

A MESSAGE FROM THE HOSPITAL MANAGER

The year 2007 has come and gone like any other years, it has been characterised by both highs and lows, but the people of G J Crookes have always been there for the ever demanding patient

It humbles me and the rest of the management that there has been so much acknowledgment of our service delivery from patients and people across the board.



Mrs. S.P Nyawo—Hospital Manager

We are almost half way through the year of 2008 , and I hope everyone knows by now that our plans for the year are in place and are being implemented.. I take this opportunity to welcome all new employees that have just joined our institution and I hope their introduction is considered as milestone towards better service delivery to our people.

I would like to thank all categories of staff for their hard work especially those who go beyond the call of duty, please keep up the good work.

We would like to thank all our employees for their patience and apologies to our patients and visitors for any inconvenience caused whilst renovations take place. I wish everybody all the best in your quest to advance the interest of our people.

An anonymous author said 'The road to greatness is a hard one, The challenges encountered along the way are what make us great'

TABLE OF CONTENTS

<i>Chatting with Mrs Nyawo</i>	Cover Page
<i>Hypertension & Diabetes awareness</i>	2
<i>Blessed December for H Ward</i>	2
<i>Ethics at work place</i>	3
<i>Who's new?</i>	3
<i>New Appointments</i>	4
<i>Question & Answers</i>	4
<i>What happened lately</i>	5
<i>Answers to your frequently asked questions</i>	5
<i>Healthy lifestyle events for Ugu District</i>	6
<i>Usuku empilweni kanompilo</i>	6—7
<i>Usuku lokuqwashisa ngokusethsenziswa kwamakhondomu nezifo zocansi</i>	7
<i>Jokes and quotations</i>	8
<i>Sports and recreation</i>	8
Communications Department	8

Hypertension and Diabetes awareness

G.J. Crookes Hospital together with eMzinto Clinic held a Hypertension and Diabetics awareness campaign at Kenterton on Friday 24 August 2007.

This campaign was aimed at educating the community on the how to prevent and manage chronic diseases like hypertension and diabetics. This follows the raising statistics of people suffering from these diseases in the rural areas.

The Guest Speaker, Mrs S.N. Duma, explained to the audience as to how they can identify the symptoms of these chronic diseases and the measures they can take to prevent and manage. She warned the community of the importance of eating a stable diet and engaging in physical exercises.

The eMzinto Mobile Clinic staff also performed a stage play as part healthy life-style education. Sifiso Gamede rendered a moving poem.

The hospital and clinic staff also distributed hand-bags to the audience as the token of appreciation.

BLESSED DECEMBER FOR THE H WARD

We closed last year with a lot of happiness. The H Ward, otherwise known as the Padeatric Ward had visitors from different institutions to donate gifts, toys and refreshments. Amongst the visitors we had East Coast Radio who visited us on the 5th of December as part of their Toy Story project. They visited the ward to offer toys to our adorable kids. The kids were ecstatic.



A member of the East Coast Radio



The kids with their gifts

Another visit was made by the Mayor from Umdoni Local Municipality on the 27th of July in 2007, Mrs. N Gumede who visited with Santa Clause and gave gifts to every child in the ward. The kids were happy to take pictures with father Christmas.



Mrs. Nyawo, Father Xmas, Umdoni Local Municipality Mayor and Mrs. Sishi

Other gifts were from Woolworths, OK Bazaars, Checkers, Living Rivers Church, Royal Godbrit Bowlers, Selbourne Golf Club, Mr. C Chetty.

We thank them all for their bigheartedness.



Christmas party at the end of the year

Ethics at workplace

Ethics are set of moral principles or beliefs that a person lives his/her everyday life by. These are all concerned with goodness or badness of human character / behaviour, or with the distinction between right or wrong.

We can also call it ubuntu obviously as human being we can all distinguish between wrong and right.

In each and every issue we will focus broadly on one point that we think of ethical value to us and our customers in other words it is a code of conduct for all employees. For an example sexual harassment, dress code, late coming, absentism, violation of human rights, negligence of government property, alcohol and drugs during work, relationships with employer and employees, discrimination and corruption the list of endless.



Umphakathi phambili

Who's New?



We extend our warm welcome to Mrs. B Dlomo, our new Labour Relations Officer who started working for the G.J Crookes hospital on the 01st of April this year. Mrs. Dlomo was previously employed as a Human Resource Officer in HR Practices at King Edward viii Hospital in Durban.

We asked Mrs. Dlomo to tell us more about her field and what can we expect from her. "Labour relations is mostly about maintaining and promoting a sound staff relations within the institution, by ensuring that all staff acquaint themselves with the Code of Conduct for the Public Service," said Mrs. Dlomo

Mrs. B Dlomo— Labour Relations Officer

She further explained that it also ensures that grievance discipline and misconduct cases are handled in terms of the laid down policies and procedures and are finalized timeously. She also has to provide continuous training on all aspect of labour relations to all staff, give guidance to managers and supervisors and solve conflict within the institution.

For all employees she has to make certain that

- Disciplinary hearings take place and employees have a fair hearing
- Everyone is timeously informed of allegations of misconduct against them
- They receive written reasons for decisions taken
- And have a right to appeal against any decision..

Lastly, a labour relations officer has to guarantee that there are regular meetings with the Institutional Management and Labour Committee (IMLC) and that compliance is ensured to all legislative prescripts. "I am looking forward to working with everyone at G.J Crookes Hospital and have heard that it has a good and supportive working environment," explained Mrs. Dlomo. We hope her employment with us is going to be a pleasant one.

New appointments (January—March 2008)

Initial & Surname	Rank	Appointment date
BHENGU S.S	Community Service, Prof. Nurse	01 Jan 2008
MEYIWA N	Community Service, Prof. Nurse	01 Jan 2008
CELE VF	Community Service, Prof. Nurse	01 Jan 2008
ZONDO NA	Community Service, Prof. Nurse	01 Jan 2008
FRANCIS ZZ	Community Service, Prof. Nurse	01 Jan 2008
CHILI SC	Community Service, Prof. Nurse	01 Jan 2008
GOVENDER S	Radiographer	01 Jan 2008
NTINGA MN	Physiotherapist	01 Jan 2008
DARWENT KJ	Speech therapist	01 Jan 2008
DORMEHL C	Occupational therapist	01 Jan 2008
JAGAROO N	Pharmacist	01 Jan 2008
MSOMI MB	Medical Officer	01 Jan 2008
SINGH A	Medical Officer	01 Jan 2008
SIKHAKHANE MS	Medical Officer	01 Jan 2008
NDADANE PM	Medical Officer	01 Jan 2008
BUKOSINI MB	Prof. Nurse	01 Jan 2008
MTHETHWA MB	Staff Nurse	01 Jan 2008
NZUZA FN	Staff Nurse	01 Jan 2008
MAPHUMULO CZ	Staff Nurse	01 Jan 2008
NOMBIKA ZS	Staff Nurse	01 Jan 2008
MORENG P	Staff Nurse	01 Jan 2008
MYENDE DL	Staff Nurse	01 Jan 2008
DHLADHLA BC	Staff Nurse	01 Jan 2008
BHENGU XB	Staff Nurse	01 Jan 2008
MZIMELA SF	Staff Nurse	01 Jan 2008
NZUZA FN	Staff Nurse	01 Jan 2008
CAMP JL	Tradesman AID	02 Jan 2008
ROGERS P.J	Principal Med. Off.	02 Jan 2008
NDLOVU NT	Tradesman AID	02 Jan 2008
MBATHA TC	General Orderly	02 Jan 2008
HADEBE T.S	Public Relations Officer	07 Jan 2008
LUTHULI PSN	Staff Nurse	10 Jan 2008
HLOPHE N	Supply Officer	14 Jan 2008
NTSHANGASE GP	Staff Nurse	27 Jan 2008
MADONDO BP	Staff Nurse	29 Jan 2008
MUDENDA C	Staff Nurse	29 Jan 2008
MTHOMBENI TET	Staff Nurse	29 Jan 2008
SHANGE ZP	Staff Nurse	29 Jan 2008
NDLOVU BA	Lay Counsellor	29 Jan 2008
MTHEMBU NB	Lay Counsellor	29 Jan 2008
PILLAY NE	Staff Nurse	01 Feb 2008
SHANGE NM	Staff Nurse	01 Feb 2008
MKHABELA NR	Staff Nurse	01 Feb 2008
MBILI SE	Staff Nurse	01 Feb 2008
MBANDLWA SM	Staff Nurse	01 Feb 2008
SONI ZS	Social Worker	01 Feb 2008
MYENDE ID	General Orderly	01 Feb 2008
ZIM NC	Principal Dietician	01 Feb 2008
GHODHBANI M.E	Senior Med. Off.	01 Feb 2008
YIMBA	Pharmacy Clerk	06 Feb 2008
MZULWINI NB	Staff Nurse	11 Feb 2008
MAHLABA T	Staff Nurse	11 Feb 2008
MTHEMBU NF	Staff Nurse	11 Feb 2008
NYATHIKAZI NC	Staff Nurse	11 Feb 2008
MALIMELA NG	Staff Nurse	11 Feb 2008
CELE PN	Pharmacy Clerk	11 Feb 2008
GOVENDER K	Prof. Nurse	1 Mar 2008
GOVENDER P	Prof. Nurse	1 Mar 2008

WHAT HAPPENED LATELY?



Dental Department Head Dr S. Madikizela receives the award on behalf of Dental clinic

INFECTION CONTROL AWARDS

G.J. Crookes Hospital recently held the Infection Control Awards Function. Infection Control Manager, Sr G. Ramroop, said "Different hospital departments were assessed and awarded for outstanding performance in the Infection Control".

Dental Clinic won the first prize and was closely followed by Female Medical while Paediatric Ward got the third prize".

16 DAYS OF ACTIVISM AGAINST WOMEN AND CHILD ABUSE

Sasinhlelo lokwandisa ulwazi mayelana nokuhlukunyezwa kwabantu besifazane nezingane emphakathini wethu. Izinkulumo eziphethe iqiniso zakhulunywa ngosuku izikhulumi ezehlukene. Izingane, abesifazane, abesilisa abasebenzi kanye nabanye abaningi.



Enye yezingane ezazikhuluma ngosuku



Abasebenzi basePharmacy befundisa ngokuthathwa kwamaphilisi

PHARMACY WEEK

Umphakathi kumele waziswe ngokubaluleka kokuthatha amaphilisi nemithi etholwa esibhedlela ngendlela efanele ukuze kugwenywe ukugula okungenasidingo. Abasebenzi basePharmacy nokwaziwa ngokuthi isemithini bathatha ithuba lokwazisa Umphakathi ngalokhu ngo September nyakenye.

QUESTION & ANSWER SECTION: answers to your frequently asked questions

Kumele uphathe ini uma uza esibhedlela

- Umazisi / Ikhadi lempesheni / Ikhadi le Medical Aid
- Inombolo yocingo negama lesihlobo noma umuntu osondelene naye kubaluleke kakhulu
- Imali yokubona udokotela, uma idingeka
- Imali yokugibela usuphinda ekhaya
- Ukudla ozokudla uma ulindele usizo

HEALTHY LIFESTYLE EVENTS FOR UGU HEALTH DISTRICT

We started the year with great awareness events from our loving MECs. Firstly the KZN Minister of health Ms. Peggy Nkonyeni hosted an awareness event for healthy lifestyles at Hlokozi Area on Saturday the 26th of January and on the 22nd of February the National Minister of Health Dr. Manto Tshabala-Msimang had a healthy lifestyle event at Gamalakhe.



Both the Provincial and National Ministers of health after the walk

These events were to create awareness on the general health and wellbeing of the public. People were all encouraged to exercise for at least 30 minutes per day, eat Healthy Food, drink 8 glasses of water, Promote a smoke-free environment, Sidestep alcohol and drugs And Be safe in sexual activities. Both the events started with fun walks where, the MEC themselves and officials of different government departments took part and showed how fit they are.

There were also sporting tournaments that were made to encourage staff members to join sporting activities in their institutions, these were made of soccer and netball which were played on the 21st and the 22nd as explained in page number 8.



Soccer team from Ugu Health District



Nurses from the Mobile Clinic giving medical attention to a client

Health screening services were provided prior and during the event, the public were assessed for wheelchairs and walking sticks, glasses, high blood pressure, blood sugar, TB and advise and counseling on HIV/AIDS.

USUKU EMPILWENI KANOMPILO



CHWs from uMdoni and their Facilitator, Mr. S.S Nkontwana

Our province is fortunate enough to have The Community Health Worker Programme where Community Health Worker's (CHWs) also known as oNompilo are employed to visit different houses in the less privileged areas. They play a critical role in our societies and are part of our hospital's community outreach programme. I will focus on giving you a true and inspirational story behind their everyday work life.

It is 6am in the morning in a place called Emalangeni, a deep rural area under uMdoni Municipality, where Miss Mzobe stays and where transport access is a huge problem. She does her work like any other employee. On her list of home visits she has 80 –100 houses under her name because the households are not in one area, they are scattered. Unlike other CHWs who have 120—125 houses and the ones operating in informal settlements, where houses are grouped in one place, they have 150—200 households to serve. **(Continued on the next page)**

She has a maximum of five - six houses to visit today. When she entered the first house she greeted and introduced herself courteously and invited all family members present in order to ensure that the message is passed on to everyone. She then asked for hospital cards and checked them if everything was okay and then introduced the topic she was about to speak about which was TB.

She talked about everything related to TB causes, signs and symptoms, mode of transmission, prevention, cure/treatment and complications of the diseases. In other words she was educating about TB at the same time looking for anything that might require the people to visit their nearest clinics or the hospital.

They also undergo regular training, like the one that happened on the 19th of March, where they were advised how to do their work properly and were told about the rehab services in our hospitals (Speech , Occupational and Physio therapy)

Community health workers are more in touch with our clients than we are at our facilities.

STI AND CONDOM AWARENESS DAY OUTPATIENT DEPARTMENT

PLEASE , USE ME!

Abasebenzi besibhedlela sethu base Gateway nase VCT bathat igxathu ngomhlaka 14 February 2008, nokuwusuku olwaziwa ngosuku lwezithandani phecelezi "Valentines Day" ukwandisa ulwazi ngezifo ezithathelana ngokocansi nokusetshenziwa kwamajazi "condoms" uma kuyiwa ocansini.



Usuku lwaqala ngeculo elalinemiyalezo ngokusetshenziswa kwamajazi nokubaluleka kwawo. Njengoba abaningi bazi ukuthi usuku lwezithandani usuku lapho abantu abaningi athandanayo bethanda ukutshengisa imizwa yabo ngokocansi nokumele kube oluphephile.

uMnu. T.V Shezi wasivulela usuku lwethu ngomthandazo omnandi. Kwakunemidlalo emining yeshashalazi Eopd neyayenzelwa ukuthi abantu bafunde kuyo. Omunye wemidlalo wawumayelana nengane esafunda isikole yentombazane okwakumele benze ucansi benesoka lakhe kodwa isoka langafuni ukusebenzisa ijazi. Intombazane yanqaba yakwazi nokuzimela ukuthi ngeke iye ocansini ngaphandle kwejazi ngoba ayifuni ukukhulelwa kanye nokuthola izifo zocansi.

Ms N Nzama and Mr. S Maphumulo batshengisa ngokusetshenziswa kwamajazi, awabesilisa nawabesifazane. Baphinde batshela Umphakathi ukuthi agcinwa kanjani khona ezohlala esesimweni esihle nesiphephile.



uSr. Gumede efundisa ngezifo eziningi zocansi



Abasebenzi baseGateway ngesikhathi kwenziwa umdlalo weshashalazi

Usuku lwaphela ngomunye umdlalo weshashalazi lapho omama ababili asebekhulile batshelana ngokuzinakekela uma unomuntu ogulayo ekhaya phethwe igciwane lengculazi. Batshelwa ngokubaluleka kokugqoka amaGloves uma umugeza umuntu ngenxa yokuthi ngeke wazi uma unendawo evulekile nalapho okungangena igciwane kuyona.

Amakhondomu amaningi anikezwa Umphakathi batshelwa nokuthi atholakala kanjani nakuphi. Wonke umuntu wagqugquzelwa ngokuya ocansini oluphephile nokuthi athembeke kulowo athandana noma ashade naye .

JOKEs—Laughing is a good natural medication

Tom: Would you punish me for some thing I didn't do?

Teacher: no, of course not.

Tom: good, because I didn't do my homework.

Inspirational quotations

"Life's ups and downs provide windows of opportunity to determine your values and goals. Think of using all obstacles as stepping stones to build the life you want." - Marsha Sinetar

Sports & Recreation



Our Choristers

Sports and recreation are another way of promoting healthy lifestyles and wellness, socializing and releasing stress for our staff. In our institution we have Netball, Soccer and Choir and are still looking to add more sporting activities like volleyball to our list.

Luckily a Sports and Recreation Committee is in place. The committee is responsible for everything related to sports and recreation, especially planning.

For any organization or institution who might like to play with us as G.J Crookes Hospital, we have a Sports and Recreation Coordinator, Ms T Cele who can be contacted on Ext. 7121 or alternatively you can contact Ms T Hadebe the PRO.



G.J Crookes Hospital—Netball Team

PUBLIC RELATIONS DEPARTMENT

Newsletters are designed and published for certain purposes. This newsletter is designed for both the staff (internal target audience) and the public (external target audience) so it is catered especially for you.



Mr. S Mbuto—PR Inservice Trainee

It is not only up to the Public Relations Officer to come up with stories, everyone must play a role in providing stories that they think are of interest to the readers.

As the new PRO at G.J Crookes, I would like to state that your welcome has been warm and well—appreciated. If we keep supporting each other like this, we will all enjoy our stay in the hospital.

I am glad to publish this newsletter as the last one was done in August 2006. This publication will be done quarterly, the next one is due in (July—September 2008) Your suggestions and comments are always welcome. My department is open from Monday—Friday at 7:30—16:00. I can be contacted on extension 7004.



Miss T Hadebe—Public Relations Officer

THANKS, I HOPE YOU WILL ENJOY THE PUBLICATION