



## USEZE WALITHOLA IKHAYA ELIMFANELE UGCINILE ZWANE!

Useze wayithola indawo emfanele uGcinile Zwane, okuthe ngomhlaka 08 June 2005, abezenhlalakahle bamhambisa e Mantobello ekhaya labantu abadinga ukunakekelwa okusezingeni eliphezulu. Lentombazanyana eneminyaka engu 9 yazalwa ngonyaka ka 1996. 09.30 ESIBHEDLELA SASEMTSHEZI, okwathi emuva kokuzalwa kwayo yalahlwa ngumzali wayo, ongaziwa nanamuhla ukuthi wayengubani futhi washonaphi. uGcinile uyingane engakwazi ukuzihambela, engakwazi nokukhuluma, usehlale lapha esibhedlela iminyaka engu 9. Abahlengikazi balapha esibhedlela bayidlalile indima yabo enkulu ekukhuliseni lengane, esikakhulukazi abasegunjini lezin-gane (WARD 1) lapho bekuhlala khona uGcinile. Ukubakhona kwabahlengikazi kwenze ukuba uGcinile aluthole uthando nokunakekelwa abekudinga.



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## WINTER WARMTH PROJECT

Winter warmth project was sponsored by Gift Of The Givers and East Coast Radio. The aim of the project was to distribute the blankets to the needy patients within the local Communities of Estcourt. On the 10th June 2005, some of the needy patients from our local communities received blankets from the Rotary for the winter warmth project.



Pictured are some of the grateful benefactors with the Nursing Manager's Secretary, Wendy Murray.

### Congratulations!!!!

The following students have passed their final examinations from January 2005 to June 2005.

#### Midwifery Students:

- S. Jughaw PN
- O.N. Sithole PN

#### Bridging Students: EN to Professional Nurse:

- C. Dunn EN
- NJP Shabalala EN

**New appointments:**

<u>Name</u>	<u>Rank</u>	<u>Date</u>
M.N. Xulu	Clerk -ARV Clinic	01 May 2005
Dr A.A. Ameer	Sessional Doctor	01 June 2005
R.J. Tsotetsi	PN	26 June 2005
N.M. Mtambo	Staff Nurse	01 May 2005
E.N. Dlamini	PN	01 June 2005
T.L. Ndlovu	ENA	01 June 2005
K.C. Maseko	ENA	01 June 2005
N.S. Mkhize	ENA	01 June 2005
N. N. Hadebe	Social Worker	18 April 2005

**Transfers From:**

<u>Name</u>	<u>Rank</u>	<u>From</u>	<u>Date</u>
Z.Z. Mdakane	Staff Nurse	Madadeni Hosp.	01 April 2005
P.P. Ndlovu	PN	District Develop services	01 April 2005
T.I. Mchunu	Staff Nurse	Greytown Hosp.	01 May 2005
N.F. Mkhwanazi	PN	Grey's Hospital	01 May 2005
D.M. Mbongwa	SNA	Oliviershoek	01 June 2005

**Transfers To:**

<u>Name</u>	<u>Rank</u>	<u>To</u>	<u>Date</u>
N.W. Mlangeni	CPN	Itshelejuba Hosp.	01 April 2005
P.T. Mkhungo	PN	KwaDabeka Clinic	01 April 2005
P.M.X. Vilakazi	AO	Bruntville Clinic	01 April 2005
B.E. Shaba	Staff Nurse	Midlands Hospital	01 June 2005

**Retirements:**

<u>Name</u>	<u>Rank</u>	<u>Date</u>
G.T.Hadebe	CPN	30 April 2005
A.M. Dubazane	General Assistant	30 April 2005
R. Rampersad	Security Guard	30 April 2005

**Resignations:**

<u>Name</u>	<u>Rank</u>	<u>Date</u>
M. Nyambose	Staff Nurse	31 March 2005
A. Cassim	Pharmacist	13 April 2005
Mtshali	SPN	09 April 2005
N. Niranjani	Dentist Comm. Serve	30 June 2005
Nene	PN	30 April 2005

**Deaths:**

<u>Name</u>	<u>Rank</u>	<u>Date</u>
T.M. Mazibuko	SPN	10 April 2005
P.T.T. Shange	CPN	16 April 2005
C.N. Njoko	N.A.	31 May 2005



## IMPORTANT MESSAGE FROM THE PHARMACY MANAGER

I am a specialist in medications.  
 I supply medicines and pharmaceuticals to those need them.  
 I prepare and compound special dosage forms.  
 I control the storage and preservation of all medications in my care.  
 I am a custodian of medical information.  
 My library is a ready source of drug knowledge.  
 My files contain thousands of specific drug names and tens of thousands of facts about them.  
 My records include the medication and health history of entire families.  
 My journals and meetings report advances in pharmacy from around the world.  
 I am a companion of the physician.  
 I am a partner in the case of every patient who takes any kind of medication.  
 I am a consultant on the merits of different therapeutic agents.  
 I am the connecting link between physician and patient and the final check on the safety of medicines.  
 I am a counselor to the patient.  
 I help the patient understand the proper use of prescription medication



**RENESHA BHIKRAJ : PHARMACY MANAGER**

I assist in the patient's choice of non-prescription drugs or in the decision to consult a physician.  
 I advice the patient on matters of prescription storage and potency.  
 I am a guardian of the public health.  
 My pharmacy is a center for health-care information.  
 I encourage and promote sound personal health practices.  
 My services are available to all at all times.  
 This is my calling—This is my pride.

## **“FOR ME BEING PARAPLEGIC AND FOR THE LOSS OF MY BUDDIES” PEOM BY: WARD 5 STAFF AND DHARAM SEWRAJ**

**YOU WILL NEVER WALK ALONE!**  
 This body is not me  
 I am not limited to this body  
 I am life without boundaries  
 I have never been born and I have never died  
 Look at the ocean and the sky filled with stars  
 Manifestation from my wondrous true mind  
 Since before time, I have been free  
 Birth and death are only doors through which we pass  
 Sacred thresholds on our journey  
 Birth and death are a game of hide and seek

So laugh with me  
 Hold my hand  
 Let us say good-bye  
 Say good-bye, to meet again soon  
 We meet today  
 We will meet again tomorrow  
 We will meet at the source every moment  
 We will meet each other in all forms of life  
**YOU WILL NEVER WALK ALONE!**



## HEALTH EVENTS

On 29.04.2005 Injesuthi Clinic and Team 3 organized a Health day which was based on pregnancy awareness. The objectives of the event were teenage pregnancy, problems encountered during pregnancy and when to visit the clinic. This event was attended by Z. Dladla (VCT/ PMTCT District), Mr N. Blose (PMTCT) Community liaison Officer, and Area Manager Z.A. Mshengu, Mr Mhlanga Clininic Committee Member, Community and Schools.

The District 23 organized the District Youth Training which took place from the 2nd to 6th may 2005 at Wagendrift on life skills. The coordinators were Ntombifuthi Mtshali (PAWU), Sbu Ngubane (PPASA), Z.A. Mshengu Area Manager, Z. Dladla (VCT, and PMTCT) and Mr N. Blose who took some photos. They were

also recognized by UMTSHEZI Municipality on their last day and they are expected to visit schools and the community.

Youth Day took place at Weenen on the 16th June 2005 in partnership with Umtshezi Municipality, PPASA, Department of Health and The speaker of the day was Mr Mchunu from KZN PROVINCE and other departments were presents.

Another health day was organized on 17 June 2005 at Ntabamhlophe Area at Siphokuhle High School which was based on drug abuse, teenage pregnancy, Suicide, HIV and Aids. Co-ordinators were Mrs D.A. Mtshali from The District, Area Managers, Team 3, Community Health Facilitators, educators, and Community Health Workes.



Injesuthi Clinic & Team 3 Health day on 29.04.05 was attended by Teenagers, young adults and parents from local community and schools.



District Youth with Ntombifuthi Mtshali (PAWU) & other coordinators after 5 day training on life skills at Wagendrift.



Thuthukani Zulu Traditional Dancers entertained audience at Injesuthi clinic during pregnancy awareness day on 29.04.05



These young boys from Bonokuhle High School Entertained our audience with their Gospel Music at Injesuthi Clinic.



**EZASEMTSHEZI**

**WALALA WASALA KU CHOIR FESTIVAL YANGOMHLAKA  
23 KUYA KU 24 JULAYI 2005**

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Umnnyango wezempilo KwaZulu Natal uhlele indumezulu ye Choir Festival ezobanjelwa e Richards Bay kusukela ngomhlaka 23 kuya ku 24 Julayi 2005. Le choir festival ingenelwa izozonke izibhedlela za KwaZulu Natal futhi ubanjwa minyaka yonke. Estcourt Hospital Choir nayo izobe ingenele le Choir Festival, sinxusa bonke abasebenzi basesibhedlela kusukela emazingeni aphantsi kuya emazingeni aphezulu ukuthi balixhase ngokuphele ikhwaya yesibhedlela ukuze yenze kangcono kulonyaka futhi ibuyise nesithunzi sethu. Sicela ukuthi ababambe iqhaza ekhwayeni bakhululwe ngesikhathi ukuze bazilungiselele

**We are on the web:**

[www.kznhealth.gov.za/estcouthospital.htm](http://www.kznhealth.gov.za/estcouthospital.htm)

**SIFUNA IZIHLOBO ZALABA ABALANDELAYO**



Isibhedlela sasemtshezi (ESTCOURT) sicela ukufuniswa izihlobo zalabantu abavezwe esithombeni. Bafika begula belethwa amaphoyisa okunye futhi abanawo namapasi okwenza kubenzima okuthola izindawo abaqhamuka kuzona. Uma kukhona onolwazi angathintana nosonhlalakahle wasesibhedlela uMiss Hadebe kule nombolo yocingo: 036 3427000.

**Unonhlanhla Shange**

**Sydney Cetshwayo noMadoda Zondo**