

Newsletter December 2006

FOREWORD by THE C.E.O

The year 2006 has come and is almost gone. It is now time to sit back and review what we have accomplished or whether we have met our objectives which we all set as individuals in all units as well as collectively as a group in our institution. As management we would like to congratulate all our staff members who have obtained promotions, passed examinations, got married and any form of achievement, we wish them well

Some of our staff members have retired, we also wish them happy retirement. This year has been a fairly quiet year, for our institution. The upgrading of our private ward is ongoing and hopefully will be completed by early next year. We apologize for any inconvenience caused especially in the private wards as well as parking facilities

We thank all our staff members for the hard work and for their support during the year. I would

also like to thank all the Managers for their support. As the New Year 2007 approaches we all need to focus seriously on the elements of our organizational culture, because it is our organizational culture that shapes behaviour, influences morale and created our identity. As an organization we need to live and practise our vision, mission and internalize our core values which are fostering the spirit of Ubuntu, to promote compassion. Trustworthiness, transparency, openness, reconciliation and commitment to performance

We also need to ensure that the principles of Batho Pele are internalized by all of us and also implemented for excellent and quality service delivery. We understand the challenges and pressure of work that you encountered during the year and we thank you one and all

On behalf of management I would like to take this opportu-

nity of wishing all our staff members a Merry Christmas and a Prosperous New Year and once again thank you for your support

May God Bless All of You



Inside this issue:

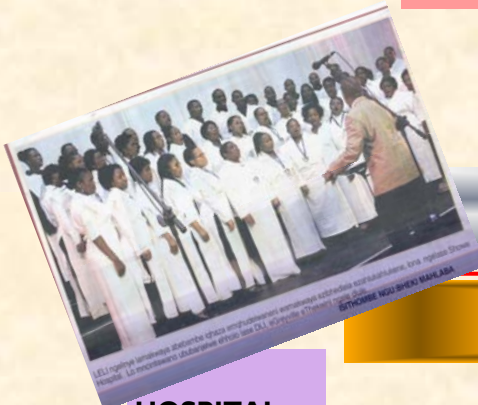
16 Days of Activism	2
Hospital Reward Staff	2
Alcohol and Drug Abuse	2
Weight Loss Programme	3
Sports and Social Events	4

WINTER WARMTH

ESHOWE Hospital Management and staff participated in Winter Warmth 2006 by donating new blankets and cash to buy blankets. The campaign is in keeping with our new slogan "Fighting Disease, Fighting Poverty, Giving Hope" by protecting the homeless from extreme winter weather conditions, supporting the poor through something. A

human need's a blanket and considering the homeless human enough to donate a blanket to them. At the end there was a hamper to be won, draw took place and the winner was CPN R Chetty





HOSPITAL CHOIR

Newsletter December 2006

IMIGOMO KABATHOPELE

Kunegalelo elisha elivela emnyangweni we-DPSA okungumnyango obhekele yonke iminyango kahulumeni. Leli-galelo limayelana nokuthi kusho ukuthini ukubeka abantu phambili / kuqala kumsebenzi ngamunye , kumathimba , kumahhovisi ezifunda kanye nakwiminyango kahulumeni. Kudingeke ukuthi indlela okusetshen-

zwa ngayo ihambisane nomoya ka Batho Pele—abantu phambili / kuqala.

Abasebenzi bakahulumeni kumele bahlale bekhunjuzwa njalo ngalomyalezo kabathopele ukuze bakumbule zikhathi zonke ukuthi basebenzela umphakathi , futhi basebenze ngokuqiniseka ngesineke

kanye nomoya omuhle bahlale njalo bezikhathaza ngabantu bababeke mqoka sonke isikhathi.

Inkolelo ethi “Simunye we belong, siyakhathalela (we care) , siyasiza (we care)” iyona mnyombo yemigomo eyisishiya-lombili(8) kaBathopele



INSPIRE

Inspiration is a wonderful and powerful tool , that can drive people to greatness, to be able to inspire another is to lift them to greater heights, filling them with the positive energy and enthusiasm needed to make changes for the better. Inspiration is food for the soul and one can never be satiated . Throughout our lives, we should aim to inspire others.

SPORTS AND SOCIAL EVENTS

NETBALL & SOCCER TEAM

SOCCER TEAM WITH THE HOSPITAL MANAGER MRS ETB MKIZE



NETBALL TEAM WITH THE HOSPITAL MANAGER— MRS ETB MKIZE



NETBALL TEAM WITH THE FINANCE MANAGER— MR MM MKHIZE



ESHOWE DISTRICT HOSPITAL

Phone: 035 473 4500

Fax: 035 474 4914

E-mail:

ZANDILE.JAFFE@KZNHEALTH.GOV.ZA

Newsletter December 2006

16 DAYS OF ACTIVISM

Women participate in the life of everyday in a way that men simply do not. It is them who experience the difficulties and challenges of keeping the household running, rearing children. Feeding families. Looking after the sick and holding communities together.

Without the support of other women, no women can succeed because no matter how we look at it we live in a male dominated society which isn't about to give up its power and whether we like it or not, other

women are often a woman's worst enemy. This has to stop if we as women sincerely want to move forward and change our society.

MESSAGE TO ALL MEN

Stop raping and abusing your women and children

MESSAGE TO ALL WOMEN

Stop abusing children protect them

MESSAGE TO ALL CHILDREN

Stop abusing your parents, respects them and your peers

UKUQWASHISA NGOKUNCE-LISA ABANTWANA

Lomcimbi ubanjelwe Eshowe Hospital Staff eStaff Residence mhlaka 21 Kulwezi 2006. Bekumenywe omama abancelisayo nabazithwele. Isikhulumi sosuku uMiss Lungi Nene oyiDistrict Nutritionist uchaze kabanzi ngokubaluleka kobisi lwebele, nangokuncelisa komama abenegciwane lesandulela ngculazi

HOSPITAL REWARD STAFF

Eshowe District Hospital held its Annual Awards Ceremony on the 22nd June 2006 at the Eshowe Town Hall. This ceremony is the culmination of much hard work and dedication on the part of the staff and Management of the hospital



The ETB Trophy presented to Ward 5—CPN SV Mthembu for assuring the highest quality patient care reflected on documentation and record keeping

The Hospital Prize presented to Miss MEK Mthethwa for outstanding performance that makes a difference in the institution

The Nkwalini clinic staff were awarded Gold Recognition Status on their national assessment for Adolescent Friendly Clinic



Mrs. Mfeka receiving a trophy presented to the staff who provided good service and implementation of Batho Pele



The Hospital Board trophy for Esprit De Corps, the most prestigious of all awards was presented to Mrs. ZE Jaffe (PRO) Who was received the highest number of votes from the hospital staff as the greatest contributor to Esprit De Corps

at this Institution



Principles

CERTIFICATE OF APPRECIATION -MR JM ROESTORFF—SECURITY OFFICER



ALCOHOL AND DRUG ABUSE

On the 24th August 2006, EAP/Wellness Committee organized a drug and alcohol awareness to empower supervisors with knowledge on how to deal with employees abusing alcohol or drugs in the workplace

The Guest speaker was Mrs. Shiren Shahadev from SANC Zululand Alcohol and Drug Help Centre. She said that when a person abuses alcohol or is alcoholic, drinking affects his ability to do his job properly, disregards safety rules and may not get along with his superiors and co-workers, to mention a few

People take drugs and alcohol because they think it will solve their problems, their friends are doing it for fun, to rebel against their parents and for self confidence. If they do not stop abusing substance they could lose their jobs. Those people would be given choices to go for treatment.

Mr. Venketsamy (Human Resource Manager) made us aware of the department of Health Policy on Substance Abuse in the Workplace and drinking in the workplace is unethical

WELLNESS CLINIC

Welcome to the Wellness Clinic of Eshowe Hospital

The place to be to make you feel better. The clinic is now open Monday - Friday ,

Monday to Thursday : 07h50—16h00, Fridays : 07h00—13h00

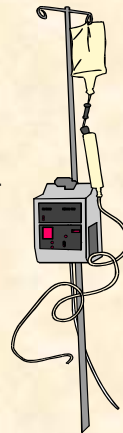
CPN R Chetty is always ready to assist you with the

following :

- Hepatitis B and Flu Vaccines
- Base - line medical examination
- Checking of blood glucose , blood pressure and blood cholesterol levels we are very fortunate to have Dr E Brits who attends to the acutely ill staff for one hour from

08h30—09h30

Aim of the Wellness Programme is to promote wellbeing of all staff



ESHOWE HOSPITAL—50 YEARS CELEBRATION

The Eshowe District Hospital turned 50 year old in August 2006, and will celebrate early next year due to renovations taking place at the moment

WEIGHT LOSS PROGRAMME

The weight loss programme commenced on the 06.08.01 with 10 candidates participating in the programme

The programme consists of dietary education, health talk and aerobic exercise. Baseline investigations were conducted on all candidates and dithery will be monitored regularly. The health talks are conducted every alternate Wednesday at 09h00 in the Wellness Clinic

The aerobic exercises are conducted every Tuesday and

Thursday in the Occupational Therapy Department . Staff that are not involved in the weight loss programme but who wish to join the aerobic classes or health talks are most welcome



HUMAN RESOURCE PROMOTIONS

Chief Medical Officer—Dr Kalondo

Principal Medical Officer—Dr Kasongo

Senior Medical Officer—Dr Hodsdon

Pharmacists—5

Nursing—83

Admin—10

Maintenance—3

Lay Counselor—

Occupational Therapists—1

Speech Therapist - 1

Radiographer—4

Dentist—1

Supply Management Officer—Mrs. SBM Zulu

Boiler Operator—Mr. MM Shandu

Chief Professional Nurses—14

Senior Professional Nurses—11

Retirements : SK Thusi, BC Mchunu, TD Magwaba, TH Mkhize, BJ Magwaza (30.4.2006) ; TD Majola (31.05.06) ; BW Mbatha (31.08.06) , HG Zindela (31.06.06), NA Zibane (31.08.06), MB Nxumalo (30.09.06), LL Majubane(30.09.06) , TO Sikhakhane (31.12.06), B Madela (31.12 .06), KJ Mahaye (31.12.06), MM Shobede (31.12..06), TG Duma (31.12.06)

Medically Boarded: NN Mdlalose (31.05.06) ;M Mbonambi (30.06.06), MM Shange (31.08.06), BB Ntuli (31.08.06), NM Khumalo (30.09.06), APC Ntuli (31.08.06)

DEATHS :SF Ndlovu (09.03.06), DP Khumalo (12.04.06), TM Mncube (17.04.06), FS Shandu(03.05.06), ON Blose (12.06.06), SP Mkize (23.06.06), JB Nzuzza(28.06.06), TM Nzuzza (27.09.06.) **May Their Souls Rest In Peace**