

ESTCOURT DISTRICT HOSPITAL

EZASE MTSHEZI

NEWS

WE HAVE A GOOD STORY TO TELL

December 2023

Estcourt Hospital Continues to be Trendsetters in Providing Citizen Centered Service Delivery for the past 100 years..

See full story on page 03

















MESSAGE FROM THE CEO

GREETINGS ALL

A warm welcome for the New Year 2024 to employees of Estcourt District Hospital in KwaZulu-Natal. God has once again enabled us to come and serve His people, something that we need to do with Honor and Humbleness. Let me also extend this gesture for our new employees, Community Services Officers and interns who are joining the hospital for both paying gratitude to our government and for experiential learning. It is a pleasure to have you joining Estcourt District Hospital not only for employment purposes but also for serving the community of INkosi Langalibalele Municipality and thus impacting change to people's lives.

OUR VISION AS ESTCOURT HOSPITAL

"To achieve quality holistic health for all within the local municipalities of Estcourt"

CORE VALUES:

Mutual Respect, Compassion, Responsibility, Client satisfaction, Honesty, Openness, Transparency, Team Spirit, Commitment, Innovation
We are taking off in 2024 and I would like us to always refer to our vision and core values in order to navigate our way for better health outcomes.

I am certain that as we are coming, we are like recharged batteries with fresh ideas that will assist in delivering quality and holistic health care services to the people of INkosi Langalibalele sub district.

WELCOME AND MAY GOD'S GRACE EXPAND IN YOU.

M.P Bekenya- Estcourt District Hospital CEO

ESTCOURT HOSPITAL CELEBRATES A CENTU-RY IN CITIZEN CENTERED SERVICE DELIVERY

Estcourt District Hospital continues to be trendsetters in providing quality health care services for the past 100 years of existence, The Hospital celebrated a century milestone in style in October 18, 2023. The event was embraced by Local Leadership Inkosi Nkwanyana (Local Chief) and various stakeholders such as Inkosi Langalibalele Local Municipality dignitaries, local Service Providers, uThukela Health District Director, Estcourt Hospital retirees & many more.

The guest speaker Mrs Moeketsi, former Estcourt Hospital CEO was also in attendance among the dignitaries, she encouraged all staff members to engage in healthy lifestyle activities to keep their bodies fresh and healthy, "if you take care of your body, your body will take care of you" said Moeketsi.



Guest speaker Mrs Moeketsi delivering her speech



Retirees and former staff enjoying the event



Guests listening attentively to the speakers sharing their speeches



CEO MP Bekenya shared Vote of Thanks to the Guests and sponsors who contributed to the success of the event.

IPC DAY IN VISUALS













DONATION OF AUDIOLOGY EQUIPMENT'S A HUGE **BOOST FOR THE HOSPITAL**

Following a memorandum of agreement signed by the church of latter days saints (LDS) and KZN Department of Health to assist health facilities with assistive devices for rendering of effective rehabilitation and disability services in the Province of KwaZulu Natal, Estcourt District Hospital was one of the beneficiaries of hearing aids and tool kits from this wonderful gesture.

Mrs Mbongwa, Manager of audiology department alluded that, these donations of audiology and hearing devices from LDS Charities will assist the Hospital in reducing the current backlogs for hearing aids as well as improving quality of life for clients living with hearing disabilities." said Mbongwa.









Mrs Mbongwa: demonstrating how audiology and hearing devices will assist clients





KZN Department of Health





ZWELISHA CLINIC LAUNCH ADOLESCENT YOUTH FRIENDLY SERVICES

Zwelisha clinic launch a successful Adolescent and Youth Health services which aims to promote the health and wellbeing of young people.

Adolescent youth friendly services deliver a comprehensive range of sexual and reproductive health services in ways that are responsive to the specific needs, vulnerabilities and desires of young people. The objective of youth friendly services is to attract and retain young clients for continuing of health care, this can only be done when there is understanding and respect for young people's sexual and reproductive rights.

During the launch, many different topics were covered by different speakers to educate the youth, such as contraceptives & STI's, Teenage Pregnancy, Safe abortion, access to information Quality of services, HIV & AIDS and getting support.

The Operational Manager of Zwelisha Clinic Mr. S.J Nhlabathi said: "AYFS is an accreditation program designed to improve the quality of adolescent health services at the primary-care level and strengthen the public sectors ability to respond to adolescent health needs.

"Youth-friendly services should be accessible to all adolescents and young people regardless of your age, marital status, HIV status, sexual orientation, gender identity, occupation, social status, geographical location or ability to pay. These services must be confidential, non-judgmental and private, This significant event aims to address and mitigate the challenges faced by adolescents and youth in our community." Concluded Nhlabathi.



ADOLESCENT YOUTH FRIENDLY SERVICES LAUNCH IMAGES











RADIOGRAPHY DAY

Estcourt Hospital Radiology Department headed the call in celebrating a successful World Radiography Day 2023, this is an annual observance that celebrates the vital role of radiographers and radiologic technologists in healthcare and medical diagnosis.

The event was observed on the 8th of November to increase public awareness with respect to the vital role of diagnostic imaging, radiation therapy and the role played by radiographers in healthcare management.

The World Radiography Day Theme was "Celebrating Patient Safety". The theme emphasizes the importance of the professional role in maintaining the efficiency of healthcare systems and in ensuring patient safety beyond radiation protection.





"In the world of radiography, every image tells a story of health, hope, and healing.











WORLD AIDS DAY

LET COMMUNITIES LEAD



Estcourt District Hospital was not left behind in celebrating World AIDS Day 2023, under the theme, "Let communities lead", This was more than a celebration but an opportunity to reflect on the progress made to date, to raise awareness about the challenges that remain to achieve the goals of ending AIDS by 2030 and to mobilize all stakeholders to jointly redouble efforts to ensure the success of the HIV response.

The world can end AIDS with communities leading the way until we reach a day when HIV is no longer a public health threat, *It begins with me and you!!*

















ISIBHEDLELA KUBANTU

ESTCOURT DISTRICT HOSPITAL 'ISIBHEDLELA KUBANTU' INITIATIVE IN RURAL HLATHIKHULU AREA SURPASS EXPECTATIONS

The need for health care services is huge in the rural outskirts of Estcourt, this is evident in the recent Isibhedlela Kubantu initiative, held by Estcourt District Hospital on Tuesday the 12th of December 2023 in the rural village of Hlathikhulu ward 11, under Inkosi Langalibalele Local Municipality.

The outreach program saw scores of beneficiaries of health services being screened for health conditions in the area. A Total of 463 beneficiaries were registered at the registration desk and channeled to various services within the outreach hospital in Hlathikhulu.

The Estcourt hospital, PHC and district teams were in full swing offering various services like dental care, eye clinic, social worker services, Chronic Medical services, Medical Male Circumcision, health screening, family planning, Physiotherapy, Immunization & Covid 19 vaccine, Pap smears and various health screenings. Doctors and clinicians were onsite to see to patients on the day.

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The KwaZulu-Natal MEC for Health, Ms Nomagugu Simelane graced this event at Hlathikhulu and cautioned young people against partying too hard and going overboard, in the name of "Sidl'ubusha ."bethu (We're 'eating' our youth)" during the festive season.







KZN MEC OF HEALTH MS SIMELANE

HLATHIKHULU AREA AUDIENCE

"Young people tend to believe that this is the time to 'make the most' of their youth. When you try to caution them, some of them turn around and say, 'We were not there during your own youth.' So, we have to persevere... and talk to young people and say, 'Yes, December is a pleasant time... A time to have fun... But you should guard yourself while having fun. Otherwise, you might become overwhelmed by situations, and end up with an unplanned pregnancy or a sexually-transmitted infection, including HIV. So, it's important not to go overboard."

MEC Simelane was speaking during the "Isibhedlela Kubantu" (Healthcare Services to the People) community outreach programme at Hlathikhulu, under uThukela District.

She then urged all young people to safeguard themselves by taking advantage of the healthcare services that Government makes available to them.

The MEC said experience had shown that, due to the higher incidence of unprotected sex during the December holidays, September was usually the busiest time of the year in hospital maternity wards – and this needed to change.

"As a result, many people end up with babies they had not planned for, who get given names like "Khisimusi." (Christmas) Therefore, we must look after ourselves. If you over-drink, you might wake up from a bed that you don't know, with serious, life-changing consequences."

According to Section 27 of Chapter 2 of the Bill of Rights of the Constitution, "Everyone has the right to have access to healthcare services, including reproductive healthcare; sufficient food and water; and social security, including appropriate social assistance if they are unable to support themselves and their dependents."

MEC Simelane said: "We are pleading with young people... It is important for them to utilise services from the Department. We have both male and female condoms, as well as contraceptives. We have a basket full of everything that young people might need in order to make themselves safe during the festive season and beyond.

"Those who've not started engaging in sex... those who are not ready, we encourage them to stay put. Just wait. Take your time. And this applies to both boys and girls. There's no STI or pregnancy that will get into your body while you're just sitting at home." Concluded Simelane

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PHOTO GALLERY- ISBHEDLELA KUBANTU



Service delivery by Healthcare workers



Stage play on U=U by Programme Directors



Service delivery by Healthcare workers



Service delivery by Healthcare workers



Service delivery by Healthcare workers



Maskandi Musician Khuzani entertaining the audience.







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PHOTO GALLERY- WORLD AIDS DAY



BE- OK Bottles Illustration by PHC Supervisor SE Mhlanga—Wembezi Clinic AIDS Day Celebration



World Aids Day celebration cake 2023- held at Estcourt Hospital





Candle lighting by the staff at Wembezi

Hast Clinic staff explaining the link between TB and HIV/AIDS



Lay Councillor Mrs Dlamini encouraged people to take their treatment daily-



Mr Mzothule guest speaker during World Aids day event held in Wembezi











STAFF APPOINTMENTS

We are pleased to announce the arrival of our new employees. They have been selected for employment due to the attributes they displayed that appeared to match the qualities we look for in an employee. We wish them all the best and we're looking forward to seeing them grow and develop into outstanding employees that exhibit a high level of care, concern and compassion for others. We also hope that they will find their work to be rewarding, challenging and meaningful.

SURNAME AND INITIALS	RANK	INSTITUTION	
1.MTSHALI S.W	COMMUNITY HEALTH WORKER	INJISUTHI CLINIC	
2. NGUBENI S.S	COMMUNITY HEALTH WORKER	INJISUTHI CLINIC	
3.MAPHUMULO S.S	COMMUNITY HEALTH WORKER INJISUTHI CLINIC		
4.LINDA V.N	COMMUNITY HEALTH WORKER HAVILAND CLINIC		
5.XIMBA H.W	COMMUNITY HEALTH WORKER HAVILAND CLINIC		
6.GAMA SO	COMMUNITY HEALTH WORKER HAVILAND CLINIC		
7.MOLOI E.N	OPERATIONAL MANAGER INJISUTHI CLINIC		
8.KATISE L.H	PROFESSIONAL NURSE SPECI- ALITY	ESTCOURT DISTRICT HOSPITAL OPD	
9.DUMA R.L	ADMINISTRATION CLERK WEMBEZI CLINIC		
10.MNGENELA Z.P	GENERAL ORDERLY	ESTCOURT DISTRICT HOSPITAL	
11.MBATHA S	PUBLIC RELATIONS OFFICER	ESTCOURT DISTRICT HOSPITAL	
12.SITHOLE D	PROFESSIONAL NURSE SPECIALITY	ESTCOURT DISTRICT HOSPITAL MATERNITY	
13.BUTHELEZI N.M	CLINICAL NURSE PRACTITION- ER	INJISUTHI CLINIC	
14.SIMELANE P.G	PROFESSIONAL NURSE SPECI- ALITY	ESTCOURT DISTRICT HOSPITAL OPD	
15.MNTAMBO P.T	CLINICAL NURSE PRACTITION- ER	WEMBEZI CLINIC	
16.MSIMANG S.F	CLINICAL NURSE PRACTITION- ER	NCIBIDWANE CLINIC	
17.DLAMINI T.J	CLINICAL NURSE PRACTITION- ER	HAVILAND CLINIC	
18.NDABA P.P	ENROLLED NURSE	HAVILAND CLINIC	
19.JACA B.P	ENROLLED NURSE	INJISUTHI CLINIC	
20.MTSHALI P.M	ENROLLED NURSE	HAVILAND CLINIC	
21.KHOZA N.C	CLINICAL NURSE PRACTITION- ER	NTABAMBHLOPHE CLINIC	
22. MAKUYI N.P	QUALITY ASSURANCE	ESTCOURT DISTRICT HOSPITAL	
23. ZUMA I.M	NURSING ASSISTANT	ESTCOURT DISTRICT HOSPITAL TB	
24. HAMID A	SPEECH THERAPIST	ESTCOURT DISTRICT HOSPITAL	
25. MAJOLA	PHYSIOTHERAPIST	ESTCOURT DISTRICT HOSPITAL	
26. SEEDAT A	AUDIOLOGIST	ESTCOURT DISTRICT HOSPITAL	
27. MAZIBUKO S.S	PROFESSIONAL NURSE	ESTCOURT DISTRICT HOSPITAL MATERNITY	
28. ZUMA J.S	PROFESSIONAL NURSE	ESTCOURT DISTRICT HOSPITAL MATERNITY	













STAFF APPOINTMENTS CONT...

31. MAPHALALA N.L M 32. MPHUTHI S.T D 33. MAVUNDLA N.C C TI T 34. MLAWU N.N M 35. MAZIBUKO M.N.L M	MEDICAL OFFICER MEDICAL PRACTITIONER DIETICIAN CLINICAL NURSE PRACTI- IONER MEDICAL OFFICER MEDICAL OFFICER	ESTCOURT DISTRICT HOSPITAL ESTCOURT DISTRICT HOSPITAL ESTCOURT DISTRICT HOSPITAL ESTCOURT DISTRICT HOSPITAL
32. MPHUTHI S.T D. 33. MAVUNDLA N.C C. TI 34. MLAWU N.N M 35. MAZIBUKO M.N.L M	DIETICIAN CLINICAL NURSE PRACTI- IONER IEDICAL OFFICER	ESTCOURT DISTRICT HOSPITAL
33. MAVUNDLA N.C C. TI 34. MLAWU N.N M 35. MAZIBUKO M.N.L M	LINICAL NURSE PRACTI- IONER IEDICAL OFFICER	
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35. MAZIBUKO M.N.L M		
	TEDICAL OFFICER	ESTCOURT DISTRICT HOSPITAL
36. MDLOLO L.K	LDIGITE GITTOLK	ESTCOURT DISTRICT HOSPITAL
111	TEDICAL OFFICER	ESTCOURT DISTRICT HOSPITAL
37. NGXONGO N.T M	TEDICAL OFFICER	ESTCOURT DISTRICT HOSPITAL
,	OCCUPATIONAL THERA- IST	ESTCOURT DISTRICT HOSPITAL
39. NDABA N.M.N PI	HARMACIST	ESTCOURT DISTRICT HOSPITAL
40.MTHEMBU T.W	OCCUPATIONAL NURSE	ESTCOURT DISTRICT HOSPITAL
41. MPANGASE F.I ST	TAFF NURSE	ESTCOURT DISTRICT HOSPITAL
	ROFESSIONAL NURSE PECIALITY	ESTCOURT DISTRICT HOSPITAL
43 Nyembe TC C	linical Nurse Practition- r	ESTCOURT DISTRICT HOSPITAL
44. Mdakane DA C	linical Nurse Practition- r	ESTCOURT DISTRICT HOSPITAL
45 Zulu T C	linical Nurse Practition- r	ESTCOURT DISTRICT HOSPITAL
46 Khumalo ZM M	ledical Manager	ESTCOURT DISTRICT HOSPITAL
47. Mahamba NB M	ledical Comm Serve	ESTCOURT DISTRICT HOSPITAL
48. Ndelu V Ph	harmacist Assistant	ESTCOURT DISTRICT HOSPITAL
49 Zindela CA Ph	harmacist Assistant	ESTCOURT DISTRICT HOSPITAL
50. Njara P Pr	harmacist Assistant	ESTCOURT DISTRICT HOSPITAL
51. Mthethwa LD Ph	harmacist Assistant	ESTCOURT DISTRICT HOSPITAL
3	enior Finance Service Officer	ESTCOURT DISTRICT HOSPITAL
53 Nzama TJ Tr	radesman Aid	ESTCOURT DISTRICT HOSPITAL
54. Shange KI Se	ecurity Officer	ESTCOURT DISTRICT HOSPITAL
	ecurity Supervisor	ESTCOURT DISTRICT HOSPITAL
56. Dubazane NR Sc	ocial Worker	ESTCOURT DISTRICT HOSPITAL
57 Miller PN C:	linical Nurse Practition- r	ESTCOURT DISTRICT HOSPITAL
58 .Mchunu Z Pr	rofessional Nurse	ESTCOURT DISTRICT HOSPITAL
59. Memela GT A	rtisan Production	ESTCOURT DISTRICT HOSPITAL
60. Mbele SG	IRO	ESTCOURT DISTRICT HOSPITAL
61. MFEKA PTN E1	nrolled Nurse	ESTCOURT DISTRICT HOSPITAL
62. KHABA SP G	eneral Orderly	ESTCOURT DISTRICT HOSPITAL
63 Xaba SM G	eneral Orderly	ESTCOURT DISTRICT HOSPITAL
64. Madondo GT Da	ata Capturer	ESTCOURT DISTRICT HOSPITAL









EDITORS NOTE

It gives me great pleasure to present my first edition of Ezase Mtshezi News as the newly appointed Public Relations Officer for such a wonderful facility with rich history.

I would like to extend my heartfelt gratitude to all hospital management and staff members for a warm welcome and making me feel at home from day one.

I believe that, this edition will provide internal and external stakeholders with an insight on various activities which recently took place at our institution in trying to improve health care services to our clients.

It has caught my attention that we receive lots of compliments compared to complaints, it brings me sincere joy to congratulate our staff members, in particular the nursing department, on the huge number of compliments we receive, it is evident that we are a caring institution which is committed to provide citizen centred service delivery at all cost. Keep up the good work, and continue to fly Estcourt District Hospital flag high, we also need to encourage complaints as they will assist the hospital to identify gaps and loopholes which gives us an opportunity to implement quality improvement plans. Therefore, don't be dishearten by negative feedback.

Siyanda Mbatha-Public Relations Officer











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