



# Asikhulume - Let's Talk

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## QUALITY DAY 2010

The wellness Committee, headed by M B Madonsela, Human Resource Manager organized the Quality day on the 12 December 2010, which was a gathering to thank and recognized all the G.J Crookes staff members who have worked well in their work and acknowledge the good that the staff have done.



Ms Nompumelelo Sthole received an award as an employee of the year from Mrs SP Nyawo the

G.J Crookes Hospital has enjoyed another hugely successful year. The ups & downs, which affected us positively and negatively were discussed and shared with everyone. The day was about to celebrate and acknowledge what we done and are still to do as a hospital.

The staff was thanked for their sincere efforts this year. It was mentioned that they have

achieved a great deal, particularly in the field of monitoring and lifting standards, sometimes in the face of some very challenging circumstances. They were also encouraged to never loose hope and put the public first whenever they are delivering service.

Employees who have excelled in their field of work and those who have worked for the hospital for more than 20 and 30 years were rewarded with certificates. The employee of the year of 2010 was announced and the was Ms Nompumelelo Sthole from the Human Resource Department. The employees of the 4 quarters of the year also received the certificates these were Ms BJ Cele, Mr G.Gumbi, Dr Rampasad and Ms N. Sthole. Retirees were also acknowledged. Great performance was also present to keep the audience entertained during the whole event.



**LEFT:** Staff was having a braai after a function

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Mrs N.A Sishi received a 30 years service reward with Mrs. N Gumede Umdoni Ward Councilor.

**RIGHT:** Hospital choir entertained the audience



## CHRISTMAS VISIT AT THE PAEDIATRIC WARD

On Thursday the 2nd December 2010 we were visited by East Coast Radio as a part of their yearly Toy story. Unexpectedly they came together with the first lady the third wife of the president Mrs. Thobeka Madiba Zuma

The purpose of their visit was to hand over the Christmas presents to the children of the H Ward and also to give them hope and make them fill the Christmas time even though they are in Hospital.

Mrs Zuma gave us a much appreciated speech stating that she wishes the children a speedy recovery so that they can celebrate Christmas in their homes with their families. She also encourages mothers to take a very good care of their kids she said she was very embarrassed to see the child admitted in the hospital reason being heated by boiled water ,this is called the carelessness of mothers to their Childs, how can you leave your baby with boiled



Mrs Thobeka Madiba Zuma, staff of G.J Crookes Hospital and some of children who received the gifts from the first lady.

water if you are not around. She emphasized that mothers needs to take their responsibility of taking care of children.

The gifts and visit were appreciated by the management , the whole staff at the ward and mostly the recipients, who are the kids at the ward.



H ward children were very happy after receiving their gifts.



The CEO Mrs. S.P Nyawo and the First Lady Mrs T Madiba Zuma showing their happiness by kissing each other after the event.

## CRISIS CENTRE CHRISTMAS PARTY

Siyanakekela Crisis Centre held a Christmas party on the 10th December 2010 The party was attended by CEO of the hospital ,all involved in the care centre, children and their families. The day started with 16 Days of activism campaign. Children were educated about all kinds of abuse and educational material supplied to them. The children faces lit up with excitement as they all received Christmas gifts and treats. The party's aim was to show that some people love and care for them.

The centre takes of the children from all kinds of abuse such as rape, domestic violence and so on. Chairperson at the centre. Pastor Les De Kock said rape, abuse and domestic violence have reached epidemic proportions in South Africa.

"This is a reality and many are unaware how serious the matter actually is. Rape and abuse always happens to someone else. Is a line of thought, but only when it gets closer to home do we understand the consequences "said De Kock.



Pastor Les De Kock ,CEO Mrs. S.P Nyawo, Members of the New Convenient church, Lions club and Ms Hlengiwe Ntsangase programmed director.

It should be noted that rape and abuse do not only affect victim but also the families and relatives. Ongoing counseling is advised to learn how to cope and deal with such a serious issue .Many victims suffer emotional break-downs with recurring floods of guilt that affect their future relationship such as friendship and marriage. The centre offers victims as much support as possible.



Children enjoyed themselves in their christmas party.

Sr Nosipho Duma and Sr Dudu Ndlovu who are fully trained forensic nurses attend to victims immediately and there after the SAP and District surgeon are summoned to every case Child line supports the centre with counseling on Thursday every week at the hospital.Aids test are also offered and administrators and counselors are available.The Siyanakekela Crisis Centre is a free service to the public and they can be contacted directly at 039-978-7087.

# Exclusive ward for male psychiatric patients

The first dedicated 72 hour observation ward at a district hospital; in South Africa was opened at G.J Crookes Hospital on Friday 19 November 2010.

This event took place in front of large audience who were enthusiastic about the official opening of this ward which started to fully operate on the 1st of April 2010.

This nine bedded facility with two seclusion rooms is known as eThembeni "Place of Hope" 72 hour observation ward which is a name that came from a staff member during a competition of naming of the ward. Various guests included Mrs. L Mkhize, HOD of Mental Health and Guest Speaker Prof. Dan Lamla Mkhize, Head of the Department of Psychiatry and Head of School of Clinical Medicine at the University KwaZulu Natal and Head of the Nelson R Mandela School of Medicine.

Before the ward came into existence, equipment were destroyed by Mental Health Care Users and people feared for their safety, but all this is now a matter of the past.

The hospital's Mental Health Care team has worked tirelessly in partnership with other associated organizations and departments to ensure that this ward is a success and has the safety and dignity

of Mental Health Care Users, the community, staff

In her speech, Mrs. Mkhize mentioned that every societal structures still have a large role to play regarding Mental



Dr Lennart Eriksson emphasising that the ward complies with the National Mental Health Care Act and World Health Organisation's (WHO) standards

Health. They need to be educated on how to care for the Mentally Ill in the community, how to avoid substances that leads to Mental Illness like Drug Abuse and the like. She

mentioned that drugs like "Wunga" (mixture of dagga, rat poison and ARVs) which is a poisonous drug that is mostly used in the townships is affecting the community especially the youth in a negative way.

It possess huge challenges to every structure of society.

In his last official speech before his retirement at the end of the year,



Patients from eThembeni now enjoy the privilege of doing fun activities which involves playing soccer, fitness classes, doing hand craft work, gardening, attending educational classes, playing poker, playing puzzles and singing.

Professor D.L Mkhize expressed that he would like to see G.J Crookes Hospital opening doors by providing a learning platform for undergraduates and over graduate students in the field of Mental Health.

The hospital's aim is to make this ward



Prof L Mkhize, Mrs. L Mkhize, Dr L Eriksson and Mrs. S.P Nyawo, Hospital CEO cut the ribbon which leads to the ward.

sustainable and accessible to those in need. Two patients made testimonials on how the ward has changed their lives and thanked the care of ward staff, Dr "E" as Dr L Eriksson is affectionately known and hospital management for positively changing their lives.

## FINANCIAL MANAGEMENT WORKSHOP

Mrs. Navi Nunkumare from the Department of Economic Development and Tourism visited G.J Crookes Hospital to do a presentation on Financial Management on the 26th of November 2010. In her presentation she warned the attendants that 80% of citizens in the KwaZulu Natal Province are over-indebted and keep on spending money that they cannot afford. She encouraged staff members to practice good money management and think where their money is going; analyse if what they are buying is a need or a want.

Mrs. Nunkumare recommends that consumers must open

- Life Cover
- Education Policy for their children
- Teach children how to budget and save at a young age
- Never shop without a list and do not buy anything that is not written



- Most importantly draw a monthly budget and differentiate between Fixed and changing expenses.

Elaboration on the National Credit Act and Debt Counseling was done. Attendants were told that the Credit Act was created to protect them from unfair organizations who only want to enrich themselves. Debt Counseling should be a choice for people who are over-indebted.

**GJ CROOKES HOSPITAL AWUMNCINYANE**

Siyisibhedlela I G.J Crookes asibancinyane ngokuvakashelwa uqoqoshe womnyango wezempilo u Dokotela Sbongiseni Dlomo ngomhlaka 01 January 2011 ngenhloso yokuzobona nokupha izipho zonke izingane ezizalwe ngosuku lokuqala onyakeni. Isibhedlela I GJ Crookes sibe nabantwana abayisikhombisa abazalwe ngalolusuku lokuqala onyakeni ka 2011. Bonke abantwana abazalwe ngalolusuku bebhile kahle futhi nomama babo bebesesimweni esihle emuva ko-kubeletha.

Kube yinjabulo enkulu komama bezingane ukuvakashelwa uQoqoshe bengalindele ebaphathele nezipho zabantwana ezinhle kakhulu okubalwa izingubo zokuqoka ingane kanye nobhavu wokugeza ingane, Intokozo ibisibhalwe emehlweni komama balezingane ezizalwe ngalolusuku ngenxa yokuthola izipho abebengazilindele.



UDokotela Dlomo enkumweni yakhe ukubeke kwacaca uku-baluleka kwabantwana esizweni sethu ngoba yibona abazoba yiziqgalabutho zakusasa futhi yibo abazoba abaphathi bezwe lethu.

Umyalezo wakhe abewuqondise komama bezingane ubuthi kumele bazinakekele izingane zabo ngoba kuzona kukhona naboholi bezwe lethu bakusasa.

Ukugcizelele nokuthi omama kumele bancilise izingane ubisi lwebele ukuze zikhule kahle ngoba yilo lodwa olulungele abantwana futhi lushibhile bonke omama bayakwazi ukuluthola noma bengenayo imali yokuthenga lolu lwasezitolo.

Abantwana badinga ukunakekelwa ukuze bahlale bephilile, lokho kuwumsebenzi wawonke umuntu owumzali ukuthi anakekele umntwana wakhe ukuze ahlale ephilile futhi enomqondo ophusile .

uDokotela Sbongiseni Dlomo emukelisa umama womntwana ngesipho



MEC Dr S Dlomo, maternity staff, new year babies and their mothers.



MEC Dr S Dlomo, new year baby and the mother

## G. J. CROOKES HOSPITAL PROMOTING AN HIV FREE COMMUNITY

Since December is commemorated as HIV/AIDS awareness month, a lot of HIV/AIDS awareness events were organized by different individuals which GJ Crookes Hospital was part of.

On the 1st of December 2010 we also had an awareness about HIV/AIDS AT OUR Out Patient Department and observed a moment of silence, where we remembered all the victims of the disease, those who affected and infected by the pandemic.

The Lay councilors also made this day successful by doing the HIV/AIDS education to patients at the Out Patients Department and encourages each and every patient to go and test for HIV so they can live a healthy lives knowing their status. Whether a person is HIV positive or HIV negative but both of them can still live a healthy life if they know their status. For HIV positive does not mean you are going to die, you can still live for a long time

If you are following the hospital instruction, by taking your medication as you have directed to do so and also eat healthy food like fruits and vegetables, exercise your body and say no alcohol and cigarettes, by doing so you can still live a healthy life even if you are HIV positive.



Everyone was lighting the candle and do the moment of silence



Mr. TK Gumede (lay councilor) delivered the speech about HIV/AIDS

In GJ Crookes Hospital we promoting HIV free generation we encourages the mothers that the sooner they mist the period the sooner they go to the hospital so that if the is HIV positive and the child be HIV negative, this is possible if the mothers go to the clinic early when they are pregnant, The sooner you go to the clinic, the sooner you get help. Together we can fight HIV/AIDS.

## CHILDREN ATTENDING PHYSIOTHERAPY RECEIVED WHEELCHAIR GIFTS.

On the 15 December 2010 G.J Crookes hospital the Physiotherapy department received the best Christmas gifts for the disabled children attending this department .

This wheelchairs was donated by some of the community members namely ;Kate Darwent, Jane Darwent, Lee Darwent and Ronald Darwent.

There were three children who came and received their wheelchairs namely: Mthobisi Dlamini, Lungelo Mkhize and Thapelo Ngidi, their parents were very happy to get these wheelchairs because they are no longer going to carry their children where ever they go, this was very difficulty for them because these children are old enough to walk by themselves but they can't because of their disability.



Ms Desree Pillay (physiotherapist) Mthobisi Dlamini ( child) Mrs G Dlamini



3 children who received wheelchairs and their mothers, Physiotherapists, Donors and Hospital management

We as G.J Crookes Hospital expresses appreciation for the gifts of wheelchairs for our patients because of the Donors caring and generosity 3 children have blessed with the best Christmas gifts, They now can be able to move staying in beds at every time.



A Donor with a child who received a wheelchair and his mother

## ANOTHER GROUP OF INTERNS

The Human Recourses Planning and Development section has recruited and placed six interns under the Department of Public services and Administration (DPSA) Internship programme. These are young, ambitious and optimistic people from different backgrounds with one aim in mind, to get exposure to the real work environment and acquire the skills needed in their chosen professions. They all resumed their duties on the 1st of April 2010 and are contracted for 12 months within the G.J Crookes Hospital. We spoke to four of them and gathered the below biographies. The other two interns were on leave by the time of publication.



Miss Sanele Ngidi from Illovo obtained her National Diploma in Public Relations at Oval International Computer College. I'm an individual who wants to go places with my career and diversify my knowledge in various sectors of employment. Improving my skills and learning in Public Relations and Communication is my objective and the initiative of this internship programme will build a foundation of knowledge towards my career!" said Miss Ngidi who is currently placed in the Public Relations Department.

I'm Miss Silondiwe Ndovela from Portshepstone attended DUT enrolled in the department of Governance and Economic and I obtained my Diploma in Public management in 2008 and I furthered my studies in 2009 and obtain my degree. I gained enough experience ,challenges and skills to prepare myself for the beginning of greater things to come, Its not the things we do that we regret, it's the things we don't do!" said Slondiwe Ndovele who is currently placed at the Department of Revenue.



Miss Ayanda Mngunyana from Amandawe attended DUT and obtained Diploma in Management. I have thoroughly enjoyed my stay in G.J Crookes, the experience has been one which I will never forget. Thank you mostly to my colleagues in the Finance Department who have shown me what team work really means. It has been a very tough financial year but all the hard work and dedication have made it manageable .Everything that I have learnt and the experiences I have gone through I'm sure that I will take with me wherever I go as they will be useful to me in the future! Said Ayanda who is currently placed in Finance Department.

Miss Nobuhle Mlambo from Newlands East who graduated from Mangosuthu Technikon and obtained a National Diploma in Human Resources Management. Since April last year she have gained a lot of experience when she started she had only the theoretical knowledge but now she have learn how to apply that theoretical knowledge on the real job situation. Being at G.J Crookes has really helped her to gain a lot of experience and knowledge!" said Nobuhle Mlambo who is currently placed in Human Resource Department.



## NEW STORES DIVISION IN G.J CROOKES

In G.J Crookes Hospital the new building for stores division has been finished and the staff have stated moved in on the 31st December 2010. All staff were very excited to move in in this new building because this have enough space for storage and their offices are in a good condition fully furnished and air-conditioned. Some of them promised to perform a good job as they are working on a good working environment .

Mr. PSK Zama (Asset control officer said he is grateful to work in this new offices however he would be more happier if all supply chain section were to be in this building like budget and expenditure still on its own. The offices has well shelved and enough storage for medical equipment and achives!" said Mr. PSK Zama wit a smile of joy.

### HIGHLIGHTS



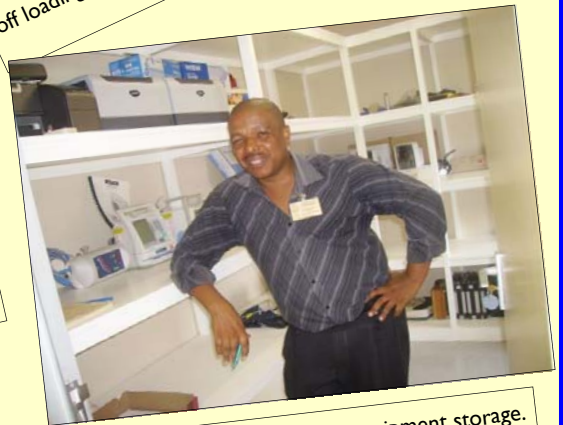
A NEW BUILDING FOR NEW STORES DIVISION



Mr X Mbambo and Mr N.Z Ngcobo (storeman) off loading the stationary from the van.



Stationary storage with a security.



Mr PSK Zama happy inside the equipment storage.



Ms Fikile mbonambi (Buying officer)



Mr M.P Zama (Supply chain management officer)

## GJ CROOKES EMPLOYEES OF THE YEAR 2010

Every year GJ Crookes Hospital staff nominate the best employee of each quarter of the year and at the end of the year they nominate the employee of the year from those who won the employee of the quarter. Below are the pictures of four employee who won in the year 2010.



Miss N Sthole (Employee of the year) received her trophy and certificate from Mrs. S.P Nyawo (CEO).



Ms B.J Cele (Employee of the first quarter) received her certificate from the C.E.O Mrs. S.P Nyawo.



Mr G Gumbi (employee of the second quarter) received his certificate from the C.E.O Mrs. S.P Nyawo.



Dr Rampersad (Employee of the third quarter) received her certificate from the C.E.O Mrs. S.P Nyawo.

### PUBLIC RELATIONS

This Newsletter was compiled and designed by the Acting Public Relations Officer Miss Sanele Ngidi for G.J Crookes Hospital's internal and external stakeholders. Contact her on ext. 7004.

