



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Ekhombe Hospital

NEWS

UMTHOMBO WASEKHOMBE

August - October

BREASTFEEDING DAY



**PAEDS Ward Mandela Day
Celebration page 03**



Mandela Day Celebration



Pharmacy Week page 05-06



Breastfeeding Day

Sister Mchunu from PAEDS ward was one of the judges doing weighing and asking questions

BREASTFEEDING DAY -2016

On the 11 August Ekombe hospital (Gateway Clinic) had a breastfeeding day. The main purpose was to support and promote breastfeeding, to give health education on the importance and benefits of breastfeeding to the baby, mother, family and community, to prevent malnutrition, to reduce child mortality through optimal feeding and development and also to encourage mothers who are HIV infected to breastfed their

babies even if their status is positive but not to mixed or avoid mix feeding.

Breast milk is best for your baby, and the benefits of breastfeeding extend well beyond basic nutrition. In addition to containing all the vitamins and nutrients your baby needs

in the first six months of life, breast milk is packed with disease-fighting substances that protect your baby from illness.





PAEDS Ward together with social worker celebrating Mandela Day by sharing clothes and cosmetics to their clients on the 27 July 2016

They say charity begins at home, on the 27 July the PAEDS ward decided to celebrate Mandela day by identifying children and mothers in need, since most admitted babies and mothers can't even afford a face cloth. That's the reason they decided to do Mandela day for them to show random act of kindness to them. It was indeed a successful day. **Mandela Day** is a global call to action that celebrates the idea that each individual has the power to transform the world, the ability to make an impact. The idea of Mandela Day was inspired by Nelson Mandela at his 90th birthday celebrations in London's Hyde Park in 2008 when he said: "It is time for new hands to lift

the burdens. It is in your hands now." a big thank to all who participated , they say ' Sibusisiwe isandla esiphayo kunesamukelayo' kusho omama bezingane bebonga impatho enhle ngendlela eyisimangaliso esibhedlela saseKhombe.

Long live the spirit of Nelson Mandela long live.



**COMMEMORATION
OF
MANDELA DAY
20 JULY 2016**



On Friday 22 July 2016, the hospital team visited two families nearby the hospital with food parcels and clothes that were donated by human capitals in the hospital. The team was lead by Acting CEO, Ms P.L. Ntuli with the assistance of Community Care Givers. Families were identified as two of the most vulnerable families in the

area.

Ukqhamuka nje kwemoto yasesbhedlela kwaba yintokozo enkulu kulemindeni emibili intokozo yayibhalwe ebusweni bebonga bencoma umsebenzi omuhle owenziwa yisibhedlela sabo nendlela esibanakekela ngaso bona njengomphakathi , kusuka phezulu umndeni wakwa Khumalo abashelwa umuzi nokuhlala khona umama nendodakazi yakhe nabazukulu ababili okungaholi muntu kubo selokhu bashelwa umuzi, ngezansi umndeni wakwaXulu okuhlala khona abafana ababili abashonelwa abazali abangasebenzi. Sibonga kakhulu kubasebenzi ngokulula izandla, izwi lithi Sibusisiwe isandla esiphayo kunesamukelayo. **Long live the spirits of Mandela long live!!!!**



Ekhombe hospital pharmacy week 2016

Pharmacy Staff, First row:Nomali Mkhize and Fezile Nhlambo, Second row:Nokuthula Pato and Andile Makhoba,Last row;Lungile Sabela & Sphiwe Ngidi

The pharmacy staff together with pharmacy manager Mr. S.M Shabangu organized and coordinated a programme to coincide with pharmacy week-use medicine correctly.

The aim was to inform patients on correct use of medication to promote healthy living. Various presentations were conducted during the week on different topics in relation with the theme of pharmacy week.

DAY 1- Presentation on correct use of ART, during presentation token prizes and refreshments were given to patients.

DAY 2– Presentation on correct use of TB drugs, during the presentation token prizes and refreshments were given to the patients.

DAY 3– Presentation on antibiotics

DAY 4– Presentation on chronic medication

DAY 5-They visited wards and department .

The pharmacy staff sponsored themselves for prizes and refreshments.

Pharmacy Staff working together to promote healthy living and positive lifestyle.



Stop(ask yourself),Ask(your pharmacist),go(and get well)

Photo gallery



Clients given refreshments while they are waiting to collect their medication.



Mr. Andile Makhoba serving clients in Out Patient Department



Admin staff, pharmacy staff and security supervisor



Pharmacy staff doing presentation in the Wards



From left" Andile Makhoba, Nomali Mkhize and Phika Makhoba



Miss. Nokuthula Pato

Stop(ask yourself),Ask(your pharmacist), go(and get well)

UKUGUJWA KOSUKU LWAMASIKO

28 SEPTEMBER 2016

Ngomhlaka 28 September isibhedlela sase-Khombe sasigubha usuku lwamasiko olwaba yimpumelelo enkulu injabulo yayibhalwe emehlweni kubasebenzi begubha usuku lwamasiko bevunule beconsa becula amaculo esintu besina nengoma bedla nokudla kwesintu okunlobonhlobo. Isikhulumeli sosuku kwakungu Mnumzane Hadebe oyilunga lomphakathi nongumelaphi wendabuko emphakathini.



Ukukhethwa kovunule kahle wosuku owesilisa kanye nowesifazane. Sibonge kubasebenzi ngokwenza usuku lube luhle



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