



UMTHOMBO WASEKOMBE NEWSLETTER

The official Newsletter for Ekombe District Hospital

Issue no. 5 May—July Edition

EKOMBE CLINICS NEWS

The health needs of all the people within the Ekombe catchment area are addressed through PHC approach as it is the first contact care with the patient before he or she goes to the hospital. There are six fixed clinics that operate eight hours a day with the on call system. There is Gateway clinic and Mobile clinics that are serving 28 points. All these clinics provide the following services.

Voluntary Counselling and Testing— will be provided to you when you want to know your HIV status. Health promotion activities— these involve mainly the health talks to help you live a healthy lifestyle. Antenatal care services— monitoring of growth and wellbeing of the baby during pregnancy.

Delivery services— for safe delivery of the baby. Child Health Care Services— monitoring of growth and development of the child from birth to five years of age. Prevention of Mother to Child Transmission (Dual Therapy) Programme— preventing the child from contracting the HIV virus from the mother during delivery.

Family Planning services— for spacing of children and control of birth. Counselling for Choice of Termination of Pregnancy, Sexually Transmitted Infection screening, Cervical cancer screening, TB Screening— for early detection and early treatment starting, Minor ailments, Treatment for chronic diseases and Referral system is in place.

Other support services available in the clinic include:

Outreach programme— where a team of multidisciplinary members visit the clinic. You must please find out from the clinic staff of the date of their visit.

Community Health Workers are also available although there is still a gross shortage

When visiting our clinics, you will be treated with respect and dignity. Confidentiality is maintained at all times.

Compiled by Mrs T.S. Hlongwa (Assistant Nurse Manager)

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EDITOR'S COLUMN

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Kuyintokozo kimi ukhipha leNewsletter yaseKombe Umthombo. Ezinyangeni ezendlule kukekwabanezivunguvungu esibhedlela sethu kodwa lokho akusithenanga amandla, siqhubekile sayibamba ishisa. Isimo esinzima osuke ubhekene naso akusho ukuthi ngeke sedlule, lesosimo sisuke sikuqinisa.

Whenever you are faced with challenges never quit, stand firm. Remember challenges or difficulties are preparing you for greater things. It's high time we roll up our sleeves and get back to work.

Long live Ekombe Hospital long live.

May God bless you good people.

Philani Mhlungu

WORDS OF WISDOM

Life is a book with many chapters. Some tell of tragedy, others of triumph. Some chapters are dull and ordinary, others intense and exciting.

The key of being successful in life is to never stop on a difficult page, to never quit on a tough chapter. Champions have courage the courage to keep turning the pages because they know a better chapter lies ahead and with God nothing is impossible.

Do not spoil what you have by desiring what you have not, but remember that what you now have was once among the things you only hoped for.

Count your life by smiles not tears. Count your age by friends not years. Count your blessings every day because you are loved in a very special way.

PRESENTATION OF INFECTION PREVENTION AND CONTROL FLOATING TROPHY

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1. Mrs O.T. Mngomezulu, ANM welcoming everyone in attendance.
2. Mrs N.C. Makhoba, QA Practitioner briefing us about the purpose of the day.
3. Mrs N.V. Ndlovu, Infection Control Practitioner giving comments about the survey.
4. Mrs N.P. Ngcobo, CEO presenting the trophy and certificate.
5. Mrs N.P. Ngcobo congratulating the winners, Male General Ward
6. Mrs N.V. Ndlovu, Mrs O.T. Mngomezulu & Mrs N.C. Makhoba
7. Everyone in attendance
8. Mrs M.N. Xulu, Mrs Kweyama & Sister Zulu who is in charge at Male Ward.
9. Matron Xulu and Sister Zulu
10. Sister Zulu thanking everyone at Male Ward for commitment and dedication.
11. Matron Xulu with the vote of thanks.

CHILD PROTECTION

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Ngomhlaka 20 May 2008 iSibhedlela saseKhombe sasifundisa abasebenzi baKwamahlathi Firm mayelana nokuvikelwa kwezingane phecelezi Child Protection. Kwakhulunywa ngobungozi bomlilo kwathiwa izingane mazingadlali ngomlilo okungagcina ngokuthi zizithole zisengozini.



S.O. Sibiya, ASO efundisa ngokuvikelwa kwezingane



Abazali belalele kufundiswa ngeChild Protection

Kwaphinde kwakhulunywa ngobungozi beziziba, izingane akumele zidlale ezizibeni okungagcina ekutheni izingane ziminze. Iziqandisi ezindala (refridgerators) zingaba nobungozi nazo ngoba izingane zingadlala ngazo zizikhiyele kuzo phakathi.

Uparaffin kanye namakhandlela kungaba yingozi ezinganeni uma kungekho umuntu omdala ozibhekile uma zikusebenzisa. Kubalulekile uma izingane zisebenzisa amakhadlela kanye noparaffin kubekhona umuntu omdala.

Okunye futhi okungaba yingozi ezinganeni izinalithi, akumele izingane zidlale ngezinalithi ngoba lokho kungabeka izimpilo zazo ebucayini. Ukuphepha kwezingane wumsebenzi wawo wonke umuntu emphakathini akusiwona umsebenzi kamama kuphela. Kubalulekile njengomphakathi siqikelele ukuphepha kwezingane zethu.

NEW APPOINTEES

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The Ekombe Hospital Management and staff would like to welcome you on board.



W.B. Nxumalo EN



T.N.M. Mkhwanazi EN



N.P. Zungu Supply Officer



Z.P. Sithole EN



T.B. Mpanza Finance Officer



S.Z. Manqele EN



T.C. Mfuphi Supply Officer



D.A. Gama EN



N.G. Msomi EN



T. Mngomezulu EN



P.N. Mdlalose GO



R.J. Nxumalo GO

RABIES TRAINING

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On the 14th May 2008 Ekombe Hospital held a Workshop on Rabies, where Ekombe IPC Team, EHP and Vet were educating about the dangers of rabies. It's high time to wake up and fight against rabies! It is a killer, once it is contracted its non curable. Be wise, if bitten by a dog report to the nearest health facility immediately. Take treatment as directed by the health worker.

The training was a great success for all Health Care Workers. It created awareness about Rabies which has killed a number of people in some areas of KZN. In previous years we conducted as many awareness as we could in our communities. We are very proud that up until now no one has contracted rabies even though there are dog bites.



1. Mr N. Mthembu Programme Director
2. Matrons and staff members
3. Mrs N.V. Ndlovu Infection Control Practitioner
4. Mr A.J. Khanyile
5. Mr Zulu from Vet
6. Staff members listening
7. Miss T.C. Mlambo ONM
8. Staff members in attendance

FAREWELL PARTY

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Ngomhlaka 22 May 2008 sasithi ndlelanhle kuBheka Mabaso, Sibusiso Makhoba no Bonginkosi Khumalo. Zaziduma zimporoma kuphulwi iqolo. Kwethulwa izinkulumo nhlangothi zonke abahambayo kanye nozakwabo kwakhishwa neziphu.

IXOXWA NGEZITHOMBE

1. Bheka Mabaso enjoying his meal.
2. Bonginkosi thanking everyone who supported him while working at Ekombe Hospital
3. Mr Sibusiso Makhoba (Inyathi) ezitika
4. UMjayee ezibiza
5. Mbali Nene, Mr Dumisani Makhoba & Mr Chonco
6. USizah ephuli 'qolo
7. UMaJobe akasazimisele bantu
8. UZama Nxumalo ebonga ukusebenzisana noBheka.
9. Kwakumnandi ukudla oMaZondi bencinda imiywe.
10. Mr Ntombela and Sifiso Cele



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EZEMIDLALO

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Ekombe hospital hosted 3 hospitals, Nkandla hospital, KwaMagwaza hospital and Nkonjeni hospital at Eghudeni Sports grounds. All these institutions came with their formidable teams from 2 sporting courts, soccer and netball. In the first match between Nkandla and KwaMagwaza the score was 3-1 in favour of KwaMagwaza. Second match Ekombe 4 - Nkonjeni 1. The final was between Ekombe and KwaMagwaza, where KwaMagwaza won on penalties 5-4 after a 1 all draw.

Coming to ladies Nkonjeni were Champions. Second place went to KwaMagwaza, third place Nkandla and forth place Ekombe.

1. Nkandla soccer team
2. Nkonjeni soccer team
3. Ekombe & Nkonjeni in action
4. Nkonjeni & Ekombe netball team battling
5. KwaMagwaza celebrating after winning
6. Nkandla netball team
7. Ekombe soccer team
8. KwaMagwaza & Nkandla
9. KwaMagwaza soccer team
10. Nkandla & KwaMagwaza in the first match
11. Ekombe netball team
12. Ekombe fan abasaphaphi



CONTACT DETAILS

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