

INSIDE THIS ISSUE:

Diabetics Awareness	2
World Radiography Day	3
Breast Cancer	4
Cultural Day	5
Breast feeding	6
Dan CHC Happenings	7
Editors Desk	8

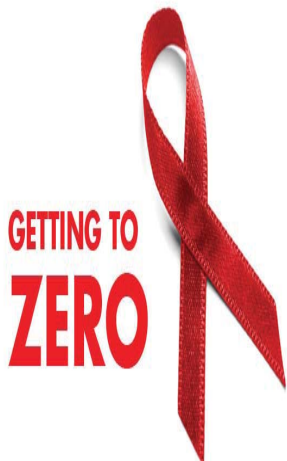
FROM THE CEO'S DESK

Dannhauser Community Health Centre is a ground breaking new facility which is also described as a "mini hospital" which opened its doors to the public on the 4th of May 2015. Dannhauser CHC was officially opened by the Honorable Premier, Mr Senzo Mchunu accompanied by Health MEC Dr Sibongiseni Dhlomo on the 27th of May 2015. The CHC offers services that are available in a District Hospital offering a package of services that will significantly improve the access to primary health care for the scores of Dannhauser and surrounding areas within the Amajuba District.

This facility service a total population of 110 000, also serves as a referral for 10 clinics in the Municipality. The facility offers these services -consulting rooms, TB management, Dentistry, X-rays, Maternity services, Pharmacy, Emergency Medical Service Base, Mortuary and Rehabilitation services to mansion just a few. The opening of this 39 bed facility means that residents of Dannhauser no longer need to travel 40km to Madadeni Hospital to access health care.

We (PR department) spoke to Deputy Manager: Nursing and Acting CEO Mrs M. Ntseki as we wanted to find out the status core since the opening of the facility. Mrs Ntseki said that " a total number of 338 clients were seen in May 2015, but the number has grown as in November 2015 a total number of 1 675 clients were seen, with two successful deliveries". She further said that " the CHC is supposed to be a 24 hours facility, but at the moment it is operating from 07:00 to 18h00, from Monday to Sunday and Public holidays, but with the full compliment of staff hopefully by early 2016 the CHC will operate 24 hours". The Management team is trying its best to make sure that the CHC is fully functional as most Management posts have been filled: Systems Manager Mr L.B Ngubane, Finance Manager –Miss Z Makhwasa and HR Manager DBP Buthelezi. Mrs Ntseki also said that the appointment of the Public Relations Officer has been done and through the Marketing plans in place she surely knows that the number of clients accessing the facilities services will definitely grow.

Pictures Below: KZN Premier Mr Senzo Mchunu and MEC for Health Dr Sibongiseni Dhlomo, officially opening Dannhauser CHC. Mrs M Ntseki Acting CEO.



DIABETICS AWARENESS DAY "I CHOOSE TO LIVE"

Three-and-a-half million South Africans (about 6% of the population) suffer from diabetes and there are many more who are undiagnosed. It is estimated that another five million South Africans have pre-diabetes, a condition where insulin resistance causes blood glucose levels to be higher than normal, but not high enough yet to be type 2 diabetes. Dannhauser CHC had a diabetes awareness day for staff and patients as we all know that November is a diabetes month. Sister Shabalala educated those in attendance and said that "there are three types of diabetes: type 1 diabetes (a condition where the body stops producing insulin, an essential hormone produced by the pancreas to convert glucose into energy): type 2 diabetes (a condition that develops over time where the body is not able to use insulin properly): and gestational diabetes (a form of diabetes that occurs during pregnancy due to hormonal changes, genetic and lifestyle factors)".

Sir Nene warned clients to guard against the following signs—polyuria, polyphagia and Polydipsia and other signs which are fatigue and blurred vision. Sir Nene said that "many diabetic patients only get help when they already have complications and this poses a great burden on the health-care system, whereas 80% of type 2 diabetes could have been avoided through the following of a healthy eating plan and regular exercise. 1. Sister Shabalala educating patient and staff on Diabetes. 2. Patients and staff members listening to talks given by different speakers on Diabetes. 3. Sir Nene and Sister Shabalala clarifying the different types of Diabetes by drawing pictures to make it easy for clients to understand.



WORLD RADIOGRAPHY DAY

On the 6th of November 2015 Dannhauser CHC commemorated World Radiography Day by visiting Siphuthando Combined school. The main aim of the visit was to give career guidance presentation to the learners who have interest in Radiography as a career. The presentation was done by our Chief Radiographer Mrs Thokozani Duma and Thabi Ndawo from Madadeni Hospital. Mr Mdu Holphe the CHC's HR Practitioner also educated the learners on the available bursaries provided by the Department of Health. As part of still commemorating this day our X-ray department

initiated the "help a child box", where they requested staff members to bring food items and kids clothing for assisting children that are diagnosed as Severe Acute Malnourished (SAM). This project came about after it was seen that the CHC was seeing a lot of malnourished children. The X-ray department would like to thank all staff members for giving a helping hand. The food collected was to be given to the identified family. It was requested that this be a project that will continue throughout. 1. Thokozani Duma and Thabi Ndawo (Radiographers). 2. Learners from Siphuthando Secondary School. 3. Mr Hlophe presenting bursaries available in the Department of Health. 4. Thokozani Duma and Tshidi Nene from our X-ray department with clothes and food items donated by staff members.

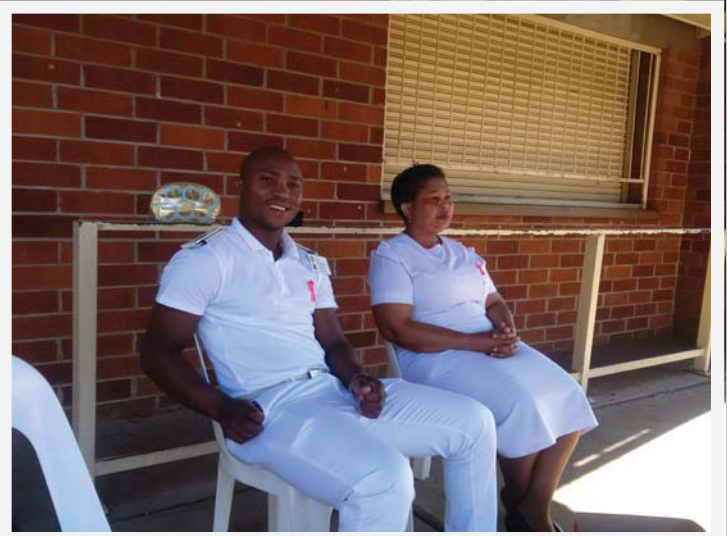




EARLY DETECTION SAVES LIVES

Other than skin cancer, breast cancer is now becoming the most common cancer in the world. Statistic shows that one of eight woman is diagnosed with breast cancer. October is breast cancer awareness month and Dannhauser CHC took the awareness to Dannhauser Secondary School on the 19th of October 2015, the theme of the awareness was "Early detection saves lives."

Sister Zulu spoke to the young girls about the symptoms and how one can lower the risk of getting breast cancer. "Symptoms can include any change in the size or the shape of the breast, nipple discharge, and a new lump in the breast or underarm". Said Zulu who also advised the girls to see visit the Clinic if they have any signs that worry them. Zulu continued to say that "most breast cancers are found in women who are 50 years older, but breast cancer also affects younger women". The girls were told that men also do get breast cancer but it is not very common. Although breast cancer screening cannot prevent breast cancer, it can help find breast cancer early, which makes it easy to treat. Sir Zulu showed the girls how home screening can be done to check for any abnormalities on the breasts, educational material and pink ribbons were given to the girls and their teachers. 1. Female learners with their teachers gathered in the assemble area to listen to the Team from Dannhauser CHC. 2. The team that visited the school. 3. Sir Zulu handing over a gift to one of the learners. 4. Learners all fired up after the talk.



CELEBRATING DIVERSITY

Abasebenzi base Dannahuser CHC abazange basale ngaphandle emgubhweni wenyanga yama Gugu nama Siko, njengoba ngo Mhlaka kuNyaga ka nabo babevunule benconsa ngemisiko yabo ekhombisa ukuzigqaja ngemvelaphi yabo. Kwakuwusuku olumnandi impela kwazise, kwakuculwa, kugidwa, kudliwa nokudla kweSintu. Okukhulu okwagqama ngalo lolusuku ukubumbana kwabasebenzi njengoba babe shiyelana inkundla futhi bedla nandawonye. Kubalulekile ukuthi imicimbi efana nayo le igujwe ezikhungweni zokusebenzela ngoba iyakwazi ukuhlanganisa abantu abanamisiko angafani, ngoba kuliqiniso elingephikiswa ukuthi emsebenzini sisebenza nabantu abasuka ezindaweni ezahlukahlukeni nokungabangela ukudonsisana. Imicimbi efana nalena yenza ukuthi abasebenzi bafunde nangamasiko abanye nokwenza ubudlelwane bokusebenza ndawonye bubemnansi. Abaphathi be Dannhauser CHC badlulisa okukhulu ukubonga kulabo ababehlela lomcimbi owaba impumelelo enkulu. 1. abanye babasebenzi ababezimisele bethatha isithombe. 2. Izintokazi ezisebenza kwa Admin nazo zazivunule zicons. 3. Abasebenzi behlanganyele ndawone emcimbini wokugubha usuku lwamasiko. 4. USipho Zwane nesithembu sakhe uNkazi no Thandi.



BREAST FEEDING WEEK



Breastfeeding week was a hectic week for Dannhauser CHC as different activities were planned to create awareness around breastfeeding. Health education was given throughout the week to all patient waiting areas. Women were also encouraged to screen for cervical cancer, TB and HIV. These are just some of the few things that were done on that particular week.

On the 5th of August 2015, staff members marched from the CHC to the Taxi rank to give the public information on breast feeding and a role that everyone can play by offering support to breast-feeding women.

Above pictures: Staff members marching around town preaching the gospel of breast-feeding to the public. Below pictures: Sr Cele and Makhaye targeted males who often think that they do not have a role in breast feeding, they were given educational material and were educated on their role in making sure that their kids are breastfed. Thank you to the team that planned the march.



CHC HAPPENINGS



The Dannhauser CHC Safety Officer Miss M Zulu organized a training for Safety reps from Dannhauser CHC and Niemeyer Memorial Hospital on the 30 October 2015. The facilitator was Mr Radesh Chandrabhaon who is a Safety Manager at Newcastle Provincial Hospital. Mr Chandrabhaon did a presentation on the work that Safety reps are expected to carry out when appointed. Occupational Health and Safety acts were also discussed in detail as the reps needed to fully understand the need and the role played by safety reps in the different working areas. It was said that Safety reps are expected to review the effectiveness of health and safety and also be able to provide reports on health and safety related issues.



Dannhauser CHC family sadly said goodbye to two employees who were moving to greener pastures. Saying goodbye has never been easy, but we are often happy for people that are leaving because they are moving up the ranks. The staff wished Dr Mathebula and Miss Asavele Ntloya all the best in their new adventures and also to remember that where ever they are going they will be representing the CHC. Sibafisela konke okuhle. 1. Miss Asavele Ntloyo (Facility Information Officer) in the middle saying goodbye to her team. 2. Staff members saying goodbye to Dr Mathebula (Medical Manager.

FROM THE EDITOR'S DESK

Dannhauser News our first newsletter issue and we hope that you have enjoyed it. Newsletters aim to inform and educate both patients and staff members about the facility as well as activities and we hope this issue has done exactly that. We promise that there will be more interesting issues to be published for your curious minds. As the new PRO at Dannhauser CHC I would like to thank staff members who attended the Batho Pele training on the 01 December 2015 and to inform those that have not attended to attend the next one, details will be communicated to staff members.

We also welcome all the new employees that have joined us in the last three (3) months of the year (2015), we hope that your stay with us will be a fruitful one and that we will learn from each other. The PR Department is open to suggestions and positive criticism, we encourage staff to be our eyes and ears and provide stories as this newsletter is ours. I have included a few pictures of our "mini Hospital" so that you can get an idea of how the new facility looks like.



Miss S.N Mzila—Public Relations Officer.

Main entrance



Training Center



One of our Short stay wards.

