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# UMTHOMBO WASEKOMBE NEWSLETTER



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## IKHAYA ELILODWA ISIVANDE ESISODWA

Umhlaka 18 July 2009 usuku ulukhulu eNingizimu Africa ngoba sazi ukuthi yilapho sigubha khona usuku lokuzalwa leqhawe uDr Nelson Mandela owayenguMongameli wokuqala ngaphansi kombuso wentando yeningi. Uhulumeni waKwaZulu—Natal nawe wabamba iqhaza ngokuthi akhuthaze umphakathi waseQhudeni ukuthi umuzi nomuzi ube nesivande phecelezi (one home one garden) ukuze abantu bakithi bangabulawa indlala.

Ithimba likahulumezi laliholwa uDr Z.L. Mkhize

uNdunankulu,noNgqongqoshe beKhabinethi lakhe. Undunankulu wakhuthaza umphakathi ukuthi usebenzise umhlabathi khona bezokwazi ukuxosha ikati eziko nano kuthi abantu bangathengi izitshalo ezitolo. Undunankulu waphinde wakhuza ukuthi umphakathi uvuke uzenzele khona uhulumeni ezokwazi ukuhlangabezana nawo umphakathi.Umphakathi wadonswa ngendlebe ukuthi uhulumeni angeke awasize amavila. Ngasekupheleni kohlelo uNdunankulu noNgqongqoshe beninyango eyahlukeni okubalwa khona nowezempilo banikeva amafood parcel kumindeni ehlwempu.

Amaqembu asandaweni ebhola nawo athola izingubo zokudlala.Sithanda ukubonga uNdunankulu neKhabinethi lakhe ngalomcimbi umuhle kangaka kanye namazwi okuqwashisa umphakathi.Masisukume Sakhe iKwa-Zulu Natal.

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## Editor's Column

Greetings once more hopefully we are still in line with our resolutions that we set at the beginning of the year. Currently we are faced with economic downturn which is globally but that must not make us to despair. In fact we need not to lose focus lets keep on doing what we do best. Regardless of all these challenges we must keep in mind that in order for us to be champions there must be an opponent. In future we would be able to say we went through these challenges and managed to be on top.



I would like to thank all the relevant stakeholders who contributed to the success of this publication thanks a million guys. And to all colleagues the newsletter is not a one man show we need your cooperation. Please take ownership of the newsletter avail yourself where necessary. Let us continue keeping our patients, clients interests first. Lets continue fighting diseases, fighting poverty and giving hope.

## Philani Mhlungu Public Relations Officer

#### WORDS OF WISDOM

#### Mohamed Ali's quote

Ali said: "In your pursuit of success there will be hundreds of set-backs. Remember, a heavyweight match is 15 rounds. If you lose a few rounds, or even get knocked down, it doesn't matter, as long as you get up and eventually win.

Happiness is not something you postpone for future, it is something you design for the present Its not the presence of someone that brings meaning to life. But it's the way someone touches your heart that gives life a beautiful meaning.

Let us be grateful to people who make us happy, they are the charming gardens who make our souls blossom



## **Disaster Management Workshop**

On the 08 May 2009 Ekombe Hospital conducted workshop on disaster management where staff members were given information on what to do should we have a disaster. The following should be considered when there is a disaster: Establish areas for receiving patients, treatment and waiting areas for the public. Plan for equipment and accessories for these areas e.g. plug points, oxygen, trolleys, wheel chairs and others. A stocked disaster room should be established.



Management and staff members in attendance



Matron T.P. Khumalo demonstrating the colours

Tagging system uniform throughout both pre and in-hospital i.e. red, yellow, green and blue.

Patient numbering system and patient files.

Airway management equipment e.g. endotracheal tubes, laryngoscopes.

Gloves, sterile and no-sterile, aprons, masks, face protection, extension leads

Communication equipment

Staff members are expected reassure patients and relatives. To await instructions to evacuate. Assist with evacuation of semi mobile and immobile patients. To inform operating theatre.

There are security considerations to be followed, like using appropriate entrances. Secure hospital premises to keep unauthorized personnel, public and vehicles. Access to the hospital must be kept clear. Mortuary facilities must be considered for mass casualties. PRO must assist with the control of information and assist relatives.

There are also communications guidelines to be followed, identify a spokesperson. Ensure that the spokesperson is well briefed and the team becomes the source of reliable readily available information. Create a centre media contacts. Have the spokesperson seek out the media in a proactive manner. Anticipate press demands. Ensure regular internal communication between media liaison and spokesperson and establish clear lines of authority. Use established media systems.

The following colour codes are used during the disaster: Red - life threatening, yellow– serious injury requiring immediate care, green - minor injury or psychological disturbance and black– dead

We would like to thank Mrs N.C. Makhoba, Quality Assurance Manager for co-ordinating this workshop.

## Teenage Pregnancy & Child Protection

On the 21 May 2009 Ekombe hospital and Ekombe SAPS visited Bizimali High School where different topics were address under the followings teenage pregnancy and child protection. Mr V.X. Gumede from Ekombe hospital gave health education on Sexual Transmitted Infections. HIV / AIDS was also addressed and its danger and also how to prevent it. Learners were also demonstrated how to use both male and female condoms. Learners were given an opportunity to ask question and also seek clarity on topics discussed. Pamphlets and male condoms were distributed to educators.

Ekombe SAPS also played a significant role in terms of child abuse, drugs abuse and danger of weapons. Inspector Khoza education on child abuse and what to do should learner encounter it. Learners were also warned about not coming to school with weapons. Inspector Khoza also warned learners about the danger of drugs and what impact do they have to someone. Numbers to report criminal activities were given to learners and educators.

We would like to thank Ekombe hospital and SAPS for this wonderful initiative.









## **Donations by Old Mutual**

On the 1st July 2009 Old Mutual donated netball kit to our netball team. It was a sign of a good relationship between the institution and the company. On the day Mr Mahlambi handed over the kit to Mr N.C. Makhoba, Quality Assurance Manager. The sports committee would like to thank Old Mutual for donating netball kit. We hope the netball team will be motivated and deliver the goods.





## **SPORTS UPDATES**

Ekombe hosted a mini soccer and netball tournament where we had Ngwelezana, Mbongolwane and Nkandla Hospital. In the first match Ekombe hospital gave Nkandla soccer lesson by weeping them by 3 goals to 1. Second match Ngwelezana beat Mbongolwane by 2 goals to 1. The final was between Ekombe and Ngwelezana where both teams displayed good football regardless who won the game at the end of the match football was the winner. Ngwelezana won the final by an odd goal.

Ngwelezana also beat Ekombe netball team. We would like to congratulate them. Tough lucky to

Ekombe, sizonithola next time guys.



Ekombe team preparing for the second half





Ekombe in action with Nkandla team



