



# EZASEMTSHEZI NEWSLETTER

Estcourt Hospital KZN  
Health

ISSUE NO. 01

29 March 2005

## Welcome!

Estcourt Hospital management is happy to welcome the following newly appointed staff members:

Name	Rank	Date
- W.R. Madondo	ENA	06.12.2004
- N.J. Msimanga	ENA	06.12.2004
- S.P. Mvelase	EN	06.12.2004
- ND Sosiba	FIO	01.01.2005
- L. Van Laren	Speech Therapist	01.01.2005
- L. Labuschagne	Physiotherapist	01.01.2005
- C.S. Richards	Physiotherapist	01.01.2005
- M. Owen	Occup. Therapist	01.01.2005
- J.S. Kool	Speech Therapist	01.01.2005
- M.A. Claasen	Dietician	01.01.2005
S. Abdool Kader	Radiographer	01.01.2005



- L. Ntombela	HRO	01.02.2005
- I.N. Magubane	Secretary	01.03.2005
- C.C. Dumakude	Clinical Psychologist	14.03.2005

Enjoy your new working sphere, meet the challenges, be the best service providers, and always strive for excellence.

Hospital management would like to welcome all staff members to our first issue of Hospital Newsletter and we hope you will enjoy reading this newsletter and also hope that by introducing this

## History of Estcourt

A tented Military hospital roughly on the site of the present High school was erected in the 1899 during the Anglo-Boer War and moved as the fighting moved. Dr's. Brewitt Senior and Junior conducted minor services for some years with Grey's being the main place of referral. The Augustinian Order built a G.P. Hospital in 1922, which carried on (under the Province for it's last 4 years) until 1972.

With the great population explosion during the 1940's & 50's, the Province began to take responsibility for hospitalization in the area and in 1958 began what is now the North Wing of the Provincial Hospital. The initial Core Block was what is now the O.P.D., Duty Room, Minor O.T., etc and also what was until 1998, the Maternity Ward.

During the next 10 years, 4 Wards were built and an O.T. Block, a block which is now the Laboratory and a Kitchen (later demolished) plus a linen room.

During the early 1970's C.S.S.D., Pharmacy, extension to O.P.D., a waiting room, a large stores building, a new boiler house and the



office block were all erected by 1975. At the same time the Province decided that the old "SAN" was too cost to maintain and tried as an experiment to build a semi-prefabricated "Private Wing". This is now South Wing and the base for a Master Plan adopted in 1995 to develop for all patient care, the first steps of which have already begun by moving Maternity to it. Ward 6 was added in 1983 and not used until 1997 ( in all 60 unused beds were built in 2 wards for which no funds were available to staff until the last 5 years). Nurse's accommodation was in

part appalling until a new Nurses Home was opened in the early 1990's. AP.H.C. clinic prefab was erected in 1981 and moved to a permanent site in 1999. During the period roughly 1980 to date, immense advances have been made mainly in a steady growth of fixed & mobile P.H.C. Clinics. The Hospital has become a more rational base and when the Master Plan is completed, should be an excellent Community Hospital with Facilities for future Specialist activity.

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### ABASHONILE:

NAME	RANK	DATE
-N.P. Msomi	Staff Nurse	18.01.2005

### TRANSFERS:

NAME	FROM	DATE
B. Sewram	Northdale hosp	01.01.2005
A. Dasrath	Northdale hosp	01.01.2005
L.S. Shabalala	Madadeni Hosp	01.01.2005
Z.M. Ndlela	Nongoma Hosp	01.01.2005
F.E. Madondo	Newcastle Hosp	01.03.2005
NWVP Mabizela	EMRS L/Smith	01.03.2005

### RETIREMENTS:

NAME	RANK	DATE
S. McGregor	Telkom Operator	30.11.2004
B.E. Duma	Food Service Aid	31.12.2004
S.D. Xaba	Driver	31.12.2004



## QUALITY DAY IN CONJUNCTION WITH ADOPT AWARD/DEPT

On the 14th December 2004 Estcourt Hospital rewarded employees who excelled in service delivery or go extra miles in improving service delivery. All Staff members were motivated to work hard in order to improve service delivery, despite the conditions they are working under with. Among visitors on this day were Mrs J.S. Masinga, Deputy Director Infection Control, Mrs L. Briesiwick, District Manager For Uthukela District and many more from our local communities. The following Picture story will tell us what was happening on this day:



**Mr B.J. Vilakazi Hospital Manager handed the award to Mr Watts, workshop manager**

## Izingozi Zephasika Nemiphefumulo Yabantu

Umpathi nowumqondisi wonyango wezokuthutha KwaZulu-Natal uMnu. K.B. Mbanjwa, nezinye izikhulu zomnyango wezokuthutha bavakasha shele isibhedlela saseMtshezi ziyishumi nanye enyangueni ka Mashi kunyaka ka 2005 (11 March 2005) bezobona abantu abalimala engozini eshaqisa umzimba eyenzeka phakathi kwekhumbi ne thilakhi emgwaqweni waseLoskop ziyishumi kuMashi 2005, lapho abantu abayisikhombisa balahlekelwa izimpilo zabo kubalwa nezingane ezimbili, enye yazo inezinyanga eziyisikhombisa ubudala. Abayisishagalolunye abasinda baphuthunyiswa esibhedlela saseMtshezi ukuze bathole ukulashwa.

Lenhlekelele yengozi yenzeka ziyishumi ku Mashi ka 2005 phakathi kwehora lesithupha kuya kwelesikhombisa ntambama phakathi kwekhumbi eyayiphuma edolobheni eMtshezi iya ngaseLoskop nethilakhi eyayiqhamba ngaseLoskop.

Abazibonela bathi ithilakhi yalahla umzila eyayihamba ngawo yaze yazithela ekhumbini eyayilayishe umphakathi izohlangana nayo. Abashonela khona lapho baba isithupha, omunye washonela esibhedlela Emtshezi okwenza ukuthi isibalo sikhuphukele kwabayisikhombisa. Munye kuphela owdluliselwa e Greys Hospital

**“INYANGA YEPHASIKA NEZINKONZO ZEPHASIKA ZIHLASELWA KAKHULU USATHANE ONEZIQU ZOKUBULALA ABANTU NGESIKHATHI SEPHASIKA. LOKHU KUBONAKALA MINYAKA YONKE NGASO LESIKHATHI SEPHASIKA”. KODWA AKUSEKUDALA SIMBAMBE NGEZANDLA THINA ZINGQUNQULU ZEVANGELI.**

emgungundlovu ngalelologa lengozi. Abayisishagalolunye bathola ukulashwa esibhedlela saseMtshezi. Kwenzeka lengozi nje, kusasanda kubikwa enye ingozi enyenzeka kuwona lomgwaqo oya e Loskop emasontweni amabili adlule kuMashi kulonyaka lapho futhi kwalahleka izimpilo zabantu.

## NO ONE KNOWS WHO I AM

poem by Zamo Mntungwa

I was born at a time that no one knows  
I was born in an area that no one knows  
I was born under conditions that no one knows  
I was born for times such as this  
And no one knows who I am.  
Yes no one knows who I am  
Many think they know me but they don't  
I am a gentle spirit and a peacemaker

I am an embracing fire of love  
I am a warm heart and refreshing word but no one knows who I am  
I am a dedicated person, committed to quality  
I am a pillar of strength for my peers  
I am a fountain of courage to the weak  
But no one knows who I am  
I am one that rises up against challenges  
I am one that defies mountains  
I am one that never quits  
I am one that always believes

I am one that always hopes  
But no one knows who I am  
I was born to care, to love, to bring smile and laughter  
I was born to dispense joy  
I was born to leave footprints on the rock  
I was born to be an example of my colleagues  
I was born to be glory for my family Because I was born to make difference but no one knows Who I am.....



## SPORTS AND ENTERTAINMENT

Estcourt Hospital Choir iyakwazi ukujabulisa abantu ngomculo wayo noma ilaphi lapho kuhlengenwe khona. Minyaka yonke lekhwaya yesibhedlela ingenela umncintiswano wamakhwaya obanjelwa eMgungundlovu e Greys Hospital, lomncintiswano uhlelwa umnyango wezempilo KwaZulu-Natal.

Eminyakeni eyedlule lekhwaya yenze kahle impela kulomncintiswano, kuphela nje kuyabonakala ukuthi idinga ukusekelwa okusezingeni eliphezulu yiwowonke umuntu ungumsebenzi esibhedlela ukuze lekhwaya yethu yenze kangcono kulomncintiswano kulonyaka ka 2005. Isiqalile ukuzilungiselela

lomncintiswano ikhwaya, bheka ngoba njalo ngolwesithathu esontweni amalunga alekhwaya ayahlangana ukuzilungiselela lomncintiswano ozayo.

Abafisa ukuba amalunga amasha alekhwaya bayacelwa ukuba abeze ngobuningi babo amasango asavulekile. Bayacelwa abaphathi babasebenzi ukuthi babadele abasebenzi ngesikhathi abacelwa ngaso ukuba bayozicija njalo ngolwesithathu esontweni.

Ukuphumelela kwezemidlalo nomculo esibhedlela kusezandleni zabasebenzi kanye nabaphathi besibhedlela, ngakho akuboniswa ukuze kuphunyelwe.



Ubani obengathinta thina. Ungathi Lemizwiilile yayisho kanjola. I Estcrou Hospital Choir iyakwazi ukukwenza edume ngako, uma nje uzozinika isikhathi sokulalela.



In the year 2000, Soccer team and Netball team were formed and both teams entered the Regional Tournament in the same year. The soccer team won all the games and qualified for the Provincial Finals. This soccer team became runners up in the finals.

In the year 2001, our soccer team and netball team won all games at the Regional Tournament and qualified for the Provincial Finals. Both teams lost in the semi-finals.



On 29 September 2001 and on 28 September 2002, the soccer team entered into the 5-aside Tournament at Northdale Hospital. The soccer team came second in the finals.

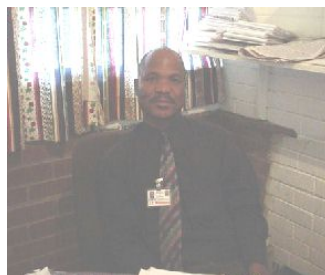
On 05 September 2002, soccer team also qualified for the Provincial Finals but they lost on penalties.

In 2003 and 2004, both teams qualified for the Provincial finals but they lost on the semi-finals. They have done a wonderful job for the hospital they need to be supported. All Heads of Components are encouraged to release players in case of needs .

## UKUTHEMBEKA KWESIBHEDLELA KUSEZANDLENI ZENU

“Umsebenzi ngamunye kulindeleke ukuthi awazi umsebenzi wakhe ukuthi uyini futhi usho ukuthini kuyena, aphinde azi futhi ukuthi ukuthembeka kwesibhedlela kubaluleke kangakanani emphakathini, azi futhi ukuthi ukusebenza kwakhe kumele kuhambisane nemigomo yeBatho Pele, azi kabanzi ngamalungele eziguli”.

Lamazwi avela kumxhumanisi wesibhedlela nomphakathi uMnu. J.Z.Mntungwa ngesikhathi kushicilelwa loludaba lokuthembeka kwesibhedlela.



ESTCOURT HOSPITAL RELATIONS OFFICER: MR J.Z. NTUNGWA

Kuyavela ukuthi abasebenzi abaningi abaqondi kahle ukubaluleka kokuthembeka kwesibhedlela emphakathini ngoba

abazange balithola ithuba lokufundiswa kabanzi nge Batho Pele nangamalungelo eziguli.

Abasebenzi bazolithola ithuba lokufundiswa ngemigomo yebatho pele nangamalungelo eziguli kodwa lokho kuzohlelwa ikomidi LeBatho Pele . Ukuthembeka Kwesibhedlela emphakathini kusezandleni zabasebenzi ngoba ibona abakhiqiza umkhiqizo ozokwenza ukuthi isibhedlela sethembeke ngomkhiqizo waso emphakathini esiwusebenzelayo.



**Estcourt Hospital KZN  
Health**

## **UNESIKHALAZO, UNOMBONO, NOMA ISINCOMO!**



### **Do You Want To contact Us?**

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**We are on the web:**

[www.kznhealth.gov.za/estcouthospital.htm](http://www.kznhealth.gov.za/estcouthospital.htm)

Inhloso yesibhedlela saseMtshezi ukuphumelela ekukhuphuleni iqophelo lezempilo jikelele kubantu bonke esibhedlela nakuMasipala Emtshezi. Ukuze isibhedlela sikwazi ukufeza inhloso yaso sidinga imibono, izincomo nezikhalazo eziqhamuka kuwowonke umuntu owakhele umphakathi waseMtshezi namaphethelo kubalwa ngisho neziguli zalesisibhedlela.

Sinamabhokisi emibono, izincomo, izikhalazo, (suggestion Boxes) atholakala kuwowonke amawodi nama diphathimende asesibhedlela, eduze kwamabhokisi emibono kutholakala ifomu lemibono, niyacelwa ukuba nithathe ifomu lemibono nibhale imibono, izikhalazo, izincomo zenu ngomusebenzi wethu esiwenzayo. Uma seniqedile ukubhala nilifaka phakathi ebhokisini lemibono. Niyokwaziswa ngokuqhubekayo ngemibono, izincomo, izikhalazo zenu zingakapheli izinsuku eziyishumi.

Okunye eningakwenza, ukuxhumana nomxhumanisi wesibhedlela (PRO) u Mnu J.Z. Mntungwa ngokwenza lokhu okulandelayo:

- Ungazifikela mathupha ehovisi lakhe noma usebenzise lenombolo yocongo ngezikhathi zomsebenzi: 036-3427089, uyokusiza ngombono wakho noma isikhalazo sakho.

### **“UNGEZWA NGABANTU ZITHOLELE ULWAZI NGESIBHEDLELA SAKHO”.**

Sebenzisa Itafula Lolwazi (information Desk) elitholakala e O.P.D. , kulelitafula lolwazi kutholakal Incwajana Yolwazi, Unwele Olude, Ezasemtshezi Newsletter, nokunye okuningi okubhaliwe okungakusiza ukuthola ulwazi olwanele ngokwenzeka esibhedlela sakho. Okubalulekile ukuthatha konke okubhaliwe noma okushicilelwe ngolimi lwakho okutholakala kulelitafula lolwazi ukufunde, uma uthanda uhambe nakho uye ekhaya ukuze nezingane zesikole zikusize lapho ungaboni kahle khona. Zama ukufunda konke okuyimibhalo etholakala ngaphakathi esibhedlela ngoba iyokusiza ukuthi uhlale njalo unolwazi lokuqhubekayo ngesibhedlela sakho.

## **VCT, PMTCT, AND ARV CLINICS IN THE HOSPITAL**



VCT STAFF

There are three programs that are offered in our clinic namely: **VCT, PMTCT, AND ARV.**

**VCT:** This voluntary counseling and testing which is an entry point to all other programs.

### **ARV CLINIC**

#### **CRITERIA TO ENTER INTO THE ARV PROGRAMME**

1. CD4 COUNT < 200
2. WHO STAGE 4 OF HIV ILLNESS, IRRESPECTIVE OF CD4 COUNT

Bookings are made at VCT clinic by phone for clients who are HIV and who are referred by clinics, wards, and O.P.D. to ARV Clinic.

Clients are also booked by counselors, those coming from VCT and PMTCT.

ARV CLINIC is opened on Tuesdays and Wednesdays  
All booked clients receive adherence sessions for 3 weeks every Thursday

On the 4th week, CD4 Counts are done, which determine whether the client is suitable to start Antiretroviral drugs or not.

On the 5th week, all the laboratory investigations are done, and clients are classified according to who staging, the whole ARV team meets and decide: if a client does not qualify, she is given a date to come back after 6 months to repeat the CD4 Count, but she continues with multivitamins at the nearest clinic.

### **PMTCT PROGRAMME**

Pregnant clients are referred from Gate Clinic to VCT Clinic, for voluntary counseling and testing. HIV Clients are given Nevirapine Tablet at 28 weeks, which she takes when she is in labour. The tablet must be ingested and it must be in the body for at least 2hrs before delivery. If the mother did not drink the tablet during labour, the baby is given Nevirapine Syrup immediately after birth and repeat the dose within 72 hrs.