



Eshowe District Hospital is a Baby Friendly Hospital

The Baby Friendly Hospital initiative is a joint venture by UNICEF & WHO as a strategy to protect, promote and support safe infant feeding practices.

Breastfeeding is an unequalled way of providing ideal food for the healthy growth and development of infants and has a unique biological and emotional influence on the health of both mother and child.

Eshowe District Hospital is a level one (1) hospital, this hospital

started operating in 1957 and serves the population of approximately 300 000.

The baby friendly status is not about attaining another ward but is aimed at improving child survival. Eshowe Hospital was one of the hospitals that were re-assessed and has maintained their status.

The re-assessment was conducted in one day (13 May 2008). Interviews, observations and record reviews were done and an adequate sample was included.



Paediatric and internal wards were visited.

- Special points of interest:**
- *Baby Friendly Initiative*
 - *Rotary International*
 - *EAP Practitioner*

FROM THE PRO'S DESK

BATHO PELE

We Belong, We Care, We Serve.

Batho Pele is a backbone of all the department's Vision, Mission, Objectives and Programmes.

Batho Pele is aimed at introducing a new approach to Service Delivery, which puts

people first at the centre of planning and when delivering services.

Batho Pele is actually meant to empower us (Public Servants) in order to work effectively and efficiently, by fostering new attitudes such as increased commitment, personal sacrifice and dedication.



Mrs ZE Jaffe

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Eshowe District Hospital

Eshowe District Hospital is on a site overlooking the Dlinza Forest in an area steeped in Zulu history, the Eshowe Hospital has occupied its present site since 1957. Its predecessor, the Queen Victoria Hospital served the inhabitants of the town and the surrounding areas from the late 1980s and was run by by predominantly part-time medical staff and a team of nurses until the opening of the "new" facility

Vision

At Eshowe Hospital, we strive to provide optimum health care services to all citizens of this area, and to create well-being through committed leadership

within a safe environment, by practicing the principles of Batho Pele and Ubuntu through talented staff.

Mission

To provide a quality sustainable and comprehensive district health care service

Core Values

Fostering the spirit of Ubuntu ,to promote compassion , trustworthiness , transparency , openness, reconciliation and commitment to performance.

Eshowe District Hospital Management Team



Dr M Thandrayen
Medical Manager



Dr RN Mokoena
Hospital CEO



Mr DGA Dirksen
Pharmacy Manager



Miss NS Mdakane
Head of Nursing Services



Mr MM Mkhize
Finance & Systems Manager



Mr PE Venketsamy
Human Resource Manager

*Eshowe Hospital Management
wishes all a Merry Christmas and a
Happy New Year*



Back Care Awareness

At Eshowe Hospital we pride ourselves on the fact that we work incredibly well as a multidisciplinary team.

Therefore, both the Physiotherapist and Occupational Therapist were involved in the Back Care Workshops at various schools in the Eshowe and surrounding areas, namely: Baqaqe, Kwamondi, Holy Childhood Convent, Little Flower, and John Wesley.

The presentation went well and it seemed that the children and teach-

ers greatly benefited from the back care awareness.

“These are the learners of some of schools visited”

Teachers felt that this type of information was important as children are more likely to listen to an outsider than their teachers, and thus for example, sitting up straight in class becomes a choice and not a command. The feedback we received from both teach-



ers and learners proved our intervention to be a success.

*Showing learners some stretch positions
Children are shown how to actually stretch on their own.*



A Healthy Baby Competition

Eshowe District Hospital had a Healthy Baby Competition conducted on the 1st of August 2008. The venue was P.O.P.D. inside the hospital. Lomncintiswano ubanjwe kusuka phansi ezibhedlela kuze kuyoshaya kwa National Level. Bekungabhekwa nje izingane ezinhle kepha bekubhekwa indlela abazali abanakekela ngayo abantwana. Kubhekwa nenhlazeko, kugququzelwa uthando lwabantwana kubazali. Sibonga bonke

abanze lomncintiswano waba yimpumelelo. Abomunye wamajaji ethu uMrs Mncube nomunye wabazali nabantwana abaphumelele kulomncintiswano awina baqhubekela kumzuliswano olandelayo

Judges questioning a mother in finding out “how does she look after her child”



Omunye wamajaji ethu uMrs Mncube nomunye wabazali nabantwana abaphumelele kulomncintiswano

Rabies Awareness Campaign

Rabies awareness was held on the 31st of August 2008 at King Dinizulu Clinic for the community. The attendance and the response from the community was very good.

What is Rabies?

Rabies is an acute viral disease of the central nervous system that affects humans and other mammals. It is almost exclusively transmitted through saliva from the bite of an infected animal.



Health Education on how to take care for the wound.

appears to be sick!

HOW TO CONTROL RABIES

- Vaccinate is the only protection.
- Vaccinate your dogs and cats. Encourage other people to have their pets vaccinated too.
- Do not allow your pet to roam the streets.
- Report all suspect cases to your nearest state veterinarian, health technician or to the police.
- Never touch or caress a strange, injured animal



TB—Holamanje Campaign



kwa Mpungose Community Hall, yilapho bekuhlolwa khona isifo sofuba.

IYINI I-TB?

Uma umuntu oguliswa i-TB ekhwehlele noma ethimule – amagciwane e-TB aphuma kumuntu maqede angene emoyeni. Amagciwane ayakwazi ukuphila isikhathi eside emoyeni, ikakhulukazi uma indawo igcwele abantu abaningi, iswakeme noma ingenawo umoya owanele.

Umuntu oseduzane noma okulezi zindawo angangenwa kalula yigciwane le-TB ngokuphemulela umoya oneg-



ciwane emaphashini akhe.

Laba bebebambe iqhaza ekuhloleni isifo se-Tb.

ITB INGALAPHEKA

Hamba emtholampilo wangakini uyo hlolela i-TB ngoba iyalapheka. Imithi yokwelapha iyakwazi uku-yilapha i-TB.

Uma une-TB, kubalulekile ukuthi uphuze imithi yakho ngokulandela indlela efanele. Uma uke walashwa isifo sofuba ngaphambilini, okanye une-HIV, ukhulelwe noma uphuza imithi yokuzivikela uku-khulelwa kufanele umazise udokotela ngoba imithi yakho kufanele yehluka

Diseases Requiring Airborne Precautions.

Place the patient in a private room which has:

- Monitored negative air pressure in relation to surrounding areas
- 6-12 air exchanges per hour
- Appropriate discharge of air outdoors or monitored high-efficiency filtration of room air before it is circulated to other areas of the hospital
- Keep room door closed and patient in the room
- In general, patients with the same organism may share a room, but with no other infection (co-hosting)

Rotary International

"We love this Hospital, we are here to build a relationship".
Jim O'Meara

Eshowe Hospital has made friends with Rotary International, an international company that is based in San Diego, California and is once

visited the Eshowe District Hospital two years ago, they went back home, raised the money then donated a machine to our X-ray Department. Rotary International has visited our hospital again, their reason for visiting Eshowe Hospital is to build a relationship between them and the Eshowe Hospital.

The District Governor Jim



O'Meara was also here at the very same hospital.

World Aids Day—1st December 2008

The 1st of December is the world Aids day, each an every citizen commemorate with those affected and infected with HIV/AIDS. At Eshowe Hospital we did the same with

children of this kind, the Children's Christmas Party took place at Occupational health at 11h00 in the morning.

The guest speaker was Mrs ZCP

Dlamini who said it without a doubt that :

- ◆ Firstly people should know their status and most importantly if one is pregnant.
- ◆ Secondly, now that you know your status, seek help, find out what to eat and how to live your life from that time onwards.
- ◆ Thirdly, there is a program of-

ferred at the hospital, a PMTCT Program. After six(6) weeks of birth, take the baby to the hospital for testing.

She also said that a child life is very important and special, God has placed your child's life in your hands, so Bo mama asithandeni abantwana bethu.



Women's Day Celebration

On August the 08th 2008 we had a Women's Day Celebration with Our EAP Practitioner.

A woman is the epitome of sympathy, since most women empathize

with people undergoing sad situations. They give way to tears when they witness something heartbreaking. A woman is loveable: so tenderly attending her families needs ahead of her

own, despite the little male cooperation. She is nurturing, as she guides



and corrects her children and best friends. A woman is capable

Farewell Parties

It was sad but we had to say fare well to our fellow colleagues u Thokozani Mkhize mostly known as A.T. as he has found himself greener pastures



A Happy retirement to uMrs Zulu. It was a happy but sad moment as it has been a pleasure to have them at Eshowe Hospital.



Farewell to Mrs Shange who has served 22 years with the Department



Broad Management—Christmas Party

Since this was the last Broad management in 2008, we decided to host a Christmas Party for the members. It was great, you would not tell it was going to be a meeting. For decorations you'd swear we hired a catering team, thanks to Eshowe Hospital ladies, doing it for themselves.



Staff Appreciation Ceremony

It was November the 20th when we hosted a Staff Appreciation Ceremony at Eshowe District Hospital. It was to thank and acknowledge all the staff members that are going an extra mile when doing their jobs. It was again the day to encourage those that were not appreciated ,to see how good it is to do what you do with all your heart.

Certificates were given out to people who go an extra mile and practice Batho Pele Principles. People were encouraged to do good or best even if there is no one watching you ,no superior's. if you do right everyone will too.

Staff members that have serve 20-30yrs service were also Appreciated. Our guest



speaker was Mrs ETB Mkhize ,the former Eshowe Hospital Manager.

"Ngizikhethela mina ukusebenz' Eshowe" was one of the best song for the day



Mrs Jaffe receiving the Batho Pele Award



ABET Students

World Aids Day Pictures





EAP Practitioner

My name is Lungile T.Xulu.I was appointed on the 2nd of June for the post of Employee Assistance Programme Practitioner. Employee Assistance Programme aims to assist employees with various personal and work related problems to mention but a few is financial, marital, alcohol and not limited to these it can also be work related stress.

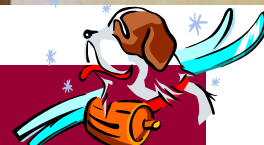
This is done through counseling and Educational Trainings. Joining Eshowe District Hospital has been amazing.

The program has held two events-The Women's Day Celebration which was held on the 8th August 2008, Supervisory Training in September 2008.

Productivity is the main priority, so it's important to get help.

EAP is located at Wellness Clinic.

Ms L.Xulu
EAP Practitioner



"I am here to help"

THE EMPLOYEE ASSISTANCE PROGRAM

"Problems are a part of one's life but when they start hindering job performance ,it becomes a thing that needs to be shared in confidence, though "

The mission of the Employee Assistance Program (EAP) is to provide confidential, accessible services to individual employees and state agencies in order to restore and strengthen the health and productivity of employees

and the workplace.

The State Employee Assistance Program is designed to restore and strengthen the health and productivity of state employees and state agencies. This statewide resource is staffed by internal and external professionals trained in the areas of counseling psychology, social work, organizational development, chemical dependency, marriage and family therapy.

Since its inception in 1978, the State Employee Assistance Program has been a valuable resource to individual employees, their families, state managers, supervisors, human resource professionals and union leaders. The State Employee Assistance Program seeks concrete, practical solutions to state employees' personal, family and workplace problems. Doing so im-

proves productivity and reduces poor quality, absenteeism, and morale problems.

Benefits of using the EAP

What are the benefits of EAP consultation?

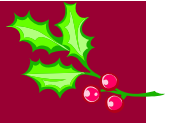
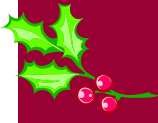
Three obvious benefits:

- the service costs you nothing,
- it is high quality and professional,
- and the access is easy.

Using the EAP enables you to consult with trained therapists who understand human behavior and relationships as well as the culture and structure of state employment. They are skilled in problem recognition, conflict management, and development of human relation skills and issues of workplace stress. The program's outcome studies indicate a positive correlation between utilizing EAP services and an overall improvement in job performance. The maximum benefit of the EAP service is gained through a proactive approach that addresses issues and concerns before they become a crisis.

Why should supervisors encourage the use of EAP?

Employees' personal and family problems may be revealed in job performance or workplace behavior. There may be a negative effect on work productivity. Supervisors are responsible for monitoring and directing employee activity, and are in a unique position to identify those employees whose work may be affected by personal or family problems. If the problems have become apparent, supervisors are obliged to inform the employee of the counseling resources available through EAP. Using EAP is voluntary. Supervisors cannot force employees to seek assistance. But the process of recognizing problem situations and responding with an EAP referral is a normal and expected supervisory task. The supervisor's primary responsibility is to maintain a productive work environment and to promote employee development. Referral to EAP helps accomplish both!



Medical Managers Desk

Since January 2008 Eshowe hospital has introduced several new services as well as had a re-commencement of old services. Our OPD head count has increased by about 2000-3000 more per month and the Bed occupancy rate has increased by 5-7 % more per month.

The following services have re-commenced:

1. Speech and Audiology Therapy
2. Clinical Psychology (Fridays)
3. Specialist Obstetrics services

The New services

1. Gateway clinic
2. Dermatology Clinic (run on Tuesdays By Dr Diab)
3. Dental outreach (alternate Wednesdays and Thursdays)
4. Eye clinic with Cataract service
5. EAP services

The Eye service which was envisioned for the past two years has eventually started with the help of Dr Kruse and the initiative of Dr Pillay. Our uncomplicated patients can now be treated at the hospital. All Hypertensive and Diabetic patients will be screened at our clinic by Sister Sangweni and referred to Dr Pillay if need be. We will extend this service to the neighboring hospitals in the district.

The first surgery was performed on the 25 November 2008.

We hope to continue on weekly or Bi-weekly basis depending on the number of patients.

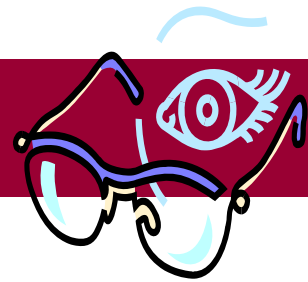
The dermatology clinic runs on Tuesdays from the Eye clinic area. Dr Diab with the assistance from specialist abroad, (Telederm), runs the clinic.

In the next few months we hope to introduce the Dietetics service and T.O.P. services amongst a few.

We will extend this service to the neighboring hospitals in the district.”

This being the festive season and the season of giving I just wish to thank all staff members for the hard work that they have put in through the year for Eye operation ensure that the people receive the services they expect. No good deed goes undone.

Cataract Surgery



Start of Cataract Surgery



Eye Clinic



Cataract Surgery in Progress



Sports—Ezemidlalo



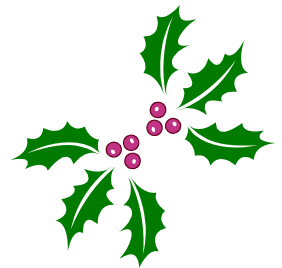
It was July the 21st when we had District Games at Richards bay , once again our Ladies did it, they won 2nd place . Well done ladies!!

As for the guys ,akuhambanga kahle ,but let us hope that next time they will do better.



Kwahamba kahle ngenkathi ama-Lady athola A NO.2 TROPHY at Richard's Bay.

Badlalile obhuti bethu ,Siyabonga boys,,,,,.....



Saphinda mhla zingu 22 ku November 2008 sadlala ne Melmoth Educators,cha kwaabheda ngakithi ladies kodwa hhayi this time



Management and the PR Office Wishes all a Merry Christmas and a Happy New Year.



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