



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Dannhauser CHC

DANNHAUSER

NEWS

STAY INFORMED

JULY 2019

NURSE'S DAY OF PRAYER

Dannhauser CHC held a Nurses Day of Prayer for the Dannhauser Sub-district on the 25th of June 2019. The prestigious event was aimed at reviving the Nurses pledge emphasizing that they should never forget their role of advocating for patients. A representative from the District Mrs N Buthelezi said “what ever we do should have an impact for our patients”. She continued to say that Nurses need the following to impact lives of patients 1. knowledge 2. the skill 3. and a positive attitude. She said you can have the first two, but if you don't have the right attitude you will not have an impact. She requested that Nurses must go back to the basics and advocate for patients at all times. (cont. pg2)



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The guest speaker Mrs Khanyi (Madadeni Hospital CEO) said the theme for this years Nurses Prayer is **“Nurses delivering health care with mindfulness”**. She requested Nurses to always make sure that their minds are in what their doing as it is a privilege to be a Nurse but more over it makes you sleep peaceful at night if you know that you have assisted your patients to your best ability and that you can tolerate their (patients) different emotions. She continued to say that Nurses are the back bone and the brain cells of the health system so it’s important that they take care of their bodies and mind by nourishing themselves with healthy foods. Pastor Dumakudo, also shared spiritual wisdom with all the Nurses reminding them that all people are made in the image of God and when the Nurses are treating patients they should always remember that, he also said that Nurses go through a lot of trauma and stress due to the work that they do and requested that they use the Chaplains so that they can be assisted in dealing with all the challenges they face. In thanking all that attended the event The Nursing Manager Mrs Ntseki said she was very happy that the event was a success, and thanked all Dannhauser CHC Nursing team that was organising this event and the Management for allowing this event to happen. She later handed gifts to all the speakers who were on the programme as a token of appreciation for their support. Mr P Khanyile (Programme Director) did a sterling job as he had the audience in stiches with his jokes and had everyone join him in song as he led the singing in between the speaker. A big thank you to all the departments who attended the Nurses payer.

TEENAGE PREGNANCY

On the 11th April 2019 Health Promoter, PN Ndlangamandla (Dannhauser CHC outreach team leader) and PN L Yengwa (Ladybank Clinic) went to Siphosemvelo High school to conduct awareness on Teenage pregnancy. The aim of this awareness was to hear the views of girls in Grade 8 and 9 on problems leading to teenage pregnancy as Dannhauser CHC is receiving a high rate on teenage pregnancy around the age of .

Their views were:

- ◆ **Peer pressure:** Since they are now in High School they tend to join wrong crews just because they are trying to fit in by impressing their new friends and end up doing things like **drugs** which leads to them into having **unprotected sex**.
- ◆ **Social problems:** that can include **financial problems, rape and sugar daddy**.
- ◆ **Financial problems :** includes family background as some girls come from homes where there is no financial income and some are child headed homes which can leads them into looking for better solutions by finding **sugar daddies** who promise to change their situation in exchange for unprotected sex.
- ◆ **Rape :** they mention that since they are staying in a semi- urban area most families believe in hiding bad things that are happening in their homes like when a teenage girl is raped by a family member, they convince the child to keep it as a secret since the rape happened within the family and that leads to teenage pregnancy because the rape at times will not stop and it is not been reported.
- ◆ **Not enough knowledge about contraception:** They only knew about the injections, oral pill and Implanon. Some of them stop using contraceptives because of peer pressure and family members own experience with a certain contraceptive method.

Health education was given to all grade 8 and 9 girls about the methods of contraception as well as sexual transmitted infections as well as HIV/AIDS. Young girls were also told about our “Happy Hour (15H00-16H00) which is open to all school going children as they sometimes cannot access the Clinics due to them being at school and coming out late. Sr Ndlangamandla said the visit to the school was eye opening as the girls shared some very important challenges they face that leads to them falling pregnant, he continued to say that the “Happy Hour” does assist both the clinics and teenagers as it allows for continuation of services (contraceptives) as girls would not be able to reach the clinics after 15H00 due to the distance and will miss their appointments as they come out late and would think the clinics will not assist them. 1. Sr Dlangamandla giving a talk to Siphosemvelo High School learners. 2. Siphosemvelo High School learners listening to the Department of Health team



OUTREACH PROGRAMMES

As a PHC facility our main role is to go out to the community and offer the services there. We don't wait for clients to come to us but we also go out to where the community is. On the 14th of March 2019 our Health Promoter and WBOT team went to Dannhauser CHC to conduct a TB awareness campaign at Dannhauser Taxi rank. We started with the mobilization of client's for the event. Health education on TB was done. We receive 40 clients both chronic and minor. The event was a great success with support from the District office. The Rank Manager and all the Taxi drivers participated with great enthusiasm. 1. our WBOT team hard at work in the Taxi Rank. 2. A client accessing services at the Taxi rank.



On the 09 May 2019 Health Promoter and the Rehab team visited a family in Koppie Allen farm the CCG 's identified the family and informed our Rehab team to come and evaluate a young boy (12 years) who is still in grade 3, once had TB meningitis at the age of 7. The team found out that his mother passed away and He is living with his grandmother, aunt and his cousins. There is no one working in the family. Health education was given. The matter was also referred to Suku-ma Sakhe where we hope that the family will get all the necessary help as all departments are represented in this forum.



DANNHAUSER CHC HAPPENINGS

A teambuilding day for all staff members at Dannhauser CHC was done to revive the spirit of togetherness and to also welcome new staff members.



On the 16th of April 2019 Our HCF team held a prayer just before the Easter Weekend, where were praying for safe travels to all South Africans and a blessed Easter Weekend.



DANNHAUSER CHC HAPPENINGS CONTINUE

WORKERS DAY

Dannhauser CHC commemorated workers day, by inviting all labour unions representing staff members to come and address staff on labour related issues as well as a lecture on why such a day is commemorated. Mr Makhoba (NEHAWU) said that the struggle of workers has not been won as some workers are still being exploited. The Unions thanked the Management of the facility for hosting such an event and they said this was the first of its kind and wished that more facilities will have such a commemorate workers day.



HAND WASH DAY

On the 14th of May 2019 Quality Assurance Manager Mrs T.C Mbambo together with our CCG's and staff participated in the hand wash campaign that was aimed at reminding staff of the importance of hand washing and also educating the public about proper hand wash and its benefits.



MANDELA DAY EVENTS

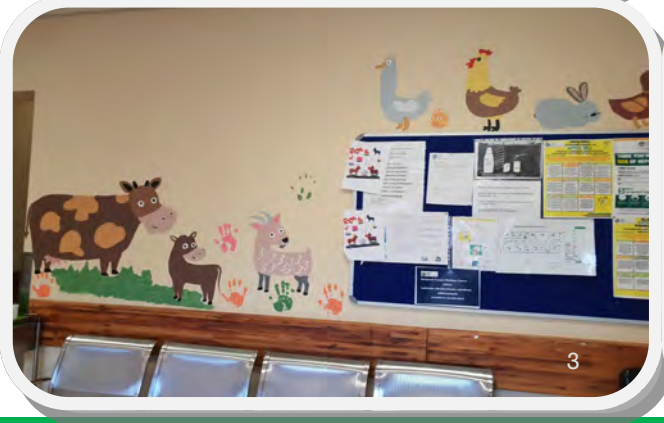


Nelson Mandela Day is not only about celebrating Nelson Mandela's life, but it is also a global call to action, for people to recognize their ability to have a positive effect on others around them.

These values include democracy, freedom, equality, diversity, reconciliation and respect. An international campaign has been initiated by the Nelson Mandela Day, which sums up what Mandela stands for. It give all people in South Africa and all over the world an opportunity to do something for others, for only 67 minutes in recognition of the 67 minutes in recognition of the 67 years that Mandela spent fighting against apartheid. Many people and organization's around the world take part in many activities to promote Nelson Mandela Day.

Dannhauser CHC also played its part by making a positive effect on a particular family that more than anything needed food and clothes to survive, through the help of staff members making donations towards the project we were able to supply the family with food and clothes. On the 18th of July 2019 these were delivered to the family and they warmly welcomed the gesture, as sometimes they would drink their meds on an empty stomach. A big thank you to our Outreach team for notifying us of the family and our CCG's who also played an important role in seeking help for the family. Thank you to our Management and staff for all the donations. Our second project was painting our Mother and Child ward and the main aim was to create an atmosphere that the children would find warm and welcoming for them. Here staff members were requested to contribute towards buying paint and all the necessary material needed for the day as well as staff taking turns to come and paint and be part of transforming the ward. A big thank you to our Rehab team for being the drivers of this event and going all out to make sure it was a success. Pictures below

1. Food and clothing for the family identified by our Outreach team.
2. Staff members came in numbers to paint the ward.
3. The outcomes of some of the painting done by staff members from all sections.
4. unknown artists were unleashed on Mandela Day.



ISIBAYA SAMADODA

Inyanga kaNtulikazi (July) yaziwa njengenyanga yaMadoda, nalapho kwenziwa khona izinhlelo ezahlukahlukeni ukufundisa abesilisa ngezinto ezahlukahlukeni ngenhlalo yawo, ekhaya kanjalo nasemphakathini.

Isikhungo sethu siye sabona kufanelekile ukuba naso senze uhlelo lwezempilo endaweni yase Mafahlawana (Dorothy Nyembe Hall), nalapho okuye kwahlanganiswa abesilisa bendawo, kwakhulunywa (Community Dialog) ngezingqinamba abesilisa ababhekana nazo kanjalo kwacobelelwana nangamasu okugwema lezizi nkinga. Kubonakale abesilisa bebhoboka ngezinto ezahlukahlukeni ezibangela ukuthi bengazizwa jengamadoda aphelele emakhaya nase mpha-kathini. Eqhulwini nje indaba yokuntuleka kwemisebenzi, njengoba bethi kwehlisa isithunzi sendoda ukungakwazi ukunakekela iziidingo zomndeni njenge nhloko yekhaya.

Baqhube bathi lokhu kudala ulaka nokhwantalala kubona. Umyango wezempilo ube ususebenzisa lelithuba ukubanxexxa abesilisa ukuba bajwayelane nokuvakashela amakiliniki ukuze bahlololewe izifo, ikakhulu lezi eziphatha abesilisa. Sibenenhlanhla enkulu yokuhanjelwa yiZinyane leNkosi yesizwe samaZulu uMntwana uNhlakanipho Zulu no cobelele amadoda ngohambo lwakhe lwesifo sofuba (TB) kanjalo nokubaluleka kokuba wumgani nezikhungo zezempilo. Uqhube wathi yize esephefumula ngephaphu elilodwa kodwa ukulalela imiyalo yoDokotela nokuzivocavoca kumsize kakhulu njengoba engumqemane nje. Unxuse abesilisa ukuba baqikelele ukuba bavikele abesifazane abanobudlelwane bothando nabo, ngokuthi abesilisa basoke kanjalo futhi bangabi amasoka esigodi. Uphethe ngokuthi kuyisifiso soMnyango weZempilo ukuthi abantu baphile isikhathi esingaphezu kwalokho okulindelekile, wathi lokho kubiza ukuthi umuntu ngamunye athathe isinqumo sokunakekela impilo yakhe.



Amadoda elalele izinkulumo eziwakhayo.



Izihambele zomcimbi, phakathi nendawo (ofake ijazi) uMntwana uNhlakanipho Zulu owabe eyisikhulumni sosuku.



Usizo lwaseMazinyweni lalutholakala kulo mcimbi.



uEN Ngwenya enza adumengazo, kuwona umcimbi njengoba kwakutholakala usizo olunhlobo.

BLACK CANDLE LIGHT PRAYER

After a surge in murders and sexual crimes against women. There has been a rising outcry against sexist violence in the country after series of murders that shocked the country. Dannhauser CHC H.C.F team also felt that there should be a prayer (19 September 2019) where they will also request the Almighty's intervention in the gender based violence, that we are exposed to as a country.

According to Police statistics released recently showed that the number of crimes involving sexual offences jumped 4.6% from April 2018 to March 2019, compared with the same period the previous financial year. Statistics also revealed that sexual offences detected, as a result of Police action, instead of women reporting the crime– rose by 19%. These above statistics were given by the Dannhauser SAPS- Captain Perman who requested ladies to report abuse, no matter how small it may seem, as it usually starts with a light slap and then continues to one finding themselves in ICU. He said ladies should get out of toxic relationships as they usually end up badly. Pastor Zondo shared a word with all present and led staff into prayer. Thank you to the organizing team, the Programme Director Mrs Mbele and all that were giving a speech on the day. A big thank you to all staff members for joining the prayer.



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