



SIYACOBELANELANA

NEWS

November 2020

16 DAYS OF ACTIVISM



‘Shocking stats on gender-based violence during lockdown revealed. ... The government GBV and femicide command centre alone recorded more than 120,000 victims in the first three weeks of lockdown’

The 16 Days of Activism against Gender-Based Violence is an annual international campaign that kicks off on 25 November, the International Day for the Elimination of Violence against Women and Children and runs until 10 December. To kick start

the campaign social workers in collaboration with Childline SA and HAST held awarenesses starting from the local taxi ranks and continued with the build ups in the Out Patients department. They were joined by stakeholders from Umlalazi Victim

empowerment. Different types of GBV that are faced by women and children were covered and victims of GBV shared their testimonial on how they have endured abuse, how badly it affected their lives and how they have survived GBV.

01

INPUT BY CEO



Welcome to another issue of Siyacobelelana Newsletter. It is such an honour for me to greet you during this trying times in our history. 2020 was quite a difficult year for all of us wherein we lost our beloved ones amongst others, relatives and our dear staff members. We know God was always with us and if he was not with us the situation could have turned to be severe than it was. We also appreciate all of you for staying strong during this trying times. Support received from our Principals inter alia, our Honourable MEC, Ms Nomagugu Simelane-Zulu from Head Office on 22/07/2020 and, our District Director, Mrs NE Hlophe and her team in King Cetshwayo District.

We should all appreciate the gift of life God has given to us up to now. The fierce nature of COVID-19 also reminds us that we are only here on earth for the time-being. When the nation was beginning to relax from the first wave of Covid-19, the second wave of the pandemic is now here in our doorsteps.

Figures have demonstrated that we are no longer on the alert phase but on the response phase and we should continue to do our best to prevent the unnecessary

spread of COVID-19.

The truth is everyone knows what facilitates the spread of COVID-19 but what is left is to put that information to practice. Let us continue with social distancing, sanitizing and wearing of masks. This sounds easy but it is true that it is not only people in the community who are not conforming but we are also culprits. The first wave hit us badly unexpectedly and we lost some of our beloved staff members and our prayers go to their families.

We continue to pride ourselves with the calibre of staff we have at Eshowe Hospital "abayibamba ishisa" and we continue to say we cannot thank you enough for everything you do for this hospital and I am sure God will reward you abundantly for dedicating your lives to the service of mankind. Thank you very much.

The festive season has come and some of the staff will be spending sometime with their families but also we are reminded that we cannot relax when the second wave has already hit our Province and we will also make ourselves available whenever we are needed to assist.

Festive season is meant for us to enjoy with families but this year is indeed different and we need to pray for our country and our communities to be saved from this pandemic. We trust that God that was with us in the first wave will continue to prevail even during the second wave.



02



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HAND HYGIENE



Handwashing still remains the Simplest and Most Effective way of Preventing the Spread of Infection !

The official global hand hygiene day is on the 15th of October and Eshowe Hospital and feeder clinics commemorated the day and its cause on the 21st October 2020 .

It was absolutely important to observe this and raise awareness on the importance of hand hygiene as it is the corner stone of the prevention of the spread of infections and the preservation of antibiotics. Clinical Coordinator for IPC Mrs N Mkhize was joined by the Environmental Health Practitioners as they also involved Rabies Awareness into the programme.

Mlalazi sub-district is a rabies hot spot and September 28 was the global Rabies Awareness day.





Mr . Mahlase from Gateway Clinic demonstrating usage of tippy tap when washing your hands

03



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PRAYER DAY

Throughout the hardships that we have faced in 2020 but Jesus remained faithful and had Mercy on us, we didn't contract COVID-19 and even those who did, conquered it through the Grace of God.

Hospital Christian Fellowship led by Chaplain: Bishop Mbatha held the Year End Prayer on the 18 November 2020 at Nursing School. Mr Sangweni (CEO) welcomed staff, thanked them for organizing and attending this ceremony and reminded everyone that “ You are the light of the world” (Math 5:14) and its always important to treat the community with the utmost courtesy as they have faith in health care workers.

Mr. Shange who was doing the purpose gave great comfort when he said God knew about 2020 and in that midst he chose to give us a chance to live therefore we should be thankful for his Mercy.

Bishop Mbatha read from the book of Isaiah 35:3; 37:31-35. It was an impeccable sermon which reminded everyone that God wants us to love one another irrespective of everything.



Bishop Mbatha



Mrs Mntengu Chorus Leader and Mrs Dlamini Programme Director



Eshowe DISTRICT Hospital God-fearing staff

On this day HCF also bided farewell to 2 of their committee members Mrs. Gazu and Mrs. Ngema who are both going on retirement, these two played a huge role in ensuring that HCF remains active and Sr. Mdlalose mentioned that they will definitely feel their absentia. In Closure Sr. Mdlalose thanked management for great support and staff that dedicated their time and came to give praise to the ALMIGHTY.



SUPPORT VISIT BY THE MEC

MEC: Nomagugu Simelane Zulu paid a support visit to Eshowe District Hospital on the 30 July 2020, joined the District Director and King Cetshwayo. The visit was aimed at accessing facility's readiness for COVID-19, MEC visited different departments within the hospital and she was very impressed with the state of readiness she found at Eshowe District Hospital.



MEC at the hospital entrance



Continuation of screening process



MEC addressing staff in one of the isolation wards



The last visit was at Supply Chain Department and physical stock count was done

05



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SANBS- BLOOD DRIVE

South African Blood Services (SANBS) continuously hold blood drives at the hospital with an aim of attracting more donors as the country is faced with an enormous blood shortage. The visits are done quarterly however Covid-19 hindered the visits up until the implementation of level 1 lockdown. The South African National Blood Service had to continue collecting blood to ensure they can meet the demand to save lives of patients in need of blood and blood products.

Blood drive was conducted on the 25th November 2020 at Eshowe Nurses Home. The drive was conducted following the Covid-19 regulations and safety measures. Donating blood have health benefits which includes good health and reduced risk of cancer , it helps in reducing the risk of damage to liver and pancreas. It may also help in improving cardiovascular and reducing obesity.

SANBS blood driver coordinator Mr. D Ngongoma expressed gratitude for great support shown by Eshowe District Hospital staff and reminded everyone that “its not just blood, its saving the nation” .



Dr. Mgenge being screened before donating

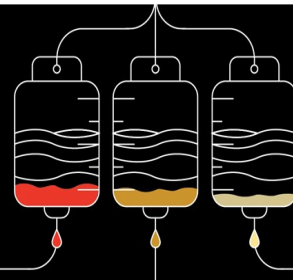


Mrs GZ Dube : Human Resources Manager saving the nation

DON'T LET ONE CRISIS TURN INTO ANOTHER

While the world is battling a respiratory-infection outbreak that has very little to do with blood, our supply is being threatened. Help us prevent a crisis by donating blood, plasma and platelets.

please donate today ▶



sanbs.org.za

06



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2020 NURSES DAY

May 12 is observed as International Nurses Day . The day marks the birth anniversary of Florence Nightingale, who is revered as the founder of modern nursing . The World Health Organization (WHO) has designated **2020** as the “International **Year of the Nurse** and the Midwife,” in honor of the 200th anniversary of Florence Nightingale's birth, Eshowe hospital honored the Nurses Day on the 27th May 2020, observing the Covid-19 regulations.

The day assumes even more significance due to the fact that the world is facing a grievous challenge in the form of coronavirus pandemic. Over the past several months, nurses and other medical professionals have put their lives on the line to defeat this menace.

The theme for International Nurses Day 2020, set by International Council of Nurses (ICN), is '**Nurses: A Nurses: A voice to lead - Nursing the World to Health**'.



Dr. FN Dube Mathonsi: Deputy Manager Nursing addressing the Nurses

“I thank you nurses on this special day. You kindle the fire of hope in the darkness of despair and enlighten our world with light and love. Your kind smile is enough to cure all the diseases of the world! So always put a big smile on your face!”..Dr. FN Dube Mathonsi



EDH: Nurses doing the Nurses Pledge

This emphasizes on need for a supported and empowered nursing workforce as an effective solution to the problem of improving health outcomes, ICN states.

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