opportunity to showcase our world-class facility and, more importantly, the exceptional skill and dedication of our teams on an international stage. You all represented our institution and our country with professionalism and pride.

Finally, I want to celebrate the heart of our organization: our people. A special thank you to our Physiotherapy Assistant Director for leading a critical Health Corner session on burn injury prevention, providing vital knowledge to our community. I also wish to extend my deepest congratulations to every team member featured on our "Awesome Corner" after being complimented by patients. There is no higher honour than earning the trust and gratitude of those we serve. You embody the very essence of our mission.

As this quarter concludes, let us carry this momentum forward. Thank you for your incredible work. Together, we are not just delivering quality healthcare; we are building a legacy of health and hope.

With gratitude,

Dr J.M Mthethwa

Chief Executive Officer

Dr Pixley Ka Isaka Seme Memorial Hospital



KwaZulu-Natal Department of Health



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KZN Department of Health



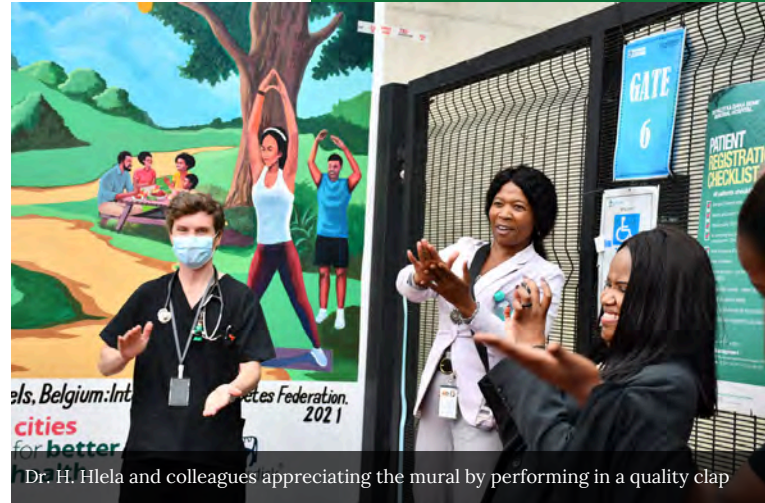
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**GROWING
KWAZULU-NATAL
TOGETHER**

NOVO NORDISK UNVEILS DIABETES MURAL



Dr. J. Mthethwa – DPKISMH CEO and Mr. T. Leping – CEO of Novo Nordisk unveiling mural



Dr. H. Hlela and colleagues appreciating the mural by performing in a quality clap

November is recognized as National Diabetes Month in South Africa, a crucial period for raising awareness about diabetes and encouraging preventative measures, with November 14th being World Diabetes Day. It is crucial that people are made aware of ways to combat such diagnoses and are encouraged to live healthy lifestyle, considering that there are millions of South Africans who are estimated to be living with diabetes and many more who remain undiagnosed.

Dr Pixley Ka Isaka Seme Memorial Hospital (DPKISMH) prides itself on being on the forefront of challenges that society face on a daily basis.

Its contribution to societal issues affecting people of the Phoenix, Inanda, Ntuzuma & KwaMashu communities is not limited on treating the diagnosed patients but also creating awareness to the undiagnosed.

In collaborative efforts Novo Nordisk, a Global Pharmaceutical Company which aims to defeat diabetes, undertook a series of campaigns creating awareness on diabetes.

In commemoration of World Diabetes Day, Novo Nordisk raised awareness through a unique and meaningful way, painting a wall mural at the entrance of the facility.

Unveiling the Mural on the 05th of December 2024, CEO of Novo Nordisk Mr. Thabeng Leping said “We hope that these murals will inspire all viewers to take control of their health and seek the necessary support to prevent or manage diabetes.”

The CEO of DPKISMH appreciated the Art work painted by Mzansi Arts which depicts healthy living and encourages people who have not been diagnosed to attend health screenings as one out of two people with diabetes, don't know they have it.

“We hope that these murals will inspire all viewers to take control of their health and seek the necessary support to prevent or manage diabetes.”

NEW SCHOOL UNIFORMS FOR JG ZUMA HIGH SCHOOL LEARNERS



Dr. J. Mthethwa hands over school uniform with Principal T.W. Mthembu

In a heartfelt effort to support education and empower young people, on Wednesday, 5 February 2025 the CEO Dr. J.M Mthethwa and the Staff Wellness Committee of Dr Pixley Ka Isaka Seme Memorial Hospital (DPKISMH) donated 20 school uniforms for the learners of JG Zuma High School in KwaMashu.

Funded through the hospital's Uniform Donation Drive, the initiative aimed to ensure that every student has the confidence and dignity that comes with wearing a complete school uniform. The donation was part of the hospital's ongoing commitment to social responsibility and giving back to the community.

"We are excited to be able to make a difference in the learners of JG Zuma High. We are doing this as DPKISMH in order to plant a seed so that you as students also lend a helping hand to others one day." Said the CEO addressing the learners. He further emphasized on the importance of hard work and dedication in achieving their educational goals.

"As Management of DPKISMH, we were thrilled to hear of this initiative from our cleaning staff and would like to thank each and every staff member who helped raise funds to purchase uniforms, ensuring that children have the basic resources to succeed in school." He added.

The Principal, Mr. Mthembu thanked the facility for identifying the children of JG Zuma as one of the beneficiaries of their school uniform donation drive. "Wearing of uniform implies that we are all the same, no one can tell whether a learner comes from a privileged or disadvantaged family. We are grateful that DPKISMH was able to assist the learners who did not have uniform that was in good wearable condition."

Asked on what inspired staff to initiate the school uniform donation drive, Mr. Siyabonga Nhleyama said "seeing some of the learners walking to school with impaired school shoes was heart breaking, being a former learner who came from a destitute family I knew how it felt like, being mocked for something you have no control over. I then took it upon myself to engage my colleagues so that we make a difference in our community." "It was also important for staff to realise that a lot can be achieved when we work together as a team" he said.

The hospital will not only donate school uniforms for the learners of JG Zuma High, but will also host a Career Expo that will provide career guidance and assist learners in making informed decisions when making career choices.



DPKISMH Senior Management, Thuthuzela Care Centre Staff as well as the delegates from the eSwatini Justice Cluster

ESWATINI JUSTICE CLUSTER BENCHMARKS THE DR PIXLEY KA ISAKA SEME MEMORIAL HOSPITAL THUTHUZELA CARE CENTRE MODEL

According to the 2024 Human Rights Watch statistics, about one in three women and girls in eSwatini Kingdom experience some sort of sexual violence by age 18 and almost half (48%) will experience sexual violence in their lifetime. With such overwhelming numbers of Gender Based Violence (GBV), the Justice delegation of the eSwatini Kingdom identified a need to benchmark a concept of a South African Thuthuzela Care Centre (TCC) which is a one-stop facility designed to provide comprehensive support and care to victims of sexual and gender based violence, particularly sexual assault survivors.

On the 13th of February 2025 the eSwatini Kingdom Justice Cluster led by Director of Public Prosecution, Mrs Lomvula Hlophe grand-daughter of the late King Sobhuza II visited Dr. Pixley Ka Isaka Seme Memorial Hospital to benchmark the newly established TCC. This strategic approach aimed to adopt best practices that are being implemented by the DPKISMH Team.

TCC's have integrated services, offering a multidisciplinary approach bringing together Medical, Legal and Psychosocial services in one location. The DPKISMH TCC is unique in that, it is currently the only clinical forensic unit in the country utilizing video colposcopy to capture photographic and video evidence from survivors of gender-based violence for courtroom use.

Continued...

Studies have shown that the use of the Colposcopy can double conviction rates in similar cases worldwide.

The DPKISMH TCC has made a significant impact on the lives of survivors from the Phoenix, Inanda, Ntuzuma and KwaMashu communities, providing a safe and supportive environment for them to receive medical, psychological, and legal assistance. “By offering a one-stop facility, the facility has reduced secondary victimization and improved conviction rates.”

We’ve also been actively engaged in school and community outreach programmes to create awareness about the services offered in the TCC as well as the importance of reporting gender based violence. These efforts have helped us reach at least 100 survivors per month” said Dr. Daniel Andrews.



Dr. J. Mthethwa accepting a souvenir all the way from Eswatini Kingdom



Ms. Z. Mbili engaging with delegates



Dr. D. Andrews explaining the benefits of the Colposcopy



Dr. H. Hlela leading a walkabout demonstrating a patient's journey



CAREER EXPO PROVES TO BE AN ESSENTIAL OPPORTUNITY

As part of giving back to the community, Dr Pixley Ka Isaka Seme Memorial Hospital Management has pledged to provide local schools with career guidance through career expos.

On 14 February 2025 the facility hosted grade 11 & 12 learners of JG Zuma High school from KwaMashu. The purpose of hosting the career expo was not only to help shape the learners' career choices but also to provide exposure on the different career paths available within a hospital environment.

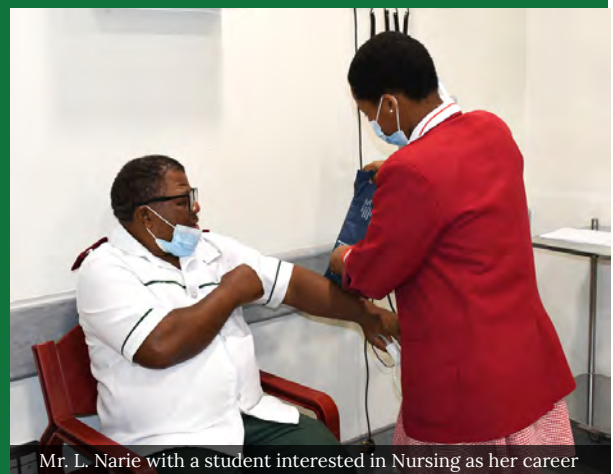
Participating departments were extensive including:

Radiology, Physiotherapy, Pharmaceutical Services, Occupational Therapy, Dietetics, Social Work Services, Audiology, Clinical Psychology, Nursing, Medical, Dental as well as Corporate Services.

Engaging with the learners, DPKISMH CEO Dr. J. Mthethwa encouraged learners to take up opportunities made available to them and to continue attending such events as they don't only assist learners to plan their careers but they also help in informing them of the various opportunities available to them, including financial aid.

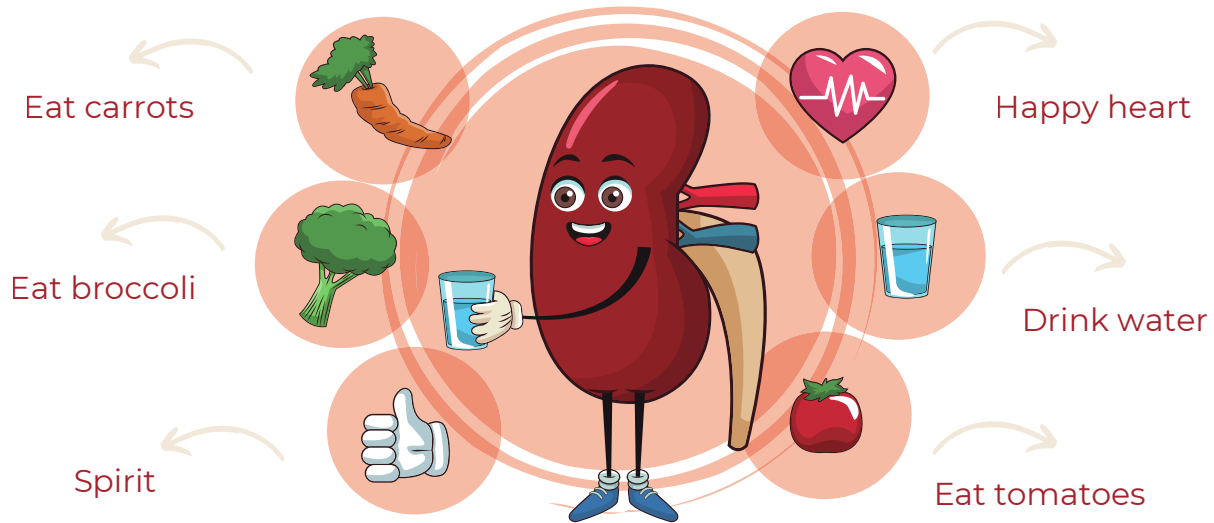


Dr. N. Ndwandwe presenting Dentistry as a career choice



Mr. L. Narie with a student interested in Nursing as her career

KIDNEY AWARENESS



HOW DO YOUR KIDNEYS WORK?

- Filtering of blood to remove waste products from your body and excess water.
- Produces urine that excretes waste products from our bodies.
- Secretes hormones that regulate blood pressure.
- Helps in the production of red blood cells.

WHAT IS KIDNEY FAILURE?

- When the kidneys are unable to do their normal function of excreting waste and excess water from the body causing an accumulation of toxins in your blood and excess water accumulating in your body.

WHAT CAUSES MY KIDNEYS TO FAIL?

- Diabetes
- Abuse of over the counter medications e.g. NSAID's
- High blood pressure
- Hereditary conditions e.g. polycystic kidney disease
- Acute injuries

STAGES OF CHRONIC KIDNEY DISEASE



WHAT ARE SIGNS AND SYMPTOMS?

- High blood pressure
- Swelling of the ankles
- Shortness of breath
- Nausea and vomiting
- Confusion
- Fatigue

HOW CAN I PREVENT KIDNEY FAILURE?

- Compliance to blood pressure medication
- Compliance to diabetic medication
- Reducing dietary modification
- Reducing lifestyle modifications e.g. smoking and alcohol use
- Proper usage of over the counter medication
- Regular health screening

G20 HEALTH DELEGATION VISITS PIXLEY HOSPITAL, SHOWCASING SA'S HEALTHCARE SYSTEM

Dr. Pixley Ka Isaka Seme Memorial Hospital in KwaMashu played host to a prestigious international delegation on Friday 28th of March 2025, marking the conclusion of the three-day G20 Health Working Group meeting held at the Zimbali Conference Centre from 26-28 March 2025.

The visit, a key component of the summit under the theme “Accelerating Health Equity, Solidarity, and Universal Coverage,” provided health officials from the world’s largest economies with an on-the-ground look at South Africa’s healthcare delivery and patient referral system.

Delegates from G20 member states, invited nations, and international agencies toured the 500-bed facility, which serves an estimated 1.5 million people from surrounding areas such as Phoenix, Inanda, Ntuzuma and KwaMashu.

The tour focused on the hospital's operational strengths, including its specialized departments and its role as a critical referral hub within the KwaZulu-Natal health network.

Hospital staff showcased their daily work, offering delegates firsthand insight into both the achievements and challenges of providing quality care in a public health facility. Discussions highlighted the hospital's digital initiatives and its alignment with South Africa’s broader National Health Insurance (NHI) goals.

The visit was hailed as a success by the South African Department of Health. It underscored the country's commitment to global health cooperation and provided a powerful platform for knowledge exchange, demonstrating how frontline healthcare operates as the world works toward universal health coverage.



G20 Delegates on a hospital walkabout



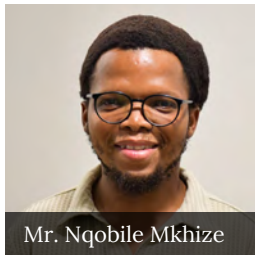
Delegates listening attentively to presentations on SA's Health care delivery.

INTRODUCTION TO THE HOSPITAL BOARD MEMBERS

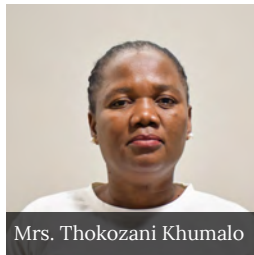


Mr. Mxolisi Kaunda

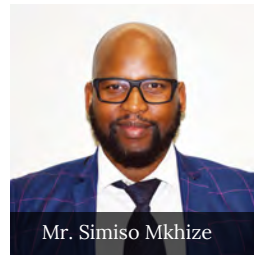
In March 2025 KZN MEC for Health, Ms. Nomagugu Simelane appointed the Dr. Pixley Ka Isaka Seme Memorial Hospital Board. The Hospital Board is responsible for the establishment and oversight of the hospital's strategy, policies and priorities.



Mr. Ngobile Mkhize



Mrs. Thokozani Khumalo



Mr. Simiso Mkhize



Mr. Musa Dube

NAME	TITLE	FEMALE	MALE
Mr. Mxolisi Kaunda	Chairperson		✓
Mrs. Thokoozile Khumalo	Deputy Chairperson	✓	
Mr. Ngobile Mkhize	Member		✓
Mr. Simiso Mkhize	Member		✓
Mr. Musa Dube	Member		✓

The Board is also responsible for but not limited to:

- Acquaint itself with the operation of the hospital.
- Make representation for equitable access to services for all community members.
- Liaise with other organizations with the view to assist patients and staff in areas of special needs.
- Contribute to the strategic plan drawn up by the hospital.
- Provide expert advice and input to hospital management as required.
- Provide a visible presence at the hospital on a regular basis to build relations with the staff and gain an understanding of hospital working conditions.
- Be responsible for receiving and perusing regular management reports.
- Conduct visits to the hospital voluntarily or upon request from management.



Health Corner with: Ms. Nelisiwe Makholwa AD: Physiotherapy



Physiotherapy Management on Burns

Burn injuries are a global public health challenge and most burn injuries lead to prolonged and expensive hospital stays, disability adjusted life years and death. It is very important that we educate the community on prevention and management of burns.

A burn is an injury to the skin or other tissues caused by heat, cold, electricity, chemicals, friction, or radiation. Burns can range from minor injuries to life-threatening emergencies, depending on their depth and size.

Burns injuries affect every gender, age and race, however there are common contributing factors that

expose other groups to be categorized as high risk to burn injuries i.e.: children under 15 years of age due to unsupervised activities around can cause of burn injuries; low socio economic factors; unemployment; consumption of alcohol; smoking and illegal electrical connections.

Survivors develop burn wound contractures and other physical impairments that limit function, lead to disability, and reduce their chance of leading economically productive lives. Physiotherapy forms part of the multidisciplinary team that manages burn injuries, this includes but is not limited to

Doctors from surgery, Nursing, Social workers, Dieticians, Occupational Therapists, Speech Therapist, Psychologist etc. who all play an important role in preventing morbidity and mortality due to burn injuries.

Physiotherapy focuses on educating patients on common causes of burn injuries, preventative measures, rehabilitation process and integration to the family and community. The focus will be on house-hold burns.

House-hold burn injuries are commonly caused by cooking fires, matches and lighters, hot water, hot liquids and appliances.

Recommendations to prevent common burn injuries

Unplug appliances when not in use and keep cords out of the way or out of children's reach.



Avoid smoking in bed and encourage the use of child-resistant lighters.

Boil water at a lower level to prevent burn caused by steam



Do not leave children unattended while cooking or boiling water

If food catches fire, cover the pan with its lid and let it cool



Basic guidance on household first aid as recommended by World Health Organization

What to do when a burn happens at home?

- Use cool running water to reduce the temperature of the burn (no use of ice)
- Stop the burning process by removing clothing and irrigating the burns, but do not remove anything stuck to the skin
- Cover the burn area loosely with a clean cloth
- Call for help
- Assess the situation and seek medical attention for severe burns that are large, deep or involve face, hands, feet, groin, and major joints.

Physiotherapy management post burn injury

The moment a patient is admitted to the hospital, early referral to Physiotherapy is critical in the management of burns injury, including the critically ill patients. Physiotherapy management aims at respiratory care, early mobilization, positioning, pain control and preventing swelling (Oedema), deep vein thrombosis, pressure sores and contractures.

Respiratory care

Chest Physiotherapy will be applied to remove any lung secretions, normalize mechanism of breathing and prevent any complications. This is achieved in many ways including chest techniques used to clear air-ways, seating patients out of bed and positioning to facilitate good chest movement (chest expansion) and increase the depth of breathing.

Immobilization of burn area post skin reconstruction surgery

Physiotherapists advise on proper positioning during immobilization following skin reconstructive surgery, this is important to prevent contractures and stiffness. Restricting movement and function of the affected body part is important to facilitate healing and ensure the successful graft take. It is recommended to immobilize or position the body part in an anti-deformity stance for the minimum required duration.

Pain Management

To optimize effectiveness of therapy during sessions, therapy follows the administration of medication to promote active participation on movement /activities. Physiotherapist may use alternative methods like TENS to complement pain relief efforts.

Managing swelling (Oedema)

Patients with burns have swelling of the affected limbs, the practice of elevation of all affected limbs to encourage drainage and prevent the progression of burns into deeper layers is important.

Physiotherapy will execute early mobilization to:

Prevent deep vein thrombosis, pressure sores, development of contractures and for restoration of function, which also revives hope to the patient and improves the psychological resilience that has been negatively impacted by burn injury. Physiotherapists' work closely with the families of patients to ensure continuity of care even at home. After discharge from the hospital, the patient is attended to as an outpatient to ensure full recovery and integration back to the community and ensure active participation in their daily activities.

Awesome! Corner

SOMEBODY THINKS YOU ARE AWESOME! 🎉



PN: K. Mthethwa
Day Ward



ENA: L. Gumede
Orthopaedic 1&2



PN: B.E Zuma
Optometry



ENA: Z.P Khumalo
Day Ward



Dr. D. Andrews
Thuthuzela



Dr. R. Thobye
Dermatology



PN: E.Z Zulu
Thuthuzela



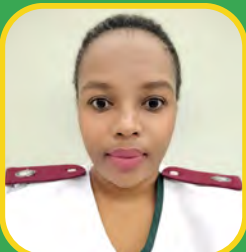
Ms. Z. Mbili
Thuthuzela



PN: P.F Mkhonto
Thuthuzela



OM S. Mthiyane
SOPD



PN: G.S Dlamini
Thuthuzela



EN: Z.C Mabele
Thuthuzela



Mr. S.P Nxumalo
Physio



Dr. M. Qoboshiyane
Dental



Ms. M. Mncube
Thuthuzela



EN K. Dlalisa
Surgical 1



PN D.S Mbeje
SOPD



PN S.P Nkomo
OOPD



Dr. Dube
OOPD



ENA N. Mtshixa
SOPD



Awesome!

Corner

SOMEBODY THINKS YOU ARE AWESOME! 🎉



Ms. Mbali Ndlovu
Physio



Ms. Nosihle Thusi
SOPD



PN: M. Naidoo
Surgical 1



PN: S.P Mbanjwa
OOPD



PN: S.B Jeqe
Optometry



PN: L.P Dlamini
Theatre



Zothile Mayeza
Patient Admin



EN. T.C Lubelo
Thuthuzela



PN. T.N Khumalo
Thuthuzela



Dr. N. Mlotshwa
Dental



Ms. Silondiwe Ngubane
Occupational Therapy



PN M.N Buthelezi
SOPD



PN N.I Khanyile
SOPD



EN N.J Nxumalo
SOPD



Ms. Y. Mazibuko
Physio



Lungile Danca
Radiology

Dr. Lewis
SOPD

Dr. Mayeza
SOPD

Dr. Mavuso
OOPD

Dr. N. Mavuso
Orthopaedic 1&2

Dr. Gama
Surgical

PN: S.B Jeqe
Optometry

EN. S. Jali
Orthopaedic 1&2

Dr. Nene
Medical 1

ENA: N Khumalo
OOPD

ENA. P.N Ngcobo
Day ward

Dr. M Williams
surgical

EN. G.P Nkomo
Orthopaedic 1&2





QUALITY DAY





National Health Portfolio Committee Site Visit



KwaZulu-Natal Department of Health



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AKNOWLEDGEMENTS



Dr. J.M. Mthethwa
CEO



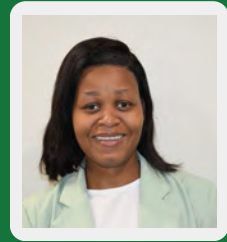
Ms. N. Ndaba
Public Relations Officer



Ms. A. Mlambo
Public Relations Intern



Ms. N. Jili
Public Relations Intern



Ms. A. Mthimkhulu
Public Relations Intern



Dr. N. Mpuku
Manager: Medical Services



Mrs. N. Bhekiswayo
AMN: Monitoring & Evaluation

FROM THE PUBLIC RELATIONS OFFICE

Dear Colleagues

A quick note to express my sincere gratitude to everyone who contributed to our latest edition of Pixley News.

Your input is what truly brings this publication to life. Thank you for taking the time to share your team's achievements, project milestones, and insightful updates. This collective effort allows us to showcase the fantastic work happening across our facility.

The newsletter is a powerful tool for sharing our success stories, and we want to keep that momentum going! If you or your team have any newsworthy stories, upcoming events, or significant accomplishments on the horizon, please don't hesitate to share them with the Public Relations Office. Your stories are what make our collective narrative so compelling.

You can send any future ideas or contributions directly to Nosipho.ndaba@kznhealth.gov.za

Thank you again for your fantastic collaboration. Until next time, Danko means Thank you. 😊

Best regards,
Ms. Nosipho Ndaba
Public Relations Officer

Dr Pixley Ka Isaka Seme Memorial Hospital



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