

UMTHOMBO WASEKOMBE NEWSLETTER

Ekombe Hospital Tel: 035 834 8000 Fax: 035 834 8012
 Private Bag x 203 Web site: www.kznhealth.gov.za
 Kranskop 3268 Email: philani.mhlungu@kznhealth.gov.za
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Healthy Lifestyle Month & Launching Health Promoting School

During the month of February Ekombe hospital embarked on promoting healthy life style in the surrounding schools. Health education was done in various topics namely STI's, HIV/ AIDS, TB, cervical cancer, Teenage pregnancy, nutrition ect. Condoms, flyers and pamphlets were distributed as part of health talk.

On 25 March 2010 Mfongosi CP School had phase two launch as a Health Promoting School. The school was launched through unveiling the board which has requirements of a health promoting school. Uthungulu Health District was represented by Ms B.O. Shange who stated the purpose of the day and also shared valuable information on how the district office operates.

Aspects of health promoting school were explained to the community members and educators by Miss A.H. Xulu. Mrs C.B. Makhoba, PHC Supervisor also oriented community members about PHC services rendered by clinics. She also stressed the significance of utilizing residential clinics to avoid long queues at the hospital.

The Deputy Principal and SGB appreciated the work done by the parties concerned. We would like to thank all stakeholders who made this initiative to be a great success.



Dignitaries that were present



Parents listening attentively



Miss A.H. Xulu explaining HPS aspects

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Hospital Rehabilitative Services



Ngomhlaka 04 February 2010 iSibhedlela sasEkombe sanikeza iziguli ezikhubazelike izihlalo ezihambayo (wheelchairs) ezingu 9. Ezimbili zazaziphuma Othungulu Health District ezingu 7 kuwuxhaso oluvela Enhlanganweni ezimele (NGO). Lokhu kwakuwuqhuba uhlelo lweFlagship okuyilona olusetshenziswayo ukuhlangabezana nezidingo zomphakathi. UMphathi wesibhedlela uMrs N.P. Ngcobo wanikeza amazwi enkuthazo ezihlotsheni zabaphila nokukhubazeka kanye noSonhlalakahle. Sifisa ukubonga uMs V.G. Kholoane ngokubhalela izinhlangano ezizimele phecelezi (NGO's) nokuyizona ezanikela ngalezihlalo ezihambayo.

Iningi lalababantu belingenamibhede kanye nezihlalo ezihambayo manje konke lokhu sekuphelile, sebezophatheka ngendlela enesithunzi. Wawuzibonela ukuthi injabulo yayibhalwe emehlweni abazali kanye nezihlobo. UMs V.G. Kholoane wabonga abaphathi besibhedlela ngendlela abamxhase ngayo wawuzibonela nje ukuthi ujabule ngokuthi enze umehluko ezimpilweni zomphakathi.

Sithanda ukubonga uSonhlalakahle kanye nabaphathi besibhedlela ngokuhlela lolusuku.



Abaphathi, abasebenzi besibhedlela kanye nabathole izihlalo ezihambayo kanye nemibhede



Mrs N.P. Ngcobo kanye noMs V.G. Kholoane



Abasebenzi kanye namalunga omphakathi



Open Day



On the 1st February 2010 Ekombe hospital had an open day where community members were orientated about the services offered by the institution. Health education was given in the following topics such as TB, infection control, HIV/AIDS, PMTCT. Mrs C.B. Makhoba encouraged community members to use their nearest clinics to avoid delays due to long queues.

Members of the community were also given an opportunity to ask questions about services and topics presented to them. Pamphlets, flyers, booklets and brochures were also distributed. Community members were delighted with such information which will make them to live a healthy life style. Well done to all the stakeholders who contributed to the success of this day.



Members of the community listening attentively



Miss P.T. Nxumalo giving health education on TB



Miss E.N. Buthelezi educating about HIV/AIDS



Members of the community listening attentively

Awareness on Crime Prevention Teenage Pregnancy

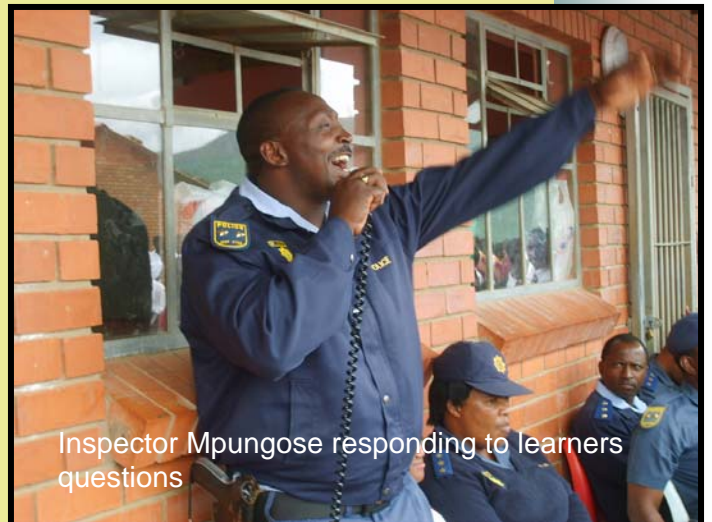


On the 27 January 2010 departments serving the area of Ekombe held an awareness on crime prevention and teenage pregnancy at Bizimali High School in Nhloshana. Departments that were present are as follows SAPS, DSD, Correctional Services, Justice, Education and Health. SAPS through Inspector Mpungose warned learners and parents about dangers of weapons and drug abuse. Learners were given information on what to do should they be abused. Members of the community were also encouraged to return unlicensed fire arms and they were also given contact numbers to report crime.

Mr N.M. Mthembu gave health education on teenage pregnancy. He spoke about the dangers of SIT's, unwanted pregnancy, HIV/AIDS. He also stressed the importance of abstinence in order for the learners to accomplish their dreams. Mr L. Buthelezi, Uthungulu Health District PRO gave words of wisdom and encouragement to learners stressing the significance of focusing to the studies in order for them to be better people in future. We would like to thank SAPS for coordinating this wonderful initiative.



Mr N.M. Mthembu giving health education



Inspector Mpungose responding to learners questions



Learners and parents listening to different speakers



From right A.H. Xulu, B.O. Shange, N.P. Gumede

Usuku Lomkhuleko



Abasebenzi belalele izwi leNkosi



UMfundisi T.T. Shobede eshumayela

Umhlaka 10 March 2010 kwakuwusuku lapho isibhedlela saseKombe sasizisondeza khona kuMdali. Ngalolusuku kwakukhona abaphathi besibhedlela, abasebenzi kanye namakholwa akwamanye amahlelo. Umphathi sibhedlela, uMrs N.P. Ngcobo wamukela wonke umuntu owayekhona waphinde washo nenhloso yosuku okwakuwukukhulekela isibhedlela nezinqinamba zaso. Izwi leNkosi sasiliphathelwe uMFundisi T.T. Shobede we-bandla laseFaith Mission. UMFundisi Shobede wavula izwi kulezincwadi ezilandelayo Amahubo 75: verse 6-7 kanye neZaga 3 : verse 35.

Ikwaya lesibhedlela lasipha umculo omtoti. Ngingabashiya kanjani Abaphikeleli - (Ekombe HCF) beholwa phambili uXabhashe, benza usuku lwabamnandi. Sithanda ukubonga uMdali ngokuthi lolusuku lube yimpumelelo. Siphinde sibonge abaphathi besibhedle ngombono walolusuku, abasebenzi ngokubamba iqhaza kanye naBaphikeleli ngokuphikelela. UNkulunkulu anibusise.



Abaphathi besibhedlela nabo belalele



Abaphikeleli becula



Birthdays

January

M.Biyela
T.E. Dlamini
T.P. Langa
T.B. Mpanza
T.I. Mhlungu
T.A. Ngubane
V.T. Ngwenya
K.N. Ntuli
S. Sibiya
G.L. Hlongwane
L.M. Magwaza

February

N.P. Shezi
T.E. Sibiya
M. Mthembu
D.Z. Nkomo
S. Ndebele
N.G. Xulu
S.L. Xulu
J.T.C. Zondi
L.E. Sibiya
S.S. Ntshangase
G.P. Ngobese

B.G. Mchunu
M.K. Mkhize
N.H. Mkhize
T.P. Mncube
S. Mnomiya
T.T. Kweyama
M.N. Khumalo
I.T. Dlamini
N.N. Gwala

March

B. Cebekhulu	S.H. Mthethwa
N.P. Ngcobo	A.N. Mtshali
P.D. Mhlungu	V.N. Ndlovu
M.T.R. Nzuzza	M.I. Nene
S.M. Gumede	F.N. Ngcobo
S.I.N. Gumede	R.N. Shezi
F.W. Khumalo	V.N. Shezi
L. Kunene	S. Xulu
H.C. Langa	H.V.J. Ntombela
P.D. Makhoba	K.G. Sibiya
D.B. Makhoba	S.C. Simelane
Z.G. Mbambo	B.T. Xulu
M.M. Mbatha	T.S. Sibiya
H.L. Msimango	

Vision

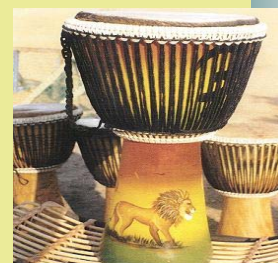
Provision of Health care services that enable the people of Ekombe Area to achieve optimal health status.

Mission Statement

Ekombe Hospital is committed to providing effective & efficient Health care service that promote Health, prevent illness and restore dignity, based on Primary Health approach through the District Health System.

Core Values

- Trust built on common understanding
- Respect and dignity
- Courage to challenges and change
- Open communication and transparency
- Commitment to perform.



Farewell party



Mrs N.P. Ngcobo giving praises to Miss T.P. Khumalo



Miss T.P. Khumalo thanking everyone in attendance

On the 26.01.10 Ekombe had a farewell party for Miss T.P. Khumalo, Assistant Nurse Manager for OPD,OT, Tholithemba clinic and Gateway clinic who had been with the institution for 31 years. She served the people of Ekombe and surrounding areas with humility and respect. Management team complimented her for dedication and commitment. Mrs D.M. Mchunu said Miss T.P. Khumalo was energetic you would not realize that she was approaching retirement age.

Mrs Mchunu and Mrs Hlongwa stole the show with their singing and dancing. They were doing ama-get downs. Miss T.P. Khumalo also passed her gratitude to the management and staff members. We would like to wish her all the best may God be with her.



Matrons, Mr Mthembu and Mthethwa singing



Mrs Z.L. Gumbi handing over Miss T.P. Khumalo's gift