



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# Eshowe District Hospital

# SIYACOBELANELANA

# NEWS

## STAY INFORMED

July – September 2016

### HERITAGE DAY CELEBRATION 2016



Back Row: Ladies from Pharmacy Department  
Front : Mr. M Mthembu from Sinethemba Clinic



**HERITAGE CELEBRATION**  
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**PHC CORNER**  
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**SPORTS NEWS**  
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Babegcwele intokozo abasebenzi basesibhedlela sase Showe ngenkathi kuwumcimbi wokugubha usuku lwamagugu namasiko (Heritage Day) olugujwa mhlaka 24 kuMandulo kodwa Eshowe balugubhe mhla zingu 30 Mandulo 2016. Umphathi wohlelo uMnu V. Ndlovu ubenza ezibukwayo ngenkathi eqhuba uhlelo. Zazidlana imilala becikoza abasebenzi bevunule ngezimvunulo ezahlukene beqhakambisa imvelaphi yabo.

Umphathi wesibhedlela, uMnu PN Sangweni wavula inkundla wemukela bonke ababehambe lomcimbi waphinda wakhumbuza abantu ngokubaluleka kokubungaza amasiko nokwazi imvelaphi yabo nokugquguzela amasiko amahle anjengalawo okuhlonipha. Wabuye wagcizelela ukuthi kufanele sibungaze lezo zinto ezisihlanganisayo okunalezo ezingasakhi noma ezisehluhanisayo. Umgubho walolusuku udala izinhlanga ezahlukene (rainbow nation) zihlangane ndawonye zibungaze amagugu azo. UNkk Chetty wabesechaza kabanzi nge Heritage: 'it is something that has been passed down from generation to generation, such as our tradition, culture and beliefs and it is inherited from our elders. Heritage Day is one of the newly created South African public holidays, a day in which we are all encouraged to celebrate our cultural traditions in the wider context of the great diversity of cultures, beliefs and traditions that make up the nation of South Africa. It was previously celebrated by Zulus as Shaka Day before 1994 and later a consensus was reached doth African government that it becomes Heritage Day to be celebrated by all South Africans. Emveni kokuthola incazelo ebanzi ku Sr. Chetty abase (Human Resource) ababezibiza ngama Sarafina bangena banandisa ngesicathamiya okungavamile nokho ukubona abantu besimame abaningi benza loluhlobo lomculo.

Lezintokazi zashiya inkundla abaningi besalangazelele to hear more of their music. Umnu. Nkosikhona Zwane owayehaya izibongo zeSilo samaZulu esibusayo kwazise ngonyaka ka 2016 lesisizwe besigubha iminyaka engamakhulu emabili (200 Anniversary of the existence of the Zulu nation. King Goodwill Zwelithini celebrated his 45th year as its King and he is the longest serving Zulu king). Kwasithokozisa noku-ba khona kwabase Finance and SCM (Amagcokama) nabo bezoveza ikhono labo "ziyayishaya ingoma nazi izintokazi" benza noma ubani aziqhenye ngobuzwe nangemvelaphi yakhe. Njengoba kwakuvunuliwe kulomcimbi umphathi wohlelo wabona kuyisu elihle ukucela izizwe ezahlukene ukuthi zisichazele kabanzi ngokuhloba kwabo okwehlukekene ukuze nobani afunde okuthile ngezinhlanga namasiko ahlukekene akhona eMzansi. UNkk Mkhize (IPC Coordinator) naye akaslanga ngaphandle ngengqephu yesintu ayithungayo wakhomibisa ngekho lakhe ngokuba nabathile ababemodela begqoke izimpahla zakhe. Ukube impela asikhonela esibhedlela ukuzosiza umphakathi ngosizo lwezempilo cha sasiyohlala sijabule sigubhe usuku lonke. Abase Snethemba bangena bavala inkundla beholwa uSizwe besho bethi "siyobulala uVan Dame namhlanje" Yaqopha umlando nendoda yese....





Left: Pharmacy team doing presentation to patients

Right: Hospital Patients paying good attention to pharmacist during her presentation

Eshowe District Hospital celebrated Pharmacy week from the 5<sup>th</sup> to the 9<sup>th</sup> September 2016. Presentations were conducted in the Main Pharmacy, Outpatient Department and at Sinethemba pharmacy.

The theme of the week was “Use medicine safely”. The later consisted of three steps:

1. **STOP** and ask yourself: This step looks at identifying and why you are taking the medicine.
2. **ASK** your pharmacist: If there are any queries regarding how to use the medicine and the safety of the medicines such as side effects.
3. **GO** and get well: This step looks at ensuring that the patient checks at all times that they have received the right medicine and it gives the opportunity to the patient to raise any concerns regarding their medicine. In addition, counseling on how to handle expired medicine was done.

In order to ensure full participation of the patients during the presentations on how to use medicine safely,

pharmacy team had some gifts to give to patients that answered correctly during question and answer session.

The patients were very thankful for the educative talks and very pleased by the gifts they received which were sponsored by Pharmacy team.



Sanele handing out gift to a very excited patient



### RETINA WEEK 2016

Left: ENA. HP Mkhwanazi handing the carrots to a patient and PN .GZ Nxumalo & at the back Dr. P Ximba

Retina week is annually held every September of which this year was during 19-23rd of September 2016. It is meant to be an awareness to all patients who have Retinitis Pigmentosa (RP), Macular Degeneration (MD) and Usher syndrome (US) .There are many retinal diseases but Eshowe Hospital Eye team specifically targeted these 2 conditions which is Hypertension and Diabetes Mellitus as they are prevalent in our catchment area. Patients were given carrots as it is rich in Vitamin A which is good for the eyes.

### Rabies Awareness

Eshowe District Hospital Infection Prevention and Control Manager (Mrs. N Mkhize) together with the Department of Agriculture and Environmental health office conducted a rabies awareness on the 28th of September 2016 as commemoration of the National Rabies Day. Four of our six clinics namely were visited by the IPC reps and the teams. Activities of the day included health education to the school children on management of dog bites and dangers of human rabies. adjacent primary schools .



IPC Rep from Department of Agriculture



## Mandela Day 2016

In keeping up with Madiba Spirit, Eshowe Hospital patients received gifts from different organizations which made their day and brought a smile in their face. Anglican Church donated blankets and clothes for children in (Labor ward and Nursery) the mothers were ecstatic to be receiving such lovely gifts and a powerful prayer from the Pastor. Child Welfare also donated gift packs for children wards (Mbali ward & Ward 7) lastly was Boxer Superstore which came with a big cake, fruits & drinks and shared this day with all the patients in medical wards (ward 10, ward 9 & ward 8).



Let there be work,  
bread, water and salt  
for all.

Staff from Boxer Stores cutting and handing the Cakes, fruits and drinks to patients in the wards





Mr. PN Sangweni with the delegates who were at the event

Uthungulu District Municipality together with Umalalzi Local Municipality held an event at Siphilile clinic on the 21 June 2016 where they were passing the flame from all the projects which were donated by the Uthungulu District Municipality since 2000 up to today. Mrs T Mchunu, UDM Mayor accompanied by Ms Mkhulisi, UDM Deputy District Mayor and Umlalazi local Municipality Mayor, Mr Zulu and their teams together with Eshowe Hospital CEO and Mrs Mthabela: PHC Manager were there in this function. The District Mayor got an opportunity to address patients on what the Municipality has done for them including the building of Siphilile Clinic. She also mentioned that the District Municipality in future will change the name to King Cetshwayo District Municipality following the noble history of the area with this sacrificial martyrs King of the Zulus. She also addressed the patients on issues of teenage pregnancy, family planning, importance of breastfeeding, prevention of malnutrition and men were reminded about MMC and that if you have been already circumcised it does not mean that you must not condomize. The need for dual protection is still paramount. .



Staff from Siphilile Clinic





### On the left: Sr. WFL Ntamane with staff from King Dinizulu Clinic

On the 19 August 2016 King Dinizulu Clinic under the leadership of Operational Manager : WFL Ntamane situated at King Dinizulu Location that is 3 kilometers from Eshowe Suburb celebrated its Open Day with the community. The clinic was first opened on the 1st November 1983. The open day is used as a platform to market all the services rendered within the facility, promote accessibility of services and to introduce the new programs which are part of the departments package e.g.. CCMDD (Central Chronic Medication Dispensing & Distribution) which is aimed at reducing waiting times in the facilities and making it convenient for the clients to collect their medication as they can choose pick up points all that is needed is for them to register. Mr. PN Sangweni (Hospital CEO) welcomed everyone present and appreciated the nurses from the clinic for their hard work and continuous dedication irrespective of the constraints the department is currently facing. He also acknowledged the community for making good use of the clinic and their efforts in ensuring that services are rendered effectively mainly by making use of compliments/suggestions and complaints procedure as this helps in improving the gaps identified and to maintain the good that we are doing. PHC Manager Mrs . BT Mthabela apologized and explained to the community at large about the staff shortage which is currently chronic throughout KZN. King Dinizulu is one of the busy clinics that is rendering 24 hour service with the headcount of 6620

The event had a great support with the presence of chairperson of the clinic committee Mr. ME Zwane, Ward Counselor : Mr. M Dlamini , NGO's like Hero, ZOE LIFE, Partners MSF, Community & CCG's.

## Fire Drills at Eshowe Clinics

As per requirement of Occupational Health & Safety Act and National Core Standards HSO (Ms Thabethe together with Umlalazi Municipality (Fire Department) they conducted fire drills at Ekuphumuleni Clinic, Ndlangubo Clinic, Nkwalini Clinic & Sphilile Clinic on the 10th & 11th of August 2016. Fire drills are done to ensure that staff and community we are servicing (clients) understands emergency preparedness and what is expected of them to do should there be an emergency. The drill is also aimed at ensuring that the buildings are safe for the community and staff.

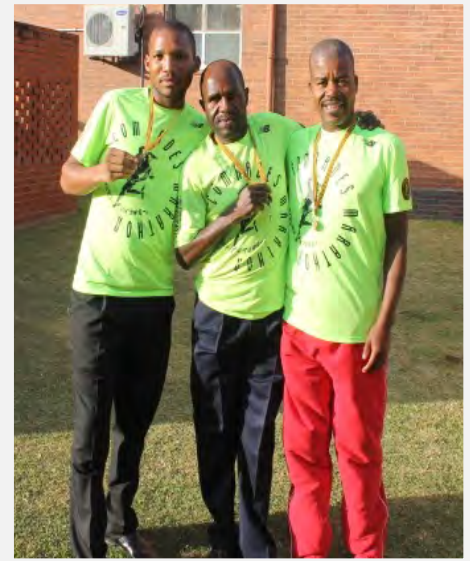


Staff from Nkwalini Clinic responding to fire alarm and gathered at the assembly area



## 2016 Comrades Runners

Congrats to the three gentleman who were running the Comrades Marathon 2016 and managed to finish the race, centered Mr. S Mhlanga who finished the race in time of 6h44 minutes and got a silver medal he was followed by Mr. M Biyela wearing red pants with the time of 10h44 (bronze medal) and lastly Mr. BK Nhleko with time of 10h52 minutes he also got bronze. Well done with good commitment and strong gym surely in 2017 your times will improve and you be few steps in winning the comrades.



## SOCCER & NETBALL PARADE

Mr. PN Sangweni (Hospital CEO) and Eshowe Hospital staff were parading with two trophies following the victory for both netball and soccer teams. The tournament was held in July 2016 where 7 hospitals were competing and teams from Eshowe District Hospital aced the tournament. The teams held a parade around the hospital to present the trophies to all staff, they were very pleased with the presence of the CEO who showed support and is proud of the good performance from hospital soccer and netball teams.



**YONKINDAWO ISHOWE LIYAPHUMELELA!!!**

# ACCOLADES

Dear Mr Sangweni

I just want to praise Eshowe Hospital for their efforts in not only scaling up Phila Mntwana, but also sustaining it. You are the only facility in the district that have consistently reported good numbers over the last 3 years, and the fact that Eshowe Hospital have not had any SAM deaths in 18+ months could probably be attributed to the efforts at PHC also.

A heartfelt thank you to your team and well done!

Please keep up the excellent work!

Regards

Tanya

Usuku 12-08-16

Imininingwane yokhalazayo/isiguli	
Igama nesibongo	Masho Ndlovu/Sbiya
Inamba yefayela	0454850
Uma ngabe bulalisiwe, iwodi (lapho bulalisiwe khona)	9
Imininingwane yakho yocingo	083 493 0319
Uma ngabe kukhona omkhalazelayo; sicela ugcalise ngezansi	
Ubuholo bakho nesiguli, Isib:umama, umyeni njl.	
Igama nesibongo (ogulayo)	
Inamba yefayela	
Uma ngabe ogulayo belalisiwe (igama lewodi)	
Imininingwane yocingo yogulayo	

Usuku 20-08-2016

Imininingwane yokhalazayo/isiguli	
Igama nesibongo	Andile Mahaye
Inamba yefayela	0438480
Uma ngabe bulalisiwe, iwodi (lapho bulalisiwe khona)	
Imininingwane yakho yocingo	063 308 7826
Uma ngabe kukhona omkhalazelayo; sicela ugcalise ngezansi	
Ubuholo bakho nesiguli, Isib:umama, umyeni njl.	
Igama nesibongo (ogulayo)	
Inamba yefayela	
Uma ngabe ogulayo belalisiwe (igama lewodi)	
Imininingwane yocingo yogulayo	

Sicela uchaze ngesigameko ofisa ukukhalaza ngaso: uma kungenzeka sicela ubhale usuku okwenzeka ngalo, igama lomsebenzi nendawo lapho kwenzakala khona.

Sicela uchaze ngesigameko ofisa ukukhalaza ngaso: uma kungenzeka sicela ubhale usuku okwenzeka ngalo, igama lomsebenzi nendawo lapho kwenzakala khona.

Sibonga imphatho esiphathwe ngayo ngalotusuku olungenhla.  
Big up Sir Mhlangu & Dr Khanjule keep up the good work.  
Thank you Guys.

Igama Andile Mahaye  
U Nyisa Ukabonga U Sister Mzimela Ongiziz Ngizike esibhedlela ukhombise Isineke Ngendlela eyisimanga  
She made it very easy for me to talk to her about my problem. I admire her love for her job and the community.  
I wish that she is recognised for such excellent deed.  
I'd be more than happy if this compliment meets Management -  
Siyabonga Sister Mzimela  
May the lord bless and keep you.  
Uma ngabe unesikhalazo/isincombo/umbono ungathintana nomphathi wakuleyondawo ukuze uzwakalise

## Compliment for Ward 10

Dear Nhlanhla and Sineziwe

My name is Skhumbuzo Ramafuna **File number ( 5502/16)** and was submitted at Eshowe district hospital on the 1<sup>st</sup> August 2016 -4<sup>th</sup> August 2016 .Guys we all heard of how bad the government hospitals can be and harassing the nurses can get. I have been in and out of public hospitals more than ones and as the name says PUBLIC the feeling in there is overwhelming , you feel at home. When I got to your hospital as sick as I was in the background of my mind was the things people have been talking about plus counting that **my own mother passed away at Eshowe hospital**. My life couldn't get worse , but I was so disappointed from day one when only to find that your nurses are very professional , clean , well-spoken , listens to the patients checks up on them to from time to time. You really made me feel at home and surely not only me. All of that deleted the things I have been hearing about government hospitals as honestly there wasn't much of a different between the private hospital and you guys. I am writing this because it is only fair that good things must also be said about you guys not only the neg-

ative and I am saying **Please keep up the good work.**

Regards

*Skhumbuzo Ramafuna*



# GALLERY





# GALLERY





# GALLERY



# ACKNOWLEDGEMENTS



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EDITOR

**Ms. N Mathenjwa**  
Photographer

## ANNOUNCEMENTS

1. We were honoured with the visit by the Office of the Health Standards Compliance (OHSC) from the 29th August 2016 to the 1st September 2016 to assess Eshowe Hospital, King Dinizulu Clinic and Eshowe Gateway Clinic.



**health**

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PROVINCE OF KWAZULU-NATAL

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