



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

DANNHAUSER CHC

DANNHAUSER

NEWS

STAY INFORMED

JUNE 2018

CEO'S DESK

Dr Phindile Zanele Mabaso is the newly appointed CEO and Medical Manager for Dannhauser Community Health Centre. Prior to joining Dannhauser CHC, Phindile was a Senior Medical Manager at the National Department of Health for the Expanded Programme on Immunisation (EPI). Before joining the EPI team at NDOH, Phindile was working as a Medical Manager at Stanger Hospital, where her co-functions were to oversee the outreach programme to the KwaDukuza sub-district Primary Health care facilities, and lead clinical quality assurance programme within Stanger Hospital. Dr Mabaso has worked in different Management portfolios with different NGO's and Government Hospitals, she holds a Medical Doctor (MD) degree from Instituto Superior de Ciencias Medicas "Dr Serafin Ruiz de Zarate Ruiz" Villa Clara, in Cuba. Other post graduate qualifications that she holds include: Diploma in HIV Clinical Management (UKZN); Developmental Psychology (ICESA) and Advanced Health Management (FPD).



DANNHAUSER CHC NEW CEO

DR P.Z MABASO

"My first 60 days as the CEO/Medical Manager for Dannhauser CHC has been filled with informative and pleasant encounters. I have a privilege of joining a functional management team and good cultured team of employees" says Dr Mabaso. She continued to say that she is positive that working together (Management, Employees and External Stakeholders) we can provide high quality, comprehensive, well integrated, Community Orientated Primary Health care for the residents of Dannhauser sub-district. Albert Einstein said "once you stop learning you start dying." it is a privilege therefore to be part of Amajuba District, an organization that refers to itself as a learning health organization striving for continuous quality improvement. We as Dannhauser CHC health care workers, pride ourselves in the humility of continuously learning as we strive for continuous quality improvement in everything that we do. We are hoping to achieve our vision through teamwork, with integrity and mutual respect as teammates and towards our clients. As we know that our clients health is affected by Social, Spiritual and Economic matters as well, we shall adopt a holistic approach in all that we do, no matter what the circumstances, we shall do our best to maintain the spirit of UBUNTU!

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

TB AWARENESS



Tuberculosis (TB) is a global disease, found in every country in the world. It is the leading infectious cause of death worldwide. The World Health Organization estimates that two billion people—one third of the world's population—are infected with Mycobacterium tuberculosis (Mtb), the bacteria that causes TB. Each year, 9.6 million fall ill from TB and 1.5 million die. TB is an airborne disease that can be spread by coughing or sneezing and is the leading cause of infectious disease worldwide. It is responsible for economic devastation and the cycle of poverty and illness that entraps families, communities and even entire countries. Among the most vulnerable are woman, children, and those with HIV/AIDS. There is growing resistance to available drugs which means the disease is becoming more deadly and difficult to treat. Dannhauser CHC took TB awareness/ Integrated Health promotion Campaign to the community by visiting Hattingspruit on the 20th of March 2018 and Koppie Allen on the 27th of March 2018. A total number of 124 patients were screened for TB, 66 were screened for HIV, 3000 male condoms and 1100 female condoms were distributed in both the days. Vitamin A was given to 21 children and 11 were dewormed. The facility Management would like to thank all staff members that took part in this outreach as well as the Community Health workers who assisted with organising the community of Hattingspruit and Koppie Allen. Creating awareness on TB was also done in all our waiting areas as patients in waiting areas were taught about the signs and symptoms of TB as well as adhering to medication.



A COUGH FOR TWO WEEKS OR MORE



NIGHT SWEATS



UNEXPLAINED LOSS OF WEIGHT



FEVER

WORLD HAND HYGIENE DAY



Improving hand hygiene among health care workers is the single most important intervention in reducing the spread of infections. Washing our hands frequently and well is one of the preventive health practices we have, with benefits ranging from protecting us from the common cold and slowing the spread of deadly antibiotic-resistant infections. But despite the strong consensus in the medical community about the benefits of hand washing, there's still a lot we don't know about how to, best deploy this potentially life-saving habit.

This is why year after year on the 5th on May we become part of the world in reminding health care workers as well as the community the importance of washing hands frequently and well. Usually we focus on clinical staff when talking about hand hygiene as we see them as the ones that have physical contact with patients, however this year 2018 we decided to cut across all departments within Dannhauser CHC. All staff members were educated on the proper way of hand washing and those that did well by following all the steps in hand washing were awarded with certificates. Departments were also urged to decorate their departments so that even the patients that were visiting will also learn the importance of hand washing. Quality Assurance Manager T.C Mbambho and Sr Mabaso gave talks on hand washing in all waiting areas to also educate our clients on the importance of washing hands, after visiting the toilet, before touching food and after changing the child's nappy.

1. Sr Mabaso showing staff the correct way of washing hands following all the steps in the Hand wash poster.

2. Sr Mabaso educating patients in our waiting areas.

3. Quality Assurance Manager Mrs T.C Mbambo also demonstrating hand wash using the



UKULWISANA NOKUKHISHWA KWEZISU OKUNGEKHO EMTHETHWENI

Izibalo eziningi ziveza ukuthi baningi abantu besifazane abasebancane abalethwa ezikhungweni zezempilo, sebesenkingeni enkulu ngenxa yokuzama ukuhushula izisu kubantu basemgwaqweni nokubeka impilo yabo engcupheni. Isikhathi esiningi bafika ezibhedlela naseMakilinihki umonakalo usumkhulu kakhulu, abanye izibeletho zabo sisuke zingasezuphinde zikwazi ukwenza umsebenzi wokuthwala umntwana, abanye baya phangalala nokuphngalala ngenxa yomonakalo osuke usudalekile.

Kungumsebenzi wethu njenge sikhungo sezempilo iDannhauser CHC ukufundisa amalunga omphakathi ngezinto ezibeka impilo yabo engcupheni, sibambisene nabanye esilwela ukuthi umphakathi wethu uhlale uphilile. Ngomhlaka 5 ku June 2018 siye sa-phuma umkhankaso wokuqwashisa ngobungozi boku hushulwa kwezisu ngabantu basemgwaqeni abangakuqeqeshelwe ukuthi benze lomsebenzi. iMashi yethu ibifundisa ngokuthi abantu besifazane kumele baqinisekise ukuthi basebenzisa lezizindlela ukuze bavikelele ukukhulelwa okungahleliwe nokwenza bagcine sebefuna ukukhipha izisu:

- Ukuhlela umndeni
- Ukusebenzisa amakhondomu
- Ukuvakashela ezikhungweni zezempilo uma usukhulelwe ukuze uzothola usizo oluphephile.

Kubalulekile ukuthi abesifazane bakwazi ukuzithathela izinqumo ezizo kwenza bahlale bephephile ezifweni eziningi, nabesilisa abazwana nabo, nabo bayalulekwa ukuba bakhuthaze abasefizane ukuthi bahlele futhi babeseke uma bekhulelwe, nalapho sebethatha isiqumo sokukhipha isisu mabangabavumeli ukuthi lokho bakwenze kubantu basemgwaqeni kodwa ababkhuthaze ukuthi baye ezikhungweni zezeMpilo. Uma unesifiso sokwazi ngabanzi ngendlela ephephile yokuhushula isisu (CTOP) sithinte kwinombolo ethi 034—621 6172/6172/6196, okanye uzifikele mathupha esikhungweni (TOP Clinic) ukuze usizakale.





Child Protection week is a time to shine a spotlight on issues facing young South Africans under the age of 18. Child Protection Week is from 27 May –03 June 2018. Children’s Rights are included in our Bill of Rights and this was an important development for South African children, many whom had suffered greatly under apartheid.

Children need special protection because they are the most vulnerable members of our society. They are dependent on others– their parents and families– for care and protection.

On the 29th of May 2018 the Department of Social Development invited stakeholders from the Christian Organization, Department of Education, SASSA and Department of Health (Dannhauser CHC) to be part of an awareness for school children from Zizuzele Primary School, Mnyamande Secondary and Mana High School. The main aim of the awareness was to tackle issues that put children’s lives at risk as well as informing learners about services provided by different departments that will assist the children should they face any challenges. The Speaker from DSD Mrs Gumede said the theme for this years Child protection Week is **“LET US PROTECT ALL CHILDREN TO MOVE SOUTH AFRICA FORWARD”**. Mrs Gumede said that awareness needs to be raised as there are various forms of child abuse taking place in our communities like sexual abuse which is a violation of children’s rights and is usually done by people the children trust and respect. She said children should be taught at an early age not to allow anyone to touch them or promise them goodies for favors. She requested that all people take responsibility in protecting children from abuse, neglect, exploitation and other forms of violence and ill-treatment. Our School Health Team together with OMN Makhoba gave health education on drug abuse, sexual abuse and teenage pregnancy. OMN Makhoba stressed the importance of young children using the health facilities so that they can be advised accordingly should they be abused or involved in sexual activities.



Above left– Stakeholders including Dannhauser CHC about to address learners. Above right—learners of Zizuzele Primary school listening to different speakers.

SECOND SET OF TWINS FOR DANNHAUSER CHC

Mother of twins could not stop praising the staff of Dannhauser Community Health Centre for successfully delivering her babies as she says, she was not aware that she would be getting twins but our Maternity staff made the whole experience a joyful one. On the 15th of June 2018 Miss Gugulethu Hlongwane, 29 year old, G4P3 who was 37 weeks pregnant was admitted in our Maternity (Labour ward) as a normal pregnancy. Our Advanced Midwife B.T Mkhize says that Gugulethu came to the facility already in labour and she progressed to deliver a baby boy who was born at 17H42, BWT- 2000g , cephalic presentation, with a good APGAR score , to her surprise the second twin (boy) was born at 17H45 BTW-1500g, also with a good APGAR score but this time this twin was breech presentation.

B.T Mkhize said that as surprised as she was by the second baby she quickly had to pull herself together and assist the mother who was also shocked that she was having twins but with the help of PN NNE Mbatha and PN N Mokoena they were able to deliver healthy bouncy baby boys. Speaking to Gugulethu after the delivery she said “ she doesn't know how she will repay the staff members who helped her deliver her set of twins as she was not aware that she was pregnant with twins because she has booked late for her pregnancy and could not get an ultrasound done”. The babies were seen by Dr Sangweni and they were in a satisfactory conditions, but needed to be transferred to Newcastle Regional Hospital for further management. On follow up, both the mother and the twins were well. The CEO Dr PZ Mabaso congratulated the mother and thanked the staff members for a job well done.

This is however a second set of twins for the facility as in March 2018 Ms Ntombiyoxolo Madela a 29 year old also delivered a set of boy twins who are also doing very well.



From left– PN NNE Mbatha, CEO Dr PZ Mabaso, Dr S Sangweni, PN N Mokoena, Advance Midwife BT Mkhize and Gugulethu Hlongwane and the twins.



Advance Midwife BT Mkhize, Ntombiyoxolo Madela, OMN Maternity Makhoba with the first set of twins born in the CHC on the 15th of March 2018.

HAPPENINGS IN PICS



Above : Hand wash deco by our Maternity team for World Hand Hygiene Day



Above: Some of our staff members in their school uniform during the youth month (June 2018) as part of commemorating the youth of 1976, this day honors the deaths of many Soweto Schoolchildren who changed the course of South African history.

SOME OF OUR COMPLIMENTS

Good Day Miss Mzila,

I trust this email finds you well, and complements of the new year to you and your colleagues.

I visited your Hospital (Dannhauser CHC) this afternoon with my family, accompanying my granny who was very sick, we were met by Ms. Sihle Mncube (ADMIN Clerk) who was very helpful and considerate. She insisted that she (my granny) progress through the queue to be attended to, while we were sorting out administration matters, this for me was a vivid demonstration that she really comprehend the basic principle of "Batho Pele", which is a rear quality in our days, within the public health system.

May you kindly pass this compliment on behalf of my family (Ngubane Family), she must never stop being a shining light in the public health system, we need more of her in the industry. And thank you, my Granny has recovered..

Now to the General Hospital, I would like to commend your institution for it's cleanliness, and tranquility, it is indeed a place of hope..

May you have a successful 2018, keep the wonderful work you do, preserve more LIFE.

Thank you.

Kind Regards

Hospital or clinic file number		163-925-6849
If you are lodging a complaint on behalf of someone else, please complete the following:		
Relation to the patient, e.g. mother, etc.		
Patient's Surname		
Patient's First Name		
Contact details of the patient	Cell number	
	Postal address	
	Physical address	
	E-mail address	
If patient was admitted, the ward number		
Patient's hospital or clinic file number		

Please describe the incident or give a compliment or make a suggestion.

* Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place:	
Being in a hospital with a lot of questions to be answered she always comes out with better solutions plus she is very hard working person. She will put peoples lives first all the time	
I admire her a lot just because she gives some all the time to the patient whose in need in that particular time, that person is sister Nxumalo.	

ACKNOWLEDGEMENTS

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