



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

ESTCOURT DISTRICT HOSPITAL

EZASE MTSHEZI

NEWS

'WE HAVE A GOOD STORY TO TELL'

DECEMBER 2024



01

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MESSEGE FROM THE CEO

Greetings to all the readers

The time has come again for us to engage through this platform.

We are grateful to Almighty God who has enabled us to continuously offer diligent and selfless service to the people of Inkosi Langalibalele.

We are meeting at a time where in every corner of our society, every media platform and community gatherings people are surprised at the number of alleged food poisoning cases that have resulted in loss of life to our children and young people. Whilst this unfortunate plague has not been reported in our sub-district, it is a cause for concern. We therefore need to be extra vigilant as workers of Estcourt Hospital and the clinics that are attached to this hospital.

This is also the season where we are experiencing heavy rainfalls which are accompanied by dangerous thunder storms. Again we need to stay clear from sites which may expose us to danger; please be safe, the hospital and the clinics need you to take care of the vulnerable people who come to our institutions for help.

As we approach the last month of 2024, I would like to thank the employees of Inkosi Langalibale sub district (from the Security Officer at the gate to the managers at all levels) for the diligent service that you have been providing to our clients who are the patients; your gallant efforts of keeping our patients satisfied is appreciated.

To those who are taking annual leave, I am happy for you, enjoy your leave and remain loyal to service delivery even if you are not at our institution premises, remember public servants are on duty for 24 Hours a day and 12 months a year. You conduct must uphold the image of this hospital even when you are not around us.

We are also encouraged by the support that we are getting from our Hospital Board under the leadership of Mr Mkhize. This is the structure that has been supportive of the vision and mission of this institution; Siyabonga Ngunezi.

Colleagues we are entering the festive season but be careful, because it's a matter of six weeks and its back to school. Spend wisely during this season and ensure that in January there is enough money for the school programs.

Happy Festive Season



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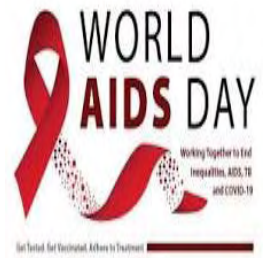
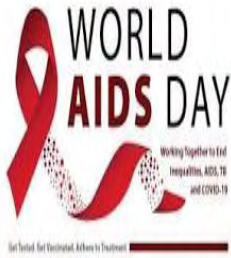
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WORLD AIDS DAY 2024



Escourt Hospital clinics were not left behind in commemorating World AIDS Day 2024, under the theme, *"take the rights path: my health, my right."*

This was more than a celebration but an opportunity to reflect on the progress made to date, to raise awareness about the challenges that remain to achieve the goals of ending AIDS by 2030 and to mobilize all stakeholders to jointly redouble efforts to ensure the success of the HIV response.

The world can end AIDS with communities leading the way until we reach a day when HIV is no longer a public health threat. (Please see MORE visuals in the next page)



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WORLD AIDS DAY 2024 IN VISUALS



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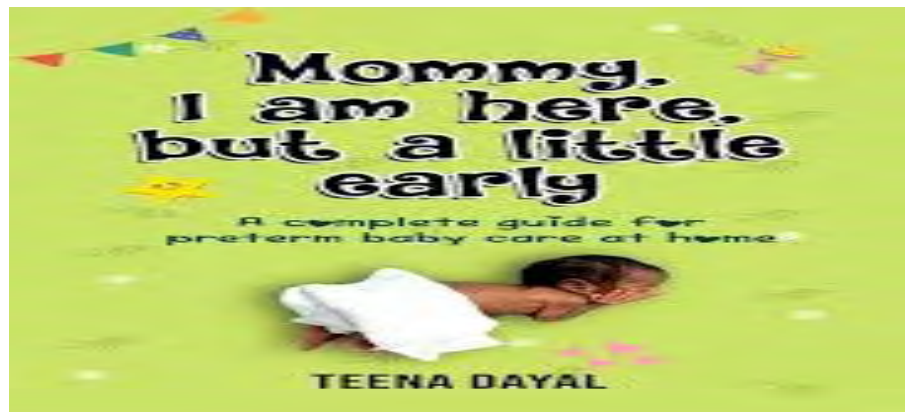
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WORLD PREMATURETY DAY 2024



Estcourt Hospital Maternity Ward 4A, raised an awareness on premature births and challenges faced by premature babies and their mothers. The ward staff members led by Matron Sibiya offered emotional support to the mothers affected by premature births by ensuring them that their babies can and will survive. This was also testified by the mothers who had premature babies, these mothers were awarded with gifts as a token of gratitude and appreciation for their cooperation through the journey of raising premature babies. The event was commemorated the 27th of November 2024.



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RADIOGRAPHY DAY



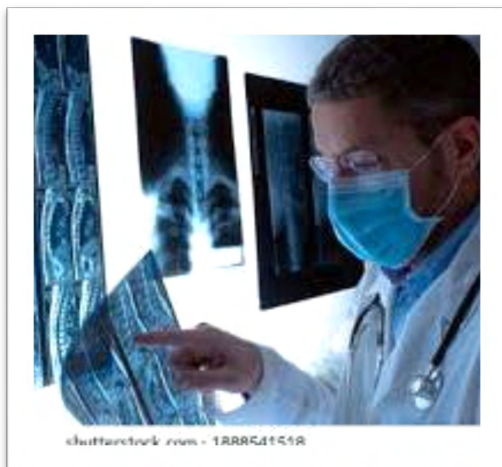
RADIOLOGY STAFF MEMBERS

Estcourt Hospital Radiology Department headed the call in celebrating a successful World Radiography Day 2024 this is an annual observance that celebrates the vital role of radiographers and radiologic technologists in healthcare and medical diagnosis.

The event was observed on the 8th of November 2024 to increase public awareness with respect to the vital role of diagnostic imaging, radiation therapy and the role played by radiographers in healthcare management.

The World Radiography Day 2024

Theme is:



Serving of sandwiches and coffee to patients in waiting areas

“Radiographers: Seeing the Unseen” and seeks to increase

AUDIOLOGY OUTREACH PROGRAMMES

The **Estcourt Audiology Department** was invited to attend **Nestlé's Heritage Wellness Day** on the **25th September 2024**. It was an informative event with different companies coming together to provide information to workers regarding their safety, health and wellbeing. As part of the program, we spoke on the following: our role as audiologists, what hearing loss and noise induced hearing loss is, the risk factors, the worker's rights in relation to occupational hearing loss and what that entails, as well as the importance of wearing hearing protection devices. It was advocated for the rest of the rehabilitation team to attend in the future.

Ms. Mbongwa and Miss Seedat conducted the talk on hearing, hearing loss, causes, signs, symptoms, hearing conservation and intervention, with them is Ms Lerato the event coordinator.



Event coordinator & audiology team



Ms Mbongwa and Miss Seedat boldly asked the audience questions after the Health Education talk

Estcourt Hospital Audiologists, Ms N. J. Mbongwa – the permanent Audiologist and Miss A. Seedat – CSO conducted an outreach service at Shepstone Place Old Age Home on the 18th October 2024, where 20 residents were seen. The purpose of the visit was to provide audiological service in terms of cerumen management, hearing aid troubleshooting, earmould re-tubing, and issuing of hearing aids batteries as well as informational session were conducted to staff too. The residents were eager to have their ears checked up and showed immense gratitude for the services provided.



Cerumen management



Cerumen management

IPC & QA OPEN DAY 2024

#Rewarding Excellence #Rewarding Patient Centred Service Delivery!!

Estcourt Hospital hosted a joint IPC and QA Open Day Event which was held on the 31st of October 2024. The Estcourt employees were reminded about the practice and protocols aimed at preventing the spread of infections within the healthcare settings and also practicing Quality Assurance in the workplace.

The overall objective of the event was to honour public servants that have demonstrated selflessness, dedication and innovation in service delivery.



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WELLNESS DAY EVENT

On the 11th of October 2024, Estcourt Hospital staff members embarked to a healthy lifestyle journey . A wellness day event is where we focus on our mental, physical and emotional well-being of our staff. The objective of the event is to allow employees to take a break from daily work routines , which can be very stressful and challenging. A fun walk was taken commencing from our hospital gate to Lambert park, this was followed by the aerobic session to increase flexibility and mobility. **Healthy body = Healthy mind!!**



Programme Director: Mr Siyanda Mbatha



Fun walk from Estcourt Hospital to Lambert Park



Participants group picture



Aerobics session



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PHARMACY DAY EVENT

INJISUTHI CLINIC HELD A SUCSESUFUL PHARMARCY DAY



Mrs S.E Mhlanga addressing the audience



Demonstration on how to utilize the Pele Box

World Pharmacists Day, is a day to recognize and celebrate the crucial role that pharmacists play in building healthier communities everywhere.

Pharmacists are integral to our health-care systems, often being the first point of contact for health advice and primary health care, as well as addressing the health needs of our populations in many varied ways, including:

- ensuring access to and providing guidance on essential medicines and medical devices, including diagnostic tests and assistive products;
- providing expertise for patient care and public health;
- promoting disease prevention, such as by administering vaccines, conducting health screening, educating patients, and helping to improve health literacy;
- supporting public health campaigns;
- participating in the research and development of new medicines;
- leading in pharmacovigilance, for instance, ensuring the safety and efficacy of antibiotics and other medicines;
- implementing greener ways of working and addressing the impacts of environmental factors on health;
- advocating for policy changes that promote better health outcomes; and
- as demonstrated during the COVID-19 pandemic, pharmacists are at the forefront of addressing regional and global health crises.



Unveiling of the Pele Box



Local Traditional Dancers

U=U LAUNCH

Undetectable = Untransmittable

The community of NTABAMHLOPHE in Wembezi were the beneficiaries of the Universal Health Coverage (UHC) during the national launch of the Department of Health's Undetectable = Untransmittable "U = U" Campaign.

The launch was attended by the former Health Minister Dr Joe Phaahla, KZN Health MEC Ms Nomagugu Simelane, People Living with HIV, leaders of civil society, as well as various developmental partners.

U=U refers to people who are HIV-positive but cannot pass the virus on to their partners or unborn babies, if they consistently take their treatment.

If an HIV-positive person takes their ARVs without defaulting, they can decrease the amount of HIV in their blood to such a low number that it cannot be detected.

An undetectable level of HIV means that it cannot be passed on to a sexual partner and therefore becomes untransmittable.

If a patient starts and stays on ARVs, they can achieve the U=U status in just 6 months.

However, HIV-positive patients must continue taking treatment to maintain the U=U status and check their viral load regularly.

A person can fall out of the U=U status if they stop taking their medication every day.

Importantly, the U=U status cannot protect a patient from Sexually Transmitted Infections (STIs) or pregnancy.

Therefore, it is still important to use protection, such as male and female condoms, to protect yourself from STIs.



Minister of Health Dr Joe Phaahla and the Dignitaries



KZN MEC of Health Ms Nomagugu Simelane

UTHUKELA DHS AWARDS

EXCELLENCE REWARDED DURING THE DISTRICT QUALITY DAY



Celebrating Excellence, Honoring Quality, and Embracing Innovation.

Estcourt Hospital clinics continues to be bunch of winners, this was evident in the recent uThukela Health District annual DHS awards. The awards are intended to recognize excellence and offer gratitude to all Health Facilities within the District, who have worked exceptionally and distinctively in providing Patient Centered Service Delivery.

The awards compromise of various categories of which 7 were awarded to clinics under Estcourt Hospital.

Congratulation to all the winners and thank you for flying the Estcourt Hospital flag high .



Receiving of Awards

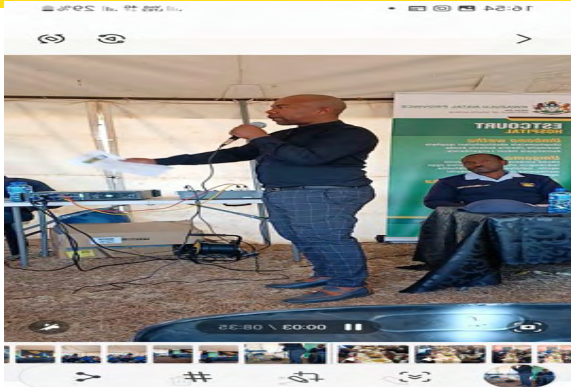


Receiving of Awards



THE MENS KRAAL-ISIBAYA SAMADODA LAUNCH

Isibaya samadoda Launch at Haviland Clinic calls for all men to take stock of their health



Mr .Siyanda Mbatha Addressing the Audience



Mr , Khanyile (SAPS) addressing the Audience

Isibaya samadoda is Prince Zulu's men's health movement that encourages men to focus on their physical and emotional wellness and cultural identity. Men are believed to face multiple of challenges and don't have someone or a platform to vent their issues hence why Haviland Clinic decided to launch Isibaya samadoda programme.

The programme was embraced by different stakeholders including Induna ye Nkosi Mr. Manana During his keynote address, he urged all men to be leaders in their families and communities, starting with themselves. "Our men must prioritise their health, not just physical health, but also mental health. This will allow us to combat gender-based violence, which typically stems from internalised anger in men that has not been addressed."

Speaking on gender based violence, Mr Biyela from Haviland (SAPS) engaged all men asking, 'why do men abuse women when they know that, they are physically stronger than them?'

"We understand that in order to build a thriving society, we must get men to open up and address their issues. We must all work together." Mr Khanyile Concluded.

Archiving Room Handover and unveiling at Forderville Clinic



Fordeville Clinic needed space for archiving to allow for easier access of documents and registers during audits.

The Clinic Manager **Mrs S Seebran Ramthol** approached a local sponsor to assist with a wendy house to allow for a bigger storage. The sponsor in turn decided to build an archiving room. An official handover was done on the 26th April 2024 at Forderville Clinic. The handover was attended by Mr Suren Naidoo (sponsor) and the Naidoo siblings, CEO Mr Bekenya, PHC supervisor Sr Ganes, M&E Matron House, The contracted builder Mr Kami Baboolal and staff at the facility

RADIO SLOTS

Ukhahlamba FM and Estcourt Hospital radio slots to cascade information and give



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PEC SURVEY 2024

It's not just a Survey, it's an Experience!!

Patient Experience of Care Survey focuses on the personal and emotional aspects of patients interactions with the Health Care System. This Survey was conducted by Estcourt Hospital team at Alfred Duma Local Municipality clinics under St chads CHC, the main objective of the survey is to identify gaps and implement Quality Improvement Plans to improve the quality of care, also enhance patient satisfaction .The survey was done from the 19th-28th of August 2024, willing patients were asked a few questions with regards to the experience of care in their respective clinics.



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FACTS ABOUT MPOX:

TO LESSEN YOUR CHANCES OF CONTRACTING MPOX FOLLOW THESE STEPS:

- Avoid skin to skin contact with any person who has Mpox rash.
- Do not by any chance touch the scabs or rash of a with Mpox.
- Refrain from kissing, hugging, cuddling or engaging in sexual activities with any infected person.
- Avoid sharing eating utensils (spoons, forks) and cups with a person infected with Mpox.
- Do not touch the bedding, towels or any clothing of a sick person.
- Make sure you wash your hands with soap and water and also use alcohol based hand sanitiser, especially after touching a sick person

CARE FOR THOSE WITH MPOX CAN EASE THEIR SUFFERING. LET'S SPREAD LOVE, NOT STIGMA.



WHAT YOU NEED TO KNOW ABOUT MPOX

CONTINUED

- If you are sharing a home with a person who has tested positive for Mpox, it is vital for you to take extra precaution as it can spread through contact with bedding, towels, clothing, objects (eating utensils or items shared during sexual activity) and contaminated surfaces.
- In countries like South Africa, where animal to human transmission has not been reported, it is very unlikely that one may get Mpox from handling or consuming meat.
- People are most likely to be exposed to Mpox through contact with individuals who have already been infected with Mpox.

CARE FOR THOSE WITH MPOX CAN EASE THEIR SUFFERING. LET'S SPREAD LOVE, NOT STIGMA.



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WHAT IS MPOX?

- Mpox does not discriminate. Anyone no matter the gender or sexual orientation can contract Mpox if they have had close contact with anyone infected with the virus.
- Mpox does not only affect people in African countries.

CARE FOR THOSE WITH MPOX CAN EASE THEIR SUFFERING. LET'S SPREAD LOVE, NOT STIGMA.



WHAT YOU NEED TO KNOW ABOUT MPOX

- As there are a lot of rash associated diseases such as chicken pox and herpes, it may be difficult to distinguish, so if you have rash, go to your nearest health facility and have them check it out for accurate diagnosis and discuss your treatment options.
- If you test positive for Mpox, you are required to isolate yourself to minimise the risk of infecting others. Protect others by staying in your separate room.
- Condoms do not protect from Mpox as it spreads through skin to skin contact but they protect against STI's.
- Mpox is rarely fatal. Some people may need to be hospitalised to manage pain or prevent serious complications. If your symptoms get worse, go to your nearest health care facility.

CARE FOR THOSE WITH MPOX CAN EASE THEIR SUFFERING. LET'S SPREAD LOVE, NOT STIGMA.



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RIP- REST IN PEACE



'And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.'

Revelation 21v4



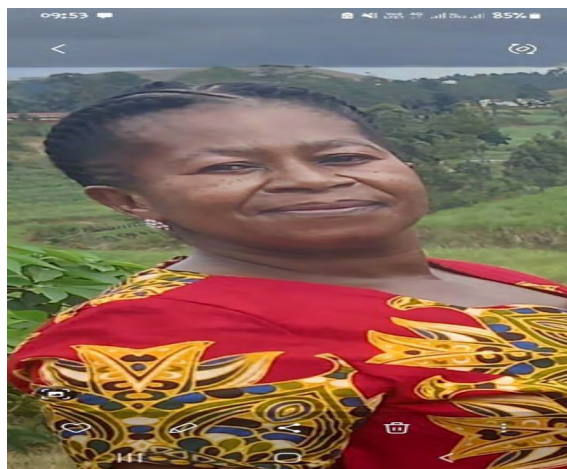
Ms Sibongile Dlamini- Ward 1



Mrs. Fiona Hanif- ward 5



Ms Buyi Gabela- Gate clinic



**Ms Philisiwe Ngcoyo-
Wembezi clinic**



FAREWELL FUNCTIONS



Farewell Ms .N Ncwane



Farewell Dr, Z. Khumalo



Farewell Mr. Z.J Msibi



Farewell Ms ZG Sikhosana



Fare well Mr. Nkabinde

FAREWELL FUNCTIONS CONT..



Farewell Mr B.S Zulu



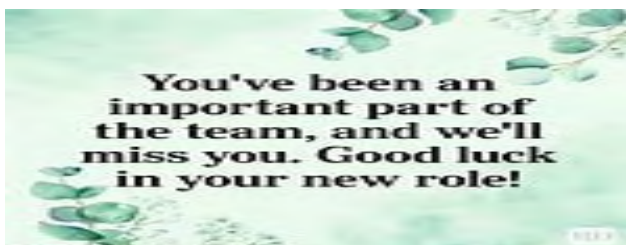
Farewell Matron Sibisi and Sister Mkhize



Farewell Mr. W Radebe



Our Hospital Choir bidding farewell to our colleagues



SOCCER & NETBALL KIT HANDOVER

Estcourt Hospital supports work and play programme



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THANK YOU TO OLD MUTUAL FOR ALWAYS COMING THROUGH FOR US !!



PHOTO GALLERY



U=U CAMPAIGN



U=U CAMPAIGN



PEC SURVEY 2024



Isibhedlela kubantu



ISIBAYA SAMADODA LAUNCH- HAVILAND CLINIC



PHARMACY DAY 2024 - INJISUTHI CLINI C



PHOTO GALLERY



NETBALL TEAM KIT HANDOVER



QUALITY & IPC OPEN DAY



STAKEHOLDERS WORKSHOP



INJISUTHI CLINIC WOMENS DAY CELEBRATION



Management during a farewell function



QUALITY & IPC OPEN DAY



NEW APPOINTMENTS

Welcome

SURNAME& INITIALS

1. MAZIBUKO S.S
2. ZUMA J.S
3. XABA M.B
4. DUMAKUDE M.D
5. DLAMINI T
6. MDLETSHE Z.P
7. MTHEMBU T.W
8. BUKOSINI B.S
9. MAVUNDLA N.C
10. MTSHALI N.P
11. MPANZA N.M
12. SINGH K
13. DLADLA Z..A
14. BROWN L.R.L
15. ZUMA I.M
16. MPANGASE F.I
17. NKOSI Z.Y
18. MHLONGO S
19. MPANZA N
20. BUTHELEZI S
21. KUBHEKA S.B

OCCUPATION

- PROFESSIONAL NURSE
- PROFESSIONAL NURSE
- PROFESSIONAL NURSE
- PROFESSIONAL NURSE
- MEDICAL OFFICER
- MEDICAL OFFICER
- OCCUPATIONAL HEALTH
- PROFESSIONAL NURSE SPECIALITY
- CLINICAL NURSE PRACTITIONER
- ULTRASOUND
- PROFESSIONAL NURSE
- PROFESSIONAL NURSE
- PROFESSIONAL NURSE
- PROFESSIONAL NURSE
- ENROLLED NURSE
- ENROLLED NURSE
- MEDICAL OFFICER
- OPERATIONAL MANAGER
- PROFESSIONAL NURSE
- PROFESSIONAL NURSE
- PROFESSIONAL NURSE



NEW APPOINTMENTS CONT..

SURNAME& INITIALS

22. MSOMI L.Q

23. GCABA P

24. MBHELE L.L

25. MCHUNU S.N

26. CELE N

27. NDLOVU N.S

28. MKHIZE N.H

29. DLAMINI N.B

30. NENE Z.B

31. MKHIZE A.T

32. NDLOVU S.N

33. MKHIZE T.B

OCCUPATION

PROFESSIONAL NURSE

PROFESSIONAL NURSE

ASSISTANT DIRECTOE RADIOGRAPHY

COMMUNITY HEALTH WORKER

ADVANCE MIDWIFERY

NURSING ASSISTANT

ENROLLED NURSE

ENROLLED NURSE

ENROLLED NURSE

DATA CAPTURER

PROFFESIONNAL NURSE

MEDICAL OFFICER



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